

# Psychiatry Residency



Summer 2024



## Contact Info

**Donna M. Sudak, MD**  
General Psychiatry Residency  
Program Director

**Ronke Babalola, MD, MPH**  
Child and Adolescent Fellowship  
Program Director

**Sunil Verma, MD**  
Chair  
Department of Academic Psychiatry

**Leinaala Kline**  
Residency Program Manager

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### Program Contacts

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## From the Program Director

Summer is here, and with it, our transition to the new academic year. We have graduated our first class and our new residents are with us. You are irreplaceable contributors to the success of our trainees and we are so grateful for your participation. This year we will continue to provide opportunities for faculty to improve their skills with Grand Rounds, Faculty Development Seminars, GME Academy offerings and weekly (mostly) Friday Faculty tips.

Your new residents will benefit from a review of goals and objectives for the work ahead. This is an ACGME requirement. Residents do not know what you expect at the start of rotations, particularly when they are brand new. This year we have two Chief Residents (Kanan Barot and Radhika Rani) and many senior leaders who will mentor their junior colleagues.

There are interesting developments in psychiatric education in the months to come. There will soon be a major revision of the training requirements and there is movement to adopt more competency-based education metrics in our field. The emphasis on quality educational feedback from faculty is growing.

Please let us know what we can do to make your experience better. We welcome suggestions and ideas for future seminars for you as well as for the residents. Most importantly, if you have any colleagues who you believe would be interested in joining our faculty, we are always looking for new teachers and supervisors.

Have a wonderful summer!

Donna M. Sudak, MD

# Psychiatry Residency Newsletter

## Spotlight on Faculty Development

- Faculty Annual Reviews

Dr. Sudak meets with each member of our teaching faculty on an annual basis to discuss evaluations, suggestions for changes to the curriculum, or structure of the rotations and any questions or concerns our faculty may have. If you have not already met with her, please contact Leinaala Kline to set up a 30 minute meeting. These are incredibly helpful as they provide invaluable feedback on continued improvement in our program.

- Faculty Development Grand Rounds

Our first faculty development grand rounds for the 2024-2025 academic year will be Wednesday, July 31, 2024, 12-1pm. Sarah Lubner, DO, Tower Health- ADIO for GME Wellness and Professional Coaching will speak on Recognizing Burnout in Learners.

## Spotlight on our new CAP Fellows



**Param Krish, MD**

**Medical School:** Goa Medical School  
**Residency:** Baptist Health UAMS  
**Hometown:** Palakkad, Kerala, India



**Sammy Khader, MD**

**Medical School:** All Saints University School of Medicine, Dominica  
**Residency:** Cooper University Hospital  
**Hometown:** Orange County, CA



**Vanessa Martinez, MD**

**Medical School:** University of Texas Medical Branch School of Medicine  
**Residency:** Temple University Hospital  
**Hometown:** Houston, TX

## Upcoming Program Events

**Faculty Development Grand Rounds- Sarah Lubner, DO**

**7/31/24, 12-1pm**

**GME Resident Welcome BBQ**

**8/14/24, 11:30-1pm**

**Psychiatry Residency Virtual Open House**

**8/27/24 and 9/10/24, 7-8:30pm**

**Grand Rounds resume**

**9/4/24, 12-1pm**

**PRITE Exam**

**10/2/4 and 10/9/24**

**Child PRITE**

**12/4/24**



# Psychiatry Residency Newsletter

## Spotlight on PGY1 Class



**Burke Beauregard, MD**

**Medical School:** Geisinger Commonwealth School of Medicine  
**Hometown:** Murrysville, PA  
**Psychiatry Interests:** General Psychiatry, Addiction, Outpatient



**Surayya Millar, DO**

**Medical School:** Rowan-Virtua School of Osteopathic Medicine  
**Hometown:** Somerset, NJ  
**Psychiatry Interests:** Forensics, CAP, Personality Disorders, Neuromodulation



**Kaitlyn Blair, DO**

**Medical School:** Philadelphia College of Osteopathic Medicine  
**Hometown:** Bethlehem, PA  
**Psychiatry Interests:** Forensics, Addiction, PTSD



**Hannah Molk, DO**

**Medical School:** Philadelphia College of Osteopathic Medicine  
**Hometown:** East Brunswick, NJ  
**Psychiatry Interests:** CAP



**Sohini Husain, MD**

**Medical School:** New York Medical College  
**Hometown:** Bensalem, PA  
**Psychiatry Interests:** Women's Mental Health, CAP, Interventional Psychiatry



**Heather Soled, DO**

**Medical School:** Rowan-Virtua School of Osteopathic Medicine  
**Hometown:** Randolph, NJ  
**Psychiatry Interests:** Forensic, Geriatric Psychiatry



**Keti Kutidze, MD**

**Medical School:** David Tvildiani Medical University  
**Hometown:** Tbilisi, Georgia  
**Psychiatry Interests:** Inpatient, Addiction, Academic Psychiatry



**Kanyinsola Yoloye, MD**

**Medical School:** Drexel University College of Medicine  
**Hometown:** South Brunswick, NJ  
**Psychiatry Interests:** CAP, Women's Mental Health



## **Residency Recruitment Season 2024-2025**

Check out our website at:

<https://towerhealth.org/general-psychiatry-residency>

Along with Dr. Sudak’s participation in several recruitment fairs, we will conduct 2 Virtual Open Houses on Tuesdays, August 27, 2024 and September 10, 2024. Interested candidates can view flyers and information on our webpage.

**This recruitment season consists of the following 17 dates:**

Tuesdays	Fridays
	10/11/2024
10/15/2024	10/18/2024
10/22/2024	10/25/2024
10/29/2024	11/01/2024
11/05/2024	
11/12/2024	
11/19/2024	11/22/2024
12/3/2024	12/06/2024
12/10/2024	12/13/2024
12/17/2024	12/20/2024





## Spotlight on Resident Scholarly Activity



During the 2023-2024 Tower GME Awards Ceremony TH-Phoenixville Hospital Psychiatry Residency received several awards. **Donna M. Sudak, MD** received the *GME Mentorship Excellence Award*. **Abhishek Allam, MD** received the *GME Award of Excellence in Promoting Diversity, Equity, and Inclusion*. **Saral Desai, MD** received the *GME Resident or Fellow Service Excellence Award*.



**Abhishek Allam, MD- PGY2** and **Saral Desai, MD-PGY2** along with **Wei Du, MD-Tower Health DIO**, **Sarah Lubner, DO-Tower Health ADIO**, **Olive Sarubbi-GME System Director** participated in a roundtable panel presentation entitled: *Mastering Ambiguity of Professionalism Development from Day 1: Exploring the Roll of Initial Residency Transition Experience* at the APHC International Hybrid Conference 2024 at Drexel University College of Medicine, June 2024.



**Abhishek Allam, MD-PGY3** along with **Olive Sarubbi**, TH System Director for GME and UME, gave an APA presentation on April 8, 2024 entitled: *Post Match: The Transition to Residency for Matched IMGs*



**Abhishek Allam, MD-PGY3** gave a HEALTHYSENIORS presentation to 60 attendees at the Phoenixville Recreation Center on May 14, 2024 entitled: *Aging & Mental Health: Myths, Facts, Stigmas, Wellbeing.*



The Street Medicine Program at Pottstown Hospital received an *Innovation Award from Montgomery County* for their excellent work integrating psychiatry in the program. **Sunil Verma, MD** and our PGY4 Residents, including **Katherine Hubert, DO** (pictured) and **Daniel Buhalo, MD**, have been working with the Street Medicine team, providing much needed care to those in the Pottstown area.

## Resident and CAP Fellow Graduation 2024

We were thrilled to celebrate the graduation of our first full class of Residents and first CAP Fellow on Friday, June 21, 2024 and wish them the best in their next positions (listed with each graduate).



**Daniel Buhalo, MD**  
Coatesville VA Hospital



**Ara Dadivanyan, MD**  
Southcentral Foundation,  
Anchorage, AK



**Katherine Hubert, DO**  
University of Pennsylvania,  
Addiction Fellowship



**Maryssa Lyons, MD**  
Einstein Medical Center



**Sara Mateo, MD**  
Talkiatry Telepsychiatry



**Evgenia Royter, DO**  
APA Foundation,  
Jeanne Spurlock  
Congressional Fellowship



**Jehoshaphat Reich, MD, CAP Fellow**  
Meadville Medical Center



Our PGY3s that will join CAP Fellowships:

**Samantha Murad, DO**  
(Medical College of Wisconsin)

**Amanda Shapiro, MD**  
(Thomas Jefferson University)



Thank you to everyone who joined us for our celebration!



## Annual Faculty and Resident Awards 2023-2024



**Faculty Appreciation Awards:**  
Jeffrey Bedrick, MD  
Reem Tarazi, PhD



**In Memoriam**  
Pogos Voskianian, MD



**Faculty Awardees 2023-2024:**

*Excellence in Didactics Teaching:*  
**April Fallon, PhD**

*Excellence in Clinical Teaching:*  
**Bedrick, MD; Karriem Salaam, MD;  
Andrew Agostini, MD (not pictured)**



**Resident Awardees for 2023-2024:**

*Gary Kirshbaum Award for Excellence in CL Psychiatry:*

**Saral Desai, MD and Chandra Rai, MD**

*Journal Club Excellence Award:* **Saral Desai, MD**

*Outstanding Achievement in Cognitive Behavioral Therapy:* **A. Jason John, MD**

*Excellence in Medical Student Research Mentorship:* **Saral Desai, MD**

*Excellence in Medical Student Education:* **Amanda Shapiro, MD**

*Chief Resident:* **Maryssa Lyons, MD**



**Staff of the Year 2023-2024:**  
**Tabitha Thompson, Cafeteria, Phoenixville Hospital**  
**Iesha Cook, MSW, Friends Hospital**  
**Janelle Harvey, TH-1427 Vine St. Clinic**





# Psychiatry Residency Newsletter

## Welcome Wellness Luau 2024



We hope you all have a wonderful summer!!

