

STEPHANIE M. MANASSE, PH.D.

Curriculum Vitae March 2023

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PROGRAM OF RESEARCH

My program of research is focused on improving outcomes from treatments for adolescents and adults eating disorders and/or obesity, with a special focus on (1) identifying maintenance factors of dysregulated eating and (2) using novel methodology to develop and test interventions reduce the public health burden of these diseases. In particular, a large body of my work has centered around examining the role of self-regulation deficits in the maintenance of binge eating pathology and using novel and disseminable intervention techniques to enhance intervention outcomes. I currently hold two NIH awards (K23 and R34). My K23 award is focused on examining predictors of dysregulated eating in adolescents with obesity, and my R34 is a clinical trial testing target engagement and efficacy of a novel, highly disseminable inhibitory control training for adults with binge spectrum eating disorders. At present, I have two NIH grants under review proposing to test novel treatments for eating and weight disorders.

EMPLOYMENT

Drexel University, Department of Psychological and Brain Sciences and Center for Weight, Eating, and Lifestyle Science

Assistant Professor

Mar 2023-

Director, Child and Adolescent Program (WELL Center)

Jan 2019 -

Director, mPOWER fellowship program (WELL Center)

Nov 2020 -

Director, MS in Psychology Program (Dept of Psychology)

Sept 2022 –

Assistant Research Professor (WELL Center)

2017-2023

EDUCATION

Drexel University

2012 - 2017

Ph.D., Clinical Psychology

2014 - 2017

M.S., Clinical Psychology

2012 - 2014

University of California, Berkeley

2004 - 2008

Bachelor of Arts, Psychology

PROFESSIONAL PSYCHOLOGY LICENSURE

2019- Pennsylvania (PS018802)

CURRENT RESEARCH SUPPORT

2023-2028 *Wellness Achieved Through Changing Habits (WATCH): An Acceptance-Based Heathy Lifestyle Intervention for Diverse Adolescents*

NIH/NHLBI R61/R33
Role: PI
Total Costs: \$3,457,020

2020-2025 *Does Aberrant Decision Making Prevent Success in Adolescent Behavioral Weight Loss Treatment?*
NIH/NIDDK (K23DK124514)
Role: PI

2019-2023 *Augmenting cognitive behavioral therapy for binge eating disorder and bulimia nervosa with inhibitory control training*
NIH/NIMH (R34MH118353)
Role: PI

2021-2023 *A test of a sleep-focused intervention to improve self-regulation in adolescent binge eating*
WELL Center Seed Fund
Role: PI

2018-2023 *NIH Loan Repayment Program*
NIH/NIMH
Role: PI

2021-2026 *Engaging men in weight loss with a game-based mHealth and neurotraining program*
NIH/NIDDK (R01DK128524; PI: Forman)
Role: Co-I

2022-2026 *Optimizing digital health technologies to improve therapeutic skill use and acquisition*
NIH/NIMH (R01MH130482; PI: Juarascio)
Role: Co-I

2020-2024 *Optimizing Mindfulness and Acceptance-Based Treatments for Bulimia Nervosa and Binge Eating Disorder using a Factorial Design*
NIH/NIMH (R01MH122392; PI: Juarascio)
Role: Co-I

2019-2024 *Mindfulness and acceptance-based interventions for obesity: Using a factorial design to identify the most effective components*
NIH/NIDDK R01 (PI: Forman)
Role: Co-I

2018-2023 *Improving Weight Loss Outcomes for Binge Eating Disorder*
NIDDK (R01DK117072; PI: Juarascio)
Role: Co-I

PREVIOUS RESEARCH SUPPORT

- 2021-2022 *Attachment-based family therapy for adolescents with binge-spectrum eating disorders: An initial case series*
WELL Center Seed Fund
Role: PI
- 2019-2021 *Using Virtual Reality and Sensor Technology to Enhance Inhibitory Control in Individuals with Binge Eating*
Coulter-Drexel Translational Research Partnership Program
Role: PI
- 2019-2021 *Using Continuous Glucose Monitoring to Detect and Intervene on Maintenance Factors for Binge Eating Pathology*
NIH/NIMH (R43MH121205; PI: Juarascio)
Role: Co-I
- 2018-2021 *Using Ecological Momentary Interventions to Increase Skill Acquisition and Utilization*
NIH/NIMH (R34MH116021; PI: Juarascio)
Role: Co-I
- 2018-2020 *Virtual Reality Inhibitory Control Training for Binge Eating*
Pennsylvania Commonwealth Universal Research Enhancement Grant
Role: PI
- 2018-2020 *Using Continuous Glucose Monitoring to Detect Eating Disorder Symptoms in Bulimia Nervosa*
Hilda and Preston Davis Foundation (PI: Juarascio)
Role: Co-I
- 2015-2017 *Novel Assessment of Affective Distress Intolerance in Binge Eating*
NIMH Ruth L. Kirschstein National Research Service Award (F31)
Role: PI
- 2016 Academy of Eating Disorders Student Research Grant
2013 Graduate Student Research Grant, Psi Chi
2013 Junior Scientist Fellowship, American Psychological Association of Graduate Students (APAGS)/Psi Chi

GRANTS UNDER REVIEW

- 2023-2028 *Does Inhibitory Control Training Augment the Efficacy of Cognitive Behavioral Therapy for Binge-Spectrum Eating Disorders?* (1st submission impact score: 39)
NIH/NIMH R01
Role: PI
Total Costs: \$3,648,843

HONORS AND AWARDS

2018	Academy for Eating Disorders Early Career Investigator Travel Award, \$1500
2017	Exceptional Student Award, Department of Psychology, Drexel University
2017	Honorable Mention, University-Wide Outstanding Promise Award, Drexel University
2017	Outstanding Promise Award, Drexel University College of Arts and Sciences
2015	International Travel Award, Drexel Office of International Programs, \$750
2015	Graduate Student Research Excellence Award, Drexel University, \$500
2014	Early Career Investigator Award, The Obesity Society, \$1000
2014	Graduate Student Researcher Award, Association for Behavioral and Cognitive Therapies
2014	Adelaide M. Delluva Student Travel Award, Association for Women in Science – Philadelphia Chapter, \$500
2014	Meritorious Abstract, Society for Behavioral Medicine Annual Meeting
2013	Conference Travel Fellowship, Psi Chi, \$1000
2012-2014	Provost Fellowship, Drexel University, \$10,000

SELECTED TRAINEE AWARDS

2023	Research Excellence Award (Post-Candidacy), Drexel College of Arts and Sciences; E. Lampe (Ph.D. student)
2023	Psi Chi Research Award, Elizabeth Lampe (PhD student)
2022	Research Excellence Award (Pre-Candidacy), Drexel College of Arts and Sciences; E. Lampe (Ph.D. student)
2021	Honorable Mention, National Science Foundation Graduate Research Fellowship; S. Abber (M.S. student)
2021	Drexel Emerging Graduate Scholars Conference Provost's Award for Best Oral Research Presentation; E. Lampe (Ph.D student)
2021	Academy for Eating Disorders Student/Early Career Fellowship (\$300); E. Lampe (Ph.D student)
2020	Drexel University Undergraduate Mini Grant (\$1500); S. Smith (undergraduate)
2020	Louis and Bessie Stein Family Fellowship (\$6,000); S. Abber (M.S. student)
2020	Psi Chi Graduate Research Grant (\$1,000); S. Abber (M.S. student)
2019	Drexel Teck-Kah Lim Graduate Student Domestic Travel Subsidy Award (\$300); E. Lampe (M.S. Student)
2018-2020	Dean's Fellowship (Drexel University scholarship; \$10,000); E. Lampe (M.S. Student)

PEER-REVIEWED MANUSCRIPTS (PUBLISHED AND IN PRESS)

93 total peer reviewed manuscripts, 37 first or senior author [hyperlinked when available]

[*designates mentee]

[**designates senior authorship]

*D'Adamo, L., Sonnenblick, R.M., Juarascio, A.S., & ****Manasse, S.M.** (in press). Relations between forms of dietary restraint, restriction, and loss-of-control eating among adolescents seeking weight control: An ecological momentary assessment study. *Eating Behaviors*.

*Lampe, E.W., Presseller, E.K., *Abber, S.R., Sonnenblick, R.M., Juarascio, A.S., ****Manasse, S.M.** (In press) Affective Profiles of Exercise Episodes Are Associated with Maladaptive and Adaptive Motivations for Exercise. *European Eating Disorders Review*. <https://doi.org/10.17605/OSF.IO/ZFT4X>

Manasse, S.M., Russon, J., Lampe, E.W., King, A., *Abber, S.R., *Trainor, C., *Gillikin, L., Levy, S., Diamond, G. (In press) Attachment-based Family Therapy to Improve Family Functioning in Adolescent Binge-Spectrum Eating Disorders: An Initial Evaluation Via Case Series Design. *Journal of Clinical Child Psychology and Psychiatry*.

Manasse, S.M., *Trainor, C., *Payne-Reichert, A., *Abber, S., *Lampe, E.W., *Gillikin, L.M., Juarascio, A.S., & Forman, E.M. (In press). Does virtual reality enhance the effects of inhibitory control training for loss of control eating? A pilot factorial experiment. *Eating Behaviors*.

Clancy, O.M., Juarascio, A. **Manasse, S.M.**, & Srivastava, P. (2023) Predicting Cognitive-Behavioral Therapy Outcomes for Bulimia Nervosa Patients Based on Skill Use During Treatment. *Journal of Behavioral and Cognitive Therapy*.

Parker, M. N., Murray, H. B., **Manasse, S. M.**, Piers, A., Muratore, A., Lowe, M. R., Ayaz, H., & Juarascio, A. S. (In Press). Prefrontal cortex activation by binge eating status in individuals with obesity when attempting to inhibit responses to food using functional near infrared spectroscopy. *Eating and Weight Disorders- Studies on Anorexia, Bulimia and Obesity*.

*Lampe, E.W., Gorrell, S., Smith, K., Juarascio, A.S., ****Manasse, S.M.** (In press). Trajectories of Positive and Negative Affect Before and After Exercise Among Individuals with Binge Eating. *International Journal of Eating Disorders*.

*Butler, R.M. *Lampe, E.W., *Trainor, C. & ****Manasse, S.M** (in press). Fear of weight gain during cognitive-behavioral therapy for binge-spectrum eating disorders, *Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity*.

Manasse, S.M., *Lampe, E.W., Srivastava, P., *Abber, S.R., *Fitzpatrick, B., Juarascio, A.S. (In press) Differentiating types of dietary restraint and their momentary relations with loss-of-control eating. *International Journal of Eating Disorders*.

Juarascio, A. S., Srivastava, P., Presseller, E. K., Lin, M., Patarinski, A. G., **Manasse, S. M.**, & Forman, E. M. (2022). Using Continuous Glucose Monitoring to Detect and Intervene on Dietary Restriction in Individuals With Binge Eating: The SenseSupport Withdrawal Design Study. *JMIR Formative Research*, 6(12), e38479.

Newsome, F.A., Cardel, M.I., Chi, X., Lee, A.M., Miller, D., Menon, S, Janicke, D.M., Gurka, M.J., Butryn, M.L., & ****Manasse S.M** (2022). Wellness Achieved Through Changing Habits: A Randomized Controlled Trial of an Acceptance-Based Intervention for Adolescent Girls with Overweight or Obesity. *Childhood Obesity*.

Srivastava, P., Presseller, E.K., Chen, J.Y., Clark, K.E., Hunt, R.A., Clancy, O.M., **Manasse, S.M.** & Juarascio, A.S. (2022). Weight status is associated with clinical characteristics among individuals with bulimia nervosa. *Eating Disorders*. DOI: [10.1080/10640266.2022.2145258](https://doi.org/10.1080/10640266.2022.2145258)

- Srivastava, P., Felonis, C. R., Piers, A.D., Nunez, N., Juarascio, A. S., & ****Manasse, S. M.** (in press). Reward mediates the association between engagement in non-eating activities and state body dissatisfaction: an ecological momentary. assessment study. *International journal of eating disorders*.
- Juarascio, A. S., Presseller, E. K., Trainor, C., Boda, S., **Manasse, S. M.**, Srivastava, P., ... & Zhang, F. (2022). Optimizing digital health technologies to improve therapeutic skill use and acquisition alongside enhanced cognitive-behavior therapy for binge-spectrum eating disorders: Protocol for a randomized controlled trial. *International Journal of Eating Disorders*.
- Forman, E.M., Butryn, M.L., Chwyl, C., Crane, M.M., Dart, H., Hagerman, C.J., **Manasse, S.M.**, Onu, M.C., Sun, J.H., Veling, H., & Zhang, F. (2022). Gamification and Neurotraining to Engage Men in Behavioral Weight Loss: Protocol for a Factorial Randomized Controlled Trial. *Contemporary Clinical Trials*.
- Felonis, C. R., Gillikin, L. M., Lin, M., **Manasse, S. M.**, & Juarascio, A. S. (2022). Anhedonia in cognitive behavioral therapy for binge eating spectrum disorders. *Eating Disorders*.
- Presseller, E. K., Patarinski, A. G. G., Zhang, F., Page, K. A., Srivastava, P., **Manasse, S. M.**, & Juarascio, A. S. (2022). Glucose variability: A physiological correlate of eating disorder behaviors among individuals with binge-spectrum eating disorders. *International Journal of Eating Disorders*, 55(12), 1788-1798.
- Manasse, S.M.**, *Lampe, E.W., *Gillikin, L., *Trainor, C., *Abber S. R., *Fitzpatrick, B., *Sanchez, H., & Juarascio, A.S. (2022) An Examination of Daily Sleep Characteristics and Subsequent Eating Disorder Behavior Among Individuals with Binge-spectrum Eating Disorders. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 27(8), 3743-3749.
- *Abber, S. R., Forman, E. M., Wierenga, C. E., & ****Manasse, S. M.** (in press). [Intact general and food-specific task-switching abilities in bulimia-spectrum eating disorders](#). *Eating Behaviors*.
- Wilkinson, M.L., **Manasse, S.M.**, Srivastava, P., Linden-Carmichael, A., & Juarascio, A.S. (in press). Momentary predictors of binge eating episodes and heavy drinking episodes in individuals with comorbid binge eating and heavy drinking. *Eating and Weight Disorders*.
- Juarascio, A.S., Presseller, E.K., Srivastava, P., **Manasse, S.M.**, & Forman, E.M. (In press). A randomized, controlled trial of CBT+: A clinician-controlled, just-in-time adjunctive intervention for bulimia-spectrum disorders. *Behavior Modification*
- Juarascio, A. S., Presseller, E. K., Wilkinson, M. L., Kelkar, A., Srivastava, P., Chen, J. Y., **Manasse, S.M.** & Medaglia, J. (2022). Correcting the reward imbalance in binge eating: A pilot randomized trial of reward re-training treatment. *Appetite*, 106103.
- Chwyl, C., Forman, E. M., & ****Manasse, S.M.** (2022). An Ecological Momentary Assessment Investigation of Emotion Differentiation in Individuals with Loss of Control Eating. *Journal of Emotion and Psychopathology*.

- Manasse, S.M.**, Haedt-Matt, A.A., Smith, K.E., Egbert, A.H., O'Sullivan, K., Koren, D., Engel, S., & Goldschmidt, A.B (in press). [The moderating role of sleep duration on momentary relations between negative affect and loss-of-control eating in children and adolescents with overweight/obesity](#). *European Eating Disorders Review*.
- *Trainor, C., Michael, M.L, *Lampe, E.W, Presseller, E.K, Juarascio, A., & ****Manasse, S.M.** (In press). [Associations between emotion regulation and remission following Cognitive Behavioral Therapy for adults with bulimia nervosa](#). *European Eating Disorders Review*.
- Srivastava, P., *Lampe, E. W., Wons, O. B., Juarascio, A. S., & ****Manasse, S. M.** (2022). [Understanding momentary associations between body dissatisfaction and exercise in binge-spectrum eating disorders](#). *Eat Weight Disord.* doi:10.1007/s40519-022-01371-0
- Manasse, S. M.**, *Lampe, E. W., Srivastava, P., *Payne-Reichert, A., Mason, T. B., & Juarascio, A. S. (2022). [Momentary associations between fear of weight gain and dietary restriction among individuals with binge-spectrum eating disorders](#). *International Journal of Eating Disorders*, 55(4), 541-552
- *Lampe, E. W., Wons, O., Taylor, L. C., Juarascio, A. S., & ****Manasse, S. M.** (2022). [Associations between fear of weight gain and exercise in binge-spectrum eating disorders](#). *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-8.
- Felonis, C. R., Boyajian, L., Fan, S., Drexler, S., *Fitzpatrick, B., *Payne-Reichert, A., ****Manasse, S. M.**, & ****Juarascio, A. S.** (2022). [Changes in affect from non-eating activity engagement as predictors of loss of control eating: An ecological momentary assessment study](#). *Eating and Weight Disorders*, 27(6), 2229-2235.
- Parker, M. N., Wilkinson, M. L., Hunt, R. A., Ortiz, A., **Manasse, S. M.**, & Juarascio, A. S. (2022). Eating expectancies and hedonic hunger among individuals with bulimia-spectrum eating disorders who plan binge-eating episodes. *International Journal of Eating Disorders*, 55(1), 120-124.
- Forman, E. M., Chwyl, C., Berry, M. P., Taylor, L. C., Butryn, M. L., Coffman, D. L., ... & **Manasse, S.M.** (2021). [Evaluating the efficacy of mindfulness and acceptance-based treatment components for weight loss: Protocol for a multiphase optimization strategy trial](#). *Contemporary clinical trials*, 110, 106573.
- Murray, H. B., Zhang, F., **Manasse, S.M.**, Forman, E. M., Butryn, M. L., & Juarascio, A. S. (2022). Validation of the food craving Acceptance and action questionnaire (FAAQ) in a weight loss-seeking sample. *Appetite*, 168, 105680..
- Chwyl, C., Berry, M. P., **Manasse, S.M.**, & Forman, E. M. (2021). Rethinking emotional eating: Retrospective and momentary indices of emotional eating represent distinct constructs. *Appetite*, 167, 105604.
- Manasse, S. M.**, *Lampe, E. W., *Abber, S. R., *Butler, R., *Gillikin, L., & *Trainor, C. (2021). [Exposure-enhanced cognitive behavioral therapy for adolescents with binge eating: An initial case series](#). *Clinical Child Psychology and Psychiatry*, 26(4), 1124-1136.

- *Lampe, E. W., *Trainor, C., Presseller, E. K., Michael, M. L., *Payne-Reichert, A., Juarascio, A. S., & ****Manasse, S. M.** (2021). [Characterizing reasons for exercise in binge-spectrum eating disorders](#). *Eating Behaviors*, *43*, 101558.
- Juarascio, A. S., Michael, M. L., Srivastava, P., **Manasse, S. M.**, Drexler, S., & Felonis, C. R. (2021). The Reward Re-Training protocol: A novel intervention approach designed to alter the reward imbalance contributing to binge eating during COVID-19. *International Journal of Eating Disorders*, *54*(7), 1316-1322.
- Juarascio, A., Srivastava, P., Clark, K., Presseller, E., **Manasse, S.**, & Forman, E. (2021). A Clinician-Controlled Just-in-time Adaptive Intervention System (CBT+) Designed to Promote Acquisition and Utilization of Cognitive Behavioral Therapy Skills in Bulimia Nervosa: Development and Preliminary Evaluation Study. *JMIR Formative Research*, *5*(5), e18261.
- *Gillikin, L. M., **Manasse, S. M.**, & van Dyk, I. S. (2021). An examination of emotion regulation as a mechanism underlying eating disorder pathology in lesbian, gay, and bisexual individuals. *Eating Behaviors*, *41*, 101508.
- Juarascio, A. S., Parker, M. N., Hunt, R., Murray, H. B., Presseller, E. K., & ****Manasse, S. M.** (2021). [Mindfulness and acceptance-based behavioral treatment for bulimia-spectrum disorders: A pilot feasibility randomized trial](#). *International Journal of Eating Disorders*, *54*(7), 1270-1277.
- Parker, M. N., Michael, M., Murray, H. B., Juarascio, A. S., & ****Manasse, S. M.** (2021). [State emotion modulation and loss-of-control eating in individuals with obesity: A preliminary ecological momentary assessment study](#). *Eating Behaviors*, *41*, 101478.
- Manasse, S. M.**, Michael, M. L., Lin, M., *Gillikin, L., Zhang, F., Forman, E. M., & Juarascio, A. (2021). [Can a Short Screening Tool Discriminate Between Overeating and Binge Eating in Treatment-Seeking Individuals with Obesity?](#). *Obesity*, *29*(4), 706-712.
- Sala, M., Roos, C. R., Crochiere, R. J., Butryn, M. L., Juarascio, A. S., **Manasse, S. M.**, & Forman, E. M. (2021). Real-time fluctuations in mindful awareness, willingness, and values clarity, and their associations with craving and dietary lapse among those seeking weight loss. *Journal of Contextual Behavioral Science*, *22*, 87-92.
- Juarascio, A. S., Felonis, C. R., **Manasse, S. M.**, Srivastava, P., Boyajian, L., Forman, E. M., & Zhang, F. (2021). The project COMPASS protocol: Optimizing mindfulness and acceptance-based behavioral treatment for binge-eating spectrum disorders. *International Journal of Eating Disorders*, *54*(3), 451-458.
- Manasse, S.M.**, *Lampe, E. W., Juarascio, A. S., Zhu, J., & Forman, E. M. (2020). [Using virtual reality to train inhibitory control and reduce binge eating: A proof-of-concept study](#). *Appetite*, *157*, 104988.
- *Everett, V. S., Crochiere, R. J., Dallal, D. H., Martin, G. J., **Manasse, S. M.**, & Forman, E. M. (2021). Self-report versus clinical interview: Discordance among measures of binge eating in a weight-loss seeking sample. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, *26*(4), 1259-1263.

- Cardel, M. I., **Manasse, S.**, Krukowski, R. A., Ross, K., Shakour, R., Miller, D. R., ... & Hong, Y. R. (2020). COVID-19 impacts mental health outcomes and ability/desire to participate in research among current research participants. *Obesity*, 28(12), 2272-2281.
- Forman, E. M., **Manasse, S. M.**, Dallal, D. H., Crochiere, R. J., Berry, M. P., Butryn, M. L., & Juarascio, A. S. (2021). Gender differences in the effect of gamification on weight loss during a daily, neurocognitive training program. *Translational Behavioral Medicine*, 11(4), 1015-1022.
- Juarascio, A. S., Parker, M. N., **Manasse, S. M.**, Barney, J. L., Wyckoff, E. P., & Dochat, C. (2020). An exploratory component analysis of emotion regulation strategies for improving emotion regulation and emotional eating. *Appetite*, 150, 104634.
- *Lampe, E. W., Abber, S. R., Forman, E. M., & ****Manasse, S. M.** (2020). [Guidelines for caregivers and healthcare professionals on speaking to children about overweight and obesity: a systematic review of the gray literature](#). *Translational Behavioral Medicine*, 10(5), 1144-1154.
- Juarascio, A., **Manasse, S.**, Clark, K. E., Schaumberg, K., Kerrigan, S., Goldstein, S. P., ... & Forman, E. (2020). Understanding the overlap and differences in terms describing patterns of maladaptive avoidance and intolerance of negative emotional states. *Personality and Individual Differences*, 158, 109859.
- Srivastava, P., Michael, M. L., **Manasse, S. M.**, & Juarascio, A. S. (2021). Do momentary changes in body dissatisfaction predict binge eating episodes? An ecological momentary assessment study. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 26(1), 395-400.
- Srivastava, P., Lampe, E. W., Michael, M. L., **Manasse, S.**, & Juarascio, A. S. (2021). Stress appraisal prospectively predicts binge eating through increases in negative affect. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 26(7), 2413-2420.
- Manasse, S. M.**, *Lampe, E. W., *Gillikin, L., *Payne-Reichert, A., Zhang, F., Juarascio, A. S., & Forman, E. M. (2020). [The project REBOOT protocol: Evaluating a personalized inhibitory control training as an adjunct to cognitive behavioral therapy for bulimia nervosa and binge-eating disorder](#). *International Journal of Eating Disorders*, 53(6), 1007-1013.
- Crochiere, R. J., Kerrigan, S. G., Lampe, E. W., **Manasse, S. M.**, Crosby, R. D., Butryn, M. L., & Forman, E. M. (2020). Is physical activity a risk or protective factor for subsequent dietary lapses among behavioral weight loss participants?. *Health Psychology*, 39(3), 240.
- Manasse, S. M.**, Murray, H. B., Parker, M., Forman, E. M., & Juarascio, A. S. (2020). [A characterization of binge planning behavior in individuals with binge-spectrum eating disorders](#). *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 25(4), 1099-1103.
- Forman, E. M., **Manasse, S. M.**, Butryn, M. L., Crosby, R. D., Dallal, D. H., & Crochiere, R. J. (2019). Long-term follow-up of the Mind Your Health project: acceptance-based versus standard behavioral treatment for obesity. *Obesity*, 27(4), 565-571.

- Crochiere, R. J., Mangubat, C. J., **Manasse, S. M.**, & Forman, E. M. (2019). Does executive function moderate the relation between momentary affective and physical states and subsequent dietary lapse? An EMA investigation. *Journal of Behavioral Medicine*, 42(6), 1148-1152.
- Forman, E.M., **Manasse, S.M.**, Dallal, D.H., Crochiere, R.J., Loyka, C.M., Butryn, M.L., Juarascio, A.S., Houben, K. (2019). Computerized neurocognitive training for improving dietary health and facilitating weight loss. *Journal of Behavioral Medicine*, 1-12.
- Kerrigan, S. G., Schumacher, L., **Manasse, S. M.**, Loyka, C., Butryn, M. L., & Forman, E. M. (2020). The association between negative affect and physical activity among adults in a behavioral weight loss treatment. *Psychology of Sport and Exercise*, 47, 101507.
- Barney, J. L., Murray, H. B., **Manasse, S. M.**, Dochat, C., & Juarascio, A. S. (2019). Mechanisms and moderators in mindfulness-and acceptance-based treatments for binge eating spectrum disorders: A systematic review. *European Eating Disorders Review*, 27(4), 352-380.
- Manasse, S.M.**, Clark, K.C., Juarascio, A.S., & Forman, E.M. (2019). [Developing more efficient, effective, and disseminable treatments for eating disorders: An overview of the Multiphase Optimization Strategy](#). *Eating and Weight Disorders - Studies on Anorexia, Bulimia, and Obesity*, 1-13.
- Butryn, M. L., Martinelli, M. K., Remmert, J. E., Roberts, S. R., Zhang, F., Forman, E. M., & **Manasse, S. M.** (2019). Executive functioning as a predictor of weight loss and physical activity outcomes. *Annals of Behavioral Medicine*, 53(10), 909-917
- Evans, B.C., Felton, J., **Manasse, S.M.**, Lagacey, M., Lejuez, C., Juarascio, A. (2019). Impulsivity and affect reactivity prospectively predict disordered eating attitudes in adolescents: A 6-year longitudinal study. *European Child & Adolescent Psychiatry*, 1-10.
- Godfrey, K.M., Juarascio, A.S., **Manasse, S.**, Minassian, A., Risbrough, V., & Afari, N. (2019). Heart rate variability and emotion regulation among individuals with obesity and loss of control eating. *Physiology & Behavior*, 199:73-78. DOI: 10.1016/j.physbeh.2018.11.009
- Forman, E.M., Kerrigan, S.G., Butryn, M.L., Juarascio, A.S., **Manasse, S.M.**, Ontañón, S., Dallal, D.H., Crochiere, R.J., Moskow, D.M. (2019). Can the artificial intelligence technique of reinforcement learning use continuously-monitored digital data to optimize treatment for weight loss? *Journal of Behavioral Medicine*, 242, 276-290.
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BOOK CHAPTERS

Manasse, S.M., Murray, H.B., & Juarascio, A.S. (2017). Internalizing Symptoms, Affect Reactivity, and Distress Tolerance in Eating Disorders. In T. Wade (Ed.). *Encyclopedia of Feeding and Eating Disorders*.

Manasse, S.M., Schumacher, L.M., & Juarascio, A.S. (2017). Diagnosis of Eating Disorders. In A. Wenzel (Ed.). *The SAGE Encyclopedia of Abnormal and Clinical Psychology*. Hudson, NY: Golson Media.

Juarascio, A.S., **Manasse, S.M.**, & Espel, H.M. (in press) Acceptance and Commitment Therapy for Anorexia Nervosa and Bulimia Nervosa. In A.F. Haynos, J. Lillis, E.M. Forman, & M.L. Butryn (Eds.). *Mindfulness and Acceptance Approaches to Treatment of Eating Disorders and Weight Concerns*. Oakland, CA: New Harbinger.

CONFERENCE ORAL PRESENTATIONS

[*designates mentee]

*Lampe, E.W., Hill, N., Juarascio, A.S., **Manasse, S.M.** (2023, September) *Subtypes of Maladaptive Exercise are Differentially Associated with Baseline Eating Disorder Pathology & Treatment Outcomes*. In S. Gorrell (Chair), Answering key questions to move towards inclusion of sustainable and adaptive exercise in eating disorder care. Symposium presentation at the XXIXth Annual Meeting of the Eating Disorders Research Society, Boston, MA.

Forman, E.M. Berry, M.P., Chwyl, C., Coffman, D.L., Karbassi, N., Sun, J., Taylor, L., Butryn, M.L., Juarascio, A.S., Hagerman, C.J., & **Manasse, S.M.** (2023, April) Evaluating the efficacy of mindfulness and acceptance-based treatment components for weight loss. In Bricker, J. (Chair) *Innovative solutions to improve the impact of acceptance-based treatments for weight loss*. Symposium to be presented at the 44th Annual Convention of the Society of Behavioral Medicine, Phoenix, AZ.

Forman, E.M., Hagerman, C.J., Onu, M.C., Hopkins, C., Manasse, S.M., Butryn, M.L., Veling, H., Berry, M.P., Chwyl, C., Sun, J., Dart, H. (2023, April). *Development of a Game- and Neurotraining-based Weight Loss Mobile Intervention for Men*. Talk presented at the 44th Annual Convention of the Society of Behavioral Medicine, Phoenix, AZ.

*D'Adamo, L., Presseller, E.K., Liu, J., **Manasse, S.M.**, & Juarascio, A.S. (2023, June). *Characterizing participant engagement with a just-in-time adaptive intervention for bulimia nervosa*. Oral presentation at the annual virtual meeting of the Society for Digital Mental Health.

*Fitzpatrick, B., *Lampe, E., Juarascio, A.S., & **Manasse, S.M.** (2023, June). *Distress tolerance and negative urgency in binge eating treatment outcomes*. Oral presentation at the International Conference of Eating Disorders. Washington, D.C, United States.

*Lampe, E.W., Presseller, E.K., *Abber, S.R., Juarascio, A.S., & **Manasse, S.M.** (June, 2023) *Momentary Phenotypes of Exercise Episodes Are Associated with Maladaptive and Adaptive Characteristics of Exercise*. Paper presentation at the International Conference on Eating Disorders. Washington, D.C.

*Trainor, C., Govier, S., Karbassi, N., Riddle, D., & **Manasse, S.** *A Scoping Review of Family Function in Eating Disorders*. Paper presentation at the 30th Annual International Conference on Eating Disorders. Washington, D.C.

*D'Adamo, L., Presseller, E.K., Liu, J., **Manasse, S.M.**, & Juarascio, A.S. (2023, June). *Participant engagement in just-in-time adaptive interventions promoting cognitive-behavioral therapy skills practice for bulimia nervosa*. Paper to be presented at the International Conference on Eating Disorders, Washington, D.C.

Forman, E.M., Butryn, M.L., Juarascio, A.S., **Manasse, S.M.**, Taylor, L.C., Chwyl, C., Berry, M.P., Hagerman, C.J., & Coffman, D.L. (2023, April) Evaluating the efficacy of mindfulness and acceptance-based treatment components for weight loss. In Bricker, J. (Char) *Innovative solutions to improve the impact of acceptance-based treatments for weight loss*. Symposium to be presented at the 44th Annual Convention of the Society of Behavioral Medicine, Phoenix, AZ.

Forman, E.M., **Manasse, S.M.**, Veling, H., Berry, M.P., Onu, M.C., & Hagerman, C.J. (2023, Apr.). *Randomized Controlled Trial Comparing the Effects of Three Types of Inhibitory Control Training on Food Choices*. Talk to be presented at the 44th Annual Convention of the Society of Behavioral Medicine, Phoenix, AZ.

Manasse, S.M., *Lampe, E.W., *Abber, S.R., *Fitzpatrick, B., Srivastava, P., & Juarascio, A.S. (2022, September). *What types of dietary restraint matter most? Differentiating types of restraint and their momentary relations with binge eating*. Oral Presentation at the Eating Disorders Research Society 28th Annual Meeting. Philadelphia, PA.

Manasse, S.M., *Lampe, E.W., *Gillikin, L., *Trainor, C., *Abber, S., *Fitzpatrick, B., *Sanchez, H., & Juarascio, A.S. (2022, June). *An Examination of Daily Sleep Characteristics and Subsequent Eating Disorder Behavior Among Individuals with Binge-spectrum Eating Disorders*. Paper presentation at the International Conference on Eating Disorders (Virtual).

Manasse, S.M., *Gillikin, L.M., *Lampe, E.W., Juarascio, A.S., & Forman, E.M. (2021, September). *Augmenting cognitive behavioral therapy for binge-spectrum eating disorders with inhibitory control training: Target engagement and initial efficacy*. Oral presentation at the Eating Disorders Research Society Annual Meeting (Virtual).

Sala, M., Roos, C.R., Crochiere, R.J., Butryn, M.L., Juarascio, A.S., **Manasse, S.M.**, & Forman, E.M. (June, 2021) *Real-time fluctuations in mindful awareness, willingness, and values clarity, and their associations with craving and dietary lapse among those seeking weight loss*. In Dalrymple, K.L. (chair), *Understanding the role of contextual behavioral science in obesity and obesity treatments*. Oral presentation at the annual meeting of the Association for Contextual Behavioral Science.

Manasse, S.M., Russon, J., Levy, S., *Abber, S., King, A., *Lampe, E., *Trainor, C., & Diamond, G. (2021, June). *An initial case series examination of attachment-based family therapy for adolescent bulimia spectrum eating disorders*. Paper presented at the International Conference on Eating Disorders (Virtual).

*Trainor, C., *Payne-Reichert, A., Juarascio, A., **Manasse, S.M.** (2021, June). *An Examination of Momentary Use of Emotion Regulation Skills as a Protective Factor Against Subsequent Binge Eating*. Paper presented at the International Conference on Eating Disorders (Virtual).

*Lampe, E.W., Gorrell, S., Smith, K., **Manasse, S.M.** (2021, June). *Exercise in Eating Disorders — A Tool for Mood Regulation?*. Paper presented at the International Conference on Eating Disorders (Virtual).

*Lampe, E.W., *Trainor, C., & **Manasse, S.M.** (2021, June). *Characterizing Functions of Exercise among Individuals with Binge Eating*. Paper presented at the International Conference on Eating Disorders (Virtual).

Forman, E.M, **Manasse, S.M.**, Dallal, D.H., Crochiere, R.J., Butryn, M.L., Juarascio, A.S., (2020, April). *Gamification of a daily, neurocognitive training program enhances weight loss for men but not for women*. Paper presented at the 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.

Hoffman Marchese, S., Johnson, L., **Manasse, S.**, & McVay, M., (2020, April). *The Student SIG Presents: Tips for Successful Grant Writing for Graduate Students and Postdoctoral Fellows*. Panel to be presented at the 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.

Arigo, D. (Chair), Breland, J., Brown, S., Cadmus-Bertram, L., Goldstein, C.; Goldstein, S., Jonessaint, C., **Manasse, S.**, Thomas, J.G., & Whited, M. (2020, April). *Writing Winning Training Grants: Development, Responding to Critiques, and Incorporating Technology into Proposals*. Pre-conference workshop to be presented at the 2020 annual meeting of the Society of Behavioral Medicine, San Francisco, CA

Manasse, S.M., *Lampe, E., *Payne-Reichert, A., Juarascio, A.S., & Forman, E.M. (2020, April). *An initial test of feasibility, acceptability, and preliminary efficacy of TakeControlVR: A virtual reality-based inhibitory control training for reducing binge eating*. Paper presentation at the 41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. San Francisco, CA.

- Forman, E.M., Juarascio, A.S., **Manasse, S.M.**, Zhang, F., Weimer, J., Parker, M., Presseller, E., Crochiere, R.J., Tapera, T. (2019, September). Harnessing sensor data with advanced algorithms to predict, detect and prevent problematic eating behaviors. In Haynos, A. (Chair). *Collaborating with computers: The promise of machine learning to advance eating disorders research*. Symposium conducted at the Eating Disorders Research Society Annual Meeting, Chicago, I
- Juarascio, A.S., Forman, E.M., **Manasse, S.M.**, Presseller, E., Zhang, F., Srivastava, P., Clark, K (September, 2019). Using Just-in-Time Adaptive Interventions to Enhance Treatment Outcomes. In Wildes, J. (Chair). *New Directions in Eating Disorder Treatment Research*. Symposium conducted at the Eating Disorders Research Society Annual Meeting, Chicago, IL.
- Manasse, S.M.**, *Lampe, E., *Whang, P., Juarascio, A.S., & Forman, E.M. (2019, March). Development, feasibility, and acceptability of an at-home, virtual reality inhibitory control training for individuals with binge eating. In T Mason (Chair), *Translational Research on Inhibitory Control and Binge Eating: From Basic Clinical Research to Intervention*. Paper presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Washington, D.C.
- Manasse, S.M.**, Clark, K.C., Palasick, S., Presseller, E., & Juarascio, A.S. (2019, March). Hunger and stress differentially predict perceived emotional eating in individuals with and without loss-of-control eating: An ecological momentary assessment study. Paper to be presented at the International Conference on Eating Disorders. New York, NY.
- Forman, E. M., Butryn, M. L., **Manasse, S. M.**, Crosby, R. D., Dallal, D. H., & Crochiere, R. J. (2019, March). *RCT of An Acceptance-based Behavioral Treatment for Obesity: Weight and Quality of Life across 3 Years*. Paper presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Washington, D.C.
- Crochiere, R. J., **Manasse, S.M.** & Forman, E. M. (2019, March). *Momentary Changes in Affective/Physical States Differentially Predict Dietary Lapse Based on Lapse Location*. Paper presented at the Society of Behavioral Medicine, Washington, D.C.
- Forman, E. M., Kerrigan, S. G., Butryn, M. L., Juarascio, A. D., **Manasse, S.M.**, & Ontanon, S. (2019, March). *Applying the AI Technique of Reinforcement Learning to Optimize Obesity Treatment*. Paper presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Washing, D.C.
- Murray, H. B., **Manasse, S. M.**, Piers, A., Call, C. C., Remmert, J. E., Schumacher, L. M., Evans, B. C., Muratore, A. F., Lowe, M. R., Ayaz, H., & Juarascio, A. S. (2019, March). A pilot study linking reduced neurobiological and neurocognitive reward inhibition with poorer binge eating treatment outcomes. Paper presented at the 25th International Conference on Eating Disorders. New York, NY.
- Manasse, S.M.**, Juarascio, A.S., Dallal, D.H., Crochiere, R.J., Butryn, M.L., & Forman, E.M. (2018, October). *Novel methods of enhancing inhibitory control in eating and weight disorders: gamification and virtual reality*. Paper presented at the Eating Disorders Research Society Annual Meeting. Sydney, Australia.

- Manasse, S.M.,** Dallal, D., Crochiere, R., Lieber, E., Schumacher, L.M., Goldstein, S.P., Crosby, R.D., Butryn, M.L., & Forman, E.M. (2018, April). Do impulsivity and loss-of-control eating moderate the relationship between internal states and dietary lapses? An EMA Study. In L. Schumacher (chair), *What Drives Problematic Eating in Adults with Obesity or Binge Eating? A Series of EMA investigations*. Paper presented at the Society for Behavioral Medicine Annual Meeting, New Orleans, LA.
- Manasse, S.M.,** Crosby, R.D., Murray, H.B., & Forman, E.M. (2018, April). *Does momentary distress tolerance moderate the relation between negative affect and subsequent loss-of-control eating? An EMA study*. Paper presented at the International Conference on Eating Disorders, Chicago, IL.
- Evans, B.C., Felton, J.W., **Manasse, S.M.,** Lejuez, C.W., Juarascio, A.S. (2018, April). *Impulsivity and affect reactivity predict disordered eating attitudes over time: A 6-year longitudinal study*. Paper presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- Clark, K. E., Ding, S., **Manasse, S.,** Goldstein, S., Juarascio, A. S., Murray, H. B. (2018, April). *Development of an externally valid delay discounting task with personalized food stimuli in individuals with binge eating disorder*. Research paper presented at the International Conference on Eating Disorders, Chicago, IL, USA.
- Manasse, S.M.,** Espel, H.M., Schumacher, L.M., Forman, E.M., & Juarascio, A.S. *An examination of potential cognitive and affective mechanisms of change in acceptance-based treatment for binge eating*. (2017, March). In K. Vowles (chair), *Mechanisms of treatment change: Results from Acceptance and Commitment Therapy for chronic pain, weight loss, and binge eating*. Paper presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Forman, E.M., Butryn, M.L., **Manasse, S.M.,** Crosby, R.D., Thomas, J.G. (2017, March). *Understanding Lapses and Impulse Management in Diet and Obesity*. In *Acceptance-based Behavioral Treatment Outperforms Standard Behavioral Treatment at Post-Treatment and Long-Term Follow-up*. Paper presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Forman, E.M., Goldstein, S.P., Abichandani, P., Zhang, F., Evans, B.C., **Manasse, S.M.,** Juarascio, A.S., Butryn, M.L., Martin, G.M. (2017, March). *Using Machine Learning and Just In Time Adaptive Intervention to Predict and Prevent Dietary Lapses: The DietAlert App*. Paper presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Dochat, C., Goldstein, S., Forman, E., Butryn, M., **Manasse, S.,** Crosby, R., Thomas J.G. (2017, March). *Physical, emotional and situational predictors of dietary lapses in weight loss treatment*. Paper presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Forman, E.M., Butryn, M.L., **Manasse, S.M.,** Crosby, R., Wyckoff, E., Thomas, J.G., & Goldstein, S.P. (2016, November). *Acceptance-based Behavioral Treatment Produces Greater Weight Loss at Post-Treatment and at 1-year Follow-up*. Paper presented at The Obesity Society Annual Meeting, New Orleans, LA.

Manasse, S.M., Forman, E.M., Zhang, F., Espel, H.M., Juarascio, A.S., Flack, D., Dochat, C., Schumacher, L.M., Kerrigan, S.G., Crosby, R.D. (2016, October). *Different facets of impulsivity predict treatment outcome in obesity and binge eating disorder*. Paper presented at the Eating Disorders Research Society Annual Meeting. New York, NY.

Manasse, S.M., Wyckoff, E., Forman, E.M., & Crosby, R.D. (2016, May). Developing behavioral measures to augment self-report assessment: Rationale and a case example. In L.M. Anderson (chair), *Teaching an Old Dog New Tricks: A Presentation of Novel Assessment and Measurement Approaches for the Field*. Symposium presented at the International Conference on Eating Disorders. San Francisco, CA.

Goldschmidt, A., Arnow, K.A., Conceicao, E., Kinasz, K., Loth, K., & **Manasse, S.M.** (2016, May). *From Mentee to Mentor: Navigating the Stages of Early Career Mentorship*. Special Interest Group (SIG) discussion panel presented by the New Investigator's SIG (co-chaired by Goldschmidt, A., & Utzinger, L.M.) and the Student SIG (co-chaired by Hail, L., & Murray, H.B.) at the International Conference on Eating Disorders, San Francisco, CA.

Manasse, S.M. (chair), Forman, E.M., Sherwood, N.E., Mama, S.K., & Magidson, J. (panelists) (2016, March). *Uncle Sam wants YOU to get an NIH Training Grant: Everything you need to know about applying for pre-doctoral grant funding*. Panel discussion presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. Washington, DC.

Forman, E.M., Butryn, M.L., **Manasse, S.M.**, Wyckoff, E. P., & Goldstein, S. P (2016, April). *Acceptance-based behavioral weight loss treatment outperforms standard BT: Outcomes from the Mind Your Health study*. Paper presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.

Forman, E.M., Goldstein, S.P., Evans, B.C., **Manasse, S.M.**, Juarascio, A.S., Butryn, M.L., & Tapera, T. (2016, April). A Preliminary Investigation of a Personalized Risk Alert System for Weight Control Lapses. In S.P. Goldstein (Chair), *Harnessing the Power of Predictive Learning to Promote Health Behavior Change: Developing and Testing Novel Technology*. Symposium presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.

Wyckoff, E.P., **Manasse, S.M.**, Forman, E.M., Butryn, M.L. (2015, November). *For whom is weekly accountability necessary? Neuropsychological predictors of weight change in the second phase of behavioral weight loss*. Paper presented at the Obesity Society Annual meeting 2015, Los Angeles, CA.

Evans, B., Forman, E. **Manasse, S.M.**, Goldstein, S.P., Schumacher, L.M., Butryn, M., Wyckoff, E. (2015, November). *Susceptibility to food environment and affect predict dietary lapse frequency using ecological momentary assessment*. Paper presented at the Association for Behavioral and Cognitive Therapies Obesity and Eating Disorders SIG Meeting, Chicago, IL.

Forman, E.M., Crosby, R., Schumacher, L. M, Goldstein, S. P, Butryn, M. L, Thomas J.G., Wyckoff, E.P., **Manasse, S.M.** (2015, November). *Dietary lapses during behavioral weight loss: Characteristics and relationships with later success*. Paper presented at the Obesity Society Annual meeting 2015, Los Angeles, CA.

Manasse, S.M., Forman, E.M., Ruocco, A.C., Butryn, M.L., Juarascio, A.S., & Fitzpatrick, K.K. (2015, April). *Do executive functioning deficits underpin binge eating disorder? A comparison of overweight women with and without binge eating pathology.* Paper presented at the International Conference on Eating Disorders Annual Meeting. Boston, MA.

Manasse, S.M., Juarascio, A.S., Schumacher, L.M., Espel, H.M., & Forman, E.M. (2015, April). *An examination of neuropsychological predictors of response to treatment for binge eating disorder.* Paper presented at the International Conference on Eating Disorders Annual Meeting. Boston, MA.

Forman, E., Schumacher, L., **Manasse, S.,** Butryn, M. (April, 2015). *Early dietary lapse frequency predicts 12-month success in a behavioral weight loss program.* Paper presented at the 36th annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

Manasse, S.M., Forman, E.M., Ruocco, A.C., Butryn, M.L., Juarascio, A.S., & Fitzpatrick, K.K. (2014, November). *An Investigation of the Neurocognitive Profile of Binge Eating Disorder.* Paper presented at the Association for Behavioral and Cognitive Therapies Obesity and Eating Disorders SIG Meeting. Philadelphia, PA. ***Winner of Graduate Student Research Award**

Forman, E. M., Butryn, M. L., Juarascio, A. S., **Manasse, S. M.,** & Goldstein, S. P. (2014, November). *TakeControl: A smartphone app for binge eating disorder.* In M. L. Butryn (Chair), Innovative uses of technology to enhance intervention in the domains of binge eating, obesity and physical activity. Symposium presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Manasse, S.M., Forman, E.M., Juarascio, A.S., Espel, H.M., Schumacher, L.M., Butryn, M.L., Fitzpatrick, K.K., & Ruocco, A.C (2014, April). *An Investigation of the Neurocognitive Profile of Binge Eating Disorder: Preliminary Findings.* Paper presented at the AED International Conference on Eating Disorders Neuropsychology SIG Meeting. New York, NY.

Forman, E.M., Martin, L.M., Shaw, J.A., Butryn, M.L., Goldstein, S.P., Juarascio A.S, **Manasse, S.M.,** Tilson, A.M., Bradley, L.E., Ibrahim, A.Y., & Schumacher, L.M (2014, April). Technology-Assisted Interventions for Binge Eating and Overconsumption of Snack Foods. In S.P. Goldstein (Chair), *Challenges and Considerations in creating Ecological Momentary Interventions for Disordered Eating Behaviors.* Symposium presented at the 35th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA

Forman, E.M., Butryn, M.L., **Manasse, S.M,** Frohn, A.F., Bradley L.E., Lowe, M.R., Herbert, J.D., and Juarascio, A. (2013, March). *Outcomes from Mind Your Health I and II: Randomized Control Trials of an Innovative Acceptance-based Behavioral Treatment for Obesity.* Symposium presented at Society for Behavioral Medicine Annual Meeting. San Francisco, CA.

CONFERENCE POSTER PRESENTATIONS

[*designates mentee]

- Presseller, E.K., *Trainor, C., Juarascio, A.S., & **Manasse, S.M.** (2023, September). *Family meal environment across behavioral weight loss treatment for adolescents with and without binge eating*. Poster presented at the XXIXth Annual Meeting of the Eating Disorders Research Society, Boston, MA.
- *Wetherall, L., Juarascio, A., E., **Manasse, S. M.** (2023, September). *The relationship between compensatory behaviors and treatment outcomes are buffered by higher self-efficacy beliefs*. Poster to be presented at the 2023 Eating Disorder Research Society Annual Conference, Boston, MA, United States.
- *Trainor, C., Mason, T., Juarascio, A.S., & **Manasse, S.M.** (2023). Differences in Parental Criticism in Adolescents with Overweight and Obesity With or Without Loss of Control: An Ecological Momentary Assessment Study. Poster presentation at the 29th Annual Meeting of the Eating Disorders Research Society, Boston, MA, USA.
- *Trainor, C., Mason, T., Juarascio, A.S., & **Manasse, S.M.** (2023). Associations Between Parental Criticism and Disordered Eating Behaviors In Adolescents with Overweight and Obesity With or Without Loss of Control: An Ecological Momentary Assessment Study. Poster presentation at the 29th Annual Meeting of the Eating Disorders Research Society, Boston, MA, USA.
- *Lampe E. W., Presseller, E.K., **Manasse, S.M.** (2023, September) *Does Access to Data from Fitness Trackers Impact Eating Pathology in Individuals with Eating Disorders?* Poster presentation at the XXIXth Annual Meeting of the Eating Disorders Research Society, Boston, MA.
- Manasse, S.M.**, *D'Adamo, L., Forman, E.M., & Tripicchio, G. (2023, September). *Sleep characteristics and next day disordered eating and dietary intake in adolescents: An ecological momentary assessment study*. Poster presentation at the 29th annual Eating Disorders Research Society Meeting. Boston, MA.
- Riddle, D.R., *Lampe, E.W., **Manasse, S.M.**, & Juarascio, A.S. *Trajectories of Negative Affect Before and After Episodes of Restrained Eating in Individuals with Binge-Spectrum Eating Disorders*. Poster to be presented at the 29th annual meeting of the Eating Disorders Research Society, Boston, MA.
- *D'Adamo, L., Sonnenblick, R.M., Juarascio, A.S., & **Manasse, S.M.** (2023, September). *Relations between subtypes of dietary restraint, restriction, and loss-of-control eating among adolescents seeking weight control: An ecological momentary assessment study*. Poster to be presented at the 29th Annual Eating Disorders Research Society Meeting, Boston, MA.
- Manasse, S.M.**, *Wetherall, L.M., *Lampe, E, Juarascio, A.S. (2023, April). Does sleep disturbance predict outcome from cognitive behavioral treatment for binge-spectrum eating disorders? Poster presentation at the Annual Society for Behavioral Medicine Meeting. Phoenix, AZ.
- *Wetherall, L., *Lampe, E., Karbassi, N., **Manasse, S.** (2023, November 16-19). *How does parental concern about their child's eating and/or weight impact parental availability for treatment?"* Poster presentation at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA, United States.

Onu, M. C., *Lampe, E. W, Crochiere, R. J., Huang, Z., Presseller, E. K, **Manasse, S. M.**, & Forman, E. M. *Associations between Physical Activity and Body Satisfaction Among Women Seeking Weight Loss*. Poster presentation at the 57th Annual Convention of the Association for Behavioral and Cognitive Therapies, Seattle, WA.

*Lampe, E.W., Muench, A.L, Seewald, M., Boyle, J.T., Perlis, M.L., Grandner, M.A., Tubbs, A.S., **Manasse, S.M.** (2023, June) *Does Impulsivity Mediate the Association Between Sleep Disturbance and Binge Eating?* Poster presentation at the American Academy of Sleep Medicine 2023 Sleep Conference. Indianapolis, IN.

*Wetherall, L., *Fitzpatrick, B., *D'Adamo, L., **Manasse, S.M.** (2023). *Distress tolerance and negative urgency in binge eating treatment outcomes*. Poster presentation at the 2023 International Conference on Eating Disorders, Washington, D.C, United States.

*Lampe, E.W., Srivastava, P., Presseller, E.K., Michael, M.L., *Trainor, C., **Manasse, S.M.**, Juarascio, A.S. (2022, November) *Latent Change Trajectories of Affect During CBT for Binge Eating are Associated with Compensatory Behavior Engagement at Post-Treatment*. Poster presented at the Eating Disorder and Eating Behavior Special Interest Group Cocktail Hour at the 56th Annual Convention of the Association for Cognitive and Behavioral Therapies, New York, NY.

*Trainor, C., *Fitzpatrick, B., **Manasse, S.M** (2022, September). *Momentary Associations Between Overeating, Loss of Control, and Caregiver Criticism: Findings from Ecological Momentary Assessment*. Poster presented at the XXVIIIth Annual Meeting of the Eating Disorders Research Society, Philadelphia, PA.

*Lampe, E.W., Srivastava, P., Presseller, E.K., Michael, M.L., *Trainor, C., **Manasse, S.M.**, Juarascio, A.S. (2022, September) *Latent Change Trajectories of Affect During CBT for Binge Eating are Associated with Compensatory Behavior Engagement at Post-Treatment*. Poster presented at the XXVIIIth Annual Meeting of the Eating Disorders Research Society, Philadelphia, PA.

*Butler, R.M. *Lampe, E.W., *Trainor, C. **Manasse, S.** (2022, November). *Fear of Weight Gain During Cognitive-Behavioral Therapy for Binge-Spectrum Eating Disorders*. Poster accepted for presentation at the annual convention of the Association of Behavioral and Cognitive Therapies, New York, NY.

*Gillikin, L., **Manasse, S.M.**, Roberts, S., Boyajian, L, Drexler, S.A., Juarascio, A.S. (2022, November). *Coping with an Emotional Rollercoaster: The Role of Affect Lability on the Presence of Binge Eating Among Sexual and Gender Minority Adults*. Poster to be presented at 56th annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.

Russon, J., **Manasse, S.**, King, A., *Abber, S., Levy, S., Diamond, G. (2021, Aug). *Attachment-based family therapy for bulimia spectrum disorders* [Poster Presentation]. Intervention Research in Systemic Family Therapy Annual Conference, Virtual.

*Trainor, C., Russon, J., Levy, S., *Abber, S., King, A., *Lampe, E.W., Diamond, G., & **Manasse, S. M.** *An Examination of Mechanisms of Change in Attachment-Based Family Therapy for Adolescent Binge Spectrum Eating Disorders: Findings from an Initial Case Series*.

Poster accepted for presentation at the 27th Annual Eating Disorder Research Society Meeting

*Lampe, E.W., Juarascio, A.S., **Manasse, S.M.** (2021, September) Momentary Changes in Fear of Weight Gain are Associated with Maladaptive Exercise and Restriction Among Individuals with Bulimia Nervosa. Paper submitted for presentation at the XXVIIth Annual Hybrid Meeting of the Eating Disorders Research Society. Boston, MA.

Taylor, L. C., *Lampe, E. W., Forman, E. M., & **Manasse, S.M.** (September, 2021). *The Preliminary Predictive Power of Momentary Changes in Overvaluation and Fear of Weight Gain on Purging in Bulimia Nervosa*. Poster presentation at the XXVIIth Annual Meeting of the Eating Disorders Research Society. Boston, MA.

Fan, S.C., Juarascio, A., **Manasse, S.M.**, & Srivastava, P. (2021). Body Dissatisfaction prospectively predicts engagement in purging behavior in Bulimia Nervosa, poster accepted at the 25th Annual Conference for the Eating Disorders Research Society, Boston, USA.

*Abber, S. R., Forman, E. M., Wierenga, C. E., & **Manasse, S. M.** (September 2021). Shifting to task-switching: Re-evaluating cognitive flexibility in bulimia nervosa. Poster presentation at the XXVIIth Annual Meeting of the Eating Disorders Research Society. Boston, MA.

Felonis, C. R., *Payne-Reichert, A., **Manasse, S. M.**, & Juarascio, A. S. (2021, November). *A naturalistic examination of affect and non-eating activity engagement as predictors of loss of control eating*. Poster presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.

*Trainor, C., Srivastava, P., *Payne-Reichert, A., Juarascio, A., & **Manasse, S.M.** (2021, November). Do Emotion Regulation Skills Moderate the Relationship Between Body Dissatisfaction and Eating Behaviors: Findings from an Ecological Momentary Assessment Study, presentation accepted at the 55th Annual Conference for the Association of Behavioral and Cognitive Therapies, New Orleans, USA.

*Abber, S. R., *Smith, S. R., **Manasse, S. M.**, & Forman, E. M. (November 2021). Gastric interoception predicts weight loss in a behavioral weight loss program. Poster presentation at the 55th Annual Meeting of the Association for Behavioral and Cognitive Therapies. New Orleans, LA.

*Smith, S. R., *Abber, S. R., **Manasse, S. M.**, & Juarascio, A. S. (November 2021). The Relationship between Weight Suppression and Impulsivity in Individuals with Bulimia Nervosa. Poster presentation at the 55th Annual Meeting of the Association for Behavioral and Cognitive Therapies. New Orleans, LA

Felonis, C. R., Juarascio, A. S., *Payne-Reichert, A., & **Manasse, S. M.** (2021, June). *Momentary non-eating precipitants of positive affect in individuals with loss of control eating*. Poster to be presented at the International Conference on Eating Disorders.

*Abber, S. R., Forman, E. M., Wierenga, C. E., & **Manasse, S. M.** (October 2020). Developing and validating a paradigm to measure food-specific cognitive flexibility. Poster

presentation (virtual) at the XXVIth Annual Meeting of the Eating Disorders Research Society.

Chwyl, C., Forman, E. M., & **Manasse, S. M.** (2020, Nov). *Emotion differentiation promotes less restrictive eating in a binge eating sample*. Poster presentation at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

*Abber, S. R., *Lampe, E. W., & **Manasse, S. M.** (November 2020). Developing and validating a paradigm to measure fear of weight gain. 54th Annual Meeting of the Association for Behavioral and Cognitive Therapies. Philadelphia, PA.

Parker, M. N., Murray, H. B., M. R., Ayaz, H., Juarascio, A. S. & **Manasse, S. M.** (2020, November). *Neurobiological deficits in inhibition processing strengthen the relationships between urges and binge eating in daily life*. Poster presented at the 54th Annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

*Lampe, E.W., Forman, E.M., & **Manasse, S.M.** (2020, November). *Diving Deeper: Clarifying the Relationship Between Measures of Distress Tolerance*. Poster to be presented at the 54th Annual Convention of the Association for Cognitive and Behavioral Therapies. Philadelphia, PA.

*Gillikin, L.M., **Manasse, S.M.**, Lin, M. Juarascio, A.S., & Srivastava, P. (2020, November) *The Role of Distress Intolerance on Maladaptive Coping with Body Dissatisfaction*. Poster to be presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

*Gillikin, L.M., **Manasse, S.M.**, & Seager van Dyk, I. (2020, November) *Eating Pathology in Sexual Minority Populations: The Indirect Effect of Emotion Regulation Deficits*. Poster to be presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

*Gillikin, L.M., **Manasse, S.M.** & Seager van Dyk, I. (2020, August) *Emotion Regulation Deficits: Implications for Treatment for Sexual Minorities with Eating Pathology*. Poster to be presented at the annual meeting of the American Psychological Association, Washington, D.C.

Chwyl, C., **Manasse, S.**, Crosby, R., & Forman, E. (2020, April). *Emotional eating assessed retrospectively vs. prospectively: Distinct implications for weight loss*. Poster presented at the Society of Behavioral Medicine, San Francisco, CA

*Payne-Reichert, A.M., **Manasse, S.M.**, & Forman, E.M. (2020, April). *Associations between self-regulation and attendance: Towards improving outcomes for weight loss treatments*. Poster presentation at the 41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. San Francisco, CA.

*Gillikin, L.M., **Manasse, S.M.**, Michael, M.M., & Juarascio, A.S. (2010, April). *What's in a Binge? Characterizing the content of binge episodes among a treatment-seeking sample of individuals with BED*. Poster to be presented at the 41th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.

- Srivastava, P., *Lampe, E.W., Michael, M.L., **Manasse, S.M.**, Juarascio, A. (2020, April) Affective Reactivity Mediates Relationship Between Stressors and Binge Eating: An ecological momentary assessment study. Poster presentation at the 41st Annual Meeting & Scientific Sessions of the Society for Behavioral Medicine. San Francisco, CA.
- *Lampe, E., Forman, E.M., & **Manasse, S.M.** (2019, November). *The development and initial feasibility and acceptability of a novel physical activity enhanced cognitive behavioral therapy for bulimia nervosa: A case series*. Poster to be presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies. Atlanta, GA.
- *Lampe, E., Forman, E.M., & **Manasse, S.M.** (2019, November). *Promoting Physical Activity for Bulimia Nervosa: Recipe for recovery or relapse?* Poster to be presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies. Atlanta, GA.
- *Lampe, E., **Manasse, S.M.**, & Forman, E.M. (2019, March). *What Are We Really Saying To Children About Obesity? A review of guidelines for talking to children about overweight and obesity*. Poster to be presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Washington, D.C.
- Dallal, D.H., Manasse, S.M., *Lampe, E., & Forman, E.M. (2019, March). *Examining the utility of three acceptance-based skills in facilitating weight change in the behavioral treatment of obesity*. Poster to be presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Washington, D.C.
- Parker, M. N., Murray, H. B., Juarascio, A. S., **Manasse, S.M.** (2019, March). *Using ecological momentary assessment to compare trajectories of negative affect and subjective feelings of control with individuals who do and do not plan binge episodes*. Poster to be presented at the 25th International Conference on Eating Disorders. New York, NY.
- Parker, M. N., **Manasse, S.M.**, Murray, H.B., & Juarascio, A.S. (2018, November). *The associations among momentary urges, negative affect, and binge episodes in individuals who engage in binge planning*. Poster to be presented at the 52nd Annual convention of the Association for Behavioral and Cognitive Therapies. Washington, D.C.
- Parker, M. N., **Manasse, S.M.**, Barney, J. L., Wyckoff, E.P., & Juarascio, A. S. (April, 2018). *The effects of loss of control eating on overweight and obese individuals with clinically significant emotional eating*. Poster presented at the 39th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, Louisiana.
- Manasse, S.M.**, Hunt, R., & Juarascio, A.S. (2018, April). *A multimodal examination of impulsivity as a predictor of outcome from treatment for bulimia nervosa*. Poster to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.
- *Moskow, D.M., **Manasse, S.M.**, Butryn, M.L., and Forman, E.M. (April, 2018). *Not just for weight loss: A comparison of acceptance based and standard behavioral treatment in improving quality of life and mood*. Poster to be presented at the 38th annual convention of the Anxiety and Depression Association of America, Washington, D.C.
- *Moskow, D.M., **Manasse, S.M.**, Butryn, M.L., and Forman, E.M. (2018, April). *The multi-faceted*

effects of acceptance-based behavioral treatment on depression, emotional eating and quality of life. Poster to be presented at the 39th Annual meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

Crochiere, R.J., **Manasse, S.M.**, Butryn, M.L., & Forman, E.M. (2018, April). *Executive function moderates the relation between momentary affective and physical states and subsequent dietary lapses.* Poster to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

Manasse, S.M., Crosby, R.D., Murray, H.B., & Forman, E.M. (2018, April). *Time-varying distress tolerance and its role in problematic eating behavior: A study using ecological momentary assessment.* Poster presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.

Forman, E. M., Butryn, M. L., **Manasse, S.M.**, Crosby, R. D. (2018, April). *Acceptance-based versus Standard Behavioral Treatment for Obesity: Weight Loss, Regain and Quality of Life Across 3 Years.* Poster to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

Forman, E. M., Goldstein, S. P. Zhang, F., Butryn, M. L., Juarascio, A. S., **Manasse, S.M.**, Martin, G.J. (2018, April). *OnTrack: Can a Smartphone-based Just-time Adaptive Intervention Improve Weight Loss Outcomes?* Poster to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

*Everett, V.S., Peppercorn, N.L., Flack, D., Martin, G.J., **Manasse, S.M.** (2018, April). A tale of two cities: Earlier, more comprehensive sexual education is linked with lower rates of risky sexual behaviors. Poster session presented at Society for Behavioral Medicine annual conference. New Orleans, LA.

Kerrigan, S.G., Schumacher, L.M., **Manasse, S.M.**, Butryn, M.L., & Forman, E.M. (2018, April). *Physical activity and sedentary behavior predict intraindividual affective variability among overweight and obese adults.* Poster to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

*Everett, V., **Manasse, S.M.**, Martin, G.J., Butryn, M.L., & Forman, E.M. (2017, November) *How accurate are assessments of binge eating in a weight loss seeking sample? An examination of concordance rates among three measures.* Poster presented at the Eating Disorders Special Interest Group Exposition at the 51st Annual Convention of the Association for Behavioral and Cognitive Therapies. San Diego, CA.

Manasse, S.M., *Everett, V., *Moskow, D., *Parker, M., Wonderlich, S., & Forman, E.M. (2017, Sept). *Foods, tudes, and moods: A systematic review of mood induction paradigms in eating disorders samples.* Poster presented at the Eating Disorders Research Society Annual Meeting. Leipzig, Germany.

Manasse, S.M., Schumacher, L.M., Goldstein, S.P., Crosby, R.D., Butryn, M.L., & Forman, E.M. (2017, March). *Loss-of-control eating and impulsivity moderate the relationship between triggers and dietary lapses: An EMA investigation.* Poster presented at the International Conference on Eating Disorders. Prague, Czech Republic.

Barney, J., Murray, H., **Manasse, S.**, Dochat, C., Juarascio, A. (June, 2017) *Mechanisms and*

Moderators in Third-Wave Treatments for Binge Eating Spectrum Disorders: A Systematic Review. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.

Manasse, S.M., Schumacher, L.M., Goldstein, S.P., Crosby, R.D., Butryn, M.L., & Forman, E.M. (2017, June). *Impulsivity impacts the relationship between affective and physical changes and dietary lapses: An EMA study.* Poster to be presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. San Diego, CA.

Wyckoff, E., **Manasse, S.,** Cornelius, T., Butryn, M., Forman, E. (2017, March) *The increasing effect of executive functioning on weight outcomes throughout behavioral weight loss and follow-up.* Poster presented at the 38th Annual Meeting and Scientific Sessions of the Society for Behavioral Medicine, San Diego, CA.

Wyckoff, E.P., **Manasse, S.M.,** Forman, E.M., Butryn, M.L. (2016, October). *Neuropsychological predictors of weight gain one year after behavioral weight loss treatment.* Poster presented at the Eating Disorders Special Interest Group Exposition at the 50th Annual Convention of the Association for Behavioral and Cognitive Therapies. New York, NY.

Forman, E.M., Butryn, M.L., **Manasse, S.M.,** Crosby, R.D., Thomas, J.G. (2017, March). *Understanding Lapses and Impulse Management in Diet and Obesity.* Paper to be presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.

Forman, E.M., Goldstein, S.P., Abichandani, P., Zhang, F., Evans, B.C., Manasse, S.M., Juarascio, A.S., Butryn, M.L., Martin, G.M. (2017, March). *Using Machine Learning and Just In Time Adaptive Intervention to Predict and Prevent Dietary Lapses: The DietAlert App.* Paper presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.

Goldstein, S.P., Zhang, F, Forman, E.M., Evans, B.C., Juarascio, A.S., **Manasse, S.M.,** & Butryn, M.L. (2016, April). *Using Machine Learning to Predict Dietary Lapses from a Weight Loss Program.* Poster presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.

Wyckoff, E., Dochat, C., **Manasse, S.,** Gosset, J., Butryn, M., & Forman, E. (2016, April) *Predictors of caloric intake in overweight and obese individuals: Food cue sensitivity and inhibitory control.* Poster presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.

Manasse, S.M., Espel, H.M., Schumacher, L.M., Kerrigan, S.G., Zhang, F., Forman, E.M., & Juarascio, A.S. (2016, May). *Are binge eating disorder patients with higher negative urgency less responsive to treatment?* Poster presented at the International Conference on Eating Disorders. San Francisco, CA.

Juarascio, A.S., Felton, J., Borges, A., **Manasse, S.,** Murray, H., & Lejuez, C. (2016, May). *A 6-Year Investigation of Internalizing Symptoms, Affect Reactivity, and Distress Tolerance as Prospective Predictors of the Onset of Eating Disordered Attitudes in Adolescents.* Presented at the International Conference on Eating Disorders. San Francisco, CA.

- Manasse, S.M.**, Goldstein, S.P., Wyckoff, E.P., Forman, E.M., Juarascio, A.S., Butryn, M.L., & Ruocco, A.C. (2015, October). *Slowing down and taking a second look: inhibitory deficits associated with binge eating are not food-specific*. Poster presented at the Obesity Society Annual meeting 2015, Los Angeles, CA.
- Evans, B., Forman, E. **Manasse, S.M.**, Goldstein, S.P., Schumacher, L.M., Butryn, M., Wyckoff, E. (2015, November). *Baseline environmental and affective predictors of dietary lapse frequency early in behavioral weight loss treatment*. Poster presented at The Obesity Society Annual meeting 2015, Los Angeles, CA
- Wyckoff, E.P., **Manasse, S.M.**, Evans, B.C., Forman, E.M., Butryn, M.L (2015, November). *Neurocognitive predictors of fruit, vegetable, and saturated fat intake*. Poster presented at the Eating Disorders Special Interest Group Exposition at the 49th Annual Convention of the Association for Behavioral and Cognitive Therapies, Chicago, IL.
- Forman, E.M., Butryn, M.L., **Manasse, S.M.**, Wyckoff, E. P., Goldstein, S. P. (2015, November) *Acceptance-based Behavioral Treatment Enhances Weight Loss Especially for Those With Greater Impulsivity*. Poster presented at The Obesity Society Annual meeting 2015, Los Angeles, CA.
- Manasse, S.M.**, Goldstein, S.P., Wyckoff, E.P., Forman, E.M., Juarascio, A.S., Butryn, M.L., Ruocco, A.C., & Engel, S. (2015, September). *Are Inhibitory Control Deficits in Individuals with Binge Eating Pathology General or Stimuli-Specific?* Poster presented at the Eating Disorders Research Society Annual Meeting. Taormina, Sicily.
- Juarascio, A.S., **Manasse, S.M.**, Espel, H., Schumacher, L., Kerrigan, S., Forman, E.M., Lowe, M. (September 2015). *Weight Suppression as a Predictor of Treatment Outcome in Patients with Binge Eating Disorder*. Poster presented at the Eating Disorders Research Society Annual Meeting. Taormina, Sicily.
- Manasse, S.M.**, Forman, E.M., Juarascio, A.S., & Butryn, M.L. (2015, April). *Planning binge episodes: A viable construct for examining binge eating severity?* Poster presented at the International Conference on Eating Disorders Annual Meeting. Boston, MA.
- Juarascio, A.S., **Manasse, S.**, Espel, H., Schumacher, L., Kerrigan, S., Forman, E.F. (2015, April). *Feasibility, Acceptability, and Preliminary Efficacy of an Acceptance-Based Group Treatment for Binge Eating Disorder*. Poster presented at the International Conference on Eating Disorders Annual Meeting. Boston, MA.
- Goldstein, S.P., Forman, E.M., Butryn, M.L., Juarascio, A.S., & **Manasse, S.M.** (2015, April). *Is Negative Urgency Contributing to Weight Loss Treatment Failure?* Poster presented at the 36th annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- Schumacher, L.M., **Manasse, S.M.**, Juarascio, A.S., Espel, H., & Forman, E.M. (April, 2015). *Differences in Illness Severity and Treatment Response by Weight Status among Binge Eating Patients*. Poster presented at the 36th annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- Wyckoff, E., Schumacher, L., **Manasse, S.**, Schaumberg, K., Forman, E., Butryn, M., Lowe, M. (April, 2015). *An examination of weight suppression as a predictor of outcomes in behavioral weight loss treatment*. Poster presented at the 36th annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

Wyckoff, E., Bomysoad, R., **Manasse, S.**, Forman, E., & Butryn, M. (March 2015). *Food cue responsivity, impulsivity and acceptance in overweight individuals with loss-of-control eating*. Poster presented at 86th annual meeting of the Eastern Psychological Association. Philadelphia, PA.

Matteucci, A.J., **Manasse, S.M.**, Forman, E., Frohn, A.F., Berner, L.A., Ruocco, A. Butryn. M.L. (2014, November). *Comparing executive functioning in obese patients and normal weight controls: Implications for approaches to treatment*. Poster presented at the Health Psychology/Behavioral Medicine Special Interest Group Exposition at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Manasse, S.M., Forman, E.M., Juarascio, A.S., Butryn, M.L., & Ruocco, A.C. (2014, November) *An examination of neuropsychological deficits in overweight women with binge eating disorder*. Poster presented to the Obesity Society Annual Meeting. Boston, MA.

Manasse, S.M., Forman, E.M., Juarascio, A.S., Butryn, M.L., & Ruocco, A.C. (2014, November). *Food reward sensitivity, implicit attitudes, and delayed discounting as predictors of binge eating*. Poster presented at the Obesity Society Annual Meeting. Boston, MA.

Espel, H.M., **Manasse, S.M.**, Forman, E.M., Butryn M.L., & Ruocco, A.C. (2014, November). *Gender, food cue sensitivity, and inhibitory control predict highly palatable food intake*. Poster presented at the Obesity Society Annual Meeting. Boston, MA.

Manasse, S.M., Juarascio, A.S., Forman, E.M., Butryn, M.L., & Lejuez, C.W. (2014, November) *An Examination of the Balloon Analogue Risk Task as a predictor of loss-of-control and binge episodes in overweight and obese women*. Poster to be presented at the Association for Cognitive and Behavioral Therapies Annual Meeting.

Manasse, S.M., Matteucci, A.J., Berner, L.A., Kerrigan, S.G., Forman, E.M., Butryn, M.L., & Ruocco, A.C. (2014, April) *Weight Status and outcome in behavioral weight loss interventions: What can cognitive neuroscience tell us that the client cannot?* Poster to be presented to the Society of Behavioral Medicine Annual Meeting. ***Winner of Meritorious Student Abstract**

Juarascio, A.S., **Manasse, S.M.**, Goldstein, S.P., Forman, E.M., Butryn, M.L. (2014, April). *Smartphone-delivered Intervention for Binge Eating Disorder*. Poster presented to Society of Behavioral Medicine Annual Meeting. Philadelphia, PA.

Manasse, S.M., Forman, E.M., Berner, L.A., Butryn, M.L., Frohn, A.F., & Ruocco, A.C. (2014, March). *Working memory and distress tolerance as predictors of eating behavior in overweight women with and without loss-of-control eating*. Poster presented at the AED International Conference on Eating Disorders. New York, NY.

Forman, E.M., Butryn, M.L., Juarascio, A.S., **Manasse, S.M.**, Goldstein, S.P., Naik, G., & Segall, J. (2014, March). *Utilizing ecological momentary intervention to enhance and disseminate CBT: The development of TakeControl, a smartphone app for the treatment of binge eating disorder*. Poster presented at the AED International Conference on Eating Disorders. New York, NY.

Manasse, S.M., Forman, E.M., Goldstein, S.P., Berner, L.A., Ruocco, A.C., Butryn, M.L., & Frohn, A.F. (2013, November) *Executive function and implicit attitudes as predictors of*

early outcome in a behavioral weight loss intervention. Poster presented at the Obesity Society annual meeting. Atlanta, GA.

Manasse, S.M., Goldstein, S.P., Forman, E.M., Berner, L.A., Butryn, M.L., & Ruocco, A.C. (2013, November) *Do implicit attitudes moderate the relationship between executive function and BMI?* Poster presented at the Obesity Society annual meeting. Atlanta, GA.

Goldstein, S.P., **Manasse, S.M.**, Berner, L.A., Forman, E.M., & Butryn, M.L. (2013, November). *The Power of Food: Relationships between delay discounting and eating behavior*. Poster presented at the Obesity Society annual meeting. Atlanta, GA.

Kerrigan, S.G., **Manasse, S.M.**, Forman, E.M., & Butryn, M.L. (2013, November). *Effects of Distress Tolerance on Physical Activity in an Overweight/Obese sample*. Poster presented at the Obesity Society annual meeting. Atlanta, GA.

Manasse, S.M., Forman, E.M., Frohn, A.F., Matteucci, A.J, Ruocco, A.C. & Butryn, M.L. (2013, November). *Overweight individuals with and without loss of control eating: an investigation of neurocognitive ability*. Poster presented at the Association for Cognitive and Behavioral Therapies. Nashville, TN.

Manasse, S.M., Forman, E.M., Frohn, A.F., Matteucci, A.J, Berner, L.A., Goldstein, S.P., Ruocco, A.C. & Butryn, M.L. (2013, November). *Neurocognitive ability as a predictor of outcome in behavioral weight loss treatment*. Poster presented at the Association for Cognitive and Behavioral Therapies. Nashville, TN.

Darcy, A., Fitzpatrick, K.K., **Manasse, S.M.**, Colborn, D., Datta, N., LeGrange D., & Lock, J. (2013, May). *Weak Central Coherence in Adolescents with Bulimic Spectrum Disorders*. Paper presented at Academy for Eating Disorders Annual Meeting. Montreal, Quebec, CA.

Darcy, A., Fitzpatrick, K.K., Colborn, D., **Manasse, S.**, Le Grange, & Lock, J (2012, September). *The Neurocognitive Profile of Adolescents with Bulimia Nervosa*. Poster Presented at the Eating Disorders Research Society annual meeting. Porto, Portugal.

Darcy, A., Fitzpatrick, K.K. Colburn, D., **Manasse, S.**, Datta, N., Aspen, V., Stiles-Shields, C., LeGrange, D. & Lock, J. (2012, May). *Set-shifting among adolescents with bulimia nervosa and bulimic-spectrum eating disorders*. Paper presented at Academy for Eating Disorders annual meeting. Austin, TX.

Pujazon-Zazik, M., **Manasse, S.** & Orrell-Valente J.K. (2010, March). *Adolescents' Self-Presentation on a Teen Dating Website: A Risk Content Analysis*. Poster presented at Society for Adolescent Health and Medicine annual meeting. Toronto, Canada.

INVITED TALKS/WORKSHOPS

Manasse, S.M. (2022, June). Attachment-based family therapy for adolescent eating disorders. Invited workshop to the Center for Family Intervention Science. Virtual.

Manasse, S.M. (2021, February). Inhibitory control training for binge eating. Invited talk to the Midwest T32. Virtual.

Manasse, S.M. & Juarascio, A.S. (2019, September). *Acceptance-based treatment for eating disorders*. Invited 2-day training to the Indiana Eating Disorders Coalition. Indianapolis, IN.

Manasse, S.M. & Juarascio, A.S. (2019, April). *Cognitive behavioral therapy for binge eating in adolescents*. Invited workshop presented to the Child Mind Institute. New York, New York.

Manasse, S.M. (2018, November). *Acceptance-based treatment for weight control*. Invited workshop presented to the Southeastern Pennsylvania Wellness Coalition. Chester, PA.

Manasse, S.M. (2015, October). *The ins and outs of applying to, and getting, an F31*. Invited workshop presented to the Drexel University Department of Psychology.

Manasse, S.M. (2014, March). *Clinical Psychology and its Application to a Primary Care Setting*. Invited talk presented to Drexel Family Medicine. Philadelphia, PA.

Forman, E.M., Goldstein, S.P., Juarascio, A.S., & **Manasse, S.M.** (2013, October) *Harnessing Technology for the Treatment of Eating Pathology*. Presented to the University of Pennsylvania Center for Weight and Eating Disorders. Philadelphia, PA.

Manasse, S.M. (2013, October). *Addressing Eating Disorders in a Primary Care Setting*. Invited talk presented to Drexel Family Medicine. Philadelphia, PA.

MENTORSHIP OUTCOMES

Type	Mentee name	Departure	Thesis: Dissertation	Position since departure
PhD student	Elizabeth Lampe	2025 (EXPECTED)	NA: Predicting Adaptive and Maladaptive Exercise in Binge Spectrum Eating Disorders Using Passive Sensors and Ecological Momentary Assessment	N/A
PhD student	Claire Trainor	2025 (EXPECTED)	Associations between parental criticism and dysregulated eating in adolescents with and without loss-of-control	N/A
MS student	Elizabeth Lampe	2020	Feasibility, Acceptability, and Preliminary Target Engagement of a Healthy PA Promotion Intervention for Bulimia Nervosa: Development and evaluation via case series design	Clinical Psychology PhD student, Drexel University
MS student	Sophie Abber	2021	Shifting to Task-Switching: Re-Evaluating Cognitive Flexibility in Bulimia Nervosa	Florida State University PhD Program
Research Coordinator	Adam Payne-Reichert	2021	N/A	Consultant, Lincoln Financial Group
Research Coordinator	Brigid Fitzpatrick	2023	N/A	University of Connecticut Clinical Psychology PhD student
Research Coordinator	Lindsay Gillikin	2022	N/A	University of Wyoming PhD Program
MS Student	Lucy Wetherall	2024 (EXPECTED)		N/A
PhD Student	Laura D'Adamo	2027		N/A

		(EXPECTED)		
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DEPARTMENT AND UNIVERSITY SERVICE

- 2022- Director, MS and BS/MS program in psychology program
- 2021 Review panelist, Fullbright Campus Review Interviews
- 2020 Co-Chair, search committee for Drexel College of Arts and Sciences Associate Dean for Diversity, Equity and Inclusion
- 2020- Founded and directed the WELL Center Minority Pipeline in Obesity and Eating Disorders Research (mPOWER) fellowship program, a summer fellowship for underrepresented minority trainees

OTHER LEADERSHIP/SERVICE

- 2021- Chair, Obesity and Eating Disorders Special Interest Group, Society for Behavioral Medicine
- 2021-2024 Publications Committee Member, The Obesity Society

GRANT REVIEW ACTIVITIES

- 2023 National Institute of Health – Child Psychopathology and Developmental Disorders Study Section (Ad Hoc)
- 2021 National Institutes of Health (National Institute of Mental Health) – Adult Psychopathology and Disorders of Aging Study Section (Ad Hoc)
- 2020 U.S.-Israel Binational Science Foundation (grant reviewer)
- 2018 U.S.-Israel Binational Science Foundation (grant reviewer)

CLINICAL POSITIONS

- Drexel WELL Clinic** June 2018-Sept 2019
 Drexel University WELL Center
Clinician/Staff Psychologist
- Provision of individual and family-based outpatient treatment to adolescents and adults with eating disorders and obesity
 - Specialty in the treatment of adolescent eating disorders

- Drexel Psychological Services Center** June 2015- August 2017
 Drexel University, Department of Psychology Philadelphia, PA
Clinical Intern
Peer Supervisor

- Provide weekly individual and group supervision to PhD students
- Lead and co-lead didactics
- Live supervision of clinical intakes
- Supervise bariatric surgery psychosocial evaluations

Outpatient therapist

- Provision of individual and family-based outpatient treatment to adolescents with eating and weight disorders

- Provide individual acceptance-based treatment for adults with bulimia nervosa for NIH-funded trial

Supervisor: Adrienne Juarascio, Ph.D.

Center for Weight and Eating Disorders

University of Pennsylvania, Department of Psychiatry

July 2014 – July 2016

Philadelphia, PA

Practicum and Study Therapist

- Provide individual outpatient therapy to patients with eating and weight disorders, including binge eating disorder, bulimia nervosa, night eating syndrome, and obesity
- Provide weight loss interventions in medical populations (e.g., polycystic ovarian syndrome, individuals with endometrial cancer) for study protocols
- Conduct pre-bariatric surgery psychological evaluations
- Supervisors: Thomas A. Wadden, Ph.D., Kelly C. Allison, Ph.D.

The CARE Project: Commitment and Acceptance for Regulation of Eating

Drexel University, Department of Psychology

August 2013 – present

Philadelphia, PA

Group Therapist, Assessor

- Neuropsychological and clinical assessment of participants with BED
- Provision of group Acceptance-Based Behavioral Therapy for adults with binge eating disorder
- Supervisor: Adrienne Juarascio, Ph.D.

Project MOTIVATE

The Renfrew Center

May 2014 – August 2014

Philadelphia, PA

Group Therapist

- Provision of values-based group intervention to enhance motivation for treatment of adolescents and adults with eating disorders in a residential treatment program
- Supervisor: Adrienne Juarascio, Ph.D.

Drexel Family Medicine

Drexel Primary Care, Drexel Medicine

August 2013 – June 2014

Philadelphia, PA

Practicum Therapist

- Provide individual short-term outpatient therapy to behavioral medicine patients (e.g., smoking cessation, depression, anxiety, specific phobias)
- Supervisor: Jennifer Schwartz, Ph.D.

Mind Your Health Weight Loss Program

Drexel University, Department of Psychology

Jan 2013 - present

Philadelphia, PA

Group Interventionist

Assessor

- Provide acceptance-based and standard behavioral weight loss intervention groups for overweight and obese adults
- Conduct structured clinical interviews and neuropsychological assessments
- Supervisors: Evan Forman, Ph.D, Meghan Butryn, Ph.D

Stanford University, Department of Psychiatry

Eating Disorders Research Program

June 2010 – June 2012

Stanford, CA

Assessor

- Assessment of research participants and new intake patients using focused assessment tools,

- structured clinical interviews (SCID, K-SADS), and a neuropsychological battery
- Training of research assistants and graduate students in assessment administration
- Supervisors: James Lock, MD, Ph.D, Kathleen Kara Fitzpatrick, Ph.D

INDEPENDENT COURSES TAUGHT

Introduction to Psychology (Psychology 101; Drexel University; undergraduate) – Summer 2015
 Behavioral Medicine (Psychology 805; University of the Sciences; graduate) – Spring 2016
 Abnormal Psychology (Psychology 240; Drexel University; undergraduate) – Spring 2022

OTHER TEACHING

- 2016 *Guest Lecturer*, “Treatment of Eating Disorders: A Clinical Perspective.” Eating and Weight Disorders (undergraduate course), Spring 2016, Drexel University.
- 2016 *Teaching Assistant*, Advanced Cognitive Behavioral Therapy (PSY 821; graduate course). Winter 2016, Drexel University
- 2015 *Teaching Assistant*, Principles of Psychotherapy (PSY 721; graduate course). Fall 2015, Drexel University
- 2014 *Teaching Assistant*, Principles of Psychotherapy (PSY 721; graduate course). Fall 2014, Drexel University
- 2014 *Guest Lecturer*, “Eating and Weight-Related Disorders in Women.” Women’s Health Psychology (undergraduate course), Spring 2014, Drexel University.
- 2014 *Guest Lecturer*, “Eating disorders: Risk factors, diagnosis, and treatment.” Abnormal Psychology (PhD level graduate course), Winter 2014, Drexel University.
- 2013 *Guest Lecturer*, “Eating disorders: Risk factors, diagnosis, and Treatment.” Abnormal Psychology (Master’s level graduate course), Fall 2013, Drexel University.
- 2013 *Guest Lecturer*, “Behavioral Genetics and Evolutionary Psychology,” Introduction to Psychology (Undergraduate course), Fall 2013, Drexel University.
- 2006-2008 *Class Facilitator*, “The Lyrics, Art, and Music of Radiohead”
 University of California, Berkeley

REVIEW ACTIVITIES

International Journal of Eating Disorders (Ad Hoc)
Obesity (Ad Hoc)
Appetite (Ad Hoc)
Eating Behaviors (Ad Hoc)

Health Psychology (Ad Hoc)
Journal of Behavioral Medicine (Ad Hoc)
Journal of Contextual Behavioral Science (Ad hoc)
Psychiatry Research (Ad hoc)
Frontiers in Psychology – Eating Behaviors (Review Editor)
Society for Students in Clinical Psychology Student Poster Competition (Reviewer)
ABCT Obesity and Eating Disorders Special Interest Group Poster Competition (Reviewer)
ABCT Annual Meeting (Reviewer)
Society for Behavioral Medicine Obesity and Eating Disorders Special Interest Group (Student competition reviewer)

REFERENCES

Available upon request.