

# Psychiatry Residency



Phoenixville Hospital

TOWER HEALTH

Advancing Health. Transforming Lives.

Spring 2025



## Contact Info

**Donna M. Sudak, MD**

General Psychiatry Residency  
Program Director

**Douglas Berne, MD**

Child and Adolescent Fellowship  
Interim Program Director

**Sunil Verma, MD**

Chair  
Department of Academic Psychiatry

**Leinaala Kline**

Residency Program Manager

**Joshua Gawel**

Fellowship Program Coordinator

**Phoenixville Hospital**

824 Main Street, Suite 200  
Phoenixville, PA 19460

### Program Contacts

#### Residency:

[Leinaala.Kline@towerhealth.org](mailto:Leinaala.Kline@towerhealth.org)

Call 610-806-2137

#### Fellowship:

[Joshua.Gawel@towerhealth.org](mailto:Joshua.Gawel@towerhealth.org)

Call 484-750-3801

## From the Program Director

Dear Colleagues,

This newsletter highlights new beginnings as we usher in Spring.

We present our sixth residency class in the Tower system. We are so excited to have new colleagues coming to join us in July! Plans are underway for orientation and welcome events. Please mark your calendars and come and meet our newest trainees.

New beginnings also mean a start in the world of independent practice for our graduates. Our ceremony will be held at the Wayne Art Center on June 13th. Please come to celebrate the achievements of our departing residents.

We also welcome Ravi Ramasamy, MD, our new CAP Fellowship director. Please read more about him below! Special thanks to Doug Berne, MD for all of his support during this transition.

Thanks for being a part of our team! Always let us know how we can be helpful to you.

Donna M. Sudak, MD



## Resident Retreat Feedback Presentation

Our Resident Retreat Feedback Presentation is April 2, 2025, 12-1pm. If you have not received the calendar invitation please contact Josh Gawel, [Joshua.Gawel@towerhealth.org](mailto:Joshua.Gawel@towerhealth.org). We encourage all faculty to join us, if possible.



We would like to thank Dr. Berne for his invaluable leadership as Interim Program Director for our CAP Fellowship this academic year! His willingness to fill this role for our Fellows has been greatly appreciated!

## Upcoming Program Events

### Resident Retreat Feedback Presentation

4/2/25; 12-1pm

### Resident MAT Training Day

4/21/25

### APA Conference

5/17-21/25

### Resident Graduation 2025

Friday, 6/13/25

### Resident Orientation Begins

Monday, 6/23/25

### PGY1 Night Float Orientation

Wednesday, 6/25/25

### Academic Year 2025-2026 Begins

Tuesday, 7/1/25

### Resident De-escalation Refresher

7/2/25

### Wellness Welcome Event

7/2/25, 1-4pm



**Phoenixville Hospital**  
TOWER HEALTH  
Advancing Health. Transforming Lives.

## New Child and Adolescent Fellowship Program Director

---



Dear Tower Health/Drexel Department of Psychiatry,

I am excited and grateful to be joining the department as the Child and Adolescent Fellowship Program Director this upcoming July! I am especially looking forward to meeting all of you (my future colleagues and trainees) and getting to work with and learn from all of you very soon. It's been a dream of mine ever since I was a CAP fellow to someday become a fellowship program director; working with students, residents, and fellows has been one of the most rewarding and humbling aspects of my career thus far, and something I consider both an honor and a privilege.

I mostly grew up in Columbus, OH but went to High School in New Jersey and am familiar with the Philadelphia area; I remember going to concerts at what used to be called the Electric Factory (now Franklin Music Hall). I returned to Ohio after graduating high school to attend college at the University of Dayton and remained in SW Ohio for medical school at the University of Cincinnati. I moved back to the east coast for psychiatry residency at Stony Brook University (in Long Island, NY), before my CAP fellowship at the University of Chicago. After completing my training, I moved to Seattle in July 2018 and have been on the faculty at the University of Washington/Seattle Children's Hospital ever since. My clinical work has been exclusively on the inpatient psychiatric unit at Seattle Children's Hospital, which is also where I have gotten to work with so many incredible medical students, psychiatry residents, and CAP fellows. Beyond inpatient psychiatry, my clinical/research interests include pediatric catatonia, OCD, eating disorders, complex behavioral dynamics, and the intersections of marginalization (individual and systemic/historical) and mental health treatment.

Outside of work, I enjoy being outside and in nature, watching/attending sporting events (especially NBA basketball), listening to music, spending time with my cat Charu, and making things (woodworking, painting/drawing, cooking, etc). I can't wait to move to Philadelphia and start exploring a new city and appreciate any recommendations any of you may have for your favorite things to do in the area. See you all very soon!

Ravi Ramasamy, MD



## MATCH 2025: Welcome our next intern class of 2025-2026!



**Tanner Mooney**

**Western University of Health Sciences  
College of Osteopathic Medicine of  
the Pacific- DO**

**University of Washington- BA  
Biochemistry; Classics**



**Nicole Stephens**

**Edward Via College of Osteopathic  
Medicine-Virginia Campus- DO**

**Virginia Polytechnic Institute and State  
University- BS  
Neuroscience; Biology**



**Kyle Samson**

**Drexel University College of Medicine-  
MD/PhD**

**Canisius University- BS  
Biology**



**Brendan Tannenbaum**

**Philadelphia College of Osteopathic  
Medicine- DO**

**Dartmouth College- BA  
Sociology**



**Raven Simmons**

**Drexel University College of Medicine-  
MD**

**Drexel University College of Medicine  
Medical Sciences Program- MS-  
Medicine**

**Spelman College- BS  
Premedical**



**Leyla Wade**

**Drexel University College of Medicine-  
MD**

**Wesleyan University- BA  
Psychology**



**Yelizabeta Skorokhod**

**New York Institute of Technology  
College of Osteopathic Medicine- DO**

**Baruch College/City University of New  
York – BA  
Biology; Psychology**



**Katelyn Wilensky**

**University of Iowa Roy J. and Lucille A.  
Carver College of Medicine- MD**

**University of Michigan- BS  
Neuroscience**

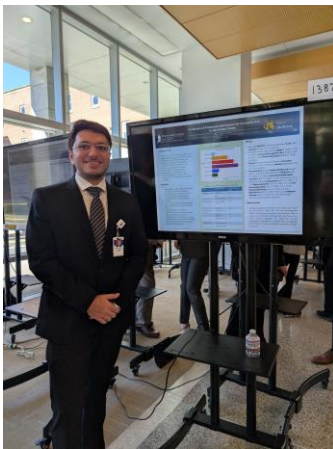
## Spotlight on Resident Scholarly Activity



**Ketu Kutidze, MD-PGY1** will have 2 posters presented in the spring:

1. Examining FDA-Approved Anti-Amyloid Therapies: Clinical Efficacy and Safety Profiles in Alzheimer's Disease co-authors **Reda Arif, MS, Ayyub Imtiaz, MD Abidemi Onabadejo, MD-** Psychiatry Update 2025, Chicago, IL, 3/25/25
2. Targeting Inflammation in Schizophrenia: Assessing Aspirin and Statins for Psychiatric Benefits co-authors **Ayyub Imtiaz, MD, Ashwin Mathai, MD-** Washington Psychiatric Society 2025 Spring Symposium and Gala, 4/4/25

## Tower Health Research Day March 27, 2025



**Saral Desai, MD-PGY3** presented a poster he co-authored with **Wei Du, MD, TH DIO and DUCOM Medical Students: Raven Simmons, Jessica Kuo, Arundhati Nittur, Tara Tadimalla, Samik Patel** titled; Predictors of Treatment Admissions for Cannabis Use in the United States

**Matthew Young, MD-PGY2** presented a poster he co-authored with **Michael Moradi, BS, DUCOM-MS; Hans Kersten, MD, David Bennett, PhD** titled; The Weekly Assessment of Child Behavior: Psychometric Properties of a Behavior Problem Screening Tool



## PaPS Colloquium of Scholars, March 29, 2025



**Matthew Young, MD-PGY2** will be presenting a poster he co-authored with **Patricia Dixon, BA- West Chester University; and David Bennett, PhD** titled Predictors of Family Retention in Parent-Child Interaction Therapy (PCIT) at the PaPS Colloquium of Scholars, Drexel Health Sciences Building, Philadelphia, Saturday, March 29, 2025.

**PGY3 Residents: Abhishek Allam, MD, Richard Danieli, MD, Saral Desai, MD, Chandra Rai, MD** will be presenting their poster title Delusional Parasitosis: A Case Report & Review at the PaPS Colloquium of Scholars, Drexel Health Sciences Building, Philadelphia, Saturday, March 29, 2025.



# Psychiatry Residency Newsletter

## Resident Retreat Highlights

