Curriculum Vitae

Michael R. Lowe, Ph.D.

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EMPLOYMENT HISTORY

Professor, Department of Psychology, Drexel University, July, 1997 – present.

Director of Clinical Training, Ph.D. Program in Clinical Psychology (APA-approved), Department of Clinical and Health Psychology, MCP Hahnemann University, October, 1994 to July, 1997.

Associate Professor, Department of Clinical and Health Psychology, MCP Hahnemann University, July 1, 1989 to June, 1996.

Assistant Professor, Section of General Internal Medicine, Temple University School of Medicine. Feb., 1987 - June, 1989. Specialty areas: behavioral medicine, eating and weight control, functional gastrointestinal diseases.

Assistant Professor of Psychology, Rutgers University in Camden, Sept., 1980 - Jan., 1987. Specialty areas: clinical psychology, behavior therapy, behavioral medicine.

Member of Graduate Faculty, Graduate School of Applied and Professional Psychology, Rutgers University in New Brunswick, 1984-1987. Specialty: behavioral medicine.

EDUCATION

National Institutes of Health Postdoctoral Research Fellow, Washington University in St. Louis, 1978-1980. Specialty areas: Obesity and smoking treatment.

Clinical Psychology Internship (APA approved), McLean Hospital/Harvard Medical School, 1977-1978.

Ph.D., Boston College, 1978. Concentration: Clinical Psychology (behavior therapy)

B.A., Boston University, 1973. Graduated magna cum laude. Major: Psychology.

GRANTS AND AWARDS

NIH (NIMH) research grant – Principal Investigator (MH095982): "Weight Suppression, Dieting and Bulimia Nervosa: A Biobehavioral Study," $2,400,000, 8/1/12 – 5/31/16

NIH (NIDDK) research grant – Co-Investigator (R01 DK092374A): "Environmental and Acceptance-based Innovations for Weight Loss Maintenance," $1,500,000, 9/15/11 – 6/30/16

NIH (NIDDK) research grant – Principal Investigator (R01 DK080909): "A Test of Nutritional Interventions to Enhance Weight Loss Maintenance," $2,300,000, 4/10/09 – 4/9/15

NIH (NIDDK) research grant - Principal Investigator (R01 DK072982): "Prevention of Obesity at Universities: A Randomized Trial," $1,800,000 4/1/06 – 3/31/11

NIH (NIMH) research grant – Co-Investigator (R21 DK080430): "Acceptance-based behavior treatment: An innovative weight control intervention," $250,000, 7/1/09-6/30/11

NIH (NIMH) research grant - Principal Investigator (R34MH071691-01): "Adaptation of a CBT Intervention for Eating Disorders," $450,000, 9/1/05 – 8/30/09

NIH (Office of Behavioral and Social Science Research): Collaborative research supplement (with Dr. Suzanne Phelan, PI, Brown University) for Health Maintenance Consortium project on predictors of long-term weight loss maintenance, $22,500, 9/05 – 8/08

NIH (NIDDK) research grant - Principal Investigator (RO1-DK066759): "Weight Loss Maintenance in Primary Care," $1,600,000, 10/1/03 – 9/30/09

NIH (NHLBI) research grant - Principal Investigator (RO1 HL073775): "A Cafeteria-Based Approach to Weight Gain Prevention," $535,500, 10/1/02-9/30/05

NIH (NIDDK) research grant - Principal Investigator (RO1 DK57433): "A Nutritional Approach to Weight Loss Maintenance," $364,000, 10/99 – 9/03

Syngery grant (MCP Hahnemann/Drexel Universities): "A Prospective Test of Risk Factors for Weight Gain in College Freshmen," $19,905, 7/01-6/02

Research grant from Novartis Nutrition Company: "Effects of Enhanced Nutritional Intervention in Obesity Treatment", $56,000, 6/99-5/01.

Institute for Women's Health Mini-Challenge Grant: "Cognitive Behavior Therapy with Partial Weight Restoration: A Novel Treatment for Underweight Women Suffering from Bulimia Nervosa", $3,760, 4/00-3/01

Research contract from Sandoz Nutrition Company on the treatment of obesity, $96,000, 1987-1993.

Hahnemann University Major Equipment Initiative Grant, to purchase a metabolic cart for measurement of energy expenditure, $30,580, 1993.

National Institutes of Health research grant (NIDDK). Title: "Dieting, dieting history, and the regulation of eating," $47,000, 1987-1990.

Research grant from the John and Catherine MacArthur Foundation. Title: "Weight cycling, restraint, and counterregulatory eating," 1986-1987.

Research grant from the Charles and Johanna Busch Memorial Fund. Title: "Hunger, affect and overeating," 1984-1986.

Rutgers University Research Council grants: 1981-1983.

National Institute of Mental Health Small Grant Award. Title: "Obesity: Role of emotions and level of reinforcement," 1980.

PUBLICATIONS

Lowe, M.R., Butryn, M.L., Thomas, J.G., Coletta, M. (in press). Meal replacements, reduced energy density eating and weight loss maintenance in primary care patients: A randomized controlled trial. *Obesity.*

Berner, L.A., Shaw, J.A., Witt, A.A. & **Lowe,** M.R. (in press). Weight suppression and body mass index in the prediction of symptomatology and treatment response in anorexia nervosa. *Journal of Abnormal Psychology.*

Ely, A.V., Childress, A.R., Jagannathan, K., **Lowe**, M.R. (in press). Differential reward response to palatable food cues in past and current dieters: An fMRI study. *Obesity.*

Witt, A.A., & **Lowe**, M.R. (in press). Hedonic hunger and binge eating among women with eating disorders. *International Journal of Eating Disorders.*

Lowe, M.R., Doshi, S.D., Katterman, S.N., Emily H. Feig, E,H. (in press). Dieting and restrained eating as prospective predictors of weight gain. *Frontiers in Eating Behavior***.**

Lowe, M.R., Witt, A. & Grossman, S. (in press). Dieting in bulimia nervosa is associated with increased food restriction and psychopathology but decreased binge eating behaviors. *Eating Behaviors.*

Ely, A., Winter, S., & **Lowe,** M.R. (in press). The generation and inhibition of hedonically-driven food intake: Behavioral and neurophysiological determinants in healthy weight individuals. *Physiology & Behavior.*

Juarascio, A., Shaw, J., Forman, E., Timko, C.A., Herbert, J., Butryn, M., Bunnell, D., Matteucci, A & **Lowe,** M.R. (in press). Acceptance and commitment therapy as a novel treatment for eating disorders: An initial test of efficacy and mediation. *Behavior modification.*

Forman, E. M., Butryn, M. L., Juarascio, A. S., Bradley, L. E., **Lowe,** M. R., Herbert, J. D., & Shaw, J. A. (in press). The Mind Your Health Project: A randomized trial comparing acceptance-based and standard behavioral treatments for obesity. *Obesity.*

Witt, A.A, Katterman, S.N., **Lowe**, M.R. (2013). Assessing the three types of dieting in the Three-Factor Model of dieting. The Dieting and Weight History Questionnaire. *Appetite. 63,* 24-30*.*

Goldstein, S.P., Katterman, S.N., & **Lowe,** M.R. (2013). Relationship of dieting and restrained eating to self-reported caloric intake in female college freshmen. *Eating Behaviors, 14,* 237-240.

Lowe, M.R. (2013). The importance of behavioral anchoring in neuroimaging studies of obesity [editorial]. *American Journal of Clinical Nutrition*, *97:* 451-452.

Lowe, M.R., Butryn, M.L., Ely, A.V. (2013). Obesity in women. In Mary V. Spiers, Pamela A. Geller and Jacqueline D. Kloss (Eds.) *Women's Health Psychology* pp. 149-172). Hoboken: Wiley.

Lowe, M.R., Witt, A.A., Katterman, S.N., & (2013). Assessing the three types of dieting in the Three-Factor Model of dieting. The Dieting and Weight History Questionnaire. *Appetite, 63*, 24-30.

Shaw, J.A. Herzog, D.B., Clark, V.L., Berner, L.A., Eddy, K.T., Franko, D.L. & **Lowe,** M.R.

(2012). Elevated pre-morbid weights in bulimic individuals are usually surpassed post-morbidly: Implications for perpetuation of the disorder. *International Journal of Eating Disorders, 45(4),* 512-523.

Lowe, M.R. & Coletta, M. & Katterman, S. (2012). Chronic dieting. In: Thomas F Cash, editor. In *Encyclopedia of Body Image and Human Appearance* (p. 386-391), New York: Elsevier.

Lowe, M. R., Berner, L. A., Swanson, S. A., Clark, V. L., Franko, D. L., Shaw, J. A., Ross, S., Eddy, K. T., & Herzog, D. B. (2011). Weight suppression predicts time to remission in bulimia nervosa. *Journal of Consulting and Clinical Psychology*, 79, 772–776.

Thomas, J.G., Doshi, S., Crosby, R., & **Lowe,** M.R. (2011). Ecological momentary assessment of obesogenic eating behavior: Combining person-specific and environmental predictors. *Obesity, 19,* 1574-1579*.*

Juarascio, A., Forman, E., Herbert, J., Timko, A., Butryn, M., & **Lowe**, M. (2011). Internalization of the thin ideal as a predictor of increases in weight, body dissatisfaction, and disordered eating. *Eating Behaviors*, 12, 207-213 .

Butryn, M.L., Juarascio, A., & **Lowe,** M.R. (2011). The relation of weight suppression and BMI to bulimic symptoms. *International Journal of Eating Disorders*, *44*, 612-617*.*

Mitchell, K.S., Neale, M.C., Bulik, C.M., **Lowe**, M., Maes, H.H., Kendler, K.S., & Mazzeo, S.M. (2011). An investigation of weight suppression in a population-based sample of female twins. *International Journal of Eating Disorders*, 44, 44-49*.*

Lowe, M.R., Bunnell. D.W., Neeren, A.M., Chernyak, Y., & Greberman, L. (2011). Evaluating the real-world effectiveness of cognitive-behavior therapy efficacy research on eating disorders: A case study from a community-based clinical setting. *International Journal of Eating Disorders, 44:1,* 9–18 *.*

Thomas, J.G., Butryn, B.T., Stice, E., & **Lowe,** M.R. (2011). A prospective test of the relation between weight change and risk for bulimia nervosa. *International Journal of Eating Disorders, 44:4,* 295–303.

Lowe, M. R., & Clark, V. L. (2011). Eating disorder research: From soup to nuts. [Review of the book The Oxford Handbook of Eating Disorders, by W. S. Agras (Ed.)] *PsycCRITIQUES*, 56(10).

Herzog, D.B., Thomas, J.G., Kass, A.E., Eddy, K.T., Franko, D.L., & **Lowe,** M.R. (2010). Weight suppression predicts weight change over 5 years in bulimia nervosa. *Psychiatry Research, 177,* 330–334*.*

Chernyak, Y., & **Lowe**, M.R. (2010). Motivations for dieting: Drive for thinness is different from drive for objective thinness. *Journal of Abnormal Psychology, 119,* 276–281.

Lowe, M.R., Tappe, K.A., Butryn, M.L., Annunziato, R.A., Coletta, M.C., Ochner, C.N., & Rolls, B.J. (2010). An intervention study targeting nutritional intake in worksite cafeterias. *Eating Behaviors, 11,* 144-151.

Neeren, A.M., Butryn, M.L., **Lowe**, M.R., O'Planick, A.P., Bunnell, D.W., & Ice, S.M. (2010). Does attrition during follow-up bias outcome data in studies of eating disorders? *Eating Behaviors, 11*, 40-44.

Lowe, M.R., van Steenburgh, J., Ochner, C. & Coletta, M. (2009). Neural correlates of individual differences related to appetite. *Physiology and Behavior, 97,* 561-571.

Lowe, M.R., Butryn, M.L., Didie, E.R., Anninziato, R.A., Thomas, J.G., Crerand, C.E., Ochner, C.N., Coletta, M.C., Bellace, D., Wallaert, M., Halford, J. (2009). The Power of Food Scale: A new measure of the psychological influence of the food environment. *Appetite, 53*, 114-118.

Coletta, M., Platek, S., Mohamed, F., van Steenburgh, J., Green, D., & **Lowe**, M.R. (2009). Brain activation in restrained and unrestrained eaters: An fMRI study. *Journal of Abnormal Psychology, 118*, 598-609.

Annunziato, R.A., Timko, C.A., Crerand, C.E., Didie, E.R., Bellace, D.L., Phelan., S., Kerzhnerman, I., & **Lowe**, M.R. (2009). An examination of differential meal replacement adherence in a weight loss maintenance program. *Eating Behaviors. 10*, 176-183.

Markowitz, J.T., **Lowe**, M.R., Volkening, L.K., & Laffel, L.M.B. (2009). Self-reported history of overweight and its relation to disordered eating in adolescent girls with Type I Diabetes (T1D). *Diabetic Medicine*, *26*, 1165–1171.

Phelan, S., Liu, T., Gorin, A., **Lowe**, M., Hogan, J., Fava J., & Wing, R.R. (2009). What distinguishes weight-loss maintainers from the treatment-seeking obese? Analysis of environmental, behavioral, and psychosocial variables in diverse populations. *Annals of Behavioral Medicine.*

Ochner C.N., Green D., van Steenburgh J., Kounios J., **Lowe** M. (2009). Asymmetric prefrontal cortex activation in relation to markers of overeating in obese humans. *Appetite, 53*, 44-49.

Cappelleri, J.C., Bushmakin, A.G., Gerber, R.A., Leidy, N.K., Sexton, C.C., Karlsson, J., **Lowe**, M.R. (2009). Evaluating the Power of Food Scale in obese subjects and a general sample of individuals: development and measurement properties. *International Journal of Obesity, 33*, 913-922.

Lowe, M. R. (2009). Commentary on: "Neurobehavioral inhibition of reward-driven feeding: Implications for dieting and obesity". *Obesity*, *17,* 622-624.

Cappelleri J.C., Bushmakin A.G., Gerber R.A., Leidy N.K., Sexton C.C., **Lowe** M.R., & Karlsson J.

(2009). Psychometric analysis of the Three-Factor Eating Questionnaire-R21: Results from a large diverse sample of obese and non-obese participants. *International Journal of Obesity*, *33,* 611-620.

Butryn, M.L., Thomas, J.G., & **Lowe**, M.R. (2009). Reductions in internal disinhibition during weight loss predict better weight loss maintenance. *Obesity, 17,* 1101-1103.

Lowe, M.R., & Thomas, J.G. (2009). Measures of restrained eating: Conceptual evolution and psychometric update. In Allison, D. & Baskin, M.L. (eds.), *Handbook of assessment methods for obesity and eating behaviors* (pp. 137-185). New York: Sage.

Lowe, M.R., Tappe, K.A., Annunziato, R.A., Riddell, L.J., Coletta, M.C., Crerand, C.E., Didie, E.R., Ochner, C.N., & McKinney, S. (2008). The effect of training in reduced energy density eating and food self-monitoring accuracy on weight loss maintenance. *Obesity, 16,* 2016-2023.

Markowitz, J., Butryn, M.L., & **Lowe**, M.R. (2008). Perceived deprivation, restrained eating and susceptibility to weight gain, *Appetite, 51,* 720-722.

Butryn, M.L., & **Lowe**, M.R. (2008). Dieting: Good or bad? In K. Keller & J.G. Golson (Eds.), *Encyclopedia of Obesity,* 184-187.

Lowe, M.R., Kral, T.V.E., & Miller-Kovach, K. (2008). Weight loss maintenance 1, 2, and 5 years after successful completion of a weight loss program. *British Journal of Nutrition, 99,* 925-930.

Lowe, M.R., Bocarsly, M., & Del Parigi, A. (2008). Human eating motivation in times of plenty: Biological, environmental and psychosocial influences (pp. 95-122). In: Harris, R.B.S., & Mattes, R.D. (Eds.) *Appetite and food intake: Behavioral and physiological considerations,* London: Taylor & Frances.

Lowe, M.R., Thomas, J.G., Safer, D.L., & Butryn, M.L. (2007). The relationship of weight suppression and dietary restraint to binge eating in bulimia nervosa. *International Journal of Eating Disorders 44,* 640-644.

Stice, E., Cooper, J.A., Schoeller, D.A., Tappe, K., & **Lowe**, M.R. (2007). Are dietary restraint scales valid measures of moderate- to long-term dietary restriction? Objective biological and behavioral data suggest not. *Psychological Assessment, 19,* 449-458.

Ochner C N, **Lowe** M R. (2007). Self-reported changes in dietary calcium and energy intake predict weight regain following and weight loss diet in obese women. *Journal of Nutrition, 137*, 2324-28.

Forman, E.M, Hoffman, K.L, McGrath, K.B., Herbert, J.D., Brandsma, L.L. & **Lowe**, M.R. (2007). A comparison of acceptance- and control-based strategies for coping with

food cravings: An analog study. *Behavior Research and Therapy, 45,* 2372–2386.

Lowe, M.R., & Butryn, M.L. (2007). Hedonic hunger: A new dimension of appetite? *Physiology and Behavior, 91,* 432-439*.*

Timko, C. A., Oelrich, C., & **Lowe**, M.R. (2007). Rigid and flexible control over eating: Prospective relationship to weight loss and maintenance. Verhaltenstherapie, 17, 84-89.

Annunziato, R.A., Lee, J.N., & **Lowe**, M.R. (2007). A comparison of weight control behaviors in African American and Caucasian women. *Ethnicity & Disease, 17,* 262-267.

Stice, E., Burton, E., **Lowe** M., & Butryn, M. (2007). Relation of dieting to eating pathology. In T. Jaffa & B. McDermott (Eds.). *Eating disorders in children and adolescents* (pp. 45-56). Cambridge, UK: Cambridge University Press.

Annunziato, R.A., & **Lowe**, M.R. (2007). Taking action to lose weight: Toward an understanding of individual differences. *Eating Behaviors, 8(2),* 185-94*.*

Lowe, M.R., Annunziato, R.A., Markowitz, J.T., Didie, E., Bellace, D.L., Riddell, L., Maille, C., McKinney, S., & Stice, E. (2006), Multiple types of dieting prospectively predict weight gain during the freshman year of college. *Appetite, 47(1), 83-90.*

Stice, E., Presnell, K., **Lowe**, M.R., & Burton, E. (2006). Validity of dietary restraint scales: A response to van Strien, Engels, Staveren, and Herman (2005). *Psychological Assessment*, *18*(1), 95-99.

Lowe, M.R., Davis, W., Lucks, D., Annunziato, R., & Butryn, M. (2006). Weight suppression predicts weight gain during inpatient treatment of bulimia nervosa. *Physiology and Behavior, 87,* 487-492.

Butryn, M.L., **Lowe**, M.R., Safer, D.L., & Agras, W.S. (2006). Weight suppression is a robust predictor of outcome in the cognitive-behavioral treatment of bulimia nervosa. *Journal of Abnormal Psychology 115,* 62-67*.*

Lowe, M.R., & Kral, T.V.E. (2006). Stress-induced eating in restrained eaters may not be caused by stress or restraint. *Appetite, 46,* 16-21.

Lowe, M.R., & Levine, A.S. (2005). Eating motives and the controversy over dieting: Eating less than needed versus less than wanted. *Obesity Research, 13,* 797-805.

Lowe, M.R., & Timko, C.A. (2004). Dieting: Really harmful, merely ineffective, or actually helpful? *British Journal of Nutrition, 92*(Suppl. 1), S19-S22.

Stice, E., Fisher, M., & **Lowe**, M.R. (2004). Are dietary restraint scales valid measures

of dietary restriction? Unobtrusive observational data suggest not. *Psychological Assessment, 16*(1), 51-59.

Lowe, M.R. & Timko, C.A. (2004). What a difference a diet makes: Toward an understanding of differences between restrained dieters and restrained nondieters. *Eating Behaviors, 5,* 199-208.

Safer, D.L., Agras, W.S., **Lowe**, M.R., & Bryson, S. (2004). Comparing two measures of eating restraint in bulimic women treated with cognitive behavioral therapy. *International Journal of Eating Disorders, 36*, 83-88.

Lowe, M.R. (2003). Dieting: False hope or falsely accused? *American Psychologist, 58,* 819-820.

Lowe, M. R. (2003). Self-regulation of energy intake in the prevention and treatment of obesity: Is it feasible? *Obesity Research, 11*(Suppl. 1), 44S-59S.

Lowe, M.R., Davis, W.N., Annunziato, R.A., & Lucks, D.L. (2003). Inpatient treatment for eating disorders: Outcome at discharge and three-month follow-up. *Eating Behaviors, 4,* 385-397.

Lowe, M.R. (2002). Dietary restraint and overeating. In C. Fairburn & K. Brownell (Eds.), *Eating disorders and obesity: A comprehensive handbook* (2nd ed., pp. 88-92). New York: Guilford.

Kerzhnerman, I., & **Lowe**, M.R. (2002). Correlates of subjective and objective binge eating in binge-purge syndromes. *International Journal of Eating Disorders, 31,* 220-228.

Lowe, M.R., Miller-Kovach, K., & Phelan, S. (2001). Weight-loss maintenance one to five years following successful completion of a commercial weight loss program. *International Journal of Obesity, 25,* 325-331.

Lowe, M.R., Foster, G.D., Kerzhnerman, I., Swain, R.M., & Wadden, T.A. (2001). Restrictive dieting versus "undieting": Effects on eating regulation in obese clinic attenders. *Addictive Behaviors, 26,* 253-266.

Lowe, M.R., Friedman, M.I., Mattes, R., Kopyt, D., & Gayda, C. (2000). Comparison of verbal and pictorial measures of hunger during fasting in normal weight and obese humans. *Obesity Research, 8,* 566-574.

Gleaves, D.H., **Lowe**, M.R., Snow, A.C., Green, B.A., & Murphy-Eberenz, K.P. (2000). The continuity and discontinuity models of bulimia nervosa: A taxometric investigation. *Journal of Abnormal Psychology, 109,* 56-68.

Gleaves, D.H., **Lowe**, M.R., Green, B.A., Cororve, M.B., & Williams, T.L. (2000). Do

anorexia and bulimia nervosa occur on a continuum? A taxometric analysis. *Behavior Therapy, 31,* 195-220.

Lowe, M.R., Miller-Kovach, K., Frye, N., & Phelan, S. (1999). An initial evaluation of a commercial weight loss program: Short-term effects on weight, eating behavior, and mood. *Obesity Research, 7,* 51-59.

Lowe, M.R., Gleaves, D.H., & Murphy-Eberenz, K.P. (1998). On the relation of dieting and bingeing in bulimia nervosa. *Journal of Abnormal Psychology, 107,* 263-271.

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Lowe, M.R. (1996). Bulimia nervosa and normative discontent with weight: Do they differ in amount or in kind? *Obesity and Eating Disorders Newsletter, 10,* 1-2.

Lowe, M.R., Kopyt, D., & Buchwald, J. (1996). Food intake underestimation: Its nature and potential impact on obesity treatment. *The Behavior Therapist, 19,*17-20.

Lowe, M.R. (1995). Restrained eating and dieting: Replication of their divergent effects on eating regulation. *Appetite, 25,* 115-118.

Foster, G.D., & **Lowe**, M.R. (1995). [Review of the book *Weight loss through persistence: Making science work for you*]. *Clinical Psychology Review, 15,* 586-587.

Lowe, M.R. (1994). Chronic dieting: Does it make weight loss more difficult? *Weight Control Digest, 4,* 377-383.

Lowe, M.R. (1994). Putting restrained and unrestrained eaters on short-term diets: Effects on eating. *Addictive Behaviors, 19,* 349-356.

Lowe, M.R., & Eldredge, K.L. (1993). The role of impulsiveness in normal and disordered eating. In W. McCown, M. Shure, & J. Johnson (Eds.), *The impulsive client: Theory, research, and treatment* (pp. 185-224). Washington,D.C.: American Psychological Association.

Lowe, M.R. (1993). The effects of dieting on eating behavior: A three-factor model. *Psychological Bulletin, 114,* 100-122.

Lowe, M.R. (1993). Anorexics aren't neurotic [Review of the book *Solving the anorexia puzzle: A scientific approach*]. *Contemporary Psychology, 38,* 42-43.

Lowe, M.R. (1992). Staying on versus going off a diet: Effects on eating in normal

weight and overweight individuals. *International Journal of Eating Disorders, 12,* 417-424.

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Kleifield, E., & **Lowe**, M.R. (1991). Weight loss and sweetness preferences: The effects of recent versus past weight loss. *Physiology and Behavior, 49,* 1037-1042.

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Lowe, M.R., & Maycock, B. (1988). Restraint, disinhibition, hunger and negative affect eating. *Addictive Behaviors, 13,* 369-377.

Lowe, M.R. (1987). Set point, restraint, and the limits of weight loss: A critical analysis. In W. Johnson (Ed.), *Advances in eating disorders, Vol. I: Treating and preventing obesity.* Greenwich, CT: JAI Press.

Lowe, M.R. (1986). Dieting and bingeing: Some unanswered questions. *American Psychologist, 41,* 326-327.

Lowe, M.R. (1984). Dietary concern, weight fluctuation and weight status: Further explorations of the Restraint Scale. *Behaviour Research and Therapy, 22,* 243-248.

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<u>Social Skills and other publications</u>

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Lowe, M.R., & D'Ilio, V. (1985). Factor analysis of the Social Performance Survey Schedule. *Journal of Psychopathology and Behavioral Assessment, 7,* 13-22.

Lowe, M.R. (1985). Psychometric evaluation of the Social Performance Survey Schedule: Reliability and validity of the positive behavior subscale. *Behavior Modification, 9,* 193-210.

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Fisher, E.B., Jr., Levenkron, J.C., **Lowe**, M.R., Loro, A.D., & Green, L. (1982). Self-initiated self-control in risk reduction. In R. Stuart (Ed.), *Adherence, compliance, and generalization in behavioral medicine* (pp. 145-169). New York: Bruner/Mazel.

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Merbaum, M., & **Lowe**, M.R. (1982). The role of serendipity in research on clinical psychology. In P. C. Kendall & J. N. Butcher (Eds.), *Handbook of research methods in clinical psychology.* New York: Wiley.

Joffe, R., **Lowe**, M.R., & Fisher, E.B., Jr. (1981). A validity test of the Reasons for Smoking Scale. *Addictive Behaviors, 6,* 41-45.

Lowe, M.R., Green, L., Kurtz, S., Ashenberg, Z., & Fisher, E.B., Jr. (1980). Self-initiated, cue extinction, and covert sensitization procedures in smoking cessation. *Journal of Behavioral Medicine, 3,* 357-372.

Lowe, M.R., & Cautela, J.R. (1978). A self-report measure of social skill. *Behavior Therapy, 9,* 535-544.

GRANT REVIEWS

Member of two NIMH Special Emphasis Panels on Eating Disorders, June, 2007; February, 2008

Member of NIDDK review panel for K-23 Mentored Patient-Oriented Research Career Development Award, March 2006

Member of Special Emphasis Panel for RFA: "Ancillary Studies to Obesity-Related Clinical Trials", October, 2005

Member of Special Emphasis Panel for NIDDK RO1: "Diet, Obesity, and Genes: DIOGenes", July, 2005

Reviewer for NIDDK training grants (K awards) on nutrition and obesity, March, 2005

Reviewer for NIH Risk, Prevention, & Health Behavior Integrated Review Group for applications on Behavioral Approaches to Obesity and Weight Management, March, 2005

Reviewer for NIH Program Project application on nutritional factors in childhood obesity, November, 2004

Reviewer for Special Emphasis Panel grant application for NIDDK, July, 2004.

Reviewer for NIH Special Emphasis Panel for Obesity Research Center grant applications, December, 2002

Ad hoc reviewer for NIH's Health Behavior and Prevention Review Committee, 1993, 1996, 1997, 1998

Ad hoc reviewer for grant application to the Medical Research Council of Canada, 1993

CLINICAL, CONSULTING AND ADMINISTRATIVE EXPERIENCE

July, 2005 – 2009	Consultant to Pfizer on use of Power of Food Scale in Phase III anti-obesity medication
July, 1998 to present	Member, Scientific Advisory Board, Weight Watchers International
1990 - present	Consultant to Weight Watchers International, Inc., providing research consulting, program development, program evaluation, and training
2002	Consultant hired by NIH Look AHEAD Weight Loss Intervention Subcommittee to prepare

	weight loss maintenance program for Look AHEAD trial
2002 – 2003	Member of "Futures Council" of Focused Health Solutions
October, 1994 - July, 1997	Director of Clinical Training, Ph.D. Program in Clinical Psychology, Department of Clinical and Health Psychology.
July 1, 1989 - July, 1994	Clinical supervisor for Ph.D. practicum students, clinical interns, and psychiatric residents at Hahnemann University.
Aug., 1988 - June, 1989	Chief Psychologist, Functional Gastrointestinal Disease Center, Section of Gastroenterology, Temple University School of Medicine.
Feb., 1987 - July, 1988	Director of Weight Management Program, Temple University School of Medicine.
Oct., 1980 – 2001	Private psychotherapy practice.
Sept., 1978 - Aug., 1980	Individual and couple therapy with 4-5 clients weekly at the Psychological Service Center, Washington University in St. Louis.
Sept., 1977 - Aug., 1978	Clinical Psychology Intern at McLean Hospital, Belmont, Mass.

TEACHING EXPERIENCE

July 1, 1989 - present	Teach doctoral-level graduate courses in Social Cognition in Clinical Psychology, Eating Disorders, and Empirical Foundations of Unconscious Processes to Ph.D. clinical psychology students at Drexel University Teach undergraduate courses in Psychobiology of Eating Disorders and Obesity and in Advanced Personality Seminar
Sept., 1980 - Jan., 1987	Co-taught Ph.D. graduate course in Behavioral Medicine at Rutgers in New Brunswick. Taught undergraduate courses in Abnormal Psychology,

Clinical Psychology, Behavior Modification, Behavioral Medicine, Individual Fieldwork, and Introductory Psychology at Rutgers-Camden.

EDITORIAL AND PEER REVIEW POSITIONS

Editorial board member of *Frontiers in Eating Behavior* and *Foods*

Co-executive Editor, *Appetite*, 2011-2012

Co-editor of Special Issue of *Physiology and Behavior* on papers from 2009 conference of the Society for the Study of Ingestive Behavior

Member of the editorial board of *Journal of Abnormal Psychology,* 2008-2010; 1997-2000

Associate Editor, *Journal of Abnormal Psychology,* 2006-2007

Member of the editorial board of *Behavior Modification,* 1991-present, 1985-1987.

Guest reviewer for:

Journal of Consulting and Clinical Psychology
Journal of Abnormal Psychology
American Journal of Clinical Nutrition
Nutrition
Journal of Personality and Social Psychology
Experimental Biology and Medicine
Annals of Behavioral Medicine
International Journal of Eating Disorders
Journal of Behavioral Medicine
British Journal of Clinical Psychology
Psychology of Addictive Behaviors
Journal of Applied Behavior Analysis
Psychological Bulletin
Behavior Therapy
Obesity Research
Appetite
European J. of Clinical Nutrition
Physiology and Behavior
Preventive Medicine
Cognitive and Behavioral Practice
Journal of Applied Social Psychology

Peer reviewer for submissions on obesity and eating disorders to the annual convention of the Society for Behavioral Medicine, 1992 and 1993.

Peer reviewer for Division 38 (Health Psychology) submissions to the annual convention of the American Psychological Association, 1996.

PROFESSIONAL LICENSURE

Licensed in Psychology in Pennsylvania, New Jersey and Missouri.

PROFESSIONAL AFFILIATIONS

Fellow, The Obesity Society

Member of the Eating Disorders Research Society, the Obesity Society, the Association for Psychological Science, the American Psychological Association, and the Association for Behavioral and Cognitive Therapies