

COVID-19 Travel Guidance: US-Based Co-op

Getting Ready for your Co-op

Research your destination to understand the current rate of spread and requirements or restrictions for travelers. (See resources below)

Understand and follow employer requirements and guidance for all workers regarding in-person and virtual participation in the co-op workplace and ensure that you can comply with safety recommendations and health protective measures (e.g., mask wearing, use of additional protective equipment if appropriate, limited size gatherings).



Manage Logistics

Review travel guidance and recommended precautions for getting to your destination. Keep in mind the potential need to self-isolate for 14 days upon arrival.

Ensure that your living arrangements will allow you to social distance and minimize close contact with large numbers of individuals.

Investigate where you will obtain medical assistance in your location, and check that your health insurance is active for your location for the duration of the co-op.

Develop contingency plans should COVID-19 levels increase in your area and the workplace becomes more restrictive. Ensure that you will be able to continue to participate, working remotely, either remaining in the workplace location, or returning to your home.

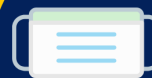
Practice **Precautionary** Measures

Wear a
mask

Wash your
hands
frequently

Maintain
your
distance

Monitor
your
health



If you have
Covid-19
symptoms or
think that you
have been
exposed

Do not go to work; self-isolate and inform your employer.

Contact your primary care physician by phone to be evaluated for COVID-19.

Follow guidance from your physician on when you can resume working, generally 10 days after symptoms first appeared and 24 hours since last fever. Some workplaces may require negative testing for COVID-19 before returning.

Individuals who are immunocompromised may need to isolate for up to 20 days after symptoms.



Resources



Getting Ready:

<https://www.cdc.gov/publichealthgateway/healthdirectories/healthdepartments.html>

<https://www.cdc.gov/covid-data-tracker/index.html#case>

Logistics:

<https://www.cdc.gov/coronavirus/2019-ncov/travelers/travel-during-covid19.htm>

Communicate with your co-op advisor should your co-op arrangements change while you are away.

For more information visit the Drexel Response to Coronavirus webpage.