One-touch access to your Wellness Program

The Health Advocate app makes it easy to connect with your Wellness Program, anywhere, anytime.

- Get a snapshot of your health with your Personal Health Profile
- Jump-start healthy changes with challenges and workshops
- Improve your eating habits with recipes and meal plans
- Monitor your progress using health trackers
- Access trustworthy health information and helpful tips

How to Download our FREE Mobile App

(for iPhone and iPad):
1. Tap the AppStore icon on the home screen.
2. Tap the magnifier search icon at the bottom of the screen, and type “Health Advocate” in the search bar.
3. Tap INSTALL.

(for Android):
1. Tap the Google Play icon on the home screen.
2. Tap the magnifier search icon in the top right corner, and type “Health Advocate” in the search bar.
3. Tap INSTALL.

Once you’ve downloaded the app, be sure to register!

- Tap the Health Advocate app icon on your phone to open the app
- Tap the Member Login button
- Type the name of your organization, select it from the drop-down box, and click “Continue”

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