

# Arthrex Tightrope Tension Device: a quantitative research tool for determining optimal tension for ankle syndesmosis reduction

Sam Glaisher<sup>1</sup>, David Marulanda<sup>1</sup>, Samir Jambhekar<sup>1</sup>, Akash Bhat<sup>1</sup>, Dr. Joseph Sarver<sup>2</sup>, Nico Cormier<sup>2</sup>, Jacob Csuy<sup>2</sup>, Jason DePhillips<sup>2</sup>, Jeremy Otten<sup>2</sup>, Olivia Schuler<sup>2</sup>, Dr. Thomas Sherman

1: Drexel University College of Medicine 2: Drexel University School of Biomedical Engineering Science and Health Systems



## **Motivation**

- Approximately 1%-18% of ankle sprains involve injury to the ankle syndesmosis.
- 20% to 45% of ankle fractures require operative fixation.1
- Syndesmotic over-compression was found in 52% of patients and was associated with excess clamp force.1
- Syndesmosis injuries fixed by suture button fixation rely on a surgeon's intuition.
- A tension measuring device would quantify tension of suture fixation and would standardize the force used.
- This device would improve accuracy and suture button fixation outcomes.

## **Further Research Directions**

Measure correlation between internal and extremal tension measurement in cadaver specimens.

# Market

- No device exists to quantify suture system compression.
- "When the syndesmosis screws were removed 100% of the time. suture button fixation was more economical by \$85,000–\$194,656 per 100 ankles."3
- "Fixation with a single suture button device proved more costeffective than fixation with either 1 or 2 syndesmotic screws."3

# Solution Features: 1) Tension Sensor

2) Bluetooth Connection (stores data)

Cost to Date: \$250

**Design**: 11 Weeks

**Build and Test**: 13 weeks

### **Constraints**

- Similar size to Arthrex Tightrope system handle
- Minimum of 20 N and maximum of 125 N must be able to be registered on device
- Measurement will be displayed as close to instantaneously as possible with a temporal resolution smaller than 135 ms
- Contrast ratio between text and background must be at least 300:1

# **Impact**

- Provide quantitative measurement for joint reduction
- Reduce the variability in tension, which will lead to lower costs.
- Improve surgical outcomes for Suture button fixation

#### References

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- 3. Neary KC, Mormino MA, Wang H. Suture Button Fixation Versus Syndesmotic Screws in Supination—External Rotation Type 4 Injuries: A Cost-Effectiveness Analysis. The American Journal of Sports Medicine. 2017:45(1):210-217. doi:10.1177/0363546516664713