

**Janell L. Mensinger, Ph.D.**  
**Curriculum Vitae**

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Address: Drexel University, Dornsife School of Public Health  
Department of Epidemiology and Biostatistics  
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**► EDUCATION**

- 2003 • Ph.D. in Psychology (Social-Environmental)  
--Health and Quantitative concentrations  
The City University of New York – Graduate Center  
Dissertation title: *Disordered eating, adherence to the superwoman ideal, and gender socialization in coeducational and single sex school environments*
- 1996 • B.A. in Psychology, *Summa cum laude*  
West Chester University of Pennsylvania
- 1994 • Participant of the United Nations Honors Semester  
*Worlds in Transition: Understanding and Appreciating the Sociocultural, Political, and Economic Implications of Immigration*  
Sponsored by the National Collegiate Honors Council and Long Island University, Brooklyn, New York

**❖ Postdoctoral Training**

- 2003–2004 • University of Pennsylvania School of Medicine / Children’s Hospital of Philadelphia, Center for Family Intervention Science, Department of Child and Adolescent Psychiatry, *Postdoctoral Fellow in Behavioral Health Research*; Mentor – Guy S. Diamond, Ph.D.
- 2004–2005 • University of Pennsylvania School of Medicine, Center for Clinical Epidemiology and Biostatistics, NIMH Ruth L. Kirschstein National Research Service Award *Postdoctoral Fellow in Biostatistics and Mental Health Research*; Mentor – Thomas R. Ten Have, Ph.D.
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**► PROFESSIONAL POSITIONS**

- Sept 2017–present • Associate Research Professor, Director, Biostatistics Service Center, Department of Epidemiology and Biostatistics, Dornsife School of Public Health, Drexel University, Philadelphia, Pennsylvania

- Sept 2017–present • Research Scientist/Senior Biostatistical Consultant, Department of Anesthesiology and Critical Care Medicine, Children’s Hospital of Philadelphia, Philadelphia, Pennsylvania
- July 2015–August 2017 • Associate Teaching Professor, Department of Health Sciences, (courtesy appointment in the Department of Nutrition Sciences) College of Nursing and Health Professions, Drexel University, Philadelphia, Pennsylvania
- Sept. 2009–June 2015 • Assistant Teaching Professor, Department of Health Sciences, College of Nursing and Health Professions, Drexel University, Philadelphia, Pennsylvania
- Sept. 2009–Sept. 2011 • Sr. Research Associate, Reading Hospital and Medical Center, West Reading, Pennsylvania
- Sept. 2007–Sept. 2009 • Director of Research, Reading Hospital and Medical Center, West Reading, Pennsylvania
- Aug. 2005–Sept. 2007 • Assistant Professor (tenure-track), Graduate Program in Public Health, Department of Preventive Medicine and Community Health, State University of New York, Downstate Medical Center, Brooklyn, New York

## ► HONORS & AWARDS

- 2019 • Elected to the 2019 class of Fellows in the Academy for Eating Disorders
- 2018 • David Barlow Early Career Award for Research Excellence, 28<sup>th</sup> Annual Renfrew Center Foundation Conference on Eating Disorders, *Feminist Relational Perspectives and Beyond: Cultivating Hope in an Age of Disconnection*
- 2018 • 2018 Authorship Award, *Canadian Art Therapy Association Journal*
- 2018 • Martha Montgomery Award for Sex and Gender Research, Best Research Talk given at the Helen I. Moorehead-Laurencin, MD, Sex and Gender Research Forum, Drexel University, Philadelphia, PA
- 2017 • Inducted into Alpha Eta, National Honor Society for Allied Health
- 2015 & 2018 • International Travel Award, Office of International Programs, Drexel University
- 2004–2006 • National Institutes of Health Loan Repayment Award
- 2004 • Ruth L. Kirschstein National Research Service Award, NIMH
- 2000–2001 • Research Travel Awards, Office of the Provost, The Graduate School and University Center, CUNY
- 2000 • Passed Second Qualifying Doctoral Exam with Distinction, Department of Psychology, The Graduate School and University Center, CUNY
- 1998–2001 • University Tuition Scholarship, Department of Psychology, The Graduate School and University Center, CUNY

- 1998–2000 • University Fellowship, Offices of the Provost and Student Affairs, The Graduate School and University Center, CUNY
  - 1995 • Outstanding Academic Achievement Award, Department of Psychology, West Chester University
  - 1995 • Outstanding Research Award, Department of Psychology, West Chester University
  - 1995 • Inducted into Pi Gamma Mu, International Social Science Honor Society
  - 1994–1995 • Presidential Swope Foundation Scholarship, West Chester University
  - 1994 • Northeast Regional Scholarship, United Nations Honors Semester, National Collegiate Honors Council
  - 1994 • Inducted into Psi Chi, National Psychology Honor Society
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### ► GRANT SUPPORT/RESEARCH CONTRACTS

- 2017-2021 • Biostatistician/Co-I, *Arts Research on Chronic Stress*, Funded by the National Endowment for the Arts, the project involves research on arts-based approaches to managing chronic stress-related health conditions including cancer and post-traumatic stress (\$450,000).
- 2016–2017 • Principal Investigator, *Weight stigma and body shame as mediators of stress and healthcare avoidance in women with high body mass index*. Internal funding, Department of Health Sciences, College of Nursing and Health Professions, Drexel University (\$2500)
- 2009–2011 • Principal Investigator, *The effect of weight-centered vs. wellness centered interventions for women with obesity on rate of relapse*, Received additional funding to continue follow-up, Edna G. Kynett Memorial Foundation for Cardiovascular Disease Prevention (\$35,000)
- 2008–2009 • Principal Investigator, *Comparative health improvements in weight-centered vs. wellness centered interventions for women with obesity: A randomized controlled trial*, Edna G. Kynett Memorial Foundation for Cardiovascular Disease Prevention (\$50,000)
- 2005–2007 • Principal Investigator, *Barriers to healthy eating among urban pregnant women*, SUNY Downstate Medical Center, Dean’s Research Initiative Grant (\$25,000)
- 2005–2007 • Co-Investigator/Data analyst, *Infant feeding patterns and early childhood growth rates*, SUNY Downstate Medical Center, Dean’s Research Initiative Grant, PI – E. Dinkevich (\$25,000)
- 2005–2007 • Training Fellow, *Building Interdisciplinary Research Careers in Women’s Health*, National Institute of Health, Office of Research on Women’s Health, PI – J. Larosa 5K12-HD 043428 (.4 FTE Salary)

- 2004–2005 • Training Fellow, *Biostatistics in mental health research*, National Institute of Mental Health, Ruth L. Kirschstein National Research Service Award, PI – T. Ten Have T32-MH 065218 (1.00 FTE Salary)
- 2004–2005 • Data Analyst/Training Fellow, *Effectiveness of extended telephone monitoring for alcohol and cocaine abuse*, National Institute on Alcohol Abuse and Alcoholism, PI – J. McKay 5R01-AA 14850-02 (.4 FTE Salary)
- 2004 • Principal Investigator, *Pre-intake attrition in adolescent community mental health settings*, National Institute of Mental Health, PI – J. Mensinger 1R03 MH 071711-01A1 (\$50,000)
- 2003–2004 • Project Coordinator/Training Fellow, *Co-occurring disorders study*, Substance Abuse and Mental Health Services Administration, United States Department of Health and Human Services, PI – G. Diamond KD1 TI 12546-01 (1.00 FTE Salary)
- 2002 • Principal Investigator, *Disordered eating, adherence to the superwoman ideal, and gender socialization in school environments*, The Graduate Center, CUNY, Sue Rosenberg Zalk Dissertation Support Grant (\$500)
- 2001 • Principal Investigator, *Gender concerns among adolescent girls in coeducational and single sex schools*, Department of Psychology, The Graduate Center, CUNY, Graduate Student Research Stipend (\$500)
- 1994 • Principal Investigator, *A cross-cultural study of attitudes towards money and consumer behavior in Cuzco, Peru*, College of Arts and Sciences, West Chester University, Research Grant (awarded as undergraduate) (\$500)
- 1994 • Principal Investigator, *A cross-cultural study of attitudes towards money and consumer behavior in Cuzco, Peru*, Honors Council, West Chester University, Research Travel Fellowship (awarded as undergraduate) (\$2500)
- 1994 • Principal Investigator, *Pay for performance versus goal-setting for increasing worker productivity: A replication study*, Office of Graduate Studies and Sponsored Research, West Chester University, Research Grant (renewal) (awarded as undergraduate), (\$350)
- 1993 • Principal Investigator, *Pay for performance versus goal-setting for increasing worker productivity*, Office of Graduate Studies and Sponsored Research, West Chester University, Research Grant (awarded as undergraduate), (\$350)

## ► PUBLICATIONS

### Refereed Journal Articles:

Russon, J., **Mensinger, J.L.**, Herres, J., Shearer, A., Vaughan, K., Wang, K. B., & Diamond, G. (2019). Identifying risk factors for disordered eating among female youth in primary care. *Child Psychiatry and Human Development*. doi: 10.1007/s10578-019-00875-8

Kirschen, M.P., Francoeur, C., Murphy, M., Traynor, D., Zhang, B., **Mensinger, J.L.**, Ichord, R., Berg, R.A., Topjian, A., Nishisaki, A., & Morrison, W. (2019). Epidemiology of brain death

- in pediatric intensive care units in the United States. *JAMA Pediatrics*, doi: 10.1001/jamapediatrics.2019.0249
- Yuan, I., Olbrecht, V.A., **Mensinger, J.L.**, Zhang, B., Davidson, A.J., von Ungern-Sternberg, B.S., Skowno, J., QingQuan Lian, Q., Song, X., Zhao, P., Zhang, J., Zhang, M., Zuo, Y., Graaff, J.C., de Vutskits, L., Szmuk, P., & Kurth, C.D. (2019). Statistical Analysis Plan (SAP) for “An international multicenter study of isoelectric electroencephalography (EEG) events in infants and young children during anesthesia for surgery.” *Pediatric Anesthesia*. doi: 10.1111/pan.13589
- Yuan I., Topjian, A.A., Kurth, C.D., Kirschen, M.P., Ward, C.G., Zhang, B., & **Mensinger, J.L.** (2019). Guide to the Statistical Analysis Plan. *Pediatric Anesthesia*. doi: 10.1111/pan.13576
- Waite, R., **Mensinger, J.L.**, Wojciechowicz, C., Colistra, A., & Gambescia, S. (2019). Examining pre-post results: Kouzes and Posner’s LPI amid undergraduate health professions students in a leadership program. *Journal of Applied Research in Higher Education*. 11(1), 146-159, doi: 10.1108/JARHE-05-2018-0083
- Donohoe, G., Zhang, B., **Mensinger, J.L.**, & Littman, R. (2019). Trends in postoperative opioid prescribing for outpatient pediatric surgery. *Pain Medicine*. doi: 10.1093/pm/pny284
- Calogero, R.M., Tylka, T.L., **Mensinger, J.L.**, Meadows, A., & Danielsdottir, S. (2018). Recognizing fat as a fundamental right: A weight-inclusive approach to size acceptance and healing from sizeism. *Women and Therapy*, 1-23. doi: 10.1080/02703149.2018.1524067
- Mensinger, J.L.**, Tylka, T.L., & Calamari, M.E. (2018). Mechanisms underlying weight status and healthcare avoidance in women: A study of weight stigma, body-related shame and guilt, and healthcare stress. *Body Image*, 25, 139-147. doi:10.1016/j.bodyim.2018.03.001.
- Waite, R., **Mensinger, J.L.**, Wojciechowicz, C., & Wilson, L. (2018). Emotional intelligence through interprofessional mentorship and education: A recipe for leadership success. *International Leadership Journal*. 10, 81-97.
- Kaimal, G., **Mensinger, J.L.**, Drass, J.M., Dieterich-Hartwell, R. (2017). Art therapist-facilitated open studio versus coloring: Differences in outcome affect, stress, creative agency, and self-efficacy. *Canadian Art Therapy Association Journal*, 30, 1-13. doi:10.1080/08322473.2017.1375827
- Mensinger, J.L.**, & Meadows, A. (2017). Internalized weight stigma mediates and moderates physical activity outcomes during a healthy living program for women with high BMI. *Psychology of Sport and Exercise*, 30, 64-72. doi:10.1016/j.psychsport.2017.01.010
- Mensinger, J.L.**, Calogero, R.M., Stranges, S., & Tylka, T.L. (2016). A weight-neutral versus a weight-loss approach to health and well-being in women with high BMI: A randomized controlled trial. *Appetite*, 105, 364-374. doi:10.1016/j.appet.2016.06.006 (PMID: 27289009)
- Weinberger-Litman, S.L., Rabin, L.A., Fogel, J., **Mensinger, J.L.**, & Litman, L. (2016). Psychosocial mediators of the relationship between religious orientation and eating disorder risk factors in young Jewish women. *Psychology of Religion and Spirituality*, 8(4), 265-276. doi:10.1037/a0040293
- Mensinger, J.L.**, Calogero R.M., & Tylka, T.L. (2016). Internalized weight stigma moderates eating behavior outcomes in women with high BMI participating in a healthy living program. *Appetite*, 102, 32-43. doi: 10.1016/j.appet.2016.01.033 (PMID: 26829370)

- Gelfand, L.A., **Mensinger, J.L.** & TenHave, T.R. (2009). Mediation analysis via OLS regression: Recommendations and a survey of the literature. *Journal of General Psychology*, *136*, 153-176. (PMCID: PMC2670477) doi:10.3200/GENP.136.2.153-178
- Weinberger-Litman, S.L., Rabin, L.A., Fogel, J., & **Mensinger, J.L.** (2008). The Influence of religious orientation and spiritual well-being on body dissatisfaction and disordered eating in a sample of Jewish women. *International Journal of Child and Adolescent Health*, *1*, 373-387.
- Persad, M.D., & **Mensinger, J.L.** (2008). Maternal breastfeeding attitudes: Association with breastfeeding intent and sociodemographics among urban primiparas. *Journal of Community Health*, *33*, 53-60. doi: 10.1007/s10900-007-9068-2 (PMID: 18060485)
- Donato, A., Pangaro, L., Smith, C., Rencic, J., Diaz, Y., **Mensinger, J.L.**, & Holmboe, E. (2008). Evaluation of a novel assessment tool for observing medical residents, a randomized, controlled trial. *Medical Education*, *42*, 1234-1242. (PMID: 19120955)
- Weinberger-Litman, S.L., Rabin, L.A., Fogel, J., & **Mensinger, J.L.** (2008). Educational setting and eating disorder risk factors among young Jewish women: A comparison between single-gender and coed schools. *Counseling and Spirituality*, *27*, 130-156.
- Grier S.A., **Mensinger, J.L.**, Huang, S.H., Kumanyika, S.K., & Stettler, N. (2007). Fast food marketing and fast food consumption: Exploring differences in an ethnically diverse sample. *Journal of Public Policy and Marketing*, *26*, 221-235.
- Mensinger, J.L.**, Lynch, K.G., Ten Have, T.R., & McKay, J.R. (2007). Mediators of telephone-based continuing care in alcohol and cocaine abuse. *Journal of Consulting and Clinical Psychology*, *75*, 775-784. doi:10.1037/0022-006X.75.5.775 (PMCID: PMC2677065)
- Mensinger, J.L.**, Bonifazi, D.Z., & LaRosa, J. (2007). Perceptions of gender role prescriptions at school, the superwoman ideal, and disordered eating among adolescent females. *Sex Roles: A Journal of Research*, *57*, 557-568. doi:10.1007/s11199-007-9281-6
- Mensinger, J.L.**, Diamond, G.S., Kaminer, Y., & Wintersteen, M.B. (2006). Adolescent and therapist perception of barriers to outpatient substance abuse treatment. *American Journal of Addictions*, *15*, 16-25. doi:10.1080/10550490601003631 (PMID: 17182416)
- Shane, P., Diamond, G.S., **Mensinger, J.L.**, & Shera, D. (2006). Impact of victimization on substance abuse treatment outcomes for adolescents in outpatient and residential substance abuse treatment. *American Journal of Addictions*, *15*, 34-42. doi: 10.1080/10550490601003714 (PMID: 17182418)
- Wintersteen, M.B., **Mensinger, J.L.**, & Diamond, G.S. (2005). The impact of gender and racial differences on early therapeutic alliance and treatment retention in adolescents. *Professional Psychology: Research and Practice*, *36*, 400-408.
- Mensinger, J.L.** (2005). Disordered eating and gender socialization in school environments: A multilevel mediation model. *Journal of Ambulatory Care Management (Special Issue on Social Contexts and Health Behaviors)*, *28*, 30-40. (PMID: 15682959)
- Mensinger, J.L.** (2001). Conflicting gender role prescriptions and disordered eating in single sex and coeducational school environments. *Gender and Education*, *13*, 417-429. doi:10.1080/09540250120081760

Refereed Journal Abstracts

- Walker, S., Conlon, T., Zhang, B., **Mensinger, J.**, Fitzgerald, J., Himebauch, A., Glau, C., Nishisaki, A., Ranjit, S., Nadkarni, V., & Weiss, S. (2019). Targeting vasoactive therapies to warm versus cold pediatric septic shock. *Critical Care Medicine*, 47(1, Supplement), 811, doi: 10.1097/01.ccm.0000552413.40173.c7
- Kirschen, M. Francoeur, C., Murphy, M., Traynor, D., Zhang, B. **Mensinger, J.**, Topjian, A., Berg, R., Nishisaki, A., & Morrison, W. (2019). Epidemiology of brain death in pediatric intensive care units in the United States. *Critical Care Medicine*, 47(1, Supplement), 811, doi: 10.1097/01.ccm.0000552413.40173.c7
- Pugh, C.J., Schmitz, A.L., & **Mensinger, J.L.** (2010). Recurrence of myomas after myomectomy in women pretreated with GnRH agonists. *Journal of Minimally Invasive Gynecology*, 17, S152-S177 (A531).
- Mensinger, J.L.**, & Dinkevich E. (2007). Maternal feeding practices and infantile obesity. *Obesity*, 15 (Sept. Supplement), A138.
- Lynch, K.G., McKay, J.R., Ten Have, T.R., & **Mensinger, J.** (2007). Mechanisms of change in telephone monitoring interventions. *Alcoholism-Clinical and Experimental Research*, 31(6), 272A.
- Grier S.A., **Mensinger, J.L.**, Huang, S.H., Kumanyika, S.K., & Stettler, N. (2005). Ethnic differences in reported parent/caregiver exposure and responses to fast food marketing, *Obesity Research*, 13(Oct. Suppl), A7.

#### Book Chapters:

- Weinberger-Litman, S., Rabin, L.A., Fogel, J., & **Mensinger, J.L.** (2016). Body dissatisfaction and disordered eating among Jewish women: The role of religious orientation and spiritual well-being. In Y. Latzer and D. Stein (Eds.), *Bio-Psycho-Social Contributions to Understanding Eating Disorders*. New York, NY: Springer.
- Calogero R.M., Tylka T.L., & **Mensinger, J.L.** (2016). Scientific weightism: A view of mainstream weight stigma research through a feminist lens. In T-A. Roberts, N. Curtin, L. Cortina, and L. E. Duncan (Eds.), *Best Practices on Building a Psychological Science of Gender*. New York, NY: Springer
- Mensinger, J.L.** (2008). Feminist perspectives and body image disorders. In K. Keller and G. Golson (Eds.), *Encyclopedia of Obesity*, Thousand Oaks, CA: Sage Publications Inc.
- Dinkevich, E., & **Mensinger, J.L.** (2008). Infant growth and childhood overweight. In K. Keller and G. Golson (Eds.), *Encyclopedia of Obesity*, Thousand Oaks, CA: Sage Publications Inc.

#### Published Educational Reports:

- Mensinger, J.L.** (August, 2001). *Gender and body concerns in adolescent females: Single Sex and coeducational school environments*. (Report No. CG 031 271). Paper presented at the Annual meeting of the American Psychological Association, San Francisco, CA. (ERIC Document Reproduction Service No. ED 457 490)
- Mensinger, J.L.** (July, 2000). *Conflicting gender role prescriptions and disordered eating in single sex and coeducational school environments*. (Report No. CG 030 452). Poster presented at the Annual meeting of the American Psychological Association, Washington, DC. (ERIC Document Reproduction Service No. ED 446 323)

Book Reviews:

- Mensinger, J.L.** (1998). Review of the book *Promiscuities: The secret struggle for womanhood*, by N. Wolf. *Sex Roles: A Journal of Research*, 39, 819-820.
- Mensinger, J.L.** (1998). Review of the book *The body project: An intimate history of American girls*, by J.J. Brumberg. *Sex Roles: A Journal of Research*, 39, 817-818.
- Mensinger, J.L.** (1997). Review of the book *Eating problems: A feminist psychoanalytic treatment model*, by C. Bloom, A. Gitter, S. Gutwill, L. Kogel, L. & L. Zaphiropoulos. *Sex Roles: A Journal of Research*, 37, 819-821.

Manuscripts under review, revision, or in progress:

- Mensinger, J.L.**, Cox, S., Granche, J., Henretty, J. (in progress). *Anti-fat bias predicts greater symptom severity and trajectories of change in eating disorder clients being treated at higher levels of care.*
- Mensinger, J.L.**, & Harrop, E.N. (in progress). *The long-term advantages of using a “Weight-Inclusive Approach” for reducing binge eating behaviors among higher weight women.*
- Mensinger, J.L.**, Tylka, T., Calogero, R. (in progress). *Internalized weight stigma and intuitive eating serially mediate binge eating behaviors in higher weight women with eating disturbances.*
- O’Neil M.E., Dagan M., **Mensinger, J.L.**, Chopski S., Wojciechowicz C., Feehan K., Bache, E., Trost, S. Turchi R. (in progress). *Measuring physical activity intensity during functional tasks in ambulatory youth with cerebral palsy.*
- Milliron, B.J., Ward, D., **Mensinger, J.L.**, Granche, J., Chenault, M.C., Montalto, F., Ellis, E. (in progress). *Nature relatedness is positively associated with fruit and vegetable intake and dietary diversity.*
- Wolfe, H.A., Morgan, R.W., Zhang, B., Topjian, A., Fink, E., Berg, R.A., Nadkarni, V., Akira Nishisaki, A., **Mensinger, J.L.** (co-senior author), & Sutton, R. M. (in progress). *Process deviations during pediatric resuscitation are associated with decreased rate of return of spontaneous circulation.*
- Meaney, P.A., Joyce, C., Setlhare, S., Smith, H., **Mensinger, J.L.**, Zhang, B., Kalenga, K., Kloeck, D., Kgosiesiele, T., Jibril H., Mazhani, L., de Caen, A., & Steenhoff, A.P. (submitted). *Provider knowledge performance after initial “Saving Children’s Lives” training in Botswana.*
- Smith, K.A., Setlhare, S., DeCaen, A., Donoghue, A., **Mensinger, J.L.**, Zhang, B., Snow, B., Zambo, D. Ndlovu, K., Littman-Quinn, R., Bhanji, F., & Meany, P. (submitted). *Feasibility and preliminary validity evidence for a remote video-based assessment in a global health setting.*
- Lang, S., Zhang, B., Yver, H., Palma, J., Kirschen, M.P., Topjian, A.A., Kennedy, B., Storm, P.B., Heuer, G., **Mensinger, J.L.**, & Huh, J.W. (submitted). *Reduction of ventriculostomy-associated CSF infection with antibiotic-impregnated external ventricular drain catheters in pediatric patients: a single-institution study.*



- Fiero, M.L., Rosenblatt, S., Zhang, B., Snyder, M., Priestley, M., Chuo, J., Fuller, K., **Mensinger, J.**, Bonafide, C.P., & Sutton, R.M. (submitted). *Providing early attending physician expertise via telemedicine to improve rapid response team evaluations.*
- Kaimal, G., **Mensinger, J.L.**, & Carroll-Haskins, K. (submitted). *Outcomes of collage-art based and narrative self-expression among caregivers of patients in home hospice care: A pilot study.*
- Olson, K.L., & **Mensinger, J.L.** (under revision, request to resubmit). *Weight stigma mediates the relationship between body mass index and pain in women.*
- Kirschen, M.P., Snyder, M., Smith, K., Lourie, K., Agarwal, K., DiDonato, P., Doll, A., Zhang, B., **Mensinger, J.L.**, Ichord, R., Shea, J., Berg, R.A., Nadkarni, V., & Topjian, A. (revisions submitted). *Inter-rater reliability of a pediatric modification to the Glasgow Coma Scale in an academic pediatric intensive care unit.*
- Yuan, I., Topjian, A., Abend, N.S., Cheng, S.L., Huh, J.W., Kirschen, M.P., Landis, W.P., **Mensinger, J.L.**, Zhang, B., & Kurth, C.D. (revisions submitted). *Prevalence of isoelectric EEG events in infants and young children undergoing general anesthesia for surgery.*
- Cook-Sather, S.D., Castella, G., Zhang, B., **Mensinger, J.L.**, Galvez, J., & Wetmore, R.F. (accepted with provisions). *Principal factors associated with ketorolac-refractory pain behavior following pediatric myringotomy and pressure equalization tube placement: A retrospective cohort Study.*

## ► PROFESSIONAL CONFERENCE PRESENTATIONS

### Peer-Reviewed National/International:

- Mensinger, J.L.**, Calogero, R.M., Tylka, T.L., & Harrop, E.N. (March, 2019). *Internalized weight stigma and intuitive eating explain changes in binge eating behaviors among women with high BMI.* Paper presentation given at the Annual meeting of the International Conference on Eating Disorders, New York, NY.
- Tylka, T.L., Calogero, R.M., **Mensinger, J.L.** (March, 2019). *Pressure to be thin and body acceptance by others mediate the relationship between BMI and intuitive eating.* Paper presentation given at the Annual meeting of the International Conference on Eating Disorders, New York, NY.
- Mensinger, J.L.**, & Calamari, M.E. (November, 2018). *Mechanisms underlying weight status and healthcare avoidance.* Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA.
- Kirschen, M.P., Snyder, M., Smith, K., Lourie, K., Agarwal, K., DiDonato, P., Doll, A., Zhang, B., **Mensinger, J.L.**, Ichord, R., Shea, J.A., Berg, R.A., Nadkarni, V., & Topjian, A. (October, 2018). *Inter-rater reliability of a pediatric modification to the Glasgow Coma Scale in an academic PICU.* Poster presentation at the Child Neurology Society Meeting, Chicago, IL.
- Mensinger, J.L.**, Tylka, T.L., & Calamari, M.E. (June, 2018). *Social identity threat and the implications of weight stigma on healthcare avoidance.* Paper presentation at the 6<sup>th</sup> Annual International Weight Stigma Conference, Leeds, Great Britain.
- Mensinger, J.L.**, Harrop, E., Turner, C., LaMarre, A., Kinavy, H., & Church, J. (April, 2018). *But what if my patient gets fat?: Research and clinical implications of weight stigma in treating*

- higher-weight patients with eating disorders*. Workshop given at the International Conference on Eating Disorders, Chicago, IL
- Walker, S., Conlon, T., Zhang, B., **Mensinger, J.**, Fitzgerald, J., Himebauch, A., Glau, C., Nishisaki, A., Nadkarni, V., & Weiss, S. (May, 2018). *Application of clinical signs to differentiate warm versus cold pediatric septic shock*. Paper presentation at the Pediatric Academic Societies, Toronto, Canada.
- Mensinger, J.L.**, & Meadows, A. (June, 2017). *Internalized weight stigma diminishes improvements in physical activity outcomes following a healthy living program in women with high BMI*. Paper presentation in organized Symposium at the 5<sup>th</sup> Annual International Weight Stigma Conference, Prague, Czech Republic.
- Mensinger, J.L.**, & Calogero, R.M. (November, 2016). *Unraveling internalized stigma undoes disordered eating: Results of a causal path model in a community-based sample of women with high BMI*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA.
- Mensinger, J.L.**, Russon, J., Shearer, A., & Diamond, G. (October, 2016). *Dismantling the stereotypes about eating disorders and race: Who is really suffering behind the “Golden Cage”?* Poster presentation at the Annual Conference of the Eating Disorders Research Society, New York, NY.
- Rompolski, K. **Mensinger, J.L.**, & Zillmer, E. (August, 2016). *Compulsive exercise and disordered eating among adult recreational exercisers: Is there a gender difference?* Poster presentation at the Annual meeting of the American Psychological Association, Denver, CO.
- Mensinger, J.L.**, Calogero, R.M., Hartman-McGilley, B., Harriger, J., Bazzi, K. (May, 2016). *Rethinking and restoring exercise for Health at Every Size: New integrative approaches for eating disorders treatment and recovery*. Coordinating Chair and Moderator on SIG Panel presentation at the Annual meeting of the International Conference on Eating Disorders, San Francisco, CA.
- Mensinger, J.L.**, Russon, J., Diamond, G., & Atte, T. (November, 2015). *Eating disorder risk and trauma in a youth primary care sample*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Calogero, R.M., **Mensinger, J.L.**, & Tylka, T.L. (November, 2015). *Development and validity of the Experiential Exercise Scale: A new tool for measuring process vs. outcome-driven exercise*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Russon, J., **Mensinger, J.L.**, Diamond, G., Levy, S., & Atte, T. (October, 2015). *Suicide risk and eating disorders: Youth in primary care*. Poster presentation at the 2015 International Summit on Suicide Research Society. New York, NY.
- Mensinger, J.L.** & Calogero, R.M. (September, 2015). *Internalization of weight bias determines treatment success in a health at every size intervention*. Poster presentation at the 3<sup>rd</sup> Annual International Weight Stigma Conference, Reykjavik, Iceland.
- DeJoy, S., Mandel, D., **Mensinger, J.L.**, Holladay, E., & Wicker, S. (September, 2015). *Pilot test of an obesity stigma reduction intervention in maternity care*. Paper presentation at the 3<sup>rd</sup> Annual International Weight Stigma Conference, Reykjavik, Iceland.

- Mensinger, J.L.** (July, 2015). *Healthy At Every Size® trumps behavioral weight loss in long-term results of a randomized controlled trial: HAES® research update*. Paper presentation at the Annual meeting of the Association for Size Diversity and Health, Boston, MA.
- Mensinger, J.L.** (November, 2014). *Long-term effects of a Health At Every Size approach versus a traditional dieting intervention on disordered eating among large women*. Paper presentation at the Annual meeting of the American Public Health Association, New Orleans, LA.
- Mensinger, J.L.,** MacBride, S., & Russell, V. (November, 2014). *Changes in weight bias internalization explain disordered eating and psychological outcomes in an intervention study of obese women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA.
- Mensinger, J.L.,** Quinn, K., & Lai, E. (November, 2014). *Weight bias internalization and physical activity among large women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Mensinger, J.L.,** Kelly J.P., Lai, E., & Smith, S.A. (October, 2014). *Intuitive Eating: A unique construct or simply a pole on the disordered eating continuum?* Poster presentation at the Annual Conference of the Eating Disorders Research Society, San Diego, CA.
- Mensinger, J.L.,** & Zotter, D. (March, 2014). *Weight bias internalization as a moderator of changes in disordered eating behaviors during a Health at Every Size vs. a standard dieting/lifestyle change intervention for large women*. Paper presentation at the Annual meeting of the International Conference on Eating Disorders, New York, NY.
- Mensinger, J.L.** (March, 2013). *Intuitive eating and responsiveness to the food environment among obese women*. Poster presentation at the Annual meeting of the Eastern Psychological Association, New York, NY.
- Pugh, C.J., Schmitz, A.L., & **Mensinger, J.L.** (November, 2010). *Recurrence of myomas after myomectomy in women pretreated with GnRH agonists*. Poster presentation at the 39th Global Congress of Minimally Invasive Gynecology, Las Vegas, NV
- Mensinger, J.L.,** Close, H., & Ku, J. (November, 2009). *Intuitive eating: A novel health promotion strategy for obese women*. Paper presentation at the Annual meeting of the American Public Health Association, Philadelphia, PA
- Mensinger, J.L.,** Close, H., & Ku, J. (November, 2009). *The effectiveness of a traditional behavioral weight loss program versus a health at every size program for reducing disordered eating attitudes and behaviors in obese women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Weinberger-Litman, S.L., & **Mensinger, J.L.** (November, 2009). *Adherence to the Superwoman Ideal as a Mediator of the Association Between Religious Orientation and Disordered Eating in Jewish Women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Mensinger, J.L.,** Close, H., Marks, E., & Ku, J. (September, 2009). *Appetitive hyper-responsiveness & intuitive eating: new constructs for understanding disordered eating behavior and the treatment of obesity*. Poster presentation at the Annual Conference of the Eating Disorders Research Society, Brooklyn, NY
- Mensinger, J.L.,** Close, H., Marks, E., & Ku, J. (August, 2009). *Healthy living project: Preliminary findings of a randomized controlled trial of health at every size vs.*

- behaviorally-based weight loss*. Paper presentation at the Annual meeting of the Association for Size Diversity and Health, Washington DC
- Persad, M.D., & **Mensinger, J.L.** (October, 2008). *Food insecurity, dietary quality, & psychosocial factors among urban pregnant women*. Paper presentation at the Annual meeting of the American Public Health Association. Selected for the Greg Alexander Outstanding Students Paper Session and won first place cash prize. San Diego, CA
- Mensinger, J.L.**, & Kostynuk, C. (July, 2008). *Research update: Implementation of a randomized controlled trial of a health at every size program*. Workshop presentation at the Annual meeting of the Association for Size Diversity and Health, Los Angeles, CA
- Weinberger-Litman, S.L., **Mensinger, J.L.**, Rabin, L.A., Shimmyo, K.J., Fogel, J. Gantman, M., & Graves, J.V. (November, 2007). *Mediators of religious orientation on body image and eating disturbance in Jewish women*. Poster presentation at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Mensinger, J.L.** & Dinkevich, E. (October, 2007). *Maternal Feeding Practices and Infantile Obesity*. Poster presentation at the Annual meeting of the North American Association for the Study of Obesity. New Orleans, LA
- Weinberger-Litman, S.L, Rabin, L.A., Shimmyo, K.J., Fogel, J. Gantman, M., Graves, J.V., & **Mensinger, J.L.** (May, 2007). *Effects of religious orientation on body image and eating disturbance in a sample of Jewish women*. Poster presentation at the Annual meeting of the International Conference on Eating Disorders, Baltimore, MD
- Dinkevich, E., **Mensinger, J.L.**, Leid, L., Heard, S., & Williams, N. (May, 2007). *Maternal correlates of infant feeding practices*. Poster presentation at the Pediatric Academic Societies' Annual Meeting, Toronto, ON
- Mensinger, J.L.**, & Bonifazi, D.Z. (November, 2005). *Measurement issues in psychology: The superwoman ideal, a fading feminist construct*. Workshop given at the Annual Renfrew Center Foundation Conference on Eating Disorders, Philadelphia, PA
- Grier S.A., **Mensinger, J.L.**, Haung, S.H., Kumanyika, S.K., & Stettler, N. (October, 2005). *Ethnic differences in reported parent/caregiver exposure and responses to fast food marketing*. Paper presented at the Annual meeting of the North American Association for the Study of Obesity, Vancouver, BC
- McKay, J.R., Lynch, K., **Mensinger, J.L.**, Ratichek, S., Koppenhaver, J., & Shepard, D. (August, 2005). *Services received and problem severities over a two-year post-treatment follow-up*. Paper presented at the Annual meeting of the Research Society on Alcoholism, Santa Barbara, CA
- McKay, J.R., Lynch, K., Shepard, D. & **Mensinger, J.L.** (August, 2005). *Contributions of alcohol research to the concepts of continuing care and disease management*. Paper presented at the Annual meeting of the American Psychological Association, Washington, DC.
- Mensinger, J.L.**, & Bonifazi, D.Z. (October, 2004). *The superwoman of the 21<sup>st</sup> century: Doubly burdened or pathologically independent?* Workshop presentation at the Annual meeting for the Association for Women in Psychology, Perspectives on Women's Well Being: Feminist Psychology, Science, and Practice, Philadelphia, PA
- Mensinger, J.L.** (August, 2004). *Context matters: Lessons on relational functioning in young women with eating disorders*. Roundtable discussion leader at the Annual meeting of the American Psychological Association, Honolulu, HI

- Mensinger, J.L.** (August, 2004). *School gender composition and disordered eating among adolescent females*. Poster presentation at the Annual meeting of the American Psychological Association, Honolulu, HI
- Mensinger, J.L.**, Wintersteen, M.B., Kahn, M., & Diamond, G.S. (April, 2004). *Barriers to university/community mental health research collaboration*. Poster presentation at the Annual meeting of the Eastern Psychological Association, Washington, DC
- Mensinger, J.L.** (April, 2004). *Barriers to treatment for substance abusing adolescents: Consumer perspectives*. Paper presented at the Annual meeting of the Eastern Psychological Association, Washington, DC
- Mensinger, J.L.** (October, 2003). *Eating pathologies among urban youth*. Poster presentation at the Annual meeting of the International Conference on Urban Health, New York, NY
- Mensinger, J.L.** (August, 2001). *Growing up female: Reflections on education, culture, and the body*. Paper presentation in organized Symposium at the Annual meeting of the American Psychological Association, San Francisco, CA
- Mensinger, J.L.** (August, 2000). *Conflicting gender role prescriptions and disordered eating in single sex and coeducational school environments*. Poster presentation at the Annual meeting of the American Psychological Association, Washington, DC
- Mensinger, J.L.** (April, 2000). *Gender concerns in adolescent females: The impact of single sex versus coeducational school environments*. Paper presentation at the 12<sup>th</sup> Greater New York Conference on Psychological and Social Research. New York, NY
- Mensinger, J.L.**, McIntire, A., & Duncan, P.K. (May, 1995). *The differential effects of pay for performance and goal setting for increasing worker productivity*. Poster presentation at the Annual meeting of the Association for Behavior Analysis, Washington, DC

Local/Regional Presentations:

- Mensinger, J.L.**, Tylka, T.L., Calamari, M. (March, 2018). *Healthcare avoidance, weight stigma and body shame among women with high BMI*. Paper presentation at the 2018 Helen I. Moorehead-Laurencin Annual Sex and Gender Research Forum, Drexel University, Philadelphia, PA
- Mensinger, J.L.**, Wang, X. (March, 2018). *Mechanisms of change for binge eating behaviors after participating in a healthy living program in women with high body mass index*. Paper presentation at the First Annual Transdisciplinary Research Symposium on Weight, Eating Disorders and Lifestyle Sciences, Drexel University, Philadelphia, PA
- Mensinger, J.L.** (May, 2017). *Barriers to changing physical activity habits in women with high body mass index: Mediating and moderating mechanisms*. Paper presentation at the 2<sup>nd</sup> Annual International Research Showcase, Drexel University, Philadelphia, PA
- Calamari, M., **Mensinger, J.L.** (May, 2017). *Exploring mediating mechanisms relating weight stigma to healthcare avoidance*. Poster presentation at Drexel University's Week of Undergraduate Student Excellence, Philadelphia, PA
- Kelly, J.P., & **Mensinger, J.L.** (April, 2014). *Attrition in a randomized controlled trial of a lifestyle intervention for obese women*. Poster presentation at Drexel University's Annual Student Research Day, Philadelphia, PA

- Mensinger, J.L.** (January, 2006). *The epidemiology of eating disorders across cultures*. Paper presentation at the Faculty Research Colloquium, SUNY Downstate Medical Center, Brooklyn, NY
- Mensinger, J.L.** (July, 2004). *Gender socialization and disordered eating: A multilevel mediation model*. Poster presentation at the 3<sup>rd</sup> Annual Biomedical Postdoctoral Research Symposium, University of Pennsylvania School of Medicine, Philadelphia, PA
- Mensinger, J.L.** (August, 2003). *The superwoman of 21<sup>st</sup> century: A changing psychological construct*. Paper presentation at the Women’s Mental Health Conference, University of Pennsylvania School of Medicine, Philadelphia, PA
- Mensinger, J.L.** (May, 2003). *Disordered eating, adherence the superwoman ideal, and gender socialization in single sex and coeducational schools*. Paper presentation at the Student Research Presentation Day, Department of Psychology, The Graduate Center, CUNY, New York, NY
- Mensinger, J.L., & Sacker, I.** (January, 2003). *Eating disorders in the 21<sup>st</sup> century*. Workshop presentation at the Stuart Country Day School Conference on Wellness, Princeton University, Princeton, NJ
- Mensinger, J.L.** (February, 2002). *Helping a friend with an eating disorder*. Presentation given to the 9<sup>th</sup> grade, The Calhoun School, New York, NY
- Mensinger, J.L.** (February, 2002). *Media influences on body image*. Multiple presentations given to all 10<sup>th</sup> grade health classes, The Dalton School, New York, NY
- Mensinger, J.L.** (March, 2002). *Media influences on body image*. Multiple presentations given to all 10<sup>th</sup> grade health classes, The Nightingale-Bamford School, New York, NY
- Mensinger, J.L., & Bonifazi, D.Z.** (March, 2002). *Nutrition and eating disorders*. Workshop presentation at University of Pennsylvania’s G.U.I.D.E. Conference “Body Talks: Challenging Body Image in Today’s Society” Philadelphia, PA
- Mensinger, J.L.** (May, 2000). *Gender concerns in adolescent females attending single sex and coeducational schools*. Paper presentation at the Annual Student Research Symposium, Department of Psychology, The Graduate Center, CUNY, New York, NY
- Mensinger, J.L.** (May, 1999). *The impact of single sex vs. coeducational schools on female adolescent attitudes toward appearance*. Proposal presentation at the Annual Student Research Symposium, Department of Psychology, The Graduate Center, CUNY, New York, NY

Invited Speaking Engagements:

- Mensinger, J.L. & Sutherland, F.** (March, 2019). *An interdisciplinary, social justice, and evidence-based approach to body image in the treatment of individuals of size with eating disorders*. Clinical Teaching Day half-day Workshop, International Conference for Eating Disorders, NY, NY.
- Mensinger, J.L.** (October, 2018). *Eating disorders in higher weight individuals: Time for a paradigm shift*. Congressional Mental Health Caucus, Capitol Hill, Washington, DC.
- Mensinger, J.L.** (March, 2017). *A critical analysis of “disFigured” and the representation of the fat acceptance movement and eating disorders*. National Alliance for Mental Illness event on campus at Drexel University, Philadelphia, PA

- Mensingher, J.L.** (May, 2015). *Weight stigmatization and its effect on mental and physical well-being: A call for more HAES® informed healthcare.* Continuing Education Workshop, “Best Practices in Sensitive Care of the Pregnant Client with a High BMI”, sponsored by the West Chester University Foundation and the Association of Teachers of Maternal Child Health.
- Mensingher, J.L.** (July, 2014). *Living well regardless of size: New strategies for health promotion in a society that vilifies fat.* Advena World Women’s Leadership Conference, Washington DC.
- Mensingher, J.L.,** Andresen, S., Lemire, D., Bond, S., & Burgard, D. (August, 2009). *Internal access to Health at Every Size®: Building community in ASDAH.* Panel discussion at the Annual meeting of the Association for Size Diversity and Health, Washington DC
- Mensingher, J.L.** (February, 2008). *The ‘skinny’ on weight, diets, and cardiovascular disease.* The 2008 Cardiovascular Disease Update, The Reading Hospital and Medical Center, Reading, PA
- Mensingher, J.L.** (February, 2005). *Battling eating disorders on college campuses.* Eating Disorders Awareness Week, Wellness Center, West Chester University, West Chester, PA
- Mensingher, J.L.** (February, 2004). *Battling eating disorders on college campuses.* Eating Disorders Awareness Week, Wellness Center, West Chester University, West Chester, PA
- Mensingher, J.L.** (April, 2003). *Overcoming challenges in the transition from high school to college.* College Forum at the Hill School, Pottstown, PA
- Mensingher, J.L.** (May, 2003). *Resisting the superwoman ideal in the 21<sup>st</sup> century.* Presentation given to grades 9-11, The Purnell School, Pottersville, NJ
- Mensingher, J.L.** (May, 2003). *Getting into and through graduate school.* West Chester University’s Psychology Club, West Chester, PA
- Mensingher, J.L.** (May, 2003). *Identifying and supporting a peer with an eating disorder.* Presentation given to Peer Mentoring Program at the Hill School, Pottstown, PA
- Mensingher, J.L.** (August, 2003). *Understanding Body Image,* Intensive Summer Workshop at West Chester University, West Chester, PA
- Mensingher, J.L.** (April, 2002). *Identifying and supporting a peer with an eating disorder.* Presentation given to College Sorority Peer Mentor Training, Sister-to-Sister Eating Disorders Prevention and Intervention Program at West Chester University, West Chester, PA
- Mensingher, J.L.** (April, 2002). *Eating disorder interventions on a college campus.* Training program for Resident Directors at West Chester University, West Chester, PA
- Mensingher, J.L.** (February, 2002). *Strategies for decreasing the eating disorders epidemic on college campuses.* West Chester University’s Wellness Center, Eating Disorders Awareness Week, West Chester, PA
- Mensingher, J.L.** (February, 2001). *How to support a friend with an eating disorder.* Sister-to-Sister Prevention and Intervention Program at West Chester University, Eating Disorders Awareness Week, West Chester, PA

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► **TEACHING AND SUPERVISION**

Developing courses:

- PBHL XXX – *The Body Politic – Population Health and the War on Obesity*

Course Director, College of Nursing and Health Professions, Drexel University

Teaching assignments across varied quarters 2009–2017:

- ARTS 505 (Face to Face) – *Diagnosing Clinical Psychopathology I*
- ARTS 513 (Face to Face) – *Diagnosing Clinical Psychopathology II*
- HSCI 480 (Independent Readings) – *Sociology of the Body and Health*
- HSCI 313 (Face to Face) – *Clinical Trials Protocols*
- HSCI 314 (Face to Face) – *Advanced Research for Health Sciences*
- STS 350 (Face to Face) – *Advanced Statistics for the Clinical Sciences*
- STS 345 (Face to Face) – *Statistics for the Health Sciences*
- STS 345 (Online) – *Statistics for the Health Sciences*
- HSCI 470 (Face to Face) – *Weight, Eating Disorders, Body Image, and Health (multiple Special Research Topics courses)*
- HSCI 315 (Face to Face) – *Current Issues in Clinical Research*
- HSCI 310 (Face to Face) – *Introduction to Clinical Research*
- HSCI 310 (Hybrid) – *Introduction to Clinical Research*

Thesis & Capstone Examination Committees:

- External Examiner – Erin Harrop, Ph.D. student in Social Welfare, University of Washington, anticipated defense Fall 2019
  - 2<sup>nd</sup> Qualifying Exam topic: *Atypical anorexia: A systematic review of the literature.*
- External Examiner – Caitlyn McCarthy, MA Candidate in Creative Arts Therapy, College of Nursing and Health Professions, Drexel University, Defended Summer 2018
  - Thesis title: *A roadmap to recovery: An exploration of an art intervention for anorexia nervosa.*
- Capstone Co-Chair – Kathy Hartman, Doctorate of Nursing Practice, College of Nursing and Health Professions, Drexel University, anticipated defense Spring 2017
  - Thesis title: *Examining nurses attitudes towards patients with high body mass index: Does hospital distinction in bariatric care make a difference?*
- Capstone Committee Member – Pat Scherle, Doctorate of Nursing Practice, College of Nursing and Health Professions, Drexel University, Defended Summer 2016
  - Thesis title: *Gait speed testing in the emergency department: A nursing pilot project*
- Capstone Committee Member – Rose Dormio, Doctorate of Nursing Practice, College of Nursing and Health Professions, Drexel University, Defended Summer 2016
  - Thesis title: *Heart failure program evaluation: A quality improvement initiative*
- External Examiner – Sara Boucher, Doctoral Candidate (Ph.D.) Department of Preventive and Social Medicine, University of Otago, New Zealand, Defended Fall 2015
  - Dissertation Title: *The development and testing of a web-based intuitive eating intervention weight gain prevention among mid-age women.*
- Thesis Chair – Malini D. Persad, Master's Program in Public Health, Department of Preventative Medicine, State University of New York – Downstate College of Medicine, Defended Spring 2007 (Recipient of APHA Maternal-Child Health award for project)
  - Thesis title: *Maternal breastfeeding attitudes: Association with breastfeeding intent and socio demographics among urban primiparas*



- External Examiner – Sarah Weinberger-Litman, Department of Psychology (Experimental – Health concentration), City University of New York, Graduate Center, Defended Fall 2007
  - Dissertation title: *The Influence of religious orientation and spiritual well-being on body dissatisfaction and disordered eating in a sample of Jewish women*

Statistical Consultant/Advisor on Student Dissertations, Theses and Capstone Projects:

- M. Velma Weitz – PhD Nursing, College of Nursing and Health Professions, Drexel University, Anticipated Defense Fall 2019
  - Dissertation title: *A randomized clinical trial using Hatha Yoga as a stress reduction intervention in breast cancer survivors*
- Jill Schwartz – Doctorate of Nursing Practice, College of Nursing and Health Professions, Drexel University, Defended Fall 2017
  - Thesis title: *Nurses' knowledge level of newborn tongue assessment to identify ankyloglossia*
- Carol Ann Blank – Ph.D. in Creative Arts in Therapy, College of Nursing and Health Professions, Drexel University, Defended Spring 2017
  - Dissertation title: *Music therapists decision making in music together within therapy: Toward a theoretical framework*
- Emily Werner – MS in Human Nutrition, Department of Nutrition Sciences, College of Nursing and Health Professions, Drexel University, Defended Spring 2016
  - Thesis title: *The impact of anti-oxidant intake and body composition on aerobic fitness*
- Craig Sorkin – Doctorate of Nursing Practice, College of Nursing and Health Professions, Drexel University, Defended Summer 2016
  - Thesis title: *Effect of a family support intervention on type 2 diabetes control*
- Loretta Bassion – Doctorate of Nursing Practice, College of Nursing and Health Professions, Drexel University, Defended Summer 2016
  - Thesis title: *Scanning patient ID bands and rates of nursing medication overrides: A quality improvement project*

Graduate Research Advisees –Dornsife School of Public Health, Drexel University

- Breanna Branch, Dornsife Fellow, MPH Candidate

Teaching Practicum Preceptor –College of Nursing and Health Professions, Drexel University

- Christen Mendonca, PhD Candidate Rehabilitation Sciences
- Kate Myers-Coffman, PhD Candidate Creative Arts Therapy

Undergraduate Independent Study Research Advisees –Department of Health Sciences, College of Nursing and Health Professions, Drexel University:

- Margaret Calamari – Sociology of the Body and Health
- James P. Kelly – Health and Eating Behaviors
- Sean MacBride – Healthy Living and Exercise
- Vincent Russell – Health and Weight Stigma
- Kerry Quinn – Weight Bias and Exercise
- Edward Lai – Intuitive Eating and Health

Teaching experience prior to Drexel University

- 2007–2009 • Instructor and developer of lecture series, *Biostatistics and Study Design*, Graduate Medical Education, The Reading Hospital and Medical Center, West Reading, PA
- 2005–2007 • Course Director, URBA 5101 *Principals of Biostatistics*, Graduate Program in Public Health Program, SUNY Downstate Medical Center, Brooklyn, NY
- 2005–2007 • Course Director and developer, URBA 5316, *Public Health of Nutrition, Weight, and Eating Disorders*, Graduate Program in Public Health, SUNY Downstate Medical Center, Brooklyn, NY
- 2007 • Guest Lecturer, PHAS 3102, *Health Promotion and Disease Prevention*, Physician Assistant Program, SUNY Downstate Medical Center, Brooklyn, NY
- 2003–2004 • Guest Lecturer, *Research Methods and Statistics*, Psychiatry Fellows program, Children’s Hospital of Philadelphia, Philadelphia, PA
- 2004 • Guest Lecturer, *Developmental Psychopathology*, Master’s Program in Clinical Psychology, West Chester University, West Chester, PA
- 2002 • Course Director, PSY 501, *Introduction to Statistics and Research Methods for the Behavioral Sciences*, Masters Programs in Clinical and Industrial Psychology, West Chester University, West Chester, PA
- 2001 • Teaching Assistant, *Research Methods and Statistics*, Ph.D. Program in Sociology, The Graduate Center, CUNY, New York, NY
- 2000–2002 • Guest Lecturer, *Eating Disorders Seminar*, Department of Psychology, West Chester University, West Chester, PA
- 2000–2001 • Teaching Assistant, *Statistics and Computer Programming*, Ph.D. Program in Psychology, The Graduate Center, CUNY, New York, NY

► **PROFESSIONAL SERVICE**

National/International Committees:

- 2019 • Expert Panelist for the Department of Health and Human Services, Office of Women’s Health, *How to talk about healthy weight and healthy eating: A cross-disciplinary dialogue on messaging to promote healthy behaviors and positive body image*, Washington, DC
- 2019–present • Member (by invitation), Diversity, Equity, and Inclusion Advisory Committee to the Board of the Academy for Eating Disorders
- 2018–present • Expert Panelist on Delphi consensus study for measure of *Weight Stigma*, Lead PI –S. Papadopoulos, Australian Catholic University
- 2017–2018 • Member, Conference Planning Committee – Programming Sub-committee, Association for Size Diversity and Health
- 2017–2018 • Co-Chair, Weight Stigma and Social Justice SIG, Academy for Eating Disorders
- 2016–2017 • Chair, Conference Planning Committee, Association for Size Diversity and Health – “*Uniting Against Oppression: Navigating the Learning Curves in the Health at Every Size® Movement*”

- 2015–2017 • Co-Chair, Health at Every Size SIG, Academy for Eating Disorders
- 2013–2015 • Secretary, Board of Directors, Association for Size Diversity and Health
- 2013–2015 • Co-Chair, Scouting Committee, Association for Size Diversity and Health
- 2008–2009 • Co-Chair, Research Committee, Association for Size Diversity and Health
- 2008–2009 • Member, Conference Planning Committee, Association for Size Diversity and Health

Guest/Ad hoc reviewer for the following Journals:

- ♦ *Pedagogy in Health Promotion*
- ♦ *Stigma & Health*
- ♦ *Body Image*
- ♦ *Appetite*
- ♦ *Journal of Consumer Affairs*
- ♦ *Journal for the Academy of Nutrition and Dietetics*
- ♦ *Public Health Nutrition*
- ♦ *Psychology of Women Quarterly*
- ♦ *Sex Roles: A Journal of Research*
- ♦ *Journal of Community Health*
- ♦ *Bipolar Disorders: An International Journal of Psychiatry and Neurosciences*

Editorial Boards (Statistical Consultant):

- 2014–present • *International Journal of Gynecological, Obstetrical and Reproductive Medicine Research*

Grant Reviewing:

Study Section Member

- 2018 • California Breast Cancer Research Program

Ad hoc Reviewer

- 2015 • California Breast Cancer Research Program

University level service (Drexel University):

- 2017–present • Member, Undoing Racism® Group at the 11<sup>th</sup> St Family Health Services Center, Drexel University
- 2014–present • Member, Social Science Research Initiative Committee
- 2012–2013 • Evaluator of student reflection essays on experiences in co-operative study
- 2012–2013 • Member, Senate Committee for Academic Affairs
- 2012–2013 • Member, Undergraduate Subcommittee for SCAA
- 2012 • Expert Reviewer of an eating disorders continuing education online course module for student completing a Masters of Public Health, School of Public Health, Drexel University, Philadelphia, PA

College/Department level service

Dornsife School of Public Health, Department of Epidemiology and Biostatistics:

- 2017–present • Member, Inclusion and Diversity Task force/Working Group

College of Nursing and Health Professions, Department of Health Sciences:

- 2016–2017 • Faculty Mentor, Josiah Macy Undergraduate Leadership Fellows Program (training program for healthcare professionals based in an equity and *social justice lens*)
- 2016–2017 • Appointed by Assistant Dean of Academic Integration and Evaluation of Community Programs to advise and consult with CNHP faculty on issues of Diversity, Equity, and Inclusion
- 2015–2016 • Member, Faculty Search Committee
- 2014–2017 • Chair, 4-year Co-op Student Advising Committee
- 2012–2017 • Chair, Clinical Research and Statistics Curriculum Committee
- 2013–2014 • Appointed member of Self-Study Team, *Program Alignment Review*
- 2010–2017 • Faculty Ambassador for Annual Drexel University Accepted Students Days
- 2010–2017 • Faculty Ambassador for Drexel University Open House Events
- 2011–2012 • Member, Faculty Search Committee

Other Professional Service & Committees (pre-Drexel):

- 2008–2009 • Chair, Research Advisory Committee, The Reading Hospital and Medical Center, Reading, PA
- 2008–2009 • Institutional Review Board, The Reading Hospital and Medical Center, Reading PA.
- 2008–2009 • Certified (& trained) Practicum Advisor, Masters of Arts Program in Community Counseling, Alvernia University, Reading PA
- 2006-2007 • National Eating Disorders Coalition Lobby Day – participant in educating Members of Congress about the importance of supporting Federal bills and policy goals related to prevention, education, and research on eating disorders, Washington, DC
- 2005–2007 • Student Outcomes Committee, Masters of Public Health Program, Department of Preventive Medicine, SUNY Downstate Medical Center
- 1999–2001 • PhD Program Admissions Committee, Student Representative, Department of Psychology, The Graduate Center, CUNY
- 1998–2000 • Executive Committee, Student Representative, Department of Psychology, The Graduate Center, CUNY
- 1993–1995 • Faculty Search Committee, Student Representative, West Chester University
- 1993–1994 • Founding member, Psychology Student Life Committee, West Chester University

► **Media Interviews/Appearances (selected & recent)**

- 2018 • Interviewed by Michael Hobbes for the development of Huffington Post article “*Everything You Know About Obesity is Wrong*”
- 2018 • Interviewed by Rebecca Scritchfield for the development of Washington Post article “*What if physicians stopped weighing heavier patients? Healthcare might improve*”
- 2018 • Interviewed by Kristen Fischer for the development of www.sheknows.com article “*What to do if you are putting off a doctor visit because of weight*”
- 2018 • Appeared in research news of CareDash (an online health and wellness news source) “*Hight Weight Women More Likely to Avoid Doctors, Study Finds*”

- 2018 • Interviewed by Frank Otto for article in DrexelNow “*Bias and Discrimination Keep Women with Higher Body Weights Away from the Doctor – Drexel Study*”

► **Professional Development Activities (selected)**

- February 2019 • Short course attendee of *Structural Equation and Multilevel Modeling approaches to Examining Change Over Time*. American Statistical Association’s Conference on Statistical Practice, New Orleans, LA
- November 2018 • *The Embodied Practitioner*, 3-day retreat-based training in using the Body Trust® approach to aid people dealing with a disconnected relationship with eating and their body. Kripalu Center for Yoga and Health, Stockbridge, MA
- October 2018 • *LGBTQ+ Ally Training*, Workshop for Faculty and Staff Sponsored by Drexel University Office of Equality and Diversity
- July 2018 • *Decreasing Avoidance: Integrated Treatment of Eating Disorders and PTSD*, Webinar given by Monte Nido & Affiliates
- June 2018 • Short course attendee of *Multilevel Modeling of Non-Normal Data*. Statistical Horizons, Philadelphia, PA
- March 2018 • *ColorBrave Campus Dialogues*, Workshop for Faculty to aid with the discomfort of addressing issues of race and culture, Sponsored by Drexel University Office of Faculty Affairs and Office of Equality and Diversity
- Oct. 2017 • (Attended and Co-organized) *Writing Effective Mixed Methods/Multi-Methods Grant Proposals*, Sponsored by the Drexel University Office of Research and Social Science Research Committee
- Feb. 2016-2018 • Annual *Anti-Oppression and Intersectionality Training*, online half-day workshop, sponsored by the Association for Size Diversity and Health
- September 2016 • *Changing Patterns of Oppression: Ways to be an Ally to Diverse Communities*. Penn Alumni Education Webinar by Professor Marybeth Gasman
- January 2015 • *Diversity/Anti-Oppression Training*, online two-day workshop, for Board members of the Association for Size Diversity and Health to promote greater organizational inclusion among members
- December 2014 • *NIH Grant Writing Workshop*, full day training sponsored by the Office of Research, Drexel University, Philadelphia, PA
- April–May 2013 • Certified participant of *Academic Portfolio Workshop*, Drexel University, Philadelphia, PA
- December 2012 • Participant of training in *Assessing Student Writing*, Writing Center, Drexel University, Philadelphia, PA
- April 2012 • NIH sponsored workshop on *Binge Eating Disorder: The Next Generation of Research*, Uniformed Services University, Bethesda, MD
- September 2008 • Certified attendee of *Interview Training Workshop*, Reading Hospital and Medical Center, Reading, PA

- December 2008 • Certified Attendee of 64<sup>th</sup> Annual Deming Conference on Applied Statistics, completed courses on *Mixed Models for Clustered Data* and *Statistical Meta-Analysis with Applications*, Atlantic City, NJ
- October 2007 • Certified Attendee of *Grant Writing Teaching Day* at the 13<sup>th</sup> Annual Eating Disorders Research Society Meeting, Pittsburgh, PA
- March 2006 • National Heart, Lung, and Blood Institute, *Cardiovascular Epidemiology, Biostatistics and Behavioral Medicine Training Workshop*, Phoenix, AZ
- July 2004 • Certificate of completion for *SAS Programming I: Essentials*, SAS Institute Inc., Wayne, PA
- January 2004 • Certified Attendee of two-day short course: *Introduction to Structural Equation Modeling*, University of Maryland Department of Measurement, Statistics, and Evaluation, College Park, MD
- February 2004 • Certified Attendee of *Application of Structural Equation Modeling in Social Science Research*, Association for Women in Psychology and Penn Center for Continuing Education, Philadelphia, PA

► **Professional Memberships**

- 1999–present • Fellow, Academy for Eating Disorders (since 2019)
- 2007–present • Eating Disorders Research Society
- 2008–present • Association for Size Diversity and Health
- 2006–2015 • American Public Health Association
- 1992–2006 • American Psychological Association
- 2002–2005 • American Statistical Association
- 2000–2002 • American Association of University Women