

# ITEMS TO BRING IF YOUR ARE QUARANTINING OR ISOLATING

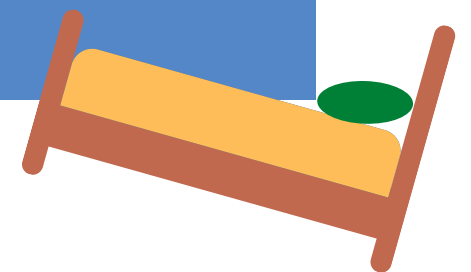
## 2 weeks worth of...

- Clothes
- Pajamas
- Cleaning supplies to regularly disinfect your space
- Medicine (including any regular medication as well as medicine to treat symptoms such as Advil, Tylenol, cough drops, etc.)
- Toiletries (toothbrush, toothpaste, toilet paper, tissues, shampoo, soap)



## Linens

- Bedsheets
- Blankets
- Pillows
- Bath towels



## School supplies

- Books
- Computer
- Chargers
- Pen and paper



## Self-care items to support your well-being

- Books/Magazines
- Puzzles
- Video games
- Snacks

