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ADULT EDUCATION AND WORKFORCE ACCESS

BEACHELL FAMILY LEARNING CENTER (BFLC)

Career Services with Drexel HR: Looking for a job? Need a resume review? Schedule your career services appointment with Drexel professional staff here and we can help you through a virtual appointment on Microsoft Teams or over the phone. For questions, contact the Beachell Family Learning Center by email at BFLCDornsifeCenter@drexel.edu. Career Workshops: Employer information sessions about hiring opportunities. If you would like to be added to the email listserv, please contact BFLCDornsifeCenter@drexel.edu.

Career Workshops: Employer information sessions about hiring opportunities. If you would like to be added to the email listserv, please contact BFLCDornsifeCenter@drexel.edu.

The Beachell KEYSLOT Computer Lab is open again! Appointments must be made in advance in one of the three following ways:
ONLINE: <https://signup.com/go/KJQqAYP>, EMAIL: bflcdornsifecenter@drexel.edu, PHONE: 215-571-3292.

KEYSPOT appointments are available on the following days and times:

Monday through Thursday: 9:00 AM – 11:00 AM or 12:00 PM – 2:00 PM or 2:15 PM – 3:45 PM

Friday: 9:00 AM – 10:30 AM or 10:45 AM – 12:00 PM

The KEYSLOT will operate 5 computer workstations in the Carriage House, everyone will be required to wear a mask during their visit to the Dornsife campus and practice social distancing. Questions? Email bflcdornsifecenter@drexel.edu or call 215.571.3292. Follow BFLC on social media for resources and updates at Instagram: [@bflcdornsifecenter](https://www.instagram.com/bflcdornsifecenter), Facebook: [Beachell Family Learning Center at Drexel University](https://www.facebook.com/BeachellFamilyLearningCenter), and Twitter: [@BeachellCenter](https://twitter.com/BeachellCenter).

ARAMARK JOB FAIR: Aramark is hiring cashiers, food service workers, chefs, utility workers, supervisors and more. Rates start at \$11.50/hr. Join us on Wednesday, August 18th, 2021 from 10am to 1pm at the Dornsife Center, 3509 Spring Garden Street. For more info email bflcdornsifecenter@drexel.edu or call 215.571.4056

BUDGET HACKS: TIPS, TRICKS AND TOOLS TO IMPROVE YOUR SUCCESS: Join Beth Manley, Franklin Mint Federal Credit Union's Adult Financial Education Manager, for this 30-minute webinar as she shares budgeting tips, tricks and tools to help you move towards greater financial health. Topics include small moves with big impact, the power of a budget breakdown, and figuring affordability for big purchases.

Session 1

Tuesday August 10th at 12pm

Register at https://fmfcu.zoom.us/webinar/register/2216249009481/WN_uxbpZPAaRFaEy2yWEAwcJg

Session 2

Thursday August 18th at 10am

Register at https://fmfcu.zoom.us/webinar/register/5316249036273/WN_71YgXd6IQFajA0ZDBXu57A

BUSINESS IDEA GROUP (BIG) AND B SMART PROGRAM

The Business Idea Group (BIG) is an ongoing meeting group for entrepreneurs to collaborate monthly to share ideas and take advantage of resources to assist in building your business idea. Discussions and Subject Matter Experts on topics that include Business Finance, Social Media Marketing, and more topics are scheduled.

The B Smart program provides existing business owners and aspiring entrepreneurs with business knowledge and connects them to support and resources to bootstrap your business. For those who want to participate in the B Smart program, this is a great way to get a head start by having your business model thought out and ready to develop your plan. To get connected to this monthly convening for local business owners, please contact bflcdornsifecenter@drexel.edu. For more information about the event and how you can participate in future B Smart cohorts, contact **215.571.4056** or ktw43@drexel.edu.

URBAN LEAGUE OF PHILADELPHIA – HOUSING COUNSELING SERVICES

The Urban League of Philadelphia continues offering financial assistance to first time homebuyers purchasing homes in West Philadelphia. If you are in the homebuying process or new to homebuying? **Please call 215.985.3220 ext. 201 or email housing@urbanleaguephila.org** to attend the next online housing workshop and schedule an individual counseling appointment over the phone. Effective June 1st, the Urban League of Philadelphia will be launching **HOMEPLH**. The program provides eligible First Time Homebuyers with \$1,000 grant to help with the purchase of a home located in Philadelphia.

The series of First Time Homebuyer webinars will continue with the following session scheduled for this month:

August 7th: <https://www.eventbrite.com/e/first-time-homebuyer-webinar-august-7th-tickets-164023744435>

August 14th: <https://www.eventbrite.com/e/first-time-homebuyer-webinar-august-14th-tickets-164023826681>

August 21st: <https://www.eventbrite.com/e/first-time-homebuyer-webinar-august-21st-tickets-164028135569>

August 28th: <https://www.eventbrite.com/e/first-time-homebuyer-webinar-august-28th-tickets-164028875783>



COMMUNITY WELLNESS HUB

The **Community Wellness HUB** is a place-based, community-driven, health promotion partnership between Drexel University and the residents of Mantua and Powelton Village. The HUB seeks to **HEAL** the community through preventative care, **UNITE** the community around better health, and **BRIDGE** the community to health services and health education programming, while tackling the social determinants that underlie their health disparities.

ADDITIONAL VACCINE CLINICS FOR WEST PHILLY NEIGHBORS

Ready to get your COVID-19 Vaccine? Drexel has partnered with Sunray Pharmacy to hold vaccine clinics at a convenient location on its campus.

Clinic Location: Dornsife Center at 3509 Spring Garden St

Who: Any resident age 12+. Our goal is to serve our Black and Brown West Philly neighbors who have been hardest hit by the pandemic.

Details: Patients will receive the [Pfizer Vaccine](#), Free, No Insurance Required

Dates: Every Thursday 1:00 p.m. to 4:00 p.m.. [Register for your COVID-19 Vaccine with Sunray Pharmacy @ Drexel here.](#)

Need Help Registering? Call or text a Digital Navigator 267.217.3508. Visit the [Dornsife Center COVID Testing and Vaccination Clinic](#) on Thursdays from 1 - 4 PM

Can't make any of the dates in the link? No problem! [Register for your COVID-19 Vaccine with the City here.](#)

Still deciding if you are ready for the COVID-19 Vaccine? We get it, it's a big decision! Here are some resources to help answer some questions that you may have. When you are ready, we are here to help you [schedule your vaccine](#) or call or text 267.217.3508. [Key information about the COVID-19 Vaccine here.](#)

COVID-19 AND YOU

It's difficult to know what exactly to do to protect you and your family during a pandemic. Here are some recommendations from the CDC on how to stay precautionous, be safe, and cope with your stress. Please press Ctrl+ right-click to follow the links to get more information. What **YOU** can do? [Follow steps to prevent the spread of COVID-19 if you are sick.](#)

Take precautions: Wash your hands, Wear a mask, Social distance (at least 6 feet from one another).

Wear gloves if you are caring for someone who is sick.

[Cope with stress](#) to make yourself, the people you care about, and your community stronger.

Find ways to connect with your friends and family members and engage with your community while [limiting face-to-face contact with others.](#)

If you or someone you care for is at [higher risk](#) of getting very sick from COVID-19, [take steps to protect them and you from getting sick.](#)

NUTRITION & COOKING WITH DREXEL'S EAT RIGHT PHILLY

Join us this month for virtual nutrition workshops! These 1-hour free virtual workshops presented by Eat Right Philly will be full of easy healthy eating tips and tools to promote good health. Whether you're new to healthy living, interested in learning more, or looking for ways to add a dash of nutrition to your daily routine, these workshops are perfect for you!

Date: Wednesday, August 11th from 10:00 am - 11:00 am- Lesson Topic: Read the Facts. Choose Smart.

Register here: https://drexel.qualtrics.com/jfe/form/SV_1SP6Ejww6SM4VHo

Fruit or vegetable of the month: Black Bean Burger. [Recipe for Black Bean Burgers here.](#)

HEALTHY BURGER BLUEPRINT

The grill is lit, the flame is blue, the burgers are cooking, what kind of toppings do you do? There are lots of ways to add nutrition to your next cookout. Burgers can provide a healthy foundation for a satisfying meal full of fiber and nutrition. Follow our suggestions below to find out how:

- 1. Bun Swap:** Go for a whole grain burger bun to add body benefiting fiber to your meal. Check the package to find "whole" listed as the first ingredient or look on the nutrition facts label to make sure the grams of fiber are 4 or higher.
- 2. Mix up the Patty:** Go for a leaner ground meat by choosing 98% lean ground beef or try something new all together like turkey burgers or our featured black bean burger recipe to limit saturated fats.
- 3. Tasty Toppings:** Think outside of the lettuce, tomato & onion box. Try one of these fun themed combinations for a tasty mix of high nutrients and low calories.

For more recipes and tips visit: [Lentil Burger](#), [Salmon Burgers](#), [Turkey and Beef Burger](#)

DORNSIFE CENTER COMMUNITY GARDEN DAYS

We're excited to get our hands back in the dirt and grow in the garden together again! Join us and help plant, maintain, and harvest the garden at the Dornsife Center. No previous gardening experience is necessary. Fresh produce will be available for all to pick and **take home for free from 10:30am-12pm!** Here is a sample of what is available: zucchini, peppers, eggplant, red tomatoes, squash, green tomatoes, cucumbers.

Calling all chefs, cooks, bakers, and meal makers! Did you use your garden produce to make something tasty? Tell us about it! We are currently looking for recipes that feature our garden. Please tell us what you made by emailing recipes to drexelgrows@gmail.com

When: Sat., Aug. 7th, Aug. 14th, and Aug. 28th from 9 am - 12 pm. Please arrive 10 mins earlier to allow for time to check in.

Where: Dornsife Center for Neighborhood Partnerships, 3509 Spring Garden St, Phila, PA 19104 - at the garden beds (corner of 35th and Spring Garden Sts)

How: Registration ahead of time is required. Please fill out a registration form at this link: https://drexel.qualtrics.com/jfe/form/SV_cRR2CPBsiuSZ4rQ.

You can sign up for one or both dates.

Please arrive on time, wear closed-toe shoes, bring water, and wear sunscreen. COVID-19 health safety precautions encourage unvaccinated individuals to continue to wear a mask to protect themselves. Vaccinated individuals are not required to wear a mask. Please practice 3ft social distancing and self-select out when you are symptomatic or have come in contact with someone who has COVID-19.



ANDY AND GWEN STERN COMMUNITY LAWYERING CLINIC (CLC)

Drexel's Kline School of Law provides a number of free legal services to residents. The **Andy and Gwen Stern Community Lawyering Clinic (Stern CLC)** takes on a wide range of legal issues of community interest during the law school's regular semesters. We are currently prioritizing cases involving estate planning, unemployment compensation, benefits appeals, pardons, and compassionate release. However, residents may contact the Stern CLC about legal issues not listed above. **Please feel free to call 215.571.4014 or email clc@drexel.edu to schedule an appointment.**

WEST PHILLY PROMISE NEIGHBORHOOD

Check out West Philly Promise Neighborhood's [Resources for Families during COVID-19](#), to find local resources including food for families, employment resources, education and activities for youth, and general COVID-19 information. To sign up for the West Philly Promise Neighborhood Newsletter click [HERE](#).