
SydneySM Health app

The SydneySM Health app offers online tools to help you stay healthy and manage your health plan.*

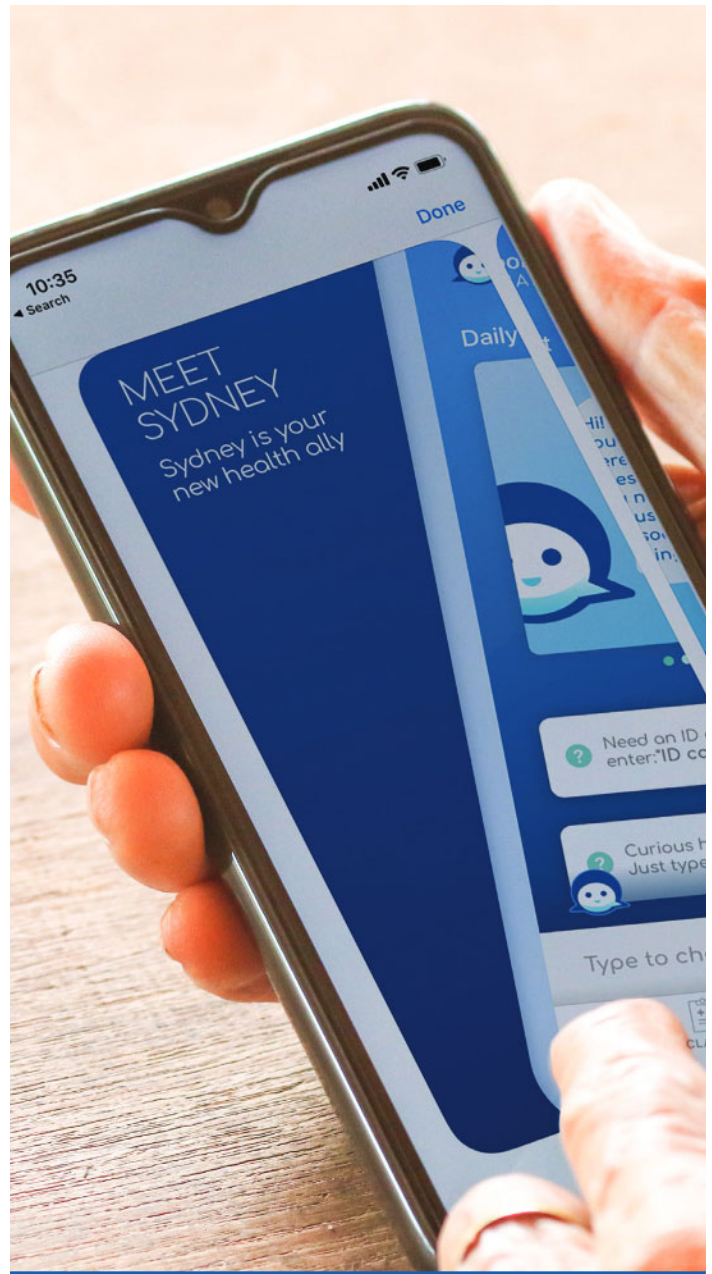
After we send you your plan membership card, use the information on the card to set up your account. It only takes a few minutes to register.

When you're done, you can use the app to:

- See a live doctor with virtual visits.
- Access plan and health resources.
- Check the status of claims.
- Request a replacement membership card or print a temporary one.
- Use home delivery for prescription drugs.

You can also:

- Use your device's GPS to find nearby doctors, hospitals, and urgent care centers in your plan's network.
- Use the chat feature to quickly find answers to your health questions.
- Set health reminders and wellness goals.
- Store and share health records with My Family Health Record (myFHR), which gives you the ability to share your health information with doctors, family members, and caregivers.



Download the Sydney Health app today from the App Store[®], Google Play[™], or www.bluedadvgrhs.com.

* Online tools are offered to Anthem plan members as extra services. They are not part of the contract and can change or stop.