

## **ABSTRACT: 2019 ELAM Institutional Action Project**

**Project Title:** Rethinking Health Care from the Outside In

**Name and Institution:** Elizabeth A. Jacobs, MD MPP, The University of Texas at Austin Dell Medical School

**Collaborators and Mentors:** William Tierney, MD; Alexandra Garcia, RN PhD

**Topic Category:** Clinical

**Background, Significance of project:** Virtually every healthcare system purports to be focused on the healthcare needs of the communities they serve; yet the vast majority of health system needs assessments focus solely on medical needs, *not* the totality of services and the kind of environment people need to be healthy in the place where they live.

**Purpose/Objectives:** We will address this problem by leading the creation of a community ecosystem to promote health and wellness in one neighborhood in Austin, TX by providing and integrating healthcare services and other community assets that are important to health. We will also develop a bundled or value-based payment plan to support this model of care. Ultimately, this develop Dell Medical School's capacity to disseminate this model in Central Texas and beyond.

**Methods/Approach/Evaluation Strategy:**

Our approach is to establish trusting, collaborative relationships with our Federally Qualified Health Clinic System partner and several community partners to begin to co-design a vision for a community ecosystem that promotes health and wellness. This process will be data driven using several different data sources to identify the high priority issues to be targeted. We will then (1) get community member and organization feedback on the issues we identified so that those we tackle first are the community's priority; (2) hold a co-design session with community members to develop a vision for this neighborhood health ecosystem; and (3) hold additional listening and feedback sessions to get broader community feedback on the vision and plan. We will develop additional partnerships needed to realize this vision, find funding to hire Community Health Workers to connect the community to health and wellness resources, and begin to implement the plan. We will evaluate the success of our approach through the number of partnerships we successfully establish, community sessions held, and community members involved and if we are able to develop a plan supported by our partners and community members. To measure health and wellness outcomes, we will collect survey and biometric data longitudinally on 200 families in the neighborhood.

**Outcomes/Results to Date:**

We have established trusting, collaborative relationships with our clinical partner, Lonestar Circle of Care and several community partners and we have co-hired a primary care physician to work in the neighborhood clinic. We have reviewed and summarized community data from multiple sources and identified what we believe are the top 10 issues that need to be addressed in the community.

**Discussion/Conclusion with Statement of Impact/Potential Impact:**

At the end of this project, we will have developed successful collaborations with community members and organizations to meet a mutual goal: improving the health of people of Travis County by increasing access to primary care and services to address the social determinants of health. We hope also to have the data we need to support the dissemination of this type of initiative and develop a value-based payment model for the services provided.



## Background / Significance

- Virtually every healthcare system purports to be focused on the healthcare needs of the communities they serve
- The vast majority of what health systems focus on are medical needs, *not* the totality of services and the kind of environment people need to be healthy in the place where they live

## Purpose / Objectives

- To create a community ecosystem that promotes health and wellness in one neighborhood in Austin, TX
- Our ultimate goal is to develop Dell Medical School's capacity to disseminate this model in Central Texas and beyond
- Our objectives are to (1) provide an integrated ecosystem of healthcare services and other community assets that are important to health and (2) develop a bundled or value-based payment plan to support this model of health and wellness.

## Methods / Approach

- Establish trusting, collaborative relationships with our clinical and community partners
- Triangulate data from multiple sources to identify high priority health and wellness needs in the community
- Collaborate with our partners and other community stakeholders to co-design a vision for a community ecosystem that promotes health and wellness

## Evaluation Strategy

- Track number of partnerships successfully established, community sessions held, and community members involved
- Measure health and wellness outcomes before and after implementation by collecting longitudinal survey, health care cost, and biometric data on 200 families in the neighborhood



## Outcomes to Date

- Established relationships with our clinical partner, Lonestar Circle of Care, Meals on Wheels of Central Texas, Lifeworks, and Go Austin / Vamos Austin
- Co-hired a primary care physician to work in the Lonestar Circle of Care clinic
- Collected and reviewed community data from multiple sources and identified what the top 10 issues that need to be addressed in the community

## Discussion

- We have laid the foundation for a community ecosystem that promotes health and wellness.

## Summary

- Through this initiative we will develop a community collaborative to improve the health of the people of Travis County by increasing access to primary care and services to address the social drivers of health and collected data to support the dissemination of this model and development of a value-based payment model

## Acknowledgements

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