



Global Health Education Student Experiences

Chris Fong

India, Himalayan Health Exchange

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During my three-week trip to the Spiti region of Northern India, our group of attendings and first-year medical students provided healthcare to the local population. We spent several days getting out to the remote towns by van, camping along the way. Each clinic day thereafter, we drove out to smaller villages and saw patients in an urgent care capacity—taking vitals, interviewing patients, performing physicals, presenting to the attendings, documenting, and running the pharmacy tent. In the evening, students would present on both social and medical topics. This was a wonderful opportunity to learn about an incredibly rich, complex region of the world and its people I knew so little about, while continuing to practice the basic clinical skills that will become essential to my future career.





