

Curriculum Vitae

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EMPLOYMENT HISTORY

Professor, Department of Psychology, Drexel University, July, 1997 – present.

Director of Clinical Training, Ph.D. Program in Clinical Psychology (APA-approved),
Department of Clinical and Health Psychology, MCP Hahnemann University, October,
1994 to July, 1997.

Associate Professor, Department of Clinical and Health Psychology, MCP Hahnemann
University, July 1, 1989 to June, 1996.

Assistant Professor, Section of General Internal Medicine, Temple University School of
Medicine. Feb., 1987 - June, 1989. Specialty areas: behavioral medicine, eating and
weight control, functional gastrointestinal diseases.

Assistant Professor of Psychology, Rutgers University in Camden, Sept., 1980 - Jan., 1987.
Specialty areas: clinical psychology, behavior therapy, behavioral medicine.

Member of Graduate Faculty, Graduate School of Applied and Professional Psychology,
Rutgers University in New Brunswick, 1984-1987. Specialty: behavioral medicine.

EDUCATION

National Institutes of Health Postdoctoral Research Fellow, Washington University in St. Louis, 1978-1980. Specialty areas: Obesity and smoking treatment.

Clinical Psychology Internship (APA approved), McLean Hospital/Harvard Medical School, 1977-1978.

Ph.D., Boston College, 1978. Concentration: Clinical Psychology (behavior therapy)

B.A., Boston University, 1973. Graduated magna cum laude. Major: Psychology.

GRANTS AND AWARDS

NIH (NIDDK) research grant – Co-Principal Investigator (UG3 DK128298) Predicting Weight Regain Following Weight Loss Using Physiological Measures of Appetite and Energy Expenditure \$4,800,000, 4/1/2021 – 3/31/2026

NIH (NIMH) research grant – Principal Investigator (R01 MH103419) Weight History, Brain Activation to Food Cues and Eating Disorder Psychopathology \$2,210,000, 4/14-3/20

NIH (NIMH) 1-year competitive supplement to Weight History, Brain Activation to Food Cues and Eating Disorder Psychopathology, \$229,000, 11/15-10/16

NIH (NIMH) research grant – Principal Investigator (MH095982): “Weight Suppression, Dieting and Bulimia Nervosa: A Biobehavioral Study,” \$2,400,000, 8/1/12 – 5/31/16

NIH (NIDDK) research grant – Co-Investigator (R01 DK092374A): “Environmental and Acceptance-based Innovations for Weight Loss Maintenance,” \$1,500,000, 9/15/11 – 6/30/16

NIH (NIDDK) research grant – Principal Investigator (R01 DK080909): “A Test of Nutritional Interventions to Enhance Weight Loss Maintenance,” \$2,300,000, 4/10/09 – 4/9/15

NIH (NIDDK) research grant - Principal Investigator (R01 DK072982): “Prevention of Obesity at Universities: A Randomized Trial,” \$1,800,000 4/1/06 – 3/31/11

NIH (NIMH) research grant – Co-Investigator (R21 DK080430): “Acceptance-based behavior treatment: An innovative weight control intervention,” \$250,000, 7/1/09-6/30/11

NIH (NIMH) research grant - Principal Investigator (R34MH071691-01): “Adaptation of a CBT Intervention for Eating Disorders,” \$450,000, 9/1/05 – 8/30/09

NIH (Office of Behavioral and Social Science Research): Collaborative research supplement (with Dr. Suzanne Phelan, PI, Brown University) for Health Maintenance Consortium project on predictors of long-term weight loss maintenance, \$22,500, 9/05 – 8/08

NIH (NIDDK) research grant - Principal Investigator (RO1-DK066759): "Weight Loss Maintenance in Primary Care," \$1,600,000, 10/1/03 – 9/30/09

NIH (NHLBI) research grant - Principal Investigator (RO1 HL073775): "A Cafeteria-Based Approach to Weight Gain Prevention," \$535,500, 10/1/02-9/30/05

NIH (NIDDK) research grant - Principal Investigator (RO1 DK57433): "A Nutritional Approach to Weight Loss Maintenance," \$364,000, 10/99 – 9/03

Syngery grant (MCP Hahnemann/Drexel Universities): "A Prospective Test of Risk Factors for Weight Gain in College Freshmen," \$19,905, 7/01-6/02

Research grant from Novartis Nutrition Company: "Effects of Enhanced Nutritional Intervention in Obesity Treatment", \$56,000, 6/99-5/01.

Institute for Women's Health Mini-Challenge Grant: "Cognitive Behavior Therapy with Partial Weight Restoration: A Novel Treatment for Underweight Women Suffering from Bulimia Nervosa", \$3,760, 4/00-3/01

Research contract from Sandoz Nutrition Company on the treatment of obesity, \$96,000, 1987-1993.

Hahnemann University Major Equipment Initiative Grant, to purchase a metabolic cart for measurement of energy expenditure, \$30,580, 1993.

National Institutes of Health research grant (NIDDK). Title: "Dieting, dieting history, and the regulation of eating," \$47,000, 1987-1990.

Research grant from the John and Catherine MacArthur Foundation. Title: "Weight cycling, restraint, and counterregulatory eating," 1986-1987.

Research grant from the Charles and Johanna Busch Memorial Fund. Title: "Hunger, affect and overeating," 1984-1986.

Rutgers University Research Council grants: 1981-1983.

National Institute of Mental Health Small Grant Award. Title: "Obesity: Role of emotions and level of reinforcement," 1980.

PUBLICATIONS

- Chen, J. Y., Piers, A. D., Lesser, E. L., & **Lowe**, M. R. (2022). The effect of weight suppression on eating behavior: Does the intentionality of weight loss matter?. *Appetite*, 174, 106017
- Niu, X., Gou, J., Chang, H., **Lowe**, M., and Zhang, F. (in press), Classification model with weighted regularization to improve the reproducibility of neuroimaging signature selection. *Statistics in Medicine*.
- Berner, L. A., Winter, S. R., Ayaz, H., Shewokis, P. A., Izzetoglu, M., Marsh, R., ... & **Lowe**, M. R. (2022). Altered prefrontal activation during the inhibition of eating responses in women with bulimia nervosa. *Psychological Medicine*, 1-11.
- Scherer, E., Metcalf, S. A., Whicker, C. L., Bartels, S. M., Grabinski, M., Kim, S. J., **Lowe**, M.R... & Marsch, L. A. (2022). Momentary Influences on Self-Regulation in Two Populations with Health Risk Behaviors: Adults who Smoke and Adults Who Are Overweight and Have Binge-Eating Disorder. *Frontiers in Digital Health*, 39.
- Lowe**, M. R., Benson, L., & Zhang, F. (2021). Greater within-person weight variability during infancy predicts future increases in z-BMI. *Obesity*, 29(10), 1684-1688
- Chen, J. Y., Singh, S., & **Lowe**, M. R. (2021). The food restriction wars: Proposed resolution of a primary battle. *Physiology & Behavior*, 113530.
- Lowe**, M. R. (2021). Commentary on: "What is restrained eating and how do we identify it?": Unveiling the elephant in the room. *Appetite*, 105221.
- Espel-Huynh, H.M., Zhang, F., Thomas, J.G., Boswell, J.F., Thompson-Brenner, H., Juarascio, A.S., & **Lowe**, M.R. (2021). Prediction of eating disorder treatment response trajectories via machine learning does not improve performance versus a simpler regression approach. *International Journal of Eating Disorders*.
- Aronne, L.J., Hall, K.D., Jakicic, J., Leibel, R.L., **Lowe**, M.R., Rosenbaum, M. & Klein, S. (2021). Describing the weight-reduced state: Physiology, behavior, and interventions. *Obesity*, Vol 29 (Supplement 1).
- Chen, J. Y., Singh, S., & **Lowe**, M. R. (2021). Within-subject weight variability in bulimia nervosa: Correlates and consequences. *International Journal of Eating Disorders*.
- Singh S, Apple DE, Zhang F, Niu X, & **Lowe** MR. (2021). A new, developmentally sensitive measure of weight suppression. *Appetite*.
- Thompson-Brenner, H., Singh, S., Gardner, T., Brooks, G. E., Smith, M. T., **Lowe**, M. R., & Boswell, J. F. (2021). The Renfrew Unified Treatment for eating disorders and comorbidity: Long-term effects of an evidence-based practice implementation in residential treatment. *Frontiers in Psychiatry*, 12, 226.

- Espel-Huynh, H. M., Zhang, F., Boswell, J. F., Thomas, J. G., Thompson-Brenner, H., Juarascio, A. S., & **Lowe**, M. R. (2020). Latent trajectories of eating disorder treatment response among female patients in residential care. *International Journal of Eating Disorders*.
- Lowe**, M.R., Haller, L.L, Singh, S. & Chen, J.Y. (2020). Weight dysregulation, positive energy balance, and binge eating in eating disorders. *Binge Eating*. Springer, Cham., 59-67.
- Turicchi, J., O'Driscoll, R., **Lowe**, M., Finlayson, G., Palmeira, A. L., Larsen, S. C., ... & Stubbs, J. (2020). The impact of early body-weight variability on long-term weight maintenance: exploratory results from the NoHoW weight-loss maintenance intervention. *International Journal of Obesity*, 1-10.
- Espel-Huynh, Hallie, et al. (2020) Development and validation of a progress monitoring tool Tailored for use in intensive eating disorder treatment. *European Eating Disorders Review* 28.2 223-236.
- Benson, Leora, et al. Weight variability during self-monitored weight loss predicts future weight loss outcome. *International Journal of Obesity* (2020): 1-8.
- Masterson, T.D., Brand, J., **Lowe**, **M.R.**, Metcalf, S.A., Eisenberg, I.W., Emond, J.A., Gilbert Diamond, D., & Marsch, L.A. (2019). Relationships among dietary cognitive restraint, food preferences, and reaction times. *Frontiers in psychology*. 10.
- Piers, A.D., Espel-Huynh, H.M., & **Lowe**, **M.R.** (2019). The independent and interacting effects of weight suppression and admission body mass index on treatment weight change in patients with anorexia nervosa or bulimia nervosa. *International Journal of Eating Disorders*.
- Muratore, A., & **Lowe**, M.R. (2019). Why is premorbid BMI consistently elevated in clinical samples, but not in risk factor samples, of individuals with eating disorders? *International Journal of Eating Disorders*. 52 (2), 117-120.
- Lowe**, M. R., Marmorstein, N., Iacono, W., Rosenbaum, D., Espel-Huynh, H., Muratore, A. F., ... & Zhang, F. (2019). Body concerns and BMI as predictors of disordered eating and body mass in girls: An 18-year longitudinal investigation. *Journal of Abnormal psychology*, 128(1), 32.
- Lowe**, M. R., Marti, C. N., Lesser, E. L., & Stice, E. (2019). Weight suppression uniquely predicts body fat gain in first-year female college students. *Eating behaviors*, 32, 60-64.
- Call, C.C., Piers, A.D., Wyckoff, E.P., **Lowe**, **M.R.**, Forman, E.M., Butryn, M.L. (2019). The relationship of weight suppression to treatment outcomes during behavioral weight loss. *Journal of Behavioral Medicine* 42.2: 365-375.
- Lowe**, M.R., Piers, A.D., Benson, L. (2018). Weight suppression in eating disorders: A research and conceptual update. *Current Psychiatry Reports*, 20(10), 80.

- Purcell, J., Winter, S., Breslin, C., White, N., **Lowe, M.**, & Branch Coslett, H. (2018). Implicit mental motor imagery task demonstrates a distortion of the body schema in patients with eating disorders. *Journal of the International Neuropsychological Society*, 24(7), 715-723.
- Espel-Huynh, H.M., Muratore, A. & **Lowe, M.R.** (2018). A narrative review of the construct of hedonic hunger and its measurement by the Power of Food Scale. *Obesity Science & Practice*, 4(3), 238-249.
- Thompson-Brenner, H., Boswell, J.F., Espel-Huynh, H., Brooks, G.E., & **Lowe, M.L.** (2018). Implementation of transdiagnostic treatment for emotional disorders in residential eating disorder programs: A preliminary pre-post evaluation. *Psychotherapy Research*.
- Emily H. Feig, E.H., Piers, A.D., Kral, T.V.E. & **Lowe, M.R.** (2018). Eating in the absence of hunger is related to loss-of-control eating, hedonic hunger, and short-term weight gain in normal-weight women. *Appetite*.
- Lowe, M.R.**, Butryn, M.L., & Zhang, Z. (2018). Evaluation of meal replacements and a home food environment intervention for long-term weight loss: A randomized controlled trial. *American Journal of Clinical Nutrition*, 107(1), 12-19.
- Thompson-Brenner, H., Brooks, G. E., Boswell, J. F., Espel-Huynh, H., Dore, R., Franklin, D. R., Goncalves, A., Smith, M., Ortiz, S., Ice, S., **Lowe, M.R.**, & Barlow, D. H. (2018). Evidence-based implementation practices applied to the intensive treatment of eating disorders: Summary of research and illustration of principles using a case example. *Clinical Psychology: Science and Practice*, 25(1), e12221.
- Eisenberg, I. W., Bissett, P. G., Canning, J. R., Dallery, J., Enkavi, A. Z., Whitfield-Gabrieli, S., ... & Kim, S. J. (2017). Applying novel technologies and methods to inform the ontology of self-regulation. *Behaviour Research and Therapy*.
- Juarascio, A., Lantz, E. L., Muratore, A. F., & **Lowe, M. R.** (2018). Addressing weight suppression to improve treatment outcome for bulimia nervosa. *Cognitive and behavioral practice*, 25(3), 391-401.
- Espel, H.M., Muratore, A.F., & **Lowe, M.L.** (2017). An investigation of two dimensions of impulsivity as predictors of loss-of-control eating severity and frequency. *Appetite*, 117, 9-16.
- Feig, E. H., Winter, S. R., Kounios, J., Erickson, B., Berkowitz, S. A., & **Lowe, M. R.** (2017). The role of hunger state and dieting history in neural response to food cues: An event-related potential study. *Physiology & Behavior*, 179, 126-134.
- Feig, E. & **Lowe, M.R.** (2017). Variability in weight change early in behavioral weight loss treatment: Theoretical and clinical implications. *Obesity*, 25(9), 1509-1515.

- Winter, S.R., Yokum, S., Stice, E., Osipowicz, K. & **Lowe**, M.R. (2017). Elevated reward response to receipt of palatable food predicts future weight variability in healthy-weight adolescents. *American Journal of Clinical Nutrition*, 105(4), 781-789.
- Lantz, E., Gilberg, C., Rastam, M., Wentz, E. & **Lowe**, M.R. (2017). Premorbid BMI predicts binge-purge symptomatology among individuals with anorexia nervosa. *International Journal of Eating Disorders*, 50: 852-855.
- Berner, L.A., Winter, S.R., Matheson, B.E., Benson, L. & **Lowe**, M.R. (2017). Behind binge eating: A review of food-specific adaptations of neurocognitive and neuroimaging tasks. *Physiology and Behavior*, 176, 59-70.
- Berner, L., Feig, E., Witt, A. & **Lowe**, M.R. (2017). Menstrual cycle loss and resumption among patients with anorexia nervosa spectrum eating disorders: Is relative or absolute weight more influential? *International Journal of Eating Disorders*, 50(4), 442-446.
- Butryn, M.L., Forman, E.M., **Lowe**, M.R., Gorin, A., Zhang, F., & Schaumberg, K. (2017). Efficacy of environmental and acceptance-based enhancements to behavioral weight loss treatment: the ENACT trial. *Obesity*, 25(5), 866-872.
- Berkowitz, S.A., Witt, A. A., Gillberg, C., Råstam, M., Wentz, E. & **Lowe**, M.R. (2016). Childhood body mass index in adolescent-onset anorexia nervosa. *International Journal of Eating Disorders*, 49(11), 1002-1009.
- Lowe**, M.R. (2017). Weight suppression. In K. Brownell & T. Walsh (Eds.), *Eating disorders and obesity: A comprehensive handbook* (3rd ed). New York: Guilford.
- Winter, S.R., Feig, E.H., Kounios, J., Erickson, B., Berkowitz, S., **Lowe**, M.R. (2016). The relation of hedonic hunger and restrained eating to lateralized prefrontal activation. *Physiology & Behavior*, 163, 64-69.
- Shaw, J.A., Forman, E.M., Espel, H.M., Butryn, M.L., Herbert, J.D., **Lowe**, M.R., & Nederkoorn, C. (2016). Can evaluative conditioning decrease soft drink consumption? *Appetite*, 105, 60-70.
- Rosenbaum, D.L., Schumacher, L.M., Schaumbergm K., Piers, A.D., Gaspar, M., **Lowe**, M.R., Forman, E.M., & Butryn, M.L. (2016). Energy intake highs and lows: How much does consistency matter in weight control? *Clinical Obesity*, 6(3), 193-201.
- Arigo, D., Butryn, M.L., Raggio, G.A., Stice, E., & **Lowe**, M.R. (2016) Predicting change in physical activity: A Longitudinal investigation among weight-concerned college women. *Annals of Behavioral Medicine*, 1-13.
- Schaumberg, K., Schumacher, L.M., Rosenbaum, D.L., Kase, C.A., Piers, A.D., **Lowe**, M.R., Forman, E.M., & Butryn, M.L. (2016). The role of negative reinforcement eating expectancies in the relation between experiential avoidance and disinhibition. *Eating Behaviors*, 21, 129-134.
- Lowe**, M. R., Arigo, D., Butryn, M.L., Gilbert, J., Sarwer, D. & Stice, E. (2016). Hedonic

hunger prospectively predicts onset and maintenance of loss of control eating among college women. *Health Psychology*, 35(3), 238-244.

Lowe, M.R., Feig, E.H., Winter, S.R. & Stice, E. (2015). Short-term variability in body weight predicts long-term weight gain. *American Journal of Clinical Nutrition*, 102(5), 995-999.

Lavender, Jason M., et al. (2015). Associations between weight suppression and dimensions of eating disorder psychopathology in a multisite sample." *Journal of Psychiatric Research* 69: 87-93.

Berner, L.A., Arigo, A., Mayer, L., Sarwer D.B., & **Lowe**, M.R. (2015). Examination of central body fat deposition as a risk factor for loss-of-control eating. *American Journal of Clinical Nutrition*, 102, 736-744.

Ely, Alice V., Childress, A. R., Jagannathan, K., & **Lowe**, M. R. (2015). "The way to her heart? Response to romantic cues is dependent on hunger state and dieting history: An fMRI pilot study." *Appetite* 95: 126-131.

Katterman, S.N., Butryn, M.L., Hood, M.M., **Lowe**, M.R. (2015). Daily weight monitoring as a method of weight gain prevention in healthy weight and overweight young adult women. *Journal of Health Psychology*, 1-11.

Lowe, M.R. (2015). Dieting: Proxy or cause of future weight gain? *Obesity Reviews*, 16 (Suppl. 1), 19-24.

Ely, A.V., Howard, J. & **Lowe**, M.R. (2015). Delayed discounting and hedonic hunger in the prediction of lab-based eating behavior, *Eating behaviors* 19: 72-75.

Manasse, S. M., Espel, H. M., Forman, E. M., Ruocco, A. C., Juarascio, A. S., Butryn, M. L., ... & **Lowe**, M. R. (2015). The independent and interacting effects of hedonic hunger and executive function on binge eating. *Appetite*, 89, 16-21.

Lowe, M. R., Shank, L. M., Mikorski, R., & Butryn, M. L. (2015). Personal history of dieting and family history of obesity are unrelated: Implications for understanding weight gain proneness. *Eating Behaviors*, 17, 144-148.

Witt A.A., Berkowitz S.A., Gillberg C., **Lowe** M.R., Råstam M., Wentz E. (2014). Weight suppression and body mass index interact to predict long-term weight outcomes in adolescent-onset anorexia nervosa. *Journal of Consulting and Clinical Psychology*, 82(6), 1207.

Lowe, M.R. (2014). Eating patterns, diet quality and energy balance: From the macro- to the microscopic. *Physiology & Behavior*, 134, 123-125.

Lowe, M.R., Butryn, M.L., Thomas, J.G., Coletta, M. (2014). Meal replacements, reduced

energy density eating and weight loss maintenance in primary care patients: A randomized controlled trial. *Obesity*, 22(1), 94-100.

Katterman, S.N., Goldstein, S.P., Butryn, M.L., Forman, E.M., **Lowe**, M.R. (2013) Efficacy of an acceptance-based behavioral intervention for weight gain prevention in young adult women. *Journal of Contextual Behavioral Science*, 3(1), 45-50.

Witt, A.A, Raggio, G.A., Butryn, M.L., **Lowe**, M.R. (2013) Do hunger and exposure to food affect scores on a measure of hedonic hunger? An experimental study. *Appetite*, 74, 1-5.

Matteucci, A.J., & **Lowe**, M.R. (2013). Dieting. In N. Naples, R.C. Hoogland, M. Wickramasinghe, & A. Wong (Eds.), *Encyclopedia of Gender and Sexuality Studies*. Oxford, UK: Wiley-Blackwell.

Juarascio, A.S, Shaw, J., Forman, E.M., Timko, C.A., Herbert, J.D., Butryn, M.L., **Lowe**, M. (2013). Acceptance and commitment therapy for eating disorders: Clinical applications of a group treatment . *Journal of Contextual Behavioral Science*, 2(3), 85-94.

Ely, A.V., Childress, A.R., Jagannathan, K., **Lowe**, M.R. (2013). Differential reward response to palatable food cues in past and current dieters: An fMRI study. *Obesity*, 22(5), E38-45.

Witt, A.A., & **Lowe**, M.R. (2013). Hedonic hunger and binge eating among women with eating disorders. *International Journal of Eating Disorders*, 47(3), 273-380.

Ely, A., Winter, S., & **Lowe**, M.R. (2013). The generation and inhibition of hedonically-driven food intake: Behavioral and neurophysiological determinants in healthy weight individuals. *Physiology & Behavior*, 121, 25-34.

Forman, E. M., Butryn, M. L., Juarascio, A. S., Bradley, L. E., **Lowe**, M. R., Herbert, J. D., & Shaw, J. A. (2013). The Mind Your Health Project: A randomized trial comparing acceptance-based and standard behavioral treatments for obesity. *Obesity*, 21(6), 1119–26.

Berner, L.A., Shaw, J.A., Witt, A.A. & **Lowe**, M.R. (2013). Weight suppression and body mass index in the prediction of symptomatology and treatment response in anorexia nervosa. *Journal of Abnormal Psychology*, 122, 694–708.

Lowe, M.R., Witt, A. & Grossman, S. (2013). Dieting in bulimia nervosa is associated with increased food restriction and psychopathology but decreased binge eating behaviors. *Eating Behaviors*, Vol. 14(3), 342-347.

Juarascio, A., Shaw, J., Forman, E., Timko, C.A., Herbert, J., Butryn, M., Bunnell, D., Matteucci, A & **Lowe**, M.R. (2013). Acceptance and commitment therapy as a novel treatment for eating disorders: An initial test of efficacy and mediation. *Behavior modification*, Vol. 37(4), 459-489.

Lowe, M.R., Doshi, S.D., Katterman, S.N. & Feig, E.H. (2013) Dieting and restrained eating as

prospective predictors of weight gain. *Front. Psychol.* 4:577.

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- Goldstein, S.P., Katterman, S.N., & **Lowe**, M.R. (2013). Relationship of dieting and restrained eating to self-reported caloric intake in female college freshmen. *Eating Behaviors*, 14, 237-240.
- Lowe**, M.R. (2013). The importance of behavioral anchoring in neuroimaging studies of obesity [editorial]. *American Journal of Clinical Nutrition*, 97: 451-452.
- Lowe**, M.R., Butryn, M.L., Ely, A.V. (2013). Obesity in women. In Mary V. Spiers, Pamela A. Geller and Jacqueline D. Kloss (Eds.) *Women's Health Psychology* pp. 149-172). Hoboken: Wiley.
- Shaw, J.A. Herzog, D.B., Clark, V.L., Berner, L.A., Eddy, K.T., Franko, D.L. & **Lowe**, M.R. (2012). Elevated pre-morbid weights in bulimic individuals are usually surpassed post-morbidly: Implications for perpetuation of the disorder. *International Journal of Eating Disorders*, 45(4), 512-523.
- Lowe**, M.R. & Coletta, M. & Katterman, S. (2012). Chronic dieting. In: Thomas F Cash, editor. In *Encyclopedia of Body Image and Human Appearance* (p. 386-391), New York: Elsevier.
- Lowe**, M. R., Berner, L. A., Swanson, S. A., Clark, V. L., Franko, D. L., Shaw, J. A., Ross, S., Eddy, K. T., & Herzog, D. B. (2011). Weight suppression predicts time to remission in bulimia nervosa. *Journal of Consulting and Clinical Psychology*, 79, 772-776.
- Thomas, J.G., Doshi, S., Crosby, R., & **Lowe**, M.R. (2011). Ecological momentary assessment of obesogenic eating behavior: Combining person-specific and environmental predictors. *Obesity*, 19, 1574-1579.
- Juarascio, A., Forman, E., Herbert, J., Timko, A., Butryn, M., & **Lowe**, M. (2011). Internalization of the thin ideal as a predictor of increases in weight, body dissatisfaction, and disordered eating. *Eating Behaviors*, 12, 207-213 .
- Butryn, M.L., Juarascio, A., & **Lowe**, M.R. (2011). The relation of weight suppression and BMI to bulimic symptoms. *International Journal of Eating Disorders*, 44, 612-617.
- Mitchell, K.S., Neale, M.C., Bulik, C.M., **Lowe**, M., Maes, H.H., Kendler, K.S., & Mazzeo, S.M. (2011). An investigation of weight suppression in a population-based sample of female twins. *International Journal of Eating Disorders*, 44, 44-49.

- Lowe, M.R., Bunnell, D.W., Neeren, A.M., Chernyak, Y., & Greberman, L. (2011).** Evaluating the real-world effectiveness of cognitive-behavior therapy efficacy research on eating disorders: A case study from a community-based clinical setting. *International Journal of Eating Disorders, 44:1*, 9–18.
- Thomas, J.G., Butryn, B.T., Stice, E., & **Lowe, M.R. (2011).** A prospective test of the relation between weight change and risk for bulimia nervosa. *International Journal of Eating Disorders, 44:4*, 295–303.
- Lowe, M. R., & Clark, V. L. (2011).** Eating disorder research: From soup to nuts. [Review of the book *The Oxford Handbook of Eating Disorders*, by W. S. Agras (Ed.)] *PsycCRITIQUES, 56(10)*.
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- Chernyak, Y., & **Lowe, M.R. (2010).** Motivations for dieting: Drive for thinness is different from drive for objective thinness. *Journal of Abnormal Psychology, 119*, 276–281.
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- Neeren, A.M., Butryn, M.L., **Lowe, M.R., O’Planick, A.P., Bunnell, D.W., & Ice, S.M. (2010).** Does attrition during follow-up bias outcome data in studies of eating disorders? *Eating Behaviors, 11*, 40-44.
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Social Skills and other publications

Crerand, C.E., Sarwer, D.B., Magee, L., Gibbons, L.M., **Lowe, M.R.**, Bartlett, S.P., Becker, D.G., Glat, P.M., LaRossa, D., Low, D.W., & Whitaker, L.A. (2004). Rate of body dysmorphic disorder among patients seeking facial cosmetic procedures. *Psychiatric Annals, 34*, 958-965.

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Merbaum, M., & **Lowe**, M.R. (1982). The role of serendipity in research on clinical psychology. In P. C. Kendall & J. N. Butcher (Eds.), *Handbook of research methods in clinical psychology*. New York: Wiley.

Joffe, R., **Lowe**, M.R., & Fisher, E.B., Jr. (1981). A validity test of the Reasons for Smoking Scale. *Addictive Behaviors*, 6, 41-45.

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Lowe, M.R., & Cautela, J.R. (1978). A self-report measure of social skill. *Behavior Therapy*, 9, 535-544.

GRANT REVIEWS

Served as invited Chair for Department of Defense Peer Reviewed Medical Research Program grant applications on eating disorders, 2017.

Member of two NIMH Special Emphasis Panels on Eating Disorders, June, 2007; February, 2008

Member of NIDDK review panel for K-23 Mentored Patient-Oriented Research Career Development Award, March 2006

Member of Special Emphasis Panel for RFA: "Ancillary Studies to Obesity-Related Clinical Trials", October, 2005

Member of Special Emphasis Panel for NIDDK RO1: "Diet, Obesity, and Genes: DIOGenes", July, 2005

Reviewer for NIDDK training grants (K awards) on nutrition and obesity, March, 2005

Reviewer for NIH Risk, Prevention, & Health Behavior Integrated Review Group for applications on Behavioral Approaches to Obesity and Weight Management, March, 2005

Reviewer for NIH Program Project application on nutritional factors in childhood obesity, November, 2004

Reviewer for Special Emphasis Panel grant application for NIDDK, July, 2004.

Reviewer for NIH Special Emphasis Panel for Obesity Research Center grant applications, December, 2002

Ad hoc reviewer for NIH's Health Behavior and Prevention Review Committee, 1993, 1996, 1997, 1998

Ad hoc reviewer for grant application to the Medical Research Council of Canada, 1993

CLINICAL, CONSULTING AND ADMINISTRATIVE EXPERIENCE

July, 2005 – 2009	Consultant to Pfizer on use of Power of Food Scale in Phase III anti-obesity medication
July, 1998 to present	Member, Scientific Advisory Board, Weight Watchers International
1990 - present	Consultant to Weight Watchers International, Inc., providing research consulting, program development, program evaluation, and training
2002	Consultant hired by NIH Look AHEAD Weight Loss Intervention Subcommittee to prepare weight loss maintenance program for Look AHEAD trial
2002 – 2003	Member of “Futures Council” of Focused Health Solutions
October, 1994 - July, 1997	Director of Clinical Training, Ph.D. Program in Clinical Psychology, Department of Clinical and Health Psychology.
July 1, 1989 - July, 1994	Clinical supervisor for Ph.D. practicum students, clinical interns, and psychiatric residents at Hahnemann University.
Aug., 1988 - June, 1989	Chief Psychologist, Functional Gastrointestinal Disease Center, Section of Gastroenterology, Temple University School of Medicine.
Feb., 1987 - July, 1988	Director of Weight Management Program, Temple University School of Medicine.

Oct., 1980 – 2001 Private psychotherapy practice.

Sept., 1978 - Aug., 1980 Individual and couple therapy with 4-5 clients weekly at the Psychological Service Center, Washington University in St. Louis.

Sept., 1977 - Aug., 1978 Clinical Psychology Intern at McLean Hospital, Belmont, Mass.

TEACHING EXPERIENCE

July 1, 1989 - present Teach doctoral-level graduate courses in Social Cognition in Clinical Psychology, Eating Disorders, and Empirical Foundations of Unconscious Processes to Ph.D. clinical psychology students at Drexel University

Teach undergraduate courses in Psychobiology of Eating Disorders and Obesity and in Advanced Personality Seminar

Sept., 1980 - Jan., 1987 Co-taught Ph.D. graduate course in Behavioral Medicine at Rutgers in New Brunswick. Taught undergraduate courses in Abnormal Psychology, Clinical Psychology, Behavior Modification, Behavioral Medicine, Individual Fieldwork, and Introductory Psychology at Rutgers-Camden.

EDITORIAL AND PEER REVIEW POSITIONS

Editorial board member of *Frontiers in Eating Behavior and Foods*

Co-executive Editor, *Appetite*, 2011-2012

Co-editor of Special Issue of *Physiology and Behavior* on papers from 2009 conference of the Society for the Study of Ingestive Behavior

Member of the editorial board of *Journal of Abnormal Psychology*, 2008-2010; 1997-2000

Associate Editor, *Journal of Abnormal Psychology*, 2006-2007

Member of the editorial board of *Behavior Modification*, 1991-present, 1985-1987.

Guest reviewer for:

Journal of Consulting and Clinical Psychology
Journal of Abnormal Psychology
American Journal of Clinical Nutrition
Nutrition
Journal of Personality and Social Psychology
Experimental Biology and Medicine
Annals of Behavioral Medicine
International Journal of Eating Disorders
Journal of Behavioral Medicine
British Journal of Clinical Psychology
Psychology of Addictive Behaviors
Journal of Applied Behavior Analysis

Psychological Bulletin
Behavior Therapy
Obesity Research
Appetite
European J. of Clinical Nutrition
Physiology and Behavior
Preventive Medicine
Cognitive and Behavioral
Practice
Journal of Applied Social
Psychology

Peer reviewer for submissions on obesity and eating disorders to the annual convention of the Society for Behavioral Medicine, 1992 and 1993.

Peer reviewer for Division 38 (Health Psychology) submissions to the annual convention of the American Psychological Association, 1996.

PROFESSIONAL LICENSURE

Licensed in Psychology in Pennsylvania, New Jersey and Missouri.

PROFESSIONAL AFFILIATIONS

Fellow, The Obesity Society

Member of the Eating Disorders Research Society, the Obesity Society, the Association for Psychological Science, the American Psychological Association, and the Association for Behavioral and Cognitive Therapies