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COVID PRECAUTIONS

**Only vaccinated participants are invited to attend in-person classroom sessions.
 We will observe safety precautions: masks, sanitizers and social distancing.**

GENERAL INFORMATION: WELCOME

We are pleased to present this brochure containing our spring (April - June) continuing educational course offerings. Our aim is to provide behavioral healthcare practitioners and constituents with timely and relevant information and resources needed to remain current and fulfilling personal, policy and professional practice competencies.

Please take the time to carefully read the information regarding locations, program guidelines and a menu of available CEs (listed on page 13), as well as registration instructions and training fees. Be aware that our offerings and methods cannot be static in a changing environment, and thus the information in this catalog is subject to change by BHE at any time. The grid below includes links to the appropriate registration portal site. The calendar and descriptions that follow will provide you with all the classroom and live, web-based trainings being offered for this semester. **Questions? Please call 877.243.3033**

REGISTRATION BASICS:

The most important piece of information you will be asked to provide is your email address. All further communication from BHE will be electronic and your accurate email address will allow you to receive your certificate. For more information, visit the website: drexel.edu/medicine/bhe.

CE Training Methods	Registration Portal Links
<p>CLASSROOM (IN-PERSON), TWO TYPES*</p> <p>REGIONAL: enrollment priority for behavioral healthcare practitioners currently employed by programs that receive funding from the Pennsylvania Department of Human Services who may register for up to two courses per semester. <i>[No Training Fee]</i></p> <p>RESERVE: an open enrollment with no registration limits. <i>[Training Fee: \$40 for 5 hr.; \$48 for 6 hr.]</i></p>	<p>BHE In-Person Courses</p>
<p>WEBINAR: Live, informative, convenient trainings accessed from your office or home. The important topics are usually booked to capacity in our classroom training series. <i>[Training Fee: \$8 per CE contact hour]</i></p>	<p>BHE Live Webinars</p>
<p>ON DEMAND: Pre-recorded trainings that may be viewed at any time. Course registration and payment (if applicable) are confirmed via email once registration is completed. This email also contains the link to view the course and complete CE requirements</p>	<p>BHE On-Demand Courses</p>

Important Notice About Course Training Times!

3 Hour: 9 a.m. – 12 p.m. or 1 – 3 p.m.

6 Hour: 9 a.m. – 4:30 p.m. / **5 Hour:** 9 a.m. – 3:30 p.m.

APRIL:

COURSE OFFERING	DAY AND DATE	TYPE, DURATION & CLASSROOM LOCATIONS	INSTRUCTOR[S]
TR 540: Getting What I Want: Mastering Social Skills (REGIONAL, No Fee)	Wednesday 4/6	Classroom [5 Contact Hours] Friends Hospital, Scattergood Bldg	Brenda J Weaver
WOL 355: The Fundamentals – Trauma Definitions and Diagnosis (Web Training Fee, \$40)	Tuesday 4/12	Live Webinar [5 CE hours]	Lindsay Martin
TR 302: Motivational Interviewing: Embracing the Spirit, Introducing Core Skills (REGIONAL, No Fee)	Wednesday 4/13	Classroom [5 Contact Hours] Holiday Inn Grantville Grantville, PA	Chris Owens
TR 566: The BHE Toolkit 2: Specific Practices for the Art of Helping People With Anxiety (RESERVE Training Fee, \$40)	Thursday 4/14	Classroom [5 Contact Hours] Holiday Inn Grantville Grantville, PA	Chris Owens
WOL 567: The BHE Toolkit 3: Specific Practices for the Art of Helping People with Histories of Trauma (Web Training Fee, \$40)	Thursday 4/21	Live Webinar [5 CE hours]	Lindsay Martin and Chris Owens

MAY:

COURSE OFFERING	DAY AND DATE	TYPE, DURATION & CLASSROOM LOCATIONS	INSTRUCTOR[S]
TR 141: Rehabilitation Readiness (REGIONAL, No Fee)	Wednesday 5/4	Classroom [6 contact hours] Friends Hospital, Scattergood Bldg	Brenda J Weaver
TR 597: Be Well - Self-Care for the Practitioner (RESERVE Training Fee, \$40)	Thursday 5/5	Classroom [5 contact hours] Friends Hospital, Scattergood Building	Lindsay Martin
TR 302: Motivational Interviewing: Embracing the Spirit, Introducing Core Skills (REGIONAL, No Fee)	Wednesday 5/11	Classroom [5 contact hours] Radisson Lackawanna Station Hotel Scranton, PA	Chris Owens
TR 172: Boys Don't Cry – Examining Trauma in Men (RESERVE Training Fee, \$40)	Thursday 5/12	Classroom [5 contact hours] Radisson Lackawanna Station Hotel Scranton, PA	Chris Owens
WOL 598: Vicarious Trauma – When Helping Hurts (Web Training Fee, \$40)	Thursday 5/19	Live Webinar [5 contact hours]	Lindsay Martin and Chris Owens

JUNE:

COURSE OFFERING	DAY AND DATE	TYPE, DURATION & CLASSROOM LOCATIONS	INSTRUCTOR[S]
TR 176: “It’s Just Weed!” Adolescents and Cannabis Use (REGIONAL)	Wednesday, 6/1	Classroom [5 contact hours] Friends Hospital, Scattergood Building	Lindsay Martin
TR 319: Healing Justice: Addressing Neutrality and Legacies of Discrimination (RESERVE Training Fee, \$40)	Thursday 6/2	Classroom [5 contact hours] Friends Hospital, Scattergood Bldg	Brenda J Weaver
WOL 356: The Fundamentals – Trauma Informed Care (Web Training Fee, \$40)	Tuesday 6/7	Live Webinar [5 contact hours]	Lindsay Martin
TR 427: DSM-5 and Substance Use Disorders – Symptoms and Diagnostic Features (REGIONAL, No Fee)	Wednesday 6/15	Classroom [5 contact hours] Sure Stay Plus Hotel by Best Western Lehigh Valley Hotel Conference Center Bethlehem, PA	Chris Owens
TR 057: Borderline Personality Disorder – Issues and Intervention (RESERVE Training Fee, \$40)	Thursday 6/16	Classroom [5 contact hours] Sure Stay Plus Hotel by Best Western Lehigh Valley Hotel Conference Center Bethlehem, PA	Chris Owens
WOL 509: Becoming Better: Vicarious Resilience and Vicarious Post-traumatic Growth (Web Training Fee, \$40)	Wednesday 6/22	Live Webinar [5 contact hours]	Lindsay Martin

CLASSROOM LOCATIONS

Philadelphia	Grantville
<p>Friends Hospital Scattergood Building 4641 Roosevelt Boulevard Philadelphia, PA. 19124 215-831-4055</p>	<p>Holiday Inn Grantville 604 Station Road Grantville, PA 17028 717-469-0661</p>
Scranton	Bethlehem
<p>Radisson Lackawanna Station Hotel 700 Lackawanna Avenue Scranton, PA 18503 570-342-8300</p>	<p>Sure Stay Plus Hotel by Best Western Lehigh Valley Hotel Conference Center 300 Gateway Drive Bethlehem, PA. 18017 (At Routes 22 and 512) 610-866-5800</p>



DREXEL UNIVERSITY

Division of Behavioral
Healthcare Education

College of Medicine



LIVE WEBINAR COURSE DESCRIPTIONS

WOL 355: Fundamentals – Definitions and Diagnosis

(April 12, 2022 - 5 contact hours) *Training Fee \$40*

Description: Trauma is ever-present in the lives of many people who seek professional help. This training will provide a foundational overview necessary to understand the impact of traumatic experiences. Areas that will be explored include definitions, diagnostic criteria, prevalence data and brain changes. Participants will engage in discussions regarding their professional experiences working with people with trauma histories. A vignette will be provided highlighting the lasting impact trauma can have on a person, as well as the healing journey toward recovery. Lastly, the importance of becoming trauma-informed practitioners will also be introduced. *****This course serves as the first training for BHE's 10-course Trauma Series.**

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: Upon completion, participants will be able to:

- Define stress and trauma
- Differentiate between each of the DSM-5 trauma and stressor-related disorders
- Discuss data regarding the prevalence of trauma
- Examine the impact of trauma on the brain
- Explore the importance of creating trauma-informed awareness in professional helpers

WOL 567: The BHE Toolkit 3: Specific Practices for the Art of Helping People With Histories of Trauma

(April 21, 2022 - 5 contact hours) *Training Fee \$40*

Description: This course focuses on specific interventions of use to the professional helper when providing therapeutic services in behavioral healthcare. The aim of this workshop is to add to the helper's "bag of tricks" or "toolkit" pertaining to assisting people with histories of trauma. Participants engage in didactic and experiential learning related to several specific interventions geared toward managing and moving beyond trauma. Participants also dialogue in small groups to share creative and effective interventions they have used in their various practice settings.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: Upon completion, participants will be able to:

- Summarize the general purposes of interventions
- Discuss having a sound rationale for using various techniques
- Describe the benefits associated with each strategy
- Outline the drawbacks and barriers to using selected interventions
- Implement each intervention as relevant to one's own professional practice

WOL 598: Vicarious Trauma – When Helping Hurts

(May 19, 2022 - 5 contact hours)

Training Fee \$40

Description: Working with trauma survivors can be challenging for behavioral healthcare practitioners. Difficult countertransference reactions, symptoms of burnout, compassion fatigue and vicarious trauma are specific occupational hazards. Vicarious trauma can be particularly deleterious, as it may result in pervasive and permanent transformations in the helper's belief system, relationships and worldview. Learning to protect ourselves from this cost of caring decreases the risks to self, clients and loved ones.

In this course, we introduce tools to proactively identify, prevent and address the symptoms of vicarious trauma. We enhance our knowledge by understanding our vulnerability, identifying risk and protective factors, and increasing our awareness of signs and symptoms. We learn to enhance our well-being through self-care practices, action planning, and taking steps toward personal transformation. In order to meet the long-term challenges associated with our work, concepts like vicarious resilience and vicarious post-traumatic growth will be introduced.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: Upon completion, participants will be able to:

- Identify factors contributing to distress among practitioners providing trauma-informed care
- Explain common causes of vicarious trauma among those who work with survivors of trauma
- Analyze risk and protective factors related to vicarious trauma
- Discuss the importance of developing a vicarious action plan for trauma practitioners
- Define approaches that empower and promote the well-being of those working with trauma survivors

WOL 356: The Fundamentals – Trauma Informed Care

(June 7, 2022 - 5 contact hours)

Training Fee \$40

Description: Traumatic events are a near-ubiquitous human experience substantiating the need for a trauma-informed system of care. In this course, traumatic responses will be reviewed, including the ways in which these responses may manifest over time. Principles of trauma-informed care will be addressed, with an emphasis on increased awareness and universal screening. Trauma-informed practices will be summarized, and empirically supported trauma-specific modalities will be described. Resiliency factors will be identified in terms of prevention and intervention. Post-traumatic growth will be explored as a means of developing new meaning and insight following traumatic experiences.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: Upon completion, participants will be able to:

- Discuss trauma-related disorders, including developmental trauma disorder and complex post-traumatic stress disorder
- Explain how trauma impacts the individual
- Define trauma-informed care and its utility in the helping professions
- Describe trauma-informed practices and trauma-specific treatment
- Evaluate the role of resilience and post-traumatic growth in trauma services

WOL 509: Becoming Better: Vicarious Resilience and Vicarious Post-traumatic Growth

(June 22, 2022- 5 contact hours)

Training Fee \$40

Description: Vicarious trauma is a significant risk to practitioners working with trauma survivors. The effects may result in pervasive and permanent transformations in the helper's belief system and worldview. While less discussed, there are benefits related to trauma work that can lead to rewarding and inspiring outcomes. As such, vicarious resilience and vicarious post-traumatic growth are two positive constructs associated with beneficial outcomes among practitioners.

In this course, we learn to recognize and enhance our potential for positive experiences while working with traumatized clients. As practitioners exposed to stories of pain and suffering, we learn to embrace our role as helper and healer while internalizing the need to protect ourselves. With a focus on resilience-building and growth following trauma, we learn to proactively enhance our well-being through self-care, action planning and trauma stewardship. This course serves as a guide to prevention and intervention strategies for building a long-term approach to meet the challenges of trauma work so that we may persist in our journey to help others.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: *Upon completion, participants will be able to:*

- Define vicarious traumatic exposure and the ways it is transmitted
- Determine the potential positive effects of primary trauma exposure
- Explore the positive effects associated with working with trauma survivors
- Analyze various strategies to increase the potential for positive outcomes when working with trauma survivors
- Integrate trauma stewardship into practice to promote practitioner well-being and longevity



CLASSROOM [IN PERSON] COURSE DESCRIPTIONS

NOTICE: PRE-REGISTRATION IS REQUIRED - WALK-INS WILL NOT BE ALLOWED

TR 540: Getting What I Want: Mastering Social Skills

REGIONAL Training

(April 6, 2022 - 5 contact hours) Friends Hospital, Scattergood Building

Description: Think about successfully connecting and communicating with others. Now, imagine what it feels like to experience disorganized thinking, flat affect or difficulty conversing or responding empathically. We are talking about interpersonal effectiveness, an often overlooked and disabling challenge related to serious mental illness. This training presents the extensive research and strategic techniques for teaching persons with serious mental illness the social skills that can enhance their abilities to effectively express, interact and engage others in meaningful and socially able ways.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: *Upon the completion of this training, participants will be able to:*

- Discuss key social skill areas (conversational, community living and awareness of personal emotions)
- Describe the evidence and structured approach to address social skill challenges
- Develop strategies to compensate for attention difficulties within this service population
- Identify the steps involved in teaching social skills
- Demonstrate application of a social skills training component

TR 302: Motivational Interviewing: Embracing the Spirit, Introducing Core Skills

REGIONAL Training

(April 13, 2022 - 5 contact hours) Holiday Inn Grantville, Grantville, PA

(May 11, 2022 - 5 contact hours) Radisson Lackawanna Station Hotel, Scranton, PA

Description: Motivational interviewing (MI) is an effective approach for engaging people in behavior change efforts. Embracing the philosophies behind MI is a crucial first step before helpers can successfully utilize specific techniques and skills. This training explores the foundational aspects of an MI-consistent approach, including: the four elements of the spirit, stages of change and an introduction to basic skills. Additionally, attendees will participate in experiential exercises designed to personalize an understanding of how behavior change occurs, through the lens of MI.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: *Upon completion, participants will be able to:*

- Outline Prochaska and DiClemente's stages of change and how they are useful in understanding human readiness to change behaviors
- Apply aspects of motivational interviewing to the self through various individual and group exercises;
- Identify the four elements of the spirit of motivational interviewing
- Explore basic concepts of MI, specifically OAR (open-ended questions, affirmations, and reflective listening)
- Describe how they can use the spirit of motivational interviewing in their own work settings and/or personal lives

TR 566: The BHE Toolkit 2: Specific Practices for the Art of Helping People With Anxiety

RESERVE Training Fee: \$40

(April 14, 2022 - 5 contact hours) Holiday Inn Grantville, Grantville, PA

Description: This course focuses on specific interventions of use to the professional helper when providing therapeutic services in behavioral healthcare. The aim of this workshop is to add to the helper's "bag of tricks" or "toolkit" pertaining to assisting people with anxiety. Participants engage in didactic and experiential learning related to several anxiety-specific interventions. Participants also dialogue in small groups to share creative and effective interventions they have used in their various practice settings.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: Upon completion, participants will be able to:

- Summarize the general purposes of interventions
- Discuss having a sound rationale for using various techniques
- Describe the benefits associated with each strategy
- Outline the drawbacks and barriers to using selected interventions
- Implement each intervention as relevant to one's own professional practice

TR 141: Rehabilitation Readiness *REGIONAL Training*

(May 4, 2022 - 6 contact hours) Friends Hospital, Scattergood Building

Description: Rehabilitation readiness is part of the Boston University approach to help practitioners and persons in recovery evaluate perspectives on engaging in the rehabilitation process; determining the preferred living, learning, working or socializing environment; and developing an overall rehabilitation goal. This training is designed to learn about the psychiatric rehabilitation readiness process, the roles of the practitioners within this approach, and how the psychiatric rehabilitation assessment process differs from traditional approaches.

CE Credits: APA-6; CPRP-6; LSW/LCSW/LPC/LMFT-6; NBCC-6; PA Act48-5; PCB-6; PSNA-5; IACET-.6

Learning Objectives: Upon completion, participants will be able to:

- Discuss the rehabilitation readiness assessment as per the Boston University approach
- Identify the practitioner role within the readiness assessment process
- Practice a rehabilitation readiness assessment interview
- Present the rehabilitation readiness practice results and the link to rehabilitation goal-setting and planning
- Identify several activities to help develop rehabilitation readiness

TR 597: Be Well - Self-Care for the Practitioner

RESERVE Training Fee: \$40

(May 5, 2022 - 5 contact hours) Friends Hospital, Scattergood Building

Description: Practitioners in the helping professions face specific occupational hazards due to the nature of their work. These hazards, or costs of caring, may manifest in clusters of symptoms identified as compassion fatigue, burnout and secondary traumatic stress. In this course, the complexities of providing behavioral healthcare services, common stress responses, and personal and professional stressors impacting wellness will be explored. Provider impairment will be analyzed in relation to ethical principles, and self-care strategies to prevent impairment will be examined. This course will provide an opportunity for participants to engage in self-evaluation and the formulation of an individualized plan for self-care and wellness.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: Upon completion, participants will be able to:

- Discuss the occupational hazards of providing behavioral healthcare services
- Describe psychological stress responses common to clinical practice
- Characterize the dimensions of holistic wellness
- Identify personal and professional stressors impacting wellness and client services
- Apply self-care strategies for impairment prevention and intervention

TR 172: Boys Don't Cry – Examining Trauma in Men

RESERVE Training Fee: \$40

(May 12, 2022 - 5 contact hours) Radisson Lackawanna Station Hotel, Scranton, PA

Description: Trauma can be viewed as an experience that can sever connections among the family, the community, and the self. Although there are similarities between men and women in their experience of trauma and subsequent recovery processes, there are also substantial differences, in part due to gender role expectations. The very definition of “manhood” is often in direct conflict with the experience of being a victim, leaving males to experience a wide range of conflicting emotions, and uncertainty as to how to manage them effectively. As a result, males who have experienced trauma tend to deal with these emotions with all-or-nothing, maladaptive coping responses, including substance use. This course will explore various aspects of one trauma specific treatment group model for men; messages about manhood, the impact of trauma; and integrating coping skills with acceptance and empowerment will be highlighted.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: Upon completion, participants will be able to:

- Examine several components of typical “manhood” schemas in our society
- Discuss the types of trauma more commonly experienced by men
- Describe at least five ways in which a traumatic experience may affect men differently than women
- List at least five maladaptive coping responses to traumatic events often seen in males
- Explore the three broad elements of the M-TREM model of group treatment for men with histories of trauma

TR 176: “It’s Just Weed!” Adolescents and Cannabis Use

REGIONAL Training

(June 1, 2022 - 5 contact hours) Friends Hospital, Scattergood Building

Description: Cannabis use continues to increase in the United States as cannabis potency rises to levels never seen before. With the introduction of medical and recreational policies in states throughout the country, the perception that cannabis use is problematic is dropping to all-time lows. While there are possible medical benefits for the use of cannabis, there are also concerns and consequences related to its use, specifically among adolescents. This course will examine the reversal of stigmas once related to cannabis use and how those changes may be detrimental to our adolescents. We will review the extreme changes in cannabis potency, modern methods of consumption including the use of cannabis concentrates, and the related consequences including cannabis hyperemesis syndrome, “greening out,” and associations with psychosis and other psychiatric disorders. We will also outline screening and assessment measures, diagnosis of cannabis-related disorders, and empirically supported treatments and prevention opportunities for adolescent cannabis use.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: Upon completion, participants will be able to:

- Describe cannabis prevalence rates and factors contributing to increasing rates of use among adolescents
- List three main classes of cannabinoids and their effects on the mind and body
- Differentiate varieties of cannabis concentrates and how rising potency contributes to negative outcomes

- Summarize risk factors for adolescent cannabis use and consequences of use, including associations with accidents, acute medical issues, increased prevalence of psychiatric disorders, substance use disorders, and negative psychosocial outcomes
- Outline DSM-5 criteria for cannabis-related disorders, identify screening and assessment tools, and describe empirically supported treatment and prevention strategies for adolescent cannabis use

TR 319: Healing Justice: Addressing Neutrality and Legacies of Discrimination

RESERVE Training Fee: \$40

(June 2, 2022 - 5 contact hours) Friends Hospital, Scattergood Building

Description: This training presents a framework to enhance awareness of the striations of identity that individuals and communities embody. The session will offer how-to tips to facilitate respectful dialogues about experiences with oppression, domination, or discrimination. Based on the belief that naming a thing can change the thing, trauma informed principles are used to engage in an affirming process for self-determination while exploring boundless ways to actively resist marginalization and re-traumatization for all who seek services, supports and well-being.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: *Upon completion, participants will be able to:*

- Define the concepts of power, privileges, oppressive structures, bias, disparities, inequality and marginality in the context of mental health recovery
- Discuss intersectionality – the complexities of identity development, accumulated -isms and sense of self
- Outline the unspoken impact, risks and vulnerabilities associated with race-related traumatic distress
- Identify intentional actions to transform the consequences of oppression on our bodies, hearts and minds
- Develop a healing plan for self-preservation and wellbeing

TR 427: DSM-5 Substance Use Disorders – Symptoms and Diagnostic Features *REGIONAL Training*

(June 15, 2022 - 5 contact hours) Sure Stay Plus by Best Western Lehigh Valley Hotel Conference Center, Bethlehem, PA

Description: This course provides an overview of substance use disorders as described in the DSM-5. The use of the DSM-5 is briefly reviewed in terms of examining substance-related disorders. Included in this course will be a description of various classes of substances, including intoxication and withdrawal symptoms; substance use disorders on the spectrum of mild, moderate or severe; general approaches to assessment and treatment; and the need for examining individual factors when working with a person with a history of substance use disorders.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: *Upon completion, participants will be able to:*

- Differentiate between intoxication, withdrawal and a use disorder
- List major substances by category
- Describe the effects of various substances
- Review general approaches to assessment and treatment
- Recognize the importance of individual factors with people presenting for treatment

TR 057: Borderline Personality Disorder – Issues and Intervention

RESERVE Training Fee: \$40

(June 16, 2022 - 5 contact hours) Lehigh Valley Hotel Conference Center, Bethlehem, PA

Description: Borderline personality disorder (BPD) is a serious mental illness generally characterized by instability in affect, relationships, self-image and behavior. This course will provide a general overview of BPD including information on: DSM-5 criteria, etiology, suicidality and para-suicidality, therapeutic approaches and theoretical orientations. Treatment challenges are discussed; of primary importance is the need to maintain empathy and rapport.

CE Credits: APA-5; CPRP-5; LSW/LCSW/LPC/LMFT-5; NBCC-5; PA Act48-5; PCB-5; PSNA-5; IACET-.5

Learning Objectives: *Upon completion, participants will be able to:*

- Summarize basic diagnostic criteria for BPD, including recognizing common CODs
- Describe the role of trauma and abuse in the development of BPD
- Discuss the role of self-injury and suicide in BPD
- Review basic therapeutic approaches, as well as specific theoretical orientations, notably DBT
- Recognize the importance of counter-transference issues in treating a person with BPD



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TRAUMA INFORMED INFORMATION AND SERIES COURSES

BHE TRAUMA SERIES (September 2021 – June 2022)

Training fee: \$40 for each course

Rooted in the understanding that trauma is the fundamental issue for many people seeking mental health and other public health services, trauma-informed care is recognized as essential to the delivery of services that promote recovery and resilience. Behavioral Healthcare Education offers training to assist practitioners in engaging people with histories of trauma and understanding the role that trauma has played in their lives. This series provides an array of courses that support the development of trauma-informed care, assessment and treatment planning for children, adolescents and adults.

The goal is to assist providers in integrating trauma-informed and trauma-specific treatment practices into all aspects of behavioral health and related services they provide.

A ***certificate of completion*** is obtainable for those who successfully complete **50 hours** of trauma-informed training series. Interested individuals have five years to complete the ten courses, 5 CE hours each: 10 hours for two required core courses and 40 hours for eight Reserve courses.

WOL 355 The Fundamentals: Trauma Definitions and Diagnoses

WOL 356 The Fundamentals: Trauma Informed Care

WOL 567 BHE Toolkit 3: Specific Practices for the Art of Helping People With Histories of Trauma

WOL 172 Boys Don't Cry: Examining Trauma in Men

WOL 286 Trauma and Children

WOL 167 An Introduction to Dialectical Behavioral Therapy

WOL 285 Current Approaches to Working With Trauma in Families

WOL 057 Borderline Personality Disorder: Issues and Interventions

WOL 598 Vicarious Trauma: When Helping Hurts

WOL 509 Becoming Better: Vicarious Resilience and Vicarious Post-Traumatic Growth

Our rationale is to offer a selection of courses that are current and meet the interests and needs of providers. When you have successfully accomplished 50 hours of training, you will receive your **certificate of completion** through the mail.

For more information, please visit our website: drexel.edu/medicine/bhe



CONTINUING EDUCATION (CE) CREDIT INFORMATION

BHE HELPS PROFESSIONALS MAINTAIN CREDENTIALS





Please be sure to identify what type of continuing education credit you desire when you register for our courses. Also please check the times of the trainings carefully as they may vary by course. All courses require 100% attendance, as well as a post-test score of 80% or greater in order to receive a CE certificate.




TARGET AUDIENCE

Practitioners who work in community-based mental health and addictions services: interdisciplinary mental health professionals including addiction counselors, counselors, nurses, rehabilitation counselors, social workers, psychologists and other individuals interested in behavioral health topics.

OVERALL OBJECTIVE

At the completion of each course practitioners will be able to identify advances in treatment, methods and scientific approaches.

	<p>APA (Psychologists) Drexel University College of Medicine/Behavioral Healthcare Education is approved by the American Psychological Association to sponsor continuing education for psychologists. This program is offered for a maximum of 1, 3, 5, 10 or 12 credit hours. Drexel University College of Medicine maintains responsibility for this program and its content.</p>
	<p>CPRP (Certified Psychiatric Rehabilitation Practitioners) Drexel University, Behavioral Healthcare Education (BHE), provider #010374, is approved by the Psychiatric Rehabilitation Association (PRA) to provide continuing education to Certified Psychiatric Rehabilitation Practitioners (CPRPs) and CPRP candidates. Activities are approved for a maximum of 3, 5, 6, 10 or 12 contact hours of continuing education in psychiatric rehabilitation and recovery in the designated domains. CPRPs and CPRP candidates should only claim credit commensurate with their participation in this activity.</p>
<p>Licensed Social Workers in Pennsylvania</p>	<p>LSW/LCSW/LPC/LMFT (PA SBSWE Licensed Social Workers in Pennsylvania) Drexel University College of Medicine is a pre-approved provider of continuing education for social workers and clinical social workers. This program is being offered for a maximum of 1, 3, 5, 10 or 12 credit hours of continuing education.</p>
	<p>NBCC (National Counselors) Drexel University College of Medicine/Behavioral Healthcare Education is a National Board for Certified Counselors-approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP is solely responsible for all aspects of the program. We can award a maximum of 1, 3, 5, 10 or 12 Clock hours of CE Credit.</p>
	<p>PA Educators Act 48 Drexel University College of Medicine/Behavioral Healthcare Education is recognized by the Pennsylvania Department of Education to offer continuing education credits under Act 48 guidelines. Drexel University College of Medicine, Behavioral Healthcare Education adheres to Act 48 Continuing Education Guidelines. PA educators will receive a maximum of 1, 3, 5, 10 or 12 clock hours of credit for attending this program.</p>

	<p>PCB (PA Certified Additions Counselor) Drexel University College of Medicine/Behavioral Healthcare Education will award a maximum of 1, 3, 5, 10 or 12 PCB Approved Hours of Education for this program. Our program is certified by the Pennsylvania Certification Board, Provider # 133.</p>
	<p>PSNA (Nursing) Drexel University College of Medicine/Behavioral Healthcare Education is approved as a provider of nursing continuing professional development by the PA State Nurses' Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants will be awarded a maximum of 1, 3, 5, 10 or 12 contact hours for each training.</p>
	<p>CEU (IACET) Drexel University College of Medicine/Behavioral Healthcare Education has been accredited as an Authorized Provider by the International Accreditors for Continuing Education and Training (IACET), 1760 Old Meadow Road, Suite 500, McLean, VA 22102. In obtaining this approval, Drexel University College of Medicine/Behavioral Healthcare Education has demonstrated that it complies with the ANSI/ IACET Standard which is widely recognized as the Standard of good practice internationally. As a result of their Authorized Provider accreditation status Drexel University College of Medicine/Behavioral Healthcare Education is authorized to offer IACET CEUs for its programs that qualify under the ANSI/ IACET Standard. The Drexel University College of Medicine/Behavioral Healthcare Education is authorized by IACET to offer .1, .3, .5, 1.0 or 1.2 CEUs for this program.</p>

COURSE CANCELLATIONS:

For possible weather cancellations, please call toll free **877.243.3033** after 6:30 a.m. the day of the training to confirm either cancellation or presentation of the course. If you must cancel your attendance, please call. Keep in mind that attendance will be electronically tracked and if you register for a course that you do not attend and do not cancel prior to the offering, your future registration may be blocked.

REFUND POLICIES:

In case of a need to cancel your attendance...

Live Webinars: Please contact us within 24 hours of the scheduled training to receive credit on your account for future training registration. Contact us at **877.243.3033** or **bheweb@drexel.edu**.

Classroom (In-person) Trainings: Please notify us **within 24 hours** before the training day. We will credit your account for a future training.

BE AWARE: Refunds will **NOT** be made for any trainings (live web or in person). Accounts will be credited for future training interests.

ADA ACCOMMODATIONS

Please call the registrar when you register if you have any disability or other special needs so that we can ensure that your needs will be fully met.

DISCLOSURE STATEMENT:

No relevant financial relationships exist for anyone involved in the planning of these activities.