

## **Study Therapist for Behavioral Weight Loss Trial**

### ***Description of position***

The Center for Weight, Eating and Lifestyle Science (WELL Center; [drexel.edu/wellcenter](https://drexel.edu/wellcenter)) is currently recruiting three individuals to serve as health coach study interventionists. The position can be conducted entirely remotely, and hours are flexible (4-10 hours/week).

This position provides an excellent opportunity to develop specialized skills and competence in understanding the clinical interventions and research underlying effective treatments for individuals with weight concerns. The WELL Center places a high value on the importance of providing training and educational opportunities to developing clinicians in their pursuit of these experiences. The placement involves being a study therapist on a clinical trial evaluating two distinct web-based behavioral weight loss approaches for individuals with overweight/obesity, one with a non-energy restricted plant-based diet, and another with a balanced calorie-reduced diet. Both treatments emphasize goal setting, problem solving, cognitive restructuring and stimulus control to promote long-term changes to eating and lifestyle. The study therapist will provide intervention through brief weekly coaching calls with participants. Specialized training and weekly supervision will be provided.

This position will also provide some opportunity to conduct research assessments and qualitative interviews. Study interventionists are also welcome to become involved in additional research activities in addition to the clinical activities if interested.

Interested applicants should email Christina Chwyl ([cmc646@drexel.edu](mailto:cmc646@drexel.edu)) with questions or application materials with the subject line “Study Therapist Application (Last Name)”.

### ***Position Details***

- **Start Date:** Flexible based on student need, preferably Winter or Spring 2022
- **End Date:** Flexible based on student need
- **Length of position:** Flexible based on student need, 4-10 months
- **Application materials required:** CV, cover letter, 1 letter of reference
- **Qualifications:** B.A or M.S. in psychology, nutrition, health promotion, or a related field. Ideal candidates have background experience in and a passion for evidence-based treatment, health promotion, nutrition, and behavioral intervention.
- **Estimated average hours:** Flexible based on student need, 4-10 hours
- **Compensation:** Funding is currently being applied for and may become available to study therapists.