## Drexel University Recruiting Volunteers for a Research Study

APPROVED

Office of Human Research Protocol #1610004896A001 Approval Date: 02/28/2017 Expiration Date: 12/20/2017

## Reliability and Validity of Muscle Strength Testing Devices

The purpose of this study is to determine how repeatable and valid knee strength measures are using three different strength-testing devices.

You will be asked to attend two (2) testing session (3-14 days apart) that will take 1.75 hours and 1.25 hour, respectively. All testing is non-invasive. You will be asked to perform knee strength tests with different devices and testers.

Eligibility: You may be eligible to participate in this study if:

- ➤ You are between 18 and 60 years of age.
- You do <u>NOT</u> have a <u>current</u> neck, back or leg injury.
- You have <u>NOT</u> had knee or hip surgery within the last 3 months.
- If you have had previous injuries or surgeries to your legs; your doctor has cleared you to return to normal activities including exercises for your legs.
- You have a diagnosis of ARTHRITIS in your knees.
- ➤ You are <u>NOT</u> restricted from performing strengthening exercises.
- > You CAN walk and climb stairs without using a cane or walker.

Remuneration: Subject will receive up to \$40 dollars for completing both sessions.

**Location:** 3 Parkway Building, 16<sup>th</sup> and Cherry on Drexel University's Center City Campus, 2<sup>nd</sup> floor.

Contact: For more information contact Trey Brindle: (215) 553-7010 (gaitlab@drexel.edu)

This research is approved by the Institutional Review Board.

This research is conducted by a researcher who is a member of Drexel University.

(Vsn 02-22-17)

| Knee Strength Study,               |
|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|------------------------------------|
| Trey Brindle: 215-553-7010         |
| Message under gait lab -option #2) |
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