Travel Guidance for Local-Domestic/Regional No Overnight Stay

The COVID-19 pandemic continues to affect counties and states differently and travel increases your chance of getting and spreading COVID-19. Drexel strongly discourages all university-affiliated travel except in the rare case of essential travel. Local-Domestic (Philadelphia metropolitan area) and local Regional Travel without an overnight stay must be reviewed and approved by your supervisor. For travel deemed essential and approved by your supervisor, travelers should adhere to the following guidance:

- Complete “Returning to Campus Safely” Training via Career Pathways, Sign Pledge, and Download the Drexel Health Checker App prior to Travel
- Register your travel in GRAND: https://drexel.edu/global/resources/travel-safety/Register-Your-Travel/
- Book travel through World Travel on the Drexel One portal if needed. Travel not booked via the travel portal will need to state reason with applicable quotes. Please see recommended transportation options below.
- Make sure you are up to date with your routine vaccinations and the seasonal flu vaccine. If you are eligible to receive the COVID-19 vaccine and have begun the vaccination process, it is recommended you complete the full vaccination cycle before travel.

Before Travel

- In the week leading up to your departure, continue to monitor closely the local COVID-19 transmission rate for your destination and any local/state public health requirements. Helpful resources:
  - https://www.cdc.gov/covid-data-tracker/index.html#cases
  - https://coronavirus.jhu.edu/map.html
  - https://covidactnow.org/?s=1059230
  - Local/state public health sites for your destination
- Day before Travel – re-check City & State Health Guidelines to determine if you need to quarantine after you have returned from your destination:
  - PA State: https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx
- DO NOT TRAVEL if:
  - You are sick with fever, cough, or any of the symptoms of COVID-19
  - You have recently tested positive for COVID-19
  - You have had close contact with a person with COVID-19 in the past 14 days
  - You are waiting for the results of a COVID viral test
For more information see:


During Travel – Take Steps to Protect Yourself and Others from COVID-19:
- Where a mask to keep your nose and mouth covered when in public settings.
- Avoid close contact by staying at least 6 feet (2 arms’ length) from anyone who is not from your household.
- Wash your hands often or use hand sanitizer (with at least 60% alcohol).
- Avoid contact with anyone who is sick.
- Avoid touching your eyes, nose, and mouth
- Use the Drexel Health Checker app throughout your travel.
- If possible, conduct meetings outdoors.
- Avoid large gatherings according to local/state requirements. See local/state public health recommendations for requirements.

Safest food options: self-catering, delivery, take-out, curbside pick-up, outdoor / open-air eateries, etc.

Transportation
Preferred method is single driver in your personal vehicle

If taking public transportation:
- Masks are required on all forms of public transit, including airplanes, trains, buses traveling into, within, and outside of the United States. Wear a face covering or mask at all times. We recommend double masking where possible.
- Avoid touching surfaces such as kiosks, turnstiles, handrails, etc. If unavoidable, sanitize hands as soon as possible.
- Practice social distancing and avoid crowded areas as much as possible. Consider traveling at non-peak times, leaving seats/rows between you and other passengers if possible.
- Follow all posted guidance and instructions provided by transit authorities. Look for social distancing instructions or physical guides, such as signs indicating where to stand or sit to remain at least 6 feet apart from others.
- Use hand sanitizer after departing the station/stop.

If using taxi or ride-share vehicles:
- Wear a face covering or mask at all times
- Ask driver to improve ventilation by opening windows or setting ventilation on non-recirculation mode
- Avoid contact with surfaces touched by passengers or drivers as much as possible, and if unavoidable, sanitize hands as soon as possible.
- Limit the number of passengers in the vehicle to essential travelers only.
- Sit in the back seat or as far away from the driver as possible.
- Improve ventilation by opening windows or adjusting the AC to non-recirculation mode.
- Use hand sanitizer after departing the vehicle.

Wash hands with soap and water when you arrive at your destination.


**Post-Return Responsibilities**

- Get tested with a viral test (either nucleic acid amplification or antigen) 5-7 days after your trip and self-isolate for 10 days after travel even if your test is negative. If you do not get tested, self-isolate for 14 days.
- Review and follow state and local recommendations after you return from travel. This will vary depending upon your destination.
  - PA state requirements: [https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx](https://www.health.pa.gov/topics/disease/coronavirus/Pages/Travelers.aspx)
- Monitor health and use the Drexel Health Checker app if you are going to campus after completing self-isolation requirements.

**If any symptoms develop:**

1) Self-isolate and contact your primary care physician by phone for guidance and medical care
2) Contact covid19health@drexel.edu with your name and phone number

Additional guidance is available on the [Drexel Response to Coronavirus](https://www.drexel.edu/coronavirus/) and the [US Centers for Disease Control and Prevention](https://www.cdc.gov/) websites.