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## **Academic Positions**

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Assistant Professor (September 2022-present)  
Drexel University  
Department of Epidemiology and Biostatistics, Dornsife School of Public Health  
Secondary appointment at the College of Nursing and Health Professions  
Faculty Affiliate, Urban Health Collaborative

Postdoctoral Scholar (August 2021-July 2022)  
University of California, San Francisco  
Center for Health and Community, School of Medicine

## **Education**

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Ph.D., Human Development and Family Studies (August 2021)  
The Pennsylvania State University  
Pre-doctoral Fellow, [Pathways T32 Training Program](#)

M.S., Human Development and Family Studies (December 2014)  
Purdue University Northwest

B.S. (*Cum Laude*), Family and Consumer Sciences (December 2011)  
Bogor Agricultural University, Indonesia

## **Awards and Fellowships**

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Faculty Fellow, [The Michigan Integrative Well-Being and Inequality \(MIWI\) training program](#). An exciting opportunity for early-career scientists to investigate the intersection of mental and physical health, with a focus on health disparities (2025-2026)

Faculty Fellow, [Drexel FIRST](#) (*Faculty Institutional Recruitment for Sustainable Transformation Initiative*) Program (2022-2025)

Dornsife School of Public Health (DSPH) Diversity, Equity, Inclusion, and Belonging Award (2025; shared with Dr. Jourdyn Lawrence and Dr. Stephanie Hernandez)

Nominee, STAR Scholars Program Outstanding Mentors of the Year (2023)

Trainee, American Psychosomatic Society (APS) Young Investigator Colloquium (2022)

Pre-doctoral Fellow, Britton Graduate Endowment Fellowship, awarded to an outstanding graduate student in the study and research of adult development and aging (2020-2021)

Pre-doctoral Fellow, Pathways T32 Training Program (T32AGO49676), to train the next generation of scientists to identify psychosocial determinants and biological pathways that underlie (un)healthy aging, funded by the National Institute on Aging (2018-2020)

Awardee, James McKenney Student Travel Award, Gerontological Society of America, Academy for Gerontology in Higher Education (2019)

Awardee, Grace M. Henderson Graduate Scholarship, College of Health and Human Development, Penn State (2019)

Awardee, Hintz Graduate Education Enhancement Fellowship (2016)

Fellow, Indonesia Endowment Fund for Graduate Education Fellowship, funded by the Indonesian Ministry of Finance (2014-2015)

Fellow, Indonesia English Language Study Program (IELSP), University of Arizona, funded by the US Department of State (2010)

## **Grant Funding**

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### *Submitted*

NIH/NCI, R01CA296295-01A1 (2025-2030)  
Life Course Socioeconomic Factors, Daily Stress Processes, and Healthy Aging Among Racially Diverse Breast Cancer Survivors  
Role: Principal Investigator  
Total Amount: \$3,914,391.00

NIH/NHLBI, R01 (2025-2030)  
The Role of Cumulative Disadvantage in Shaping Cardiovascular Disease Disparities across the Life Course  
Role: Co-Investigator  
Total Amount: \$3,737,914.20

### *Ongoing*

The Geriatric Oncology Center of Excellence Pilot Award, Sydney Kimmel Cancer Center (2024-2025)  
*Daily Stress Processes and Daily Cognitive Performance Among Racially Diverse Breast Cancer Survivors: A Feasibility and Validation Study*  
Role: Principal Investigator  
Total Amount: \$50,000

NIH/NIA, R25  
*Drexel DREAM (Diversity, Research, Experiential Learning, Aging Science, and Mentorship) Scholars Program*  
Role: Faculty Mentor (PI: DiMaria-Ghalili)

### *StepUP! To Cancer Research*

American Cancer Society Diversity in Cancer Research Summer 2025 Internship Program  
Role: Faculty Mentor (PI: Ana Maria Lopez, MD)

### *Completed*

U54CA267735, NIH Common Fund (2022-2027)\*

*Catalyzing Systemic Change at Drexel University to Support Diverse Faculty in Health Disparities Research*

Role: Faculty Fellow (MPI: Diez-Roux/Gitlin)

\*Note: This grant was terminated on 03/21/2025 by the NIH for an unknown reason.

Thomas Jefferson University-Drexel University Sydney Kimmel Cancer Center (SKCC) Consortium Pilot Award (2023-2025)

*Financial Hardship, Daily Stress Process, and Inflammation Among Cancer Survivors*

Role: Principal Investigator

Total Amount: US\$50,000

R01DK132953, NIH/NIDDK (2022-2026)

*The Impact of Structural Racism on Racial/Ethnic Disparities in End-Stage Kidney Disease from Healthy Population to Mortality*

Role: Consultant (PI: Daw)

*Not Funded*

NIH/NCI, R01CA296295-01 (2024-2029)

Life Course Socioeconomic Factors, Daily Stress Processes, and Epigenetic Aging Among Racially Diverse Breast Cancer Survivors (Discussed; 44<sup>th</sup> percentile)

Role: Principal Investigator

Total Amount: \$3,859,172.00

NIH, U24 (2024-2029)

*HARMONIE: Hub for Alzheimer's Research Measures Of Neighborhood and Individual Exposome* (Discussed; impact score = 38)

Role: Co-Investigator (PI: Diez-Roux)

Total Amount: \$ \$6,755,890.32

AHA/ Transformational Project Award (2025-2028)

Cardiovascular and Cerebrovascular Health Effects of Experiential Variety, with Sleep and Socioeconomic Status (CHEESS)

Role: Co-Investigator

## Scholarly Publications

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### **Peer-Reviewed Articles**

*Under Review/revision/in preparation*

\* = trainee/mentee, † = senior author

26. Santos, H., Bauer, G. R., Joiner, T., **Surachman, A.**, Lê-Scherban, F., & Scheim, A. I. (2025). The relationship between social support and suicide among trans and non-binary people in Canada: A latent class analysis. [in preparation].

25. Jenkins, A. I. C., Rice, T. M., & **Surachman, A.** (2025). 'Hood love: Community stress is associated with Black romantic relationship health. [in preparation].

24. Sakakibara, K.\* , Hernandez, S., Lawrence, J. A., Zannas, A. S., Cuevas, A., Coe, C. L., & **Surachman, A.**† (2025). Perceived social cohesion moderates the association between neighborhood

deprivation and epigenetic aging in middle-aged and older American adults. [in preparation].

23. Yao, J. \*, Bisgay, A. \*, & **Surachman, A.**† (2024). Association of household wealth and inflammation among adults in the United States: Findings from the MIDUS Study. [under review]

22. **Surachman, A.**, Jenkins, A., Armendaris, M. (2024). Neighborhood quality and weekly patterns of physical activity among Black and white adults. [under review]

21. Plummer, M.\*, DiMaria-Ghalili, R. A., Fang, C., Coe, C. L., & **Surachman, A.** † (2025). Socioeconomic status, Health locus of control, and inflammation among cancer survivors in the Midlife in the United States (MIDUS) Study. [Revise and resubmit]

#### *Published*

20. Santos, H., Bauer, G. R., Joiner, T., **Surachman, A.**, Lê-Scherban, F., & Scheim, A. I. (2025). Intersectional analysis of suicide risk among transgender and non-binary people. *SSM - Mental Health*, 8, 100496. <https://doi.org/https://doi.org/10.1016/j.ssmmh.2025.100496>

19. **Surachman, A.**, Harhay, M. N., DiMaria-Ghalili, R. A., Zannas, A. S., Almeida, D. M., & Coe, C. L. (2025). Epigenetic aging mediates the association between life course socioeconomic status and decrements in kidney function across a decade. *GeroScience*. Advance online publication. <https://doi.org/10.1007/s11357-025-01728-0>

18. Hamlat, E., Meyer, S., Laraia, B., Moffitt, T., **Surachman, A.**, Dutcher, E., Zhang, J., Lu, A., Yang, T., Mashash, M., Slavich, G., & Epel, E. (2025). Maternal childhood adversity accelerates epigenetic aging of children. *Health Psychology*, 44(5), 479–488. <https://doi.org/10.1037/hea0001427>

17. **Surachman, A.**, Hamlat, E., Zannas, A. S., Horvath, S., Laraia, B., & Epel, E. (2024). Grandparents' Educational Attainment is Associated with Grandchildren's Epigenetic-Based Age Acceleration in the National Growth and Health Study. *Social Science & Medicine*, 355, 117142. <https://doi.org/10.1016/j.socscimed.2024.117142>

16. Jenkins, A., **Surachman, A.**, & Armendariz, M. (2024). Jenkins, A. I., Surachman, A., & Armendariz, M. (2024). Where I'm livin' and how I'm feelin': Associations among community stress, gender, and mental-emotional health among Black Americans. *Social Science & Medicine*, 348, 116763. <https://doi.org/10.1016/j.socscimed.2024.116763>

15. **Surachman, A.**, Harhay, M., Santos, A., Daw, J., Alexander, L., Almeida, D.M., & Coe, C. (2024). Financial hardship and age-related decrements in kidney function among Black and white adults in the Midlife in the United States (MIDUS) study. *Psychosomatic medicine*, 86(5), 431–442. <https://doi.org/10.1097/PSY.0000000000001263>

14. **Surachman, A.**, Tucker-Seeley, R. & Almeida, D.M. (2023). The association between material-psychological-behavioral framework of financial hardship and markers of inflammation: a cross-sectional study of the Midlife in the United States (MIDUS) Refresher cohort. *BMC Public Health*, 23, 1845. <https://doi.org/10.1186/s12889-023-16745-x>

13. Korous, K. M., **Surachman, A.**, Rogers, C. R., & Cuevas, A. G. (2023). Parental education and epigenetic aging in middle-aged and older adults in the United States: A life course perspective. *Social Science & Medicine*, 333, 116173. <https://doi.org/10.1016/j.socscimed.2023.116173>

12. Jenkins, A. I., Le Y., **Surachman, A.**, Almeida, D. M., & Fredman, S. J. (2023). Associations among Financial Well-Being, Daily Relationship Tension, and Daily Affect in Two Adult Cohorts

Separated by the Great Recession. *Journal of Social and Personal Relationships*, 40(4), 1103–1125. <https://doi.org/10.1177/02654075221105611>

11. Hamlat, E., Adler, N., Laraia, B., **Surachman, A.**, Lu, A. T., Zhang, J., Horvath, S., & Epel, E. (2022). The association of subjective social status with epigenetic aging among Black and White women. *Psychoneuroendocrinology*, 141, 105748. <https://doi.org/10.1016/j.psyneuen.2022.105748>
10. Mayer, S.E., **Surachman, A.**, Prather, A. A., Puterman, E., Delucchi, K. L., Irwin, M. R., Danese, A., Almeida, D. M., and Epel, E. S. (2022). The long shadow of childhood trauma for depression in midlife: Examining daily psychological stress processes as a persistent risk pathway. *Psychological medicine*, 52(16), 4029-4038. <https://doi.org/10.1017/S0033291721000921>
9. Wardecker, B. M., **Surachman, A.**, Matsick, J. L., & Almeida, D. M. (2022). Daily stressor reactivity and daily well-being among sexual minority and heterosexual adults in the United States: Results from the National Study of Daily Experiences (NSDE). *Annals of behavioral medicine*, 56(6), 536–550. <https://doi.org/10.1093/abm/kaab062>
8. **Surachman, A.**, Santos, A. R., Daw, J. K., Alexander, L. M., Coe, C. L., Almeida, D. M. (2021). Life course pathways from parental education to age-related decrements in kidney function among Black and white American adults. *Psychoneuroendocrinology*, 131, 105291. <https://doi.org/10.1016/j.psyneuen.2021.105291>
7. **Surachman, A.**, Jenkins, A., Santos, A., Almeida, D. M. (2021). Socioeconomic status trajectories across the life course, daily discrimination, and inflammation among Black and white adults. *Psychoneuroendocrinology*, 127, 105193. <https://doi.org/10.1016/j.psyneuen.2021.105193>
6. **Surachman, A.**, Daw, J., Bray B., Alexander, L., Coe, C., & Almeida, D. M. (2020). Childhood socioeconomic status, comorbidity of chronic kidney disease risk factors, and kidney function among adults in the Midlife in the United States (MIDUS) study. *BMC Nephrology*, 21, 118. <https://doi.org/10.1186/s12882-020-01846-1>
5. Greaney, J. L., **Surachman, A.**, Saunders, E. F. H., Alexander, L. M., & Almeida, D. M. (2020). Greater daily psychosocial stress exposure is associated with increased norepinephrine induced vasoconstriction in young adults. *Journal of the American Heart Association*, 9(9), e015697. <https://doi.org/10.1161/JAHA.119.015697>
4. **Surachman, A.**, Rice, C., Bray, B., Gruenewald, T., & Almeida, D. M. (2020). Association between socioeconomic status mobility and inflammation markers among white and Black adults in the United States: A latent class analysis. *Psychosomatic Medicine*, 82(2), 224-233. <https://doi.org/10.1097/PSY.0000000000000752>
3. **Surachman, A.**, Wardecker, B. M., Chow, S-M., & Almeida, D. M. (2019). Life course socioeconomic status, daily stressors, and daily well-being: Examining chain of risk models. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences*, 74(1), 126-135. <https://doi.org/10.1093/geronb/gby014>
2. **Surachman, A.**, Edwards, A. B., Sweeney, A. K., & Cherry, R. L. (2018). Mothers' selection of future primary caregivers in rural West Java, Indonesia. *Journal of Cross-Cultural Gerontology*, 33(3), 247-263. <https://doi.org/10.1007/s10823-018-9352-x>
1. **Surachman, A.** & Hartoyo. (2015). Parental Investment and poverty dynamics in West Java, Indonesia. *Journal of Family and Economic Issues*, 36(3), 340-352. <https://doi.org/10.1007/s10834-015-9454-3>

### **Book Chapters and Encyclopedia Entries**

3. **Surachman, A.**, Hamlat, E., Epel, E. (in press). Stress and biological aging. In M. Lachman, A. Spiro, S. Charles, & S. Neupert (Eds), *APA Handbook of adult development and aging*. American Psychological Association.
2. Cuevas, A.G., Chen, R., Krobath, D., Smith, P.J., Stanton, M.V., **Surachman, A.**, & Wang H. (in press). Racial/ethnic health inequities in middle-aged and older adulthood. In M. Lachman, A. Spiro, S. Charles, & S. Neupert (Eds), *APA Handbook of adult development and aging*. American Psychological Association.
1. **Surachman, A.**, & Almeida, D. M. (2018). Stress and coping theory across the adult life span. *Oxford Research Encyclopedia of Psychology*.  
<https://doi.org/10.1093/acrefore/9780190236557.013.341>

### **Editorial Activities**

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#### **Editorial Board**

Early Career Editorial Board (ECEB) Member for the *Biopsychosocial Science and Medicine* journal (previously known as *Psychosomatic Medicine* journal; 2023-now)

*This program offers a pathway for outstanding early-career researchers (Assistant Professor or equivalent) from around the globe to gain experience in reviewing and editorial functions.*

#### **Peer Review: Journals**

American Psychologist, The Journals of Gerontology: Social Sciences, Journal of Epidemiology and Community Health, Applied Psychology: Health and Well-Being, PLoS One, American Journal of Epidemiology, Psychoneuroendocrinology, Journal of Biosocial Science, Journal of the American College of Nutrition, SSM - Population Health, Annals of Behavioral Medicine, Psychosomatic Medicine, Journal of Aging and Health, Clinical Journal of the American Society of Nephrology; Journal of Urban Health.

#### **Peer Review: Grants**

- The Community Driven Research Day (CDRD) pilot grant program, Drexel University (2025)
- NIH Aging, Injury, Musculoskeletal, and Rheumatologic Disorders (AIMR) study section (ad-hoc; November 2024)

#### **Peer Review: Conference abstracts**

- American Psychosomatic Society (APS) Annual Scientific Meeting (2019-now)
- Gerontological Society of America (GSA) Annual Scientific Meeting (2019-now)

### **Research Presentations**

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#### **Invited talks**

Introduction to Epidemiology and Population Health Research. Invited presentation as part of skill building

Life Course Socioeconomic Status and Accelerated Epigenetic Aging Among Cancer Survivors. Invited presentation at the 2024 Immune Cell Regulation and Targeting Program Faculty/Trainee Retreat, The Sidney Kimmel Comprehensive Cancer Center (October 30, 2024)

Biopsychosocial factors of aging. Invited seminar at the Addiction, Health, & Adolescence (AHA!) Lab, University of Pennsylvania (September 17, 2024)

Life course socioeconomic status and epigenetic aging among cancer survivors: Findings from the Midlife in the United States Study. Invited presentation at the 2024 Cancer Risk and Control (CRiC) Research Program Retreat, The Sidney Kimmel Comprehensive Cancer Center (April 26, 2024)

Biopsychosocial factors of healthy aging. A Focus on Health Lecture Series, Clemson University (April 24, 2024)

Financial hardship and accelerated aging. Invited seminar at the Zannas Lab, University of North Carolina at Chapel Hill (December 12, 2023)

Life course socioeconomic status and health: Innovation and exploration. Dornsife School of Public Health, Drexel University (April 4, 2022)

Life course socioeconomic status, biology of aging, and health. Aging, Metabolism, and Emotions (AME) Center Seminar, University of California, San Francisco (December 10, 2021)

Socioeconomic status trajectories across the life course and inflammation among Black and white adults in the United States. Social Environment and Stress (SES) Lab, University of California Davis (October 29, 2020)

### ***Conference presentations***

#### **2025**

**Surachman, A.**, Harhay, M., DiMaria-Ghalili, R. A., Zannas, A., Coe, C. (March, 2025). Epigenetic aging mediates the association between lower socioeconomic status and faster declines in kidney function across a decade. Paper presented at the Society for Biopsychosocial Science and Medicine 2025 Annual Meeting, Seattle, WA.

Plummer, M. & **Surachman, A.** (March, 2025). Socioeconomic status, perceived control, and DNA methylation-based age acceleration among Black and white American adults. Poster presented at the Society for Biopsychosocial Science and Medicine 2025 Annual Meeting, Seattle, WA.

Biggay, A., & **Surachman, A.** (March, 2025). Perceived neighborhood disadvantage and biological aging among Black and white American adults. Poster presented at the Society for Biopsychosocial Science and Medicine 2025 Annual Meeting, Seattle, WA.

#### **2024**

**Surachman, A.** & Koffer, R. (November, 2024). Financial hardship is associated with repeated stressors as measured by stressor diversity. In R. Koffer & S. Lee (Co-Chairs), Introducing “X-Versity” Theory: Experiential diversity in daily life and its implication for healthy aging (Symposium). Paper presented at the Gerontological Society of America (GSA) 2023 Annual Scientific Meeting, Tampa, FL.

Yao, J. & **Surachman, A.** (March, 2024). Association of household wealth and inflammation among adults in the United States: Findings from the MIDUS Study. Paper presented at the 81st Annual Scientific Meeting of the American Psychosomatic Society, Brighton, UK.

Plummer, M. & **Surachman, A.** (March, 2024). Socioeconomic status, health locus of control, and inflammation among cancer survivors. Poster presented at the 81st Annual Scientific Meeting of the American Psychosomatic Society, Brighton, UK.

**Surachman, A.**, Sun, J., Desai, V., & Lawrence, J. (March, 2024). Financial hardship and biological aging indicators: A systematic review. Poster presented at the 81st Annual Scientific Meeting of the American Psychosomatic Society, Brighton, UK.

### **2023**

**Surachman, A.**, Yao, J., DiMaria-Ghalili, R. A., & Juon, H-S. (2023, November). The association between financial hardship and markers of inflammation among cancer survivors (Symposium). Paper presented at the Gerontological Society of America (GSA) 2023 Annual Scientific Meeting, Tampa, FL.

**Surachman, A.**, Jenkins, A., Amendaris, M. (2023, November). Neighborhood quality and weekly patterns of physical activity among Black and white adults. In A. Surachman & J. Lawrence (Co-Chairs), Multilevel social factors of health and aging among diverse populations. Paper presented at the Gerontological Society of America (GSA) 2023 Annual Scientific Meeting, Tampa, FL.

**Surachman, A.**, Lee, B., Adler, N., Epel, E. (2023, March). Subjective social status among mothers with neurotypical and neurodiverse children. Paper presented at the 80th Annual Scientific Meeting of the American Psychosomatic Society, San Juan, PR.

**Surachman, A.**, Hamlat, E., Laraia, B., Epel, E. (2023, March). Life course socioeconomic status and biological aging indicators among Black and white women in the National Growth and Health Study. Paper presented at the 80th Annual Scientific Meeting of the American Psychosomatic Society, San Juan, PR.

### **2022**

**Surachman, A.**, Hamlat, E., Zannas, A., Horvath, S., Laraia, B., Epel, E. (2022, November). Grandparents' Education is associated with grandchildren's epigenetic age in the NGHS Study. Paper presented at the Gerontological Society of America (GSA) 2022 Annual Scientific Meeting, Indianapolis, IN.

**Surachman, A.**, Adler, N., Laraia, B., Epel, E. (2022, March). Racial disparities in longitudinal changes in metabolic syndrome severity across two decades between Black and white women: Early life socioeconomic status and heightened vigilance as correlates. Paper presented at the 79th Annual Scientific Meeting of the American Psychosomatic Society, Long Beach, CA.

**Surachman, A.**, Santos, A., Daw, J., Alexander, L., Coe, C., & Almeida, D. M. (2022, March). Subjective socioeconomic status across the life course and age-related decrements in kidney function among Black and white American adults. Paper presented at the 79th Annual Scientific Meeting of the American Psychosomatic Society, Long Beach, CA.

### **2021**

**Surachman, A.**, Santos, A., Daw, J., Alexander, L., Coe, C., & Almeida, D. M. (2021, November). Intergenerational educational mobility and age-related decrements in kidney function among Black and white American adults. Paper presented at the Gerontological Society of America (GSA) 2020 Annual Scientific Meeting (virtual conference).

**2020**

**Surachman, A.,** Wardecker, B., Extent, C., Matsick, J., & Almeida, D. M. (2020, November). Daily alcohol and cigarette use among sexual minority adults in the United States: Moderating role of daily stress and daily well-being. In B. Wardecker (Chair), Health among sexual minority older adults: Individual differences and implications for improving health (Symposium). Paper presented at the Gerontological Society of America (GSA) 2020 Annual Scientific Meeting (virtual conference).

**Surachman, A.,** Santos, A., Daw, J., Alexander, L., Coe, C., & Almeida, D. M. (2020, November). Life course pathways from childhood SES to age-related declines in kidney function across adulthood. In D. Petrovsky and D. Waldron (Chairs), Interdisciplinary Perspectives from Early Career Scholars on Why Age Matters. Paper presented at the Gerontological Society of America (GSA) 2020 Annual Scientific Meeting (virtual conference).

**Surachman, A.,** Jenkins, A., Santos, A., Gamaldo, A., & Almeida, D. (2020, March). Do optimism and religious identity moderate the association between socioeconomic mobility and depressive symptoms among Black and White adults? Paper accepted to be presented at the American Psychosomatic Society Annual Meeting, Long Beach, CA. (Conference canceled)

**2019**

**Surachman, A.,** Daw, J., Alexander L., Coe, C., & Almeida, D. M. (2019, November). Does childhood socioeconomic status predict age-related decline in kidney function? In J. Kong & A. Surachman (Chairs), Cumulative disadvantage of early life adversity and health in midlife and later adulthood (Symposium). Paper presented at the Gerontological Society of America (GSA) 2019 Annual Scientific Meeting, Austin, TX.

**Surachman, A.,** Bray, B., Alexander, L., Coe, C., & Almeida, D. M. (2019, April). Childhood socioeconomic status accentuates clinical risk for age-related declines in kidney function among middle and older adults in the United States. Poster presented at the International Society of Nephrology (ISN) World Congress of Nephrology, Melbourne, Victoria.

**Surachman, A.,** Rush, J., Alexander, L., Coe, C., & Almeida D. M. (2019, March). Life Course Pathways of Early Life Socioeconomic Status Toward Clinical Risk for Age-Related Declines in Kidney Function, Focusing on the Role of Daily Stressors and Well-Being. Paper presented at the American Psychosomatic Society Annual Meeting, Vancouver, BC.

**2018**

**Surachman, A.,** Bray, B., Gruenewald, T., & Almeida, D. M. (2018, November). Rags to rags, riches to riches: Socioeconomic Mobility and Psychobiological Mediators of SES-Health Association. In J. Kong & D. M. Almeida (Chairs), Effect of childhood adversity on psychological and biological markers of stress in middle and later life (Symposium). Paper presented at the Gerontological Society of America (GSA) 2018 Annual Scientific Meeting, Boston, MA.

**Surachman, A.,** Wardecker, B. M., & Almeida, D. M. (2018, November). It's a dangerous world out there: Daily Stress and Health Among Lesbian, Gay, and Bisexual Adults in the United States. In B. M. Wardecker (Chair), Health and aging in lesbian, gay, and bisexual adults in the United States (Symposium). Paper presented at the Gerontological Society of America (GSA) 2018 Annual Scientific Meeting, Boston, MA.

**Surachman, A.** (2018, May). Life course socioeconomic status and health: Examining chain of risk models. Paper presented at the Midlife in the United States (MIDUS) Annual Meeting, Madison, WI.

**Surachman, A.**, Grunewald, T., Bray, B., Almeida, D M. (2018, March). Life course socioeconomic status and low-grade inflammation in adulthood: A latent class analysis approach. Paper presented at the American Psychosomatic Society Annual Meeting, Louisville, KY.

**Surachman, A.**, Wardecker, B., Chow, S-M, Almedia, D. M. (2018, March). Life course socioeconomic status, daily stressors, and daily well-being: Examining chain of risk models. Paper presented at The National Child Development Study (NCDS) 60 years of our lives conference, London, UK.

## **2017 and earlier**

**Surachman, A.** & Almeida, D. (2017, July). Life course socioeconomic status, recession hardships, daily stressor exposure, and daily well-being: Examining chain of risk models. Poster presented at the International Association of Gerontology and Geriatrics (IAGG) World Congress, San Francisco, CA.

**Surachman, A.**, Edwards, A., Sweeney A. K., & Cherry R (2016, November). Intergenerational solidarity and the congruence of future caregiving role among mother-child dyads. Poster presented at the Gerontological Society of America Scientific Meeting, New Orleans, LA.

**Surachman, A.**, Edwards, A., Sweeney A. K., & Cherry R. (2016, November). Selection of future caregivers by elderly women in rural West Java, Indonesia. Poster presented at the National Council on Family Relations Annual Conference, Minneapolis, MN.

**Surachman, A.**, Hartoyo, & Edwards, A. (2015, November). Parental Expectation of Future Filial Financial Support: A Dyadic Analysis. Poster presented at the Gerontological Society of America Scientific Meeting, Orlando, FL.

**Surachman, A.**, Hartoyo, & Edwards, A. (2015, November). Intergenerational transmission of parental investment behavior: A spousal dyadic analysis. Poster presented at the National Council on Family Relations Annual Conference, Vancouver, Canada.

## **Teaching Experiences**

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### *Drexel University*

Population Aging: A Biopsychosocial Approach, Urban Health Collaborative Summer Institute (Summer 2024)

PBHL 311 Public Health Biology (Spring 2024; Fall 2024; Fall 2025)

PBHL 301 Epidemiology in Public Health: “*Adult Development and Aging*” (Guest lecture, Winter 2023)

### *Penn State*

HDFS 411 The Helping Relationship: “*Intersectional Identities as Multicultural Individuals*” (Guest lecture; Spring 2019 and 2020)

HDFS 249 Adult Development and Aging: “*Health Disparities and Aging*” (Guest lecture; Fall 2019)

HDFS 249 Adult Development and Aging: “*Stress, Coping, and Resilience*” (Guest lecture; Spring 2017)

HDFS 312 Empirical Inquiry in Human Development (Lab instructor; Fall 2017)

HDFS 518 Regression (Teaching assistant; Spring 2018)

HDFS 249 Adult Development and Aging (Teaching assistant; Spring 2017)

HDFS 315 Family Development (Teaching Assistant; Fall 2016)

## **MENTORING**

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### ***PhD Student***

**Koichi Sakakibara, MHS** – PhD student in Epidemiology, DSPH (2024-now)

### ***Research Assistants***

**Jingxin Yao, MS (2023-2024)**

- Doctoral student in the Department of Kinesiology and Community Health, College of Applied Health Sciences, University of Illinois at Urbana-Champaign
- Recipient of the American Psychosomatic Society (APS) Scholar Award 2024

**Jing Sun, MS** – MS student in Biostatistics (2023-2024)

**Madeline Plummer** – BS student in Public Health, DSPH (2023-now)

- STAR (Students Tackling Advanced Research) scholar, Summer 2023
- Supernova Undergraduate Research Fellow
- Recipient of the Undergraduate Research Mini-Grant (\$2,000), Winter 2024
- Recipient of the Undergraduate International Travel Grant, Spring 2024
- Recipient of the American Psychosomatic Society (APS) Scholar Award 2024

**Madeline Lengyel** – BS student in Biomedical Engineering (2025-now)

**Ally Bisgay, BA** (2024-now)

### ***MPH Student Advisees***

Marissa Bacon (2023-present)

Victoria McCann (2024-present)

Haolong Yu (2024-present)

Natalya Archibald (2023-2025)

Ariel Rivera (2023-2025)

### ***Service to the Department, College, and University***

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Seminar Committee, Department of Epidemiology and Biostatistics, Drexel University (2024-now)

Admission Committee, Dornsife School of Public Health, Drexel University (2023-2025)

Social Committee, Department of Epidemiology and Biostatistics, Drexel University (2022-2023)

Founder and Chair, Aging Special Interest Group (Aging SIG) at Penn State, a forum for graduate students, postdocs, and faculty from within and outside Penn State to share their research related to aging from an interdisciplinary perspective (2018-2019)

Graduate student representative, HDFS Graduate Program Admission Committee (2019-2020)

Co-chair, The 3<sup>rd</sup> HDFS Annual Graduate Research Symposium, an annual scientific conference within the Department of HDFS at Penn State (2019)

Co-chair, HDFS Graduate Steering Committee (2018-2019)

Co-editor, HDFS Graduate Newsletter (2017-2018)

## **Service to the Profession**

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American Psychosomatic Society (APS), Programming Committee for the APS Annual Scientific Meeting 2023 (2022-2023)

American Psychosomatic Society (APS), Programming Committee for the APS Annual Scientific Meeting 2022 (2021-2022)

American Psychosomatic Society (APS), Associate Member of the Emerging Leader Initiative (2020-now)

Early Career Task Force, American Psychological Association (APA) Division 20 – Adult Development and Aging (2020)

## **Service to the Community**

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Community outreach, “Maintaining Healthy Aging to Reduce the Risk of Cancer” for Indonesian older adults in Philadelphia, in collaboration with the Sydney Kimmel Cancer Center and Philadelphia Praise Center (October 19, 2024)

Community outreach, “Debunking Myths Around Aging and Cancer” for Indonesian and Chinese older adults in Philadelphia, in collaboration with the Sydney Kimmel Cancer Center and the Southeast Asian Mutual Assistance Association Coalition/SEAMAAC (September 10, 2024)

Mentor, Penn State LGBTQA Mentorship Program, a mentorship program in which graduate students paired with undergraduate students from sexual minority background (2017-2019)

Mentor, *Indonesia Mengglobal*, a mentorship program to support Indonesian students to prepare their applications to graduate schools in the United States (2016-2019)

## **Professional Affiliations**

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Society for Biopsychosocial Science and Medicine (formerly American Psychosomatic Society; 2017-present); Gerontological Society of America (2014-present)

## **Media Coverage**

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Key Racial Difference Found in Health Benefits of Rising Income and Education ([link](#))

Featured AME Researcher: Agus Surachman, PhD ([link](#))

Looking for Clues About Your Real Age? Your Grandparents' Education May Offer Some Insight ([link](#))

Your Biological Age Has A Surprising Link to Your Grandparents' Education ([link](#))