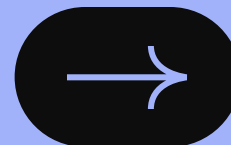
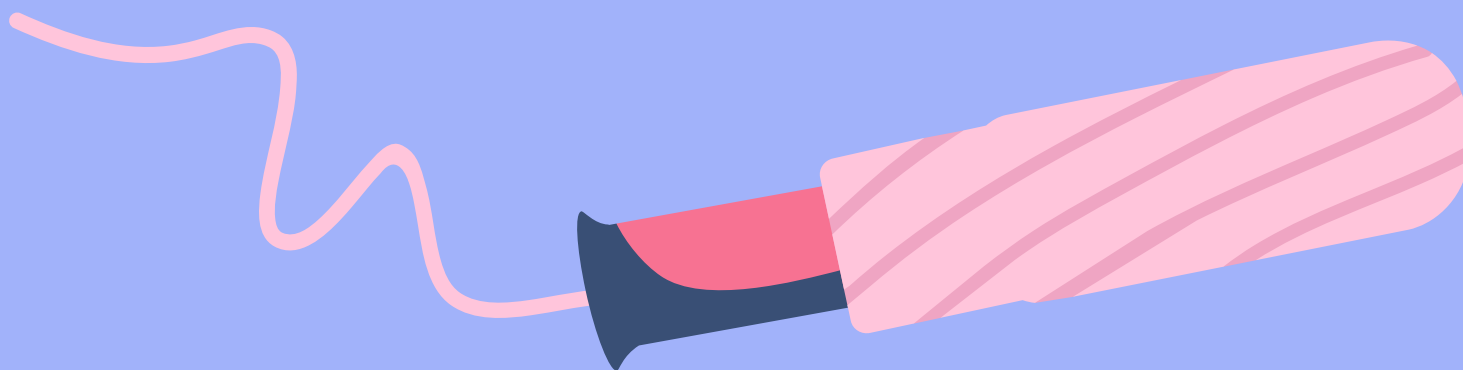




01

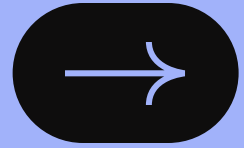


# What does it cost to afford a tampon in Philadelphia?





02



# What is Period Poverty?

Period poverty is defined as a lack of access to:

(1) menstrual products, such as pads, tampons, liners, etc.

AND/OR

(2) other aspects that impact menstrual health, such as education or hygiene facilities.





03



# How much do period products cost in Philadelphia?

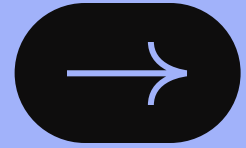
Tampon prices are up roughly 10% from a year ago.

In Philadelphia, tampon boxes usually cost around \$7-\$9 dollars.





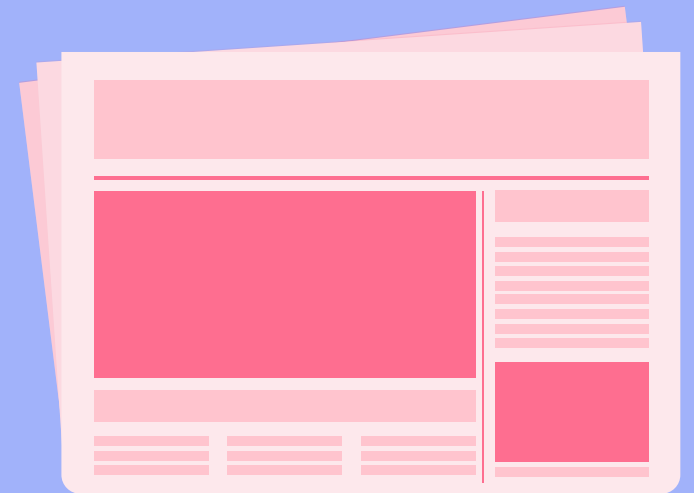
04



# What are the impacts of increasing period product prices?

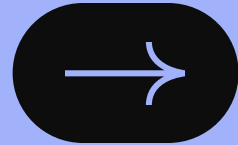
Individuals who cannot afford menstrual products may improvise with old blankets, old rags, and newspapers. This can lead to:

- period stains and odors
- urinary tract infections
- depression



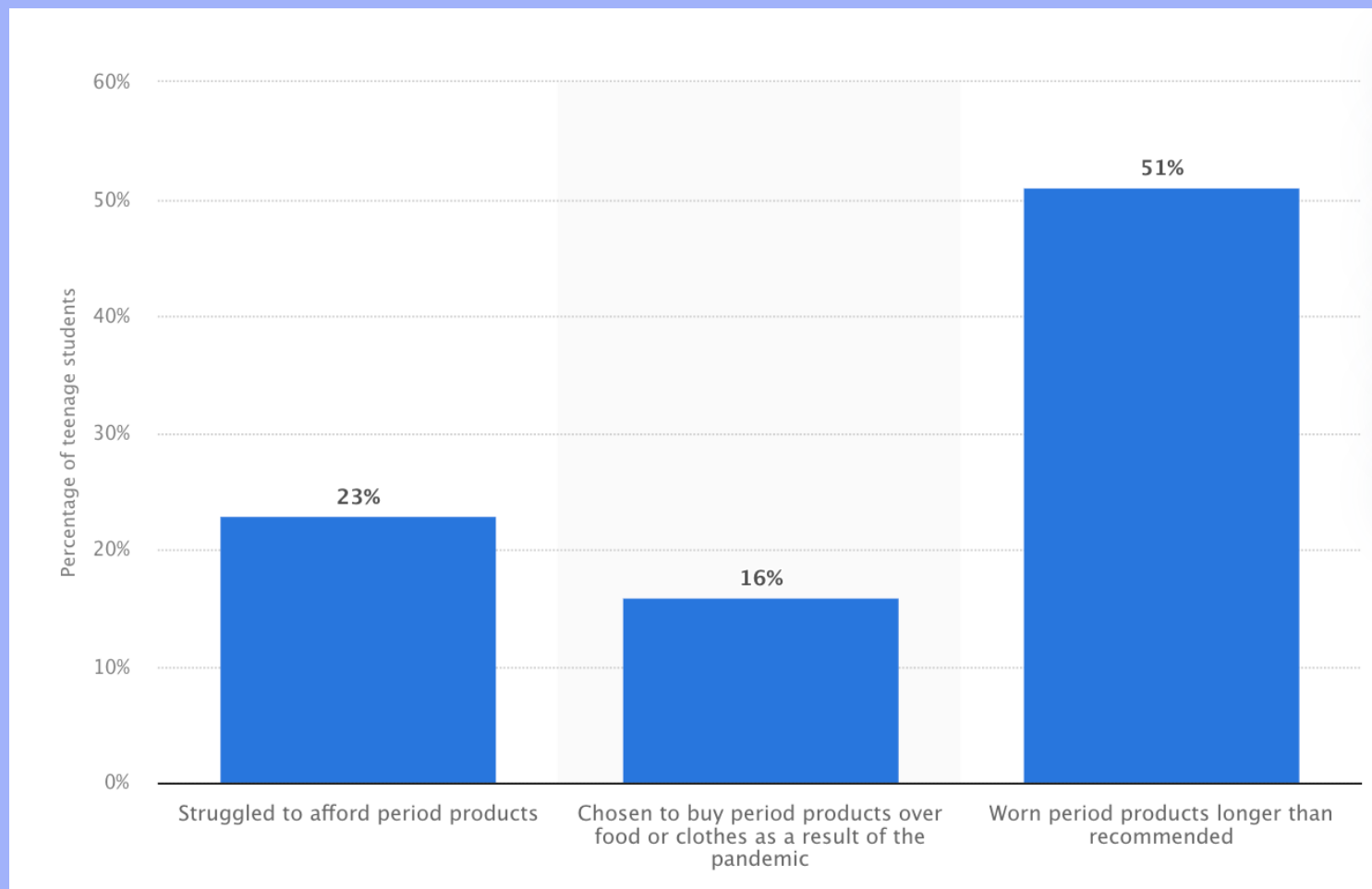


05



Approximately 1 in 4 teenage students in the United States struggled to afford menstrual health products in 2021.

Over 50% of the surveyed students reported wearing period products longer than recommended.





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# It doesn't end with a period. You can help!

Share this post to spread awareness about the negative impacts of period poverty/inequities on school-aged youth in Philadelphia.



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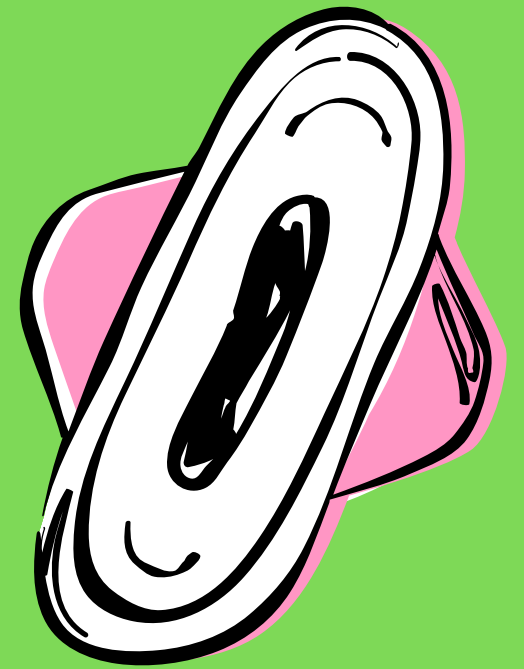


01

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**How many  
days of school  
have you  
missed this  
month?**







02



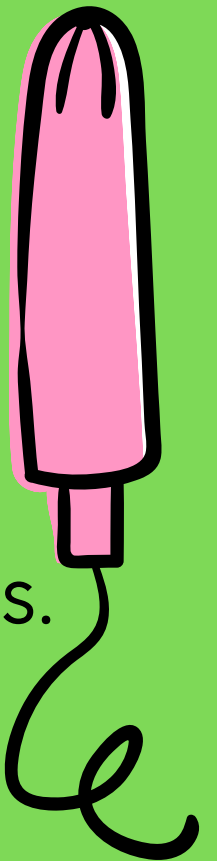
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03



# How does period poverty impact school-aged youth in the U.S.?

In 2021, a national survey of students found:

- One in four students struggled to purchase period products.
- More than half (i.e., 65%) of the student respondents reported not wanting to go to school when they were on their period due to stigma.





04



# What does this mean for youth in Philadelphia?

Despite the work of local organizations, such as CLDA, current programs and policies (i.e., Medicaid, SNAP, etc.) in Philadelphia do not require period products to be made freely available in schools.

This negatively impacts school attendance and performance for many students.





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# It doesn't end with a period. You can help!

Share this post to spread awareness about the negative impacts of period poverty/inequities on school-aged youth in Philadelphia.



# References

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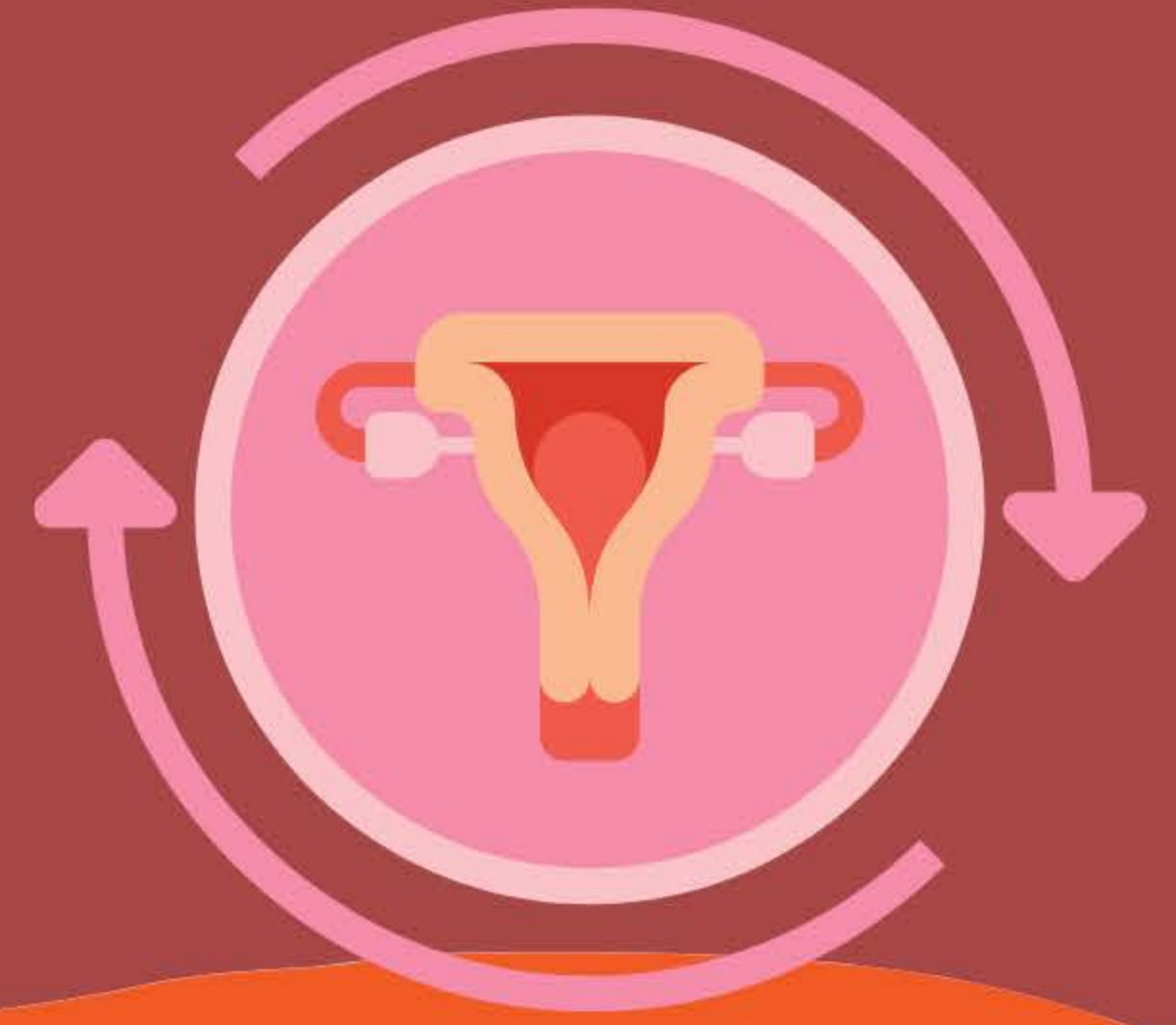
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# IT DOESN'T END WITH A PERIOD.

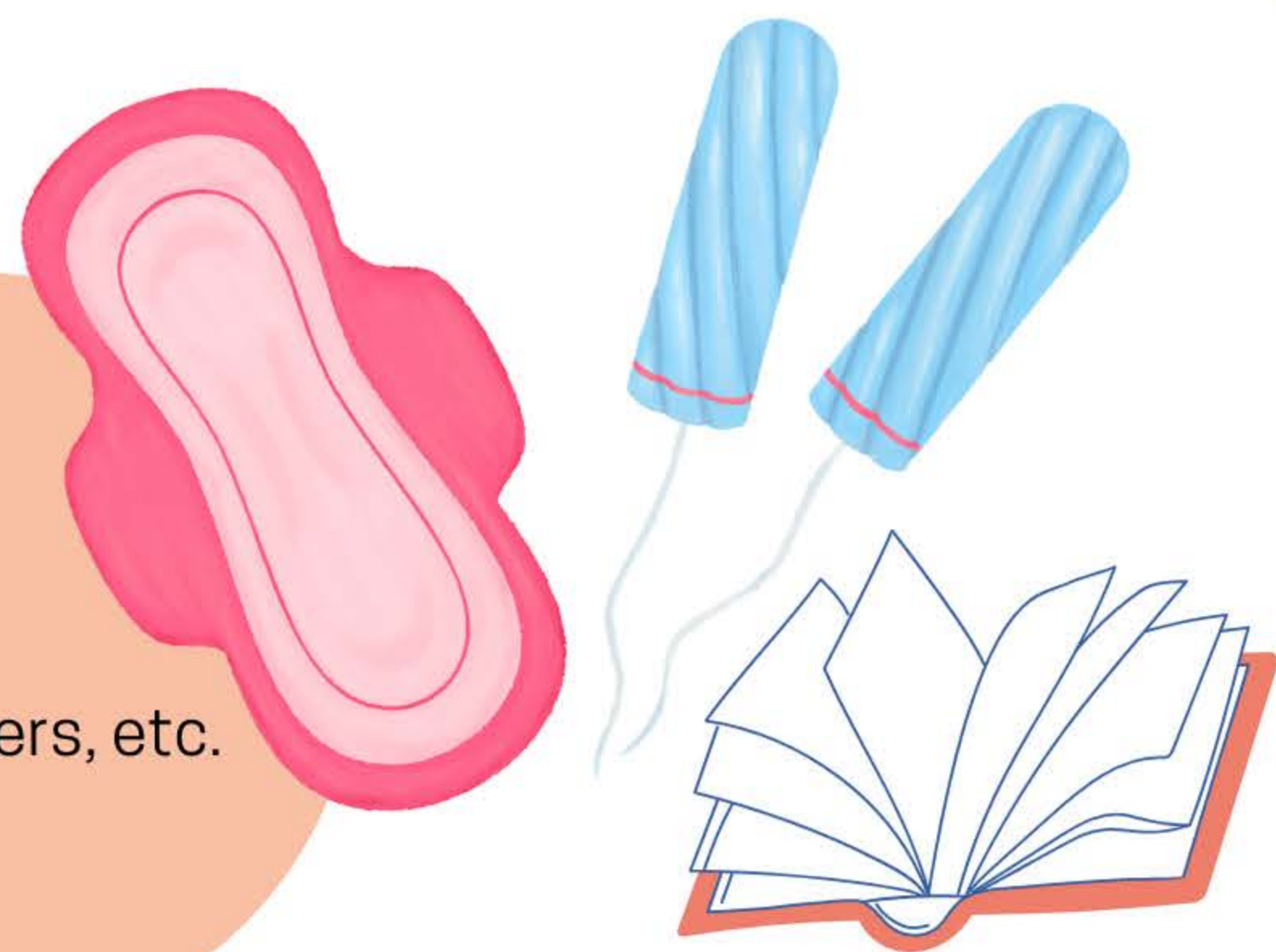


DO YOU KNOW HOW PERIOD POVERTY/INEQUITIES IMPACT SCHOOL-AGED YOUTH IN PHILADELPHIA?



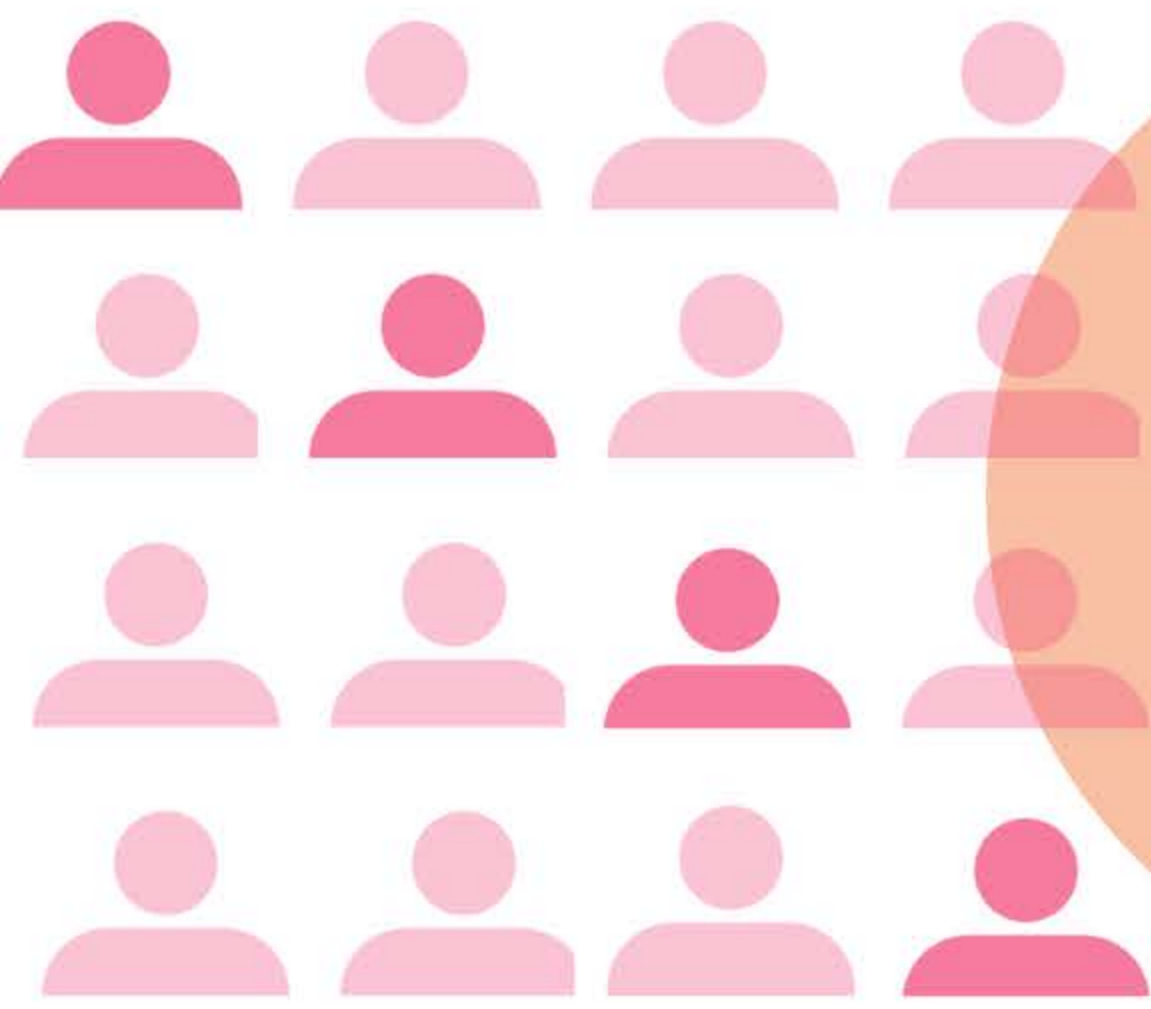
## WHAT IS PERIOD POVERTY?

Period poverty is defined as a lack of access to:  
(1) menstrual products, such as pads, tampons, liners, etc.  
AND/OR  
(2) other aspects that impact menstrual health.



## DOES PERIOD POVERTY IMPACT YOUTH IN THE UNITED STATES?

- A national survey of U.S. students who menstruate discovered that:
- One in four students struggled to purchase period products.
  - 65% of students did not want to go to school when they were on their period due to period stigma.



## WHO IS MOST IMPACTED?

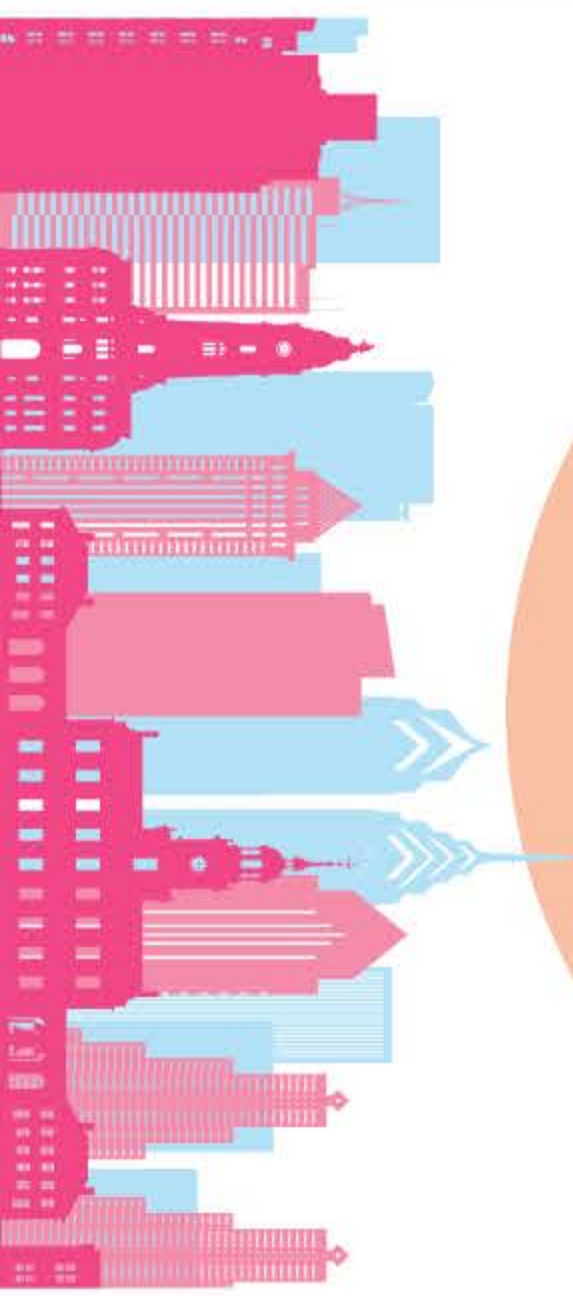
School-aged youth who menstruate  
Youth from low-socioeconomic statuses and/or Black and Latinix communities are more likely to be negatively impacted.



## HOW DOES PERIOD POVERTY IMPACT PHILADELPHIA?

Over 50% of Philadelphia's citizens identify as non-White and approximately 20% of its citizens living in poverty.

Current programs and policies (i.e., Medicaid, SNAP, etc.) in Philadelphia do not provide access to free period products in schools.



## WHAT OUR CAMPAIGN STRIVES TO DO

All school-aged youth in need to have discussions about menstrual health. Period poverty should not be a barrier to education.

We aim to raise awareness about period poverty and the associated negative impacts, in order to disrupt the harmful cycle of stigma.



## HOW YOU CAN HELP

Raise awareness about the negative impacts of period poverty for school-aged youth in Philadelphia (i.e., a bill that requires all the schools to supply free period products).

## REFERENCES

Michel, J., Mettler, A., Schönenberger, S., & Gunz, D. (2022, February 22). Period poverty: Why it should be everybody's business: Published in Journal of Global Health Reports. Journal of Global Health Reports. Retrieved October 20, 2022, from <https://www.joghr.org/article/32436-period-poverty-why-it-should-be-everybody-s-business>

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