

Petra Kottsieper, Ph.D., M.Ed.

CURRICULUM VITAE

EDUCATION

- 2000-2006 **Drexel University, Philadelphia, PA.** (APA accredited)
Doctorate in Clinical Psychology, received May 2006
Masters of Science in Clinical Psychology, received June 2003
- Dissertation: “Predicting Initial Aftercare Appointment Adherence and Re-hospitalization for Individuals with Serious Mental Illness Discharged from an Acute Inpatient Stay.”
Dissertation Chair: Kirk Heilbrun, Ph.D.
- 1996–2000 **Temple University, Philadelphia, PA**
Masters in Educational Psychology
- 1986-1990 **University of London, Birkbeck College, London WCI, United Kingdom**
Bachelor of Science, Upper Second Class with Honors.
Major: Psychology; Minor: Sociology

CURRENT POSITION

September 2023– current

Director of the Psychological Service Center and Associate Research Professor, Drexel University, Department of Psychological and Brain Sciences , 3141 Chestnut Street, Philadelphia, PA 19104

EMPLOYMENT / RESEARCH EMPLOYMENT EXPERIENCE

- November 2021 – August 2023
Senior Director of Integrated & Complex Care, Evidence-based Practice and Innovation Center (EPIC), Psychology, Cross Systems;
Community Behavioral Health (CBH), 801 Market St, Philadelphia, PA 19107
- July 2017 – July 2021
Clinical Director and Clinical Outpatient Director, Horizon House
Behavioral Health Services Philadelphia Country, Philadelphia PA
- June 2015 – June 2017
Interim Director of Psychology and Supervising Psychologist, Friends
Hospital, 4641 Roosevelt Blvd, Philadelphia, PA

July 2008 – May 2015

Assistant Clinical Professor, Full time since August 2009, *Department of Psychology, Philadelphia College of Osteopathic Medicine, Philadelphia, PA*

September 2006 – July 31, 2009

Psychiatric Rehabilitation Post-Doctoral Fellow, *University of Medicine & Dentistry of New Jersey, Scotch Plains, NJ & University of Pennsylvania, Philadelphia, PA*

March 2002 - September 2003

Research Coordinator. *Drexel University, Department of Psychology, Philadelphia, PA.*
Title of Project: Violence Risk Assessment Software.
Principle Investigator: Henry Steadman, Ph.D., Policy Research Associates, Delmar, N.Y..
Site Director: Kirk Heilbrun Ph.D., Drexel University.

May 1999 – February 2002

Senior Research Coordinator. (Part time 2001-2002). *The Center for Mental Health Policy and Services Research, Department of Psychiatry, University of Pennsylvania, Philadelphia PA 19104.*

May 1998- April 1999

Research Coordinator. *The Center for Mental Health Policy and Services Research.*

July 1990 - July 1991

Research Assistant. *Department of Psychology, Birkbeck College, London University, UK.*

CLINICAL/RESEARCH EXPERIENCE

January 2007- February 2008

Psychology Staff. *CareLink, STAR Program, Norristown, PA.*

September 2005 – August, 2006

Forensic Psychology Post-Doctoral Fellow, *University of Virginia Medical School & Virginia State Hospital, Norfolk & Williamsburg, VA.*

September 2004 – August 2005

Psychology Intern, Forensic/Correctional Track, *University of Massachusetts & Worcester State Hospital, Worcester, MA.*

June 2001 -July 2004

Psychology Extern (1 year), *Forensic Clinic, Drexel University, Philadelphia, PA.*

Psychology Extern (1 year) . Psychotherapist & Emergency Room Evaluator, Inpatient Psychiatry. *Drexel University College of Medicine, Hahnemann University Hospital, Philadelphia, PA.*

Psychology Extern .Therapist and Assessor (2 years) . Project S.T.O.P., *Drexel University, Department of Clinical and Health Psychology.*

MANUSCRIPTS

- Kottsieper, P.** (2017). Self-Disclosure in Psychotherapy. In A. E. Wenzel (Ed.), *The SAGE Encyclopedia of Abnormal and Clinical psychology*. Thousand Oaks, CA. Sage.
- Corrigan, P. W., Kosyluk, K., & **Kottsieper, P.** (2015). The problem of adherence and the importance of self-determination. In P. W. Corrigan (Ed), *Person Centered Care for mental illness: The evolution of adherence and self-determination* (9-27). Washington DC: American Psychological Association.
- Salzer, M. S. & **Kottsieper, P** (2015). Peer support and service provision. In P. W. Corrigan (Ed), *Person Centered Care for mental illness: The evolution of adherence and self-determination* (191-209). Washington DC: American Psychological Association.
- Salzer, M. S., Brusilovskiy, E., Prvu-Bettger, J., **Kottsieper, P.**(2014). Measuring community participation of adults with psychiatric disabilities: Reliability of two modes of data collection. *Rehabilitation Psychology*, 59, 211-219.
- Glassman, S., **Kottsieper, P.**, Allan Zuckoff, A. & Gosch, E. A. (2013). Motivational interviewing and recovery: experiences of hope, meaning, and empowerment. *Advances in Dual Diagnosis*, 6, 106 – 120.
- Corrigan, P.W., Angell, B., Davidson, L., Marcus, S.C., Salzer, M.S., **Kottsieper, P.**, Larson, J.E., Mahoney, C. A., O'Connell, M.J., & Stanhope, V. (2012). From adherence to self-determination: evolution of a treatment paradigm for people with serious mental illnesses. *Psychiatric Services*, 63, 169-73.
- Kottsieper, P.** (2010). Wounded healers need not apply? In M. Swarbrick & L. T. Schmidt (Eds.) *People in recovery as providers of psychiatric services: Building on the wisdom of experience* (296-313). Linthicum, MD: United States Psychiatric Rehabilitation Association.
- Kaplan, K., **Kottsieper, P.**, Scott, J., Salzer, M., & Solomon, P. (2009). Adoption and Safe Families Act state statutes regarding parents with mental illnesses: A review and targeted intervention, *Psychiatric Rehabilitation Journal*, 33, 91–94.

Kottsieper, P. (2009). Experiential knowledge of serious mental health problems: One clinician and academic's perspective. *Journal of Humanistic Psychology, 49*, 174-192.

Draine, J., Blank, A., **Kottsieper, P.**, & Solomon, P. (2005). Contrasting jail diversion and in-jail services for mental illness and substance abuse: Do they serve the same clients? *Behavioral Sciences and the Law, 23*, 171-181.

TECHNICAL REPORTS/PAPERS

Kottsieper, P., & Kundra, L.B. (2017). A brief report on the responses of community mental health agencies and staff to co-workers with mental illnesses. Temple University Collaborative on Community Inclusion of Individuals with Psychiatric Disabilities. Available at www.tucollaborative.org

Kottsieper, P. (2011). From Compliance to Adherence to Service Engagement. (Center on Adherence and Self-Determination Research and Practice Brief no. 3). Retrieved from URL www.casd1.org.

Kottsieper, P., Blank, A., & Draine, J.(2002). Process Study of Jail Diversion Services in two Counties. Prepared for SAMSHA. Rockville, M.D.

TEACHING EXPERIENCE

August 2021 – December 2021

Adjunct Instructor, LaSalle University, Department of Arts and Sciences, Professional Clinical Counseling. Teaching Theories of Counseling and Psychotherapy.

July 2008 – May 2015

Assistant Clinical Professor, Full time since August 2009, *Department of Psychology, Philadelphia College of Osteopathic Medicine, Philadelphia, PA*. Taught Statistic, History and Systems of Psychology, Research Methods, Dissertation Development. Also taught electives such as Introduction to DBT, Recovery in the Mental Health System.

September 2006 – July 31, 2009

Psychiatric Rehabilitation Post-Doctoral Fellow and Adjunct Instructor, *University of Medicine & Dentistry of New Jersey, Scotch Plains, NJ & University of Pennsylvania, Philadelphia, PA*. Taught Research Methods, Counseling Theories, and Assessment.

January 2004 – May 2004

Adjunct Instructor, Department of Psychology, *University of the Sciences, Philadelphia, PA*. Taught Personality Theories.

OTHER EMPLOYMENT EXPERIENCE

March 2003 – December 2004

Behavioral Health Clinician. *MCP-Hahnemann University Hospital, Inpatient Psychiatric Medical Care Unit (PMCU). Per Diem.*

March 1997 – May 1998

Case Management Supervisor. *Hall Mercer Community Mental Health/Mental Retardation Institutional Case Management, Pennsylvania Hospital, Philadelphia, PA.*

June 1995 - February 1997

Provider of Services II. *Hall Mercer, CMH/MR Institutional Case Management, Pennsylvania Hospital.*

April 1993 – April 1995

Life Skills Instructor & Facility Manager. *Barber Resources for the Delaware Valley, Philadelphia, PA.*

September 1991 - September 1993

Habilitation Instructor. *Special People in Northeast, Inc., Philadelphia PA.*