

PHILADELPHIA HEART SEMINAR
PLANNING COMMITTEE MINUTES – July 12, 2013

Present: Carl Zumba, MD, Joseph Santander, MD, Jonathan Lavender, DO

The Planning Committee reviewed the evaluation summary from the prior year and was pleased that the program's objectives were met. A follow-up participant survey showed that mechanisms were developed to influence behavior changes in patients as a result of the information obtained from the conference.

The committee agreed that although aggressive treatment of cardiovascular risk factors and new treatment advances have reduced the morbidity and mortality associated with cardiovascular disease, there still is much more to be done, as cardiovascular disease remains the leading cause of death and disability in America today.

After some consideration, it was determined that upcoming conference will focus on a variety of topics, including:

Coronary Artery Disease in Women

The committee members reflected on the American Heart Association's new guidelines that address the increase in coronary artery disease in women. It has been determined that this increase primarily is because of misdiagnosis and lack of treatment of coronary artery disease in women. The current guidelines will be shared with the program participants, with the goal of assisting clinicians with achieving improved diagnosis and aggressive treatment of cardiovascular disease in women

Statins and the Difficult to Treat Patient

The committee discussed a recent review of patient charts, which revealed an increase in the ability to reach therapeutic target goals with statins. It was found that often patients were not compliant with treatment plans because of significant side effects. The committee sees the need for greater awareness of recent and current efforts to improve efficacy of statins. The goal is to improve the clinician's ability to help difficult to treat patients reach therapeutic target goals.

The planning committee agreed to reach out to faculty who are experts in their fields and able to present the most cutting-edge information on the topics determined for the activity.

Meeting Adjourned.