

ADRIENNE S. JUARASCIO
CURRICULUM VITAE

Aug 2023

CONTACT INFORMATION

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FACULTY APPOINTMENTS

Drexel University, Philadelphia, PA
Director of Training, Center for Weight, Eating, and Lifestyle Science, 2017-present
Associate Professor, Department of Psychological and Brain Sciences, 2022- present
Assistant Professor, Department of Psychology, 2017-2022
Assistant Research Professor, Department of Psychology, 2014-2017

LICENSURE

Licensed Psychologist, Pennsylvania (#PS017498), 2013-present

EDUCATION

Drexel University, Philadelphia, PA
Post-Doctoral Research Fellowship, 2013-2014
Department of Psychology, Laboratory for Innovations in Health-Related Behavior Change

Medical University of South Carolina, Charleston, SC

Post-Doctoral Intern, 2012-2013
Behavioral Medicine Track

Drexel University, Philadelphia, PA

Ph.D. in APA-Accredited Clinical Psychology Program, 2012

University of Pennsylvania, Philadelphia, PA

B.A. in Psychology and Biological Basis of Behavior, Magna Cum Laude, 2008

HONORS, AWARDS, AND OTHER APPOINTMENTS

2023	Past President, Eating Disorder Research Society
2022	President, Eating Disorder Research Society
2021	President-Elect, Eating Disorder Research Society
2021	Ad-hoc Reviewer, Netherlands Organisation for Health Research and Development
2019	National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) DDK-C Subcommittee, Study Section Member
2018	Ad-Hoc Reviewer, National Institute of Mental Health
2018-2020	Board Member, Pennsylvania and Delaware Directors of Training (PenDelDot)

2017-present Invited Membership, Eating Disorder Research Society
 2017 Ad-Hoc Reviewer, National Institute of Diabetes and Digestive and Kidney Diseases
 2015-present Grant Reviewer, National Eating Disorder Association
 2015-2019 Editorial Board Member, Journal of Contextual Behavioral Sciences
 2015 Early Career Travel Award, International Conference for Eating Disorders
 2013 Theodore H. Blau Early Career Award for Distinguished Professional Contributions to Clinical Psychology
 2008-2010 Provost Fellowship, Drexel University
 2008 Phi Beta Kappa
 2008 Magna Cum Laude, University of Pennsylvania

RESEARCH SUPPORT

Development and testing of integrated behavioral weight loss treatment for comorbid binge eating and obesity (The GlucoCare Project).

Role: Co -Investigator (PI: Srivastava) Period: 2023-2025
 Funding Agency: Commonwealth of Pennsylvania Total Costs: \$70,500

Using Wearable Passive Sensing to Predict Engagement in Binge Eating in Response to Negative Affect: A Multimethod Investigation of Predictive Utility, Feasibility, and Acceptability

Role: Primary Sponsor (PI: Presseller) Period: 2022-2024
 Funding Agency: National Institute of Mental health Total Costs: \$93,504

An experimental study of the effects of alcohol intake on subsequent binge eating among adults with clinically-significant binge eating

Role: Primary Sponsor (PI: Wilkinson) Period: 2022-2024
 Funding Agency: National Institute of Mental health Total Costs: \$93,504

Using factorial design to examine efficacies of technology-based augmentations for improving treatment adherence and skills utilization in a self-help CBT program for binge eating (The CONQUER Project).

Role: Co-Investigator (PI: Sriavastava) Period: 2022-2025
 Funding Agency: National Institute of Mental Health Total Costs: \$681,752

Optimizing digital health technologies to improve therapeutic skill use and acquisition

Role: Primary Investigator Period: 2022-2026
 Funding Agency: National Institute of Mental Health Total Costs: \$2,963,707

Using Artificial Intelligence to Optimize Delivery of Weight Loss Treatment, R01DK12564

Role: Co-Investigator (PI: Forman) Period: 2021-2026
 Funding Agency: National Institute of Diabetes and Digestive and Kidney Diseases Total Costs: \$2,971,225

- Reward Re-Training: A new treatment to address reward imbalance during the COVID-19 pandemic (The RECHARGE Project), R01MH122392W1
 Role: Primary Investigator Period: 2020-2021
 Funding Agency: National Institute of Mental Health Total Costs: \$336,123
- Optimizing Mindfulness and Acceptance-based Treatments for Bulimia Nervosa and Binge Eating Disorder (The COMPASS Project), R01MH122392
 Role: Primary Investigator Period: 2020-2024
 Funding Agency: National Institute of Mental Health Total Costs: \$1,928,162
- Does Aberrant Decision-Making Prevent Success in Adolescent Behavioral Weight Loss Treatment?, K23DK124514
 Role: Co-Mentor (PI: Manasse) Period: 2020-2025
 Funding Agency: National Institute of Diabetes and Digestive and Kidney Diseases Total Costs: \$796,337
- Development and Evaluation of Self-help Treatment for Body Dissatisfaction in Women with Binge Eating
 Role: Primary Mentor (PI: Srivastava) Period: 2020-2021
 Funding Agency: Cotswold Foundation Postdoctoral Fellowship Total Costs: \$50,000
- Smartphone-supported cognitive-behavioral therapy for binge-eating disorder (SmartCBT),
 Role: Co-Investigator (PI: Hilbert) Period: 2020-2022
 Funding Agency: Roland Ernst Foundation for Health Care EUR 99,450
- Using Continuous Glucose monitoring to detect and intervene on maintenance factors for transdiagnostic binge eating pathology (The SENSESUPPORT Project), R43MH121205
 Role: Primary Investigator Period: 2019-2021
 Funding Agency: National Institute of Mental Health Total Costs: \$900,000
- Augmenting Cognitive Behavioral Therapy with Inhibitory Control Training (The REBOOT Project), R34MH118353
 Role: Co-Investigator (PI: Manasse) Period: 2019-2022
 Funding Agency: National Institute of Mental Health Total Costs: \$704,250
- Mindfulness and Acceptance-Based Interventions for Obesity: Using a Factorial Design to Identify the Most Effective Components, R01DK119658
 Role: Co-Investigator (PI: Forman) Period: 2019-2024
 Funding Agency: National Institute of Diabetes and Digestive and Kidney Diseases Total Costs: \$3,608,935
- Using Virtual Reality to Enhance Treatment for Binge Eating (The TakeControlVR Project)
 Role: Co-Investigator (PI: Manasse) Period: 2019-2020
 Funding Agency: Coulter-Drexel Translational Total Costs: \$300,000

Improving Weight Loss Outcomes for Binge Eating Disorder (The BALANCING ACT Project), R01DK117072

Role: Primary Investigator Period: 2018-2022
 Funding Agency: National Institute of Diabetes and Digestive and Kidney Diseases Total Costs: \$2,243,994

Using Ecological Momentary Interventions to Increase Skill Acquisition and Utilization (The ACQUIRE Project), R34MH116021

Role: Primary Investigator Period: 2018-2021
 Funding Agency: National Institute of Mental Health Total Costs: \$695,231

Using Continuous Glucose Monitoring to Detect Eating Disorder Symptoms in Bulimia Nervosa

Role: Primary Investigator Period: 2018-2020
 Funding Agency: Hilda and Preston Davis Foundation Total Costs: \$200,000

Virtual Reality Inhibitory Control Training for Reducing Binge Eating

Role: Co-Investigator (PI: Manasse) Period: 2018-2019
 Funding Agency: Commonwealth Universal Research Enhancement Total Costs: \$75,000
 Drexel University

Addressing Weight History to Improve Behavioral Treatments for Bulimia Nervosa, K23MH105680

Role: Primary Investigator Period: 2015-2019
 Funding Agency: National Institute of Mental Health Total Costs: \$619,664

Reducing Cancer Risk by Training Response Inhibition to Obesogenic Foods, R21CA191859

Role: Co-Investigator (PI: Forman) Period: 2015-2018
 Funding Agency: National Cancer Institute Total Costs: \$424,875

Using Wearable Sensors to Detect Affect Reactivity and Predict Maladaptive Eating Behaviors

Role: Primary Investigator Period: 2016-2017
 Funding Agency: Drexel University Clinical and Translational Research Initiative Total Costs: \$50,000

Outside the Therapy Office: Enhancing Integrative-Cognitive Affective Therapy with Ecological Momentary Interventions to Improve Treatment for Bulimia Nervosa

Role: Primary Investigator Period: 2015-2017
 Funding Agency: National Eating Disorder Association Total Costs: \$100,000

A Smartphone App-based System to Anticipate and Prevent Lapses in Those Attempting to Follow a Weight Loss Diet

Role: Co-Investigator (PI: Forman) Period: 2015-2016
 Funding Agency: Drexel Ventures Innovation Fund Total Costs: \$75,000

Targeting shame to reduce depressive symptoms among people living with HIV

Role: Co-Investigator (PI: Bennett) Period: 2015-2016

Funding Agency: Clinical and Translational Research Institute,
Drexel University

Total Costs: \$74,996

A Companion Smartphone App to Enhance Dietary Adherence through Predictive Machine Learning

Role: Co-Investigator (PI: Forman)
Funding Agency: The Obesity Society

Period: 2014-2016
Total Costs: \$250,000

Take Control: A Smartphone Application for the Treatment of Binge Eating Disorder

Role: Co-Investigator (PI: Forman)
Funding Agency: Shire Pharmaceuticals

Period: 2013-2014
Total Costs: \$250,000

Developing Innovative Treatments for Eating Disorders and Obesity

Role: Primary Investigator
Funding Agency: National Institute of Health, Loan Repayment Program

Period: 2013-2016

Total Costs: \$21,377

TEACHING EXPERIENCE

Department of Psychology, Drexel University

Introduction to Psychology (Undergraduate)
Abnormal Psychology (Undergraduate)
The Psychology of Eating Disorders and Obesity (Undergraduate)
Theories and Practice of Clinical Psychology (Undergraduate)
Developmental Psychology (Undergraduate)
Research Methods (Undergraduate)
History & Systems (Graduate)
Ethics (Graduate)
Cognitive Behavioral Therapies (Graduate)
Acceptance and Mindfulness (Graduate)

Behavioral Health Counseling Program, Drexel University

Cognitive Behavioral Counseling I (Graduate)
Cognitive Behavioral Counseling II (Graduate)

PUBLICATIONS (PEER REVIEWED)

* Denotes a mentee

** Denotes a senior authorship

*** Denotes a co-senior authorship

Grilo, C. M., & **Juarascio, A.S** (2023). Binge-Eating Disorder Interventions: Review, Current Status, and Implications. *Current Obesity Reports*, 1-11.

Forman, E. M., Berry, M. P., Butryn, M. L., Hagerman, C. J., Huang, Z., **Juarascio, A. S.**, & Zhang, F. (2023). Using artificial intelligence to optimize delivery of weight loss treatment: Protocol for an efficacy and cost-effectiveness trial. *Contemporary Clinical Trials*, 124, 107029.

- Hilbert, A., **Juarascio, A.S**, Prettin, C., Petroff, D., Schlögl, H., & Hübner, C. (2023). Smartphone-supported behavioural weight loss treatment in adults with severe obesity: study protocol for an exploratory randomised controlled trial (SmartBWL). *BMJ open*, 13(2), e064394.
- Juarascio, A. S.**, Srivastava, P., Manasse, S. M., *Wilkinson, M. L., *Felonis, C. R., & *Drexler, S. A. (2023). Reward retraining: A pilot randomized controlled trial of a novel treatment approach for transdiagnostic binge eating. *International Journal of Eating Disorders*, 56(3), 662-670.
- Juarascio, A. S.**, *Presseller, E. K., Srivastava, P., Manasse, S. M., & Forman, E. M. (2023). A randomized controlled trial of CBT+: A clinician-controlled, just-in-time, adjunctive intervention for bulimia-spectrum disorders. *Behavior Modification*, 47(3), 551-572.
- Chwyl, C., LaFata, E. M., Abber, S. R., **Juarascio, A. S.**, & Forman, E. M. (2023). Testing reward processing models of obesity using in-the-moment assessments of subjective enjoyment of food and non-food activities. *Eating Behaviors*, 48, 101698.
- Lampe, E. W., Presseller, E. K., Abber, S. R., Sonnenblick, R. M., **Juarascio, A. S.**, & Manasse, S. M. (2023). Affective profiles of exercise episodes are associated with maladaptive and adaptive motivations for exercise. *European Eating Disorders Review*
- *D'Adamo, L., *Sonnenblick, R. M., *****Juarascio, A. S.**, & ***Manasse, S. M. (2023). Relations between forms of dietary restraint, restriction, and loss-of-control eating among adolescents seeking weight control: An ecological momentary assessment study. *Eating Behaviors*, 101791.
- *Riddle, D. R., *Presseller, E. K., & ****Juarascio, A. S.** (2023). Latent profiles of emotion dysregulation among individuals with binge-spectrum eating disorders: Associations with eating disorder pathology. *European Eating Disorders Review*.
- *Presseller, E. K., *Karbassi, N., *Gian, C., & ****Juarascio, A. S.** (2023). Unequivocally large, but not enormous: An examination of the nutritional content of objective and subjective binge-eating episodes using ecological momentary assessment data. *International Journal of Eating Disorders*.
- *Lampe, E. W., Gorrell, S., Smith, K., Payne-Reichert, A. M., **Juarascio, A. S.**, & Manasse, S. M. (2023). Divergent trajectories of positive affect following maladaptive and non-maladaptive exercise among individuals with binge-spectrum eating disorders. *International Journal of Eating Disorders*.
- Juarascio, A. S.**, *Presseller, E. K., *Trainor, C., *Boda, S., Manasse, S. M., Srivastava, P., Forman, E. & Zhang, F. (2023). Optimizing digital health technologies to improve therapeutic skill use and acquisition alongside enhanced cognitive-behavior therapy for binge-spectrum eating disorders: Protocol for a randomized controlled trial. *International Journal of Eating Disorders*, 56(2), 470-477.

- Srivastava, P., *Felonis, C. R., *Piers, A. D., *Nunez, N., *Fitzpatrick, B., *****Juarascio, A.S.**, & *****Manasse, S.** (2023). Reward mediates the association between engagement in noneating activities and state body dissatisfaction: An ecological momentary assessment study. *International Journal of Eating Disorders*, 56(3), 562-573.
- *Wons, O., *Lampe, E., *Patarinski, A. G., Schaumberg, K., & ****Juarascio, A.S.** (2023). Change in adaptive and maladaptive exercise and objective physical activity throughout CBT for individuals with eating disorders. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 28(1), 40.
- *Wons, O., *Lampe, E., *Boyajian, L., *Patarinski, A. G., & ****Juarascio, A.S.** (2023). A Research Approach to Self-Report and Objective Measurements of Physical Activity in Eating Disorders. *Eating Disorders*, 413.
- Hilbert, A., **Juarascio, A.S.**, Prettin, C., Petroff, D., Schlögl, H., & Hübner, C. (2023). Protocol: Smartphone-supported behavioural weight loss treatment in adults with severe obesity: study protocol for an exploratory randomised controlled trial (SmartBWL). *BMJ Open*, 13(2).
- Manasse, S. M., Lampe, E. W., Abber, S. R., Fitzpatrick, B., Srivastava, P., & ****Juarascio, A. S.** (2023). Differentiating types of dietary restraint and their momentary relations with loss-of-control eating. *International Journal of Eating Disorders*, 56(5), 969-977.
- Manasse, S. M., Trainor, C., Payne-Reichert, A., Abber, S. R., Lampe, E. W., Gillikin, L. M., **Juarascio, A.S.**, & Forman, E. M. (2023). Does virtual reality enhance the effects of inhibitory control training for loss-of-control eating? A pilot factorial experiment. *Eating Behaviors*, 50, 101749.
- *Presseller, E. K., Lampe, E. W., Zhang, F., Gable, P. A., Guetterman, T. C., Forman, E. M., & ****Juarascio, A. S.** (2023). Using Wearable Passive Sensing to Predict Binge Eating in Response to Negative Affect Among Individuals With Transdiagnostic Binge Eating: Protocol for an Observational Study. *JMIR Research Protocols*, 12(1), e47098.
- Srivastava, P., *Felonis, C., *Lin, M., *Clarke, K., & ****Juarascio, A.S.** (2023). Reciprocal association between session-by-session change in overvaluation of shape and weight and session-by-session change in bulimia nervosa symptoms during cognitive behavior therapies. *Eating Disorders*, 31(3), 242-257
- *Clancy, O. M., **Juarascio, A. S.**, Manasse, S. M., & Srivastava, P. (2023). Predicting cognitive-behavioral therapy outcomes for bulimia nervosa patients based on skill use during treatment. *Journal of Behavioral and Cognitive Therapy*, 33(1), 50-56.
- *Parker, M. N., *Burton Murray, H., *Piers, A. D., *Muratore, A., Lowe, M. R., Manasse, S. M., & ****Juarascio, A. S.** (2023). Prefrontal cortex activation by binge-eating status in individuals with obesity while attempting to reappraise responses to food using functional

- near infrared spectroscopy. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 28(1), 34.
- *Felonis, C. R., *Gillikin, L. M., *Lin, M., Manasse, S. M., & ****Juarascio, A. S.** (2023). Anhedonia in cognitive behavioral therapy for binge eating spectrum disorders. *Eating Disorders*, 31(4), 362-374.
- Manasse, S. M., Lampe, E. W., Gillikin, L., Trainor, C. M., Abber, S. R., Fitzpatrick, B., & **Juarascio, A. S.** (2022). An examination of daily sleep characteristics and subsequent eating disorder behavior among individuals with binge-spectrum eating disorders. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 27(8), 3743-3749.
- Manasse, S. M., *Lampe, E. W., Srivastava, P., *Payne-Reichert, A., Mason, T. B., & ****Juarascio, A. S.** (2022). Momentary associations between fear of weight gain and dietary restriction among individuals with binge-spectrum eating disorders. *International Journal of Eating Disorders*, 55(4), 541-552.
- *Lampe, E. W., *Wons, O., *Taylor, L. C., *****Juarascio, A. S.**, & ***Manasse, S. M. (2022). Associations between fear of weight gain and exercise in binge-spectrum eating disorders. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 27(6), 2121-2128.
- *Presseller, E. K., *Patarinski, A. G. G., Zhang, F., Page, K. A., Srivastava, P., Manasse, S. M., & ****Juarascio, A. S.** (2022). Glucose variability: A physiological correlate of eating disorder behaviors among individuals with binge-spectrum eating disorders. *International Journal of Eating Disorders*, 55(12), 1788-1798.
- Juarascio, A. S.**, Srivastava, P., *Presseller, E. K., *Lin, M., *Patarinski, A. G., Manasse, S. M., & Forman, E. M. (2022). Using continuous glucose monitoring to detect and intervene on dietary restriction in individuals with binge eating: The SenseSupport withdrawal design study. *JMIR Formative Research*, 6(12), e38479.
- Srivastava, P., *Presseller, E. K., *Chen, J. Y., *Clark, K. E., *Hunt, R. A., *Clancy, O. M., & ****Juarascio, A. S.** (2022). Weight status is associated with clinical characteristics among individuals with bulimia nervosa. *Eating Disorders*, 1-25.
- Juarascio, A. S.**, Presseller, E. K.*, Wilkinson, M. L.*, Kelkar, A., Srivastava, P.*, Chen, J. Y.*, ... & Medaglia, J. (2022). Correcting the reward imbalance in binge eating: A pilot randomized trial of reward re-training treatment. *Appetite*, 106103.
- Juarascio, A. S.**, Presseller, E. K.*, Srivastava, P.*, Manasse, S. M., & Forman, E. M. (2022). A Randomized Controlled Trial of CBT+: A Clinician-Controlled, Just-In-Time, Adjunctive Intervention for Bulimia-Spectrum Disorders. *Behavior Modification*, 01454455221109434.

- Presseller, E. K.*, Patarinski, A. G. G.*, Fan, S. C.*, Lampe, E. W., & **Juarascio, A. S.**** (2022). Sensor technology in eating disorders research: A systematic review. *International Journal of Eating Disorders*.
- Lampe, E. W., Forman, E. M., **Juarascio, A. S.**, & Manasse, S. M. (2022). Feasibility, acceptability, and preliminary target engagement of a healthy physical activity promotion intervention for bulimia nervosa: Development and evaluation via case series design. *Cognitive and Behavioral Practice*, 29(3), 598-613.
- Wilkinson, M. L.*, Manasse, S. M., Srivastava, P.*, Linden-Carmichael, A., & **Juarascio, A. S.**** (2022). Momentary predictors of binge eating episodes and heavy drinking episodes in individuals with comorbid binge eating and heavy drinking.
- Wons, O.*, Lampe, E., Patarinski, A. G.*, Schaumberg, K., Butryn, M., & **Juarascio, A.S.**** (2022). Perceived influence of wearable fitness trackers on eating disorder symptoms in a clinical transdiagnostic binge eating and restrictive eating sample. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-11.
- Trainor, C.*, Michael, M. L.*, Lampe, E. W.*, Presseller, E. K.*, **Juarascio, A.S.*****, & Manasse, S. M.*** (2022). Associations between emotion regulation and remission following cognitive behavioural therapy for adults with bulimia nervosa. *European Eating Disorders Review*.
- Murray, H. B.*, Zhang, F., Manasse, S. M., Forman, E. M., Butryn, M. L., & **Juarascio, A. S.**** (2022). Validation of the food craving Acceptance and action questionnaire (FAAQ) in a weight loss-seeking sample. *Appetite*, 168, 105680.
- Presseller, E. K.*, Wilkinson, M. L.*, Trainor, C.*, Lampe, E. W.*, & **Juarascio, A. S.**** (2022). Self-regulation deficits moderate treatment outcomes in a clinical trial evaluating just-in-time adaptive interventions as an augmentation to cognitive-behavioral therapy for bulimia-spectrum eating disorders. *International Journal of Eating Disorders*, 55(5), 709-716.
- Parker, M. N.*, Clark, K. E.*, & **Juarascio, A. S.**** (2022). An exploration of homework completion in cognitive behavioral treatments for bulimia-spectrum eating disorders. *Eating Disorders*, 1-12.
- Frayn, M.*, Trainor, C.*, Lin, M.*, Pitts, A.*, Drexler, S. A.*, Patarinski, A. G. G.*, & **Juarascio, A.S.**** (2022). Patient perceptions of the relationship between food insecurity and eating disorder treatment: A qualitative exploration. *International Journal of Eating Disorders*, 55(3), 332-342.
- Felonis, C. R.*, Boyajian, L*., Fan, S*., Drexler, S. *, Fitzpatrick, B.*, Payne-Reichert, A., ... & **Juarascio, A. S.**** (2022). Changes in affect from non-eating activity engagement as predictors of loss of control eating: an ecological momentary assessment study. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 27(6), 2229-2235.

- Srivastava, P.*, Felonis, C. R.*, Clancy, O. M.*, Wons, O. B*., Abber, S. R.*, & **Juarascio, A. S.**** (2022). Real-time predictors of body dissatisfaction in females with binge eating: an ecological momentary assessment study. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 27(4), 1547-1553.
- Parker, M. N.*, Wilkinson, M. L.*, Hunt, R. A.*, Ortiz, A.*, Manasse, S. M., & **Juarascio, A. S.**** (2022). Eating expectancies and hedonic hunger among individuals with bulimia-spectrum eating disorders who plan binge-eating episodes. *International Journal of Eating Disorders*, 55(1), 120-124.
- Manasse, S. M., Lampe, E. W.*, Srivastava, P.*, Payne-Reichert, A., Mason, T. B., & **Juarascio, A. S.**** (2022). Momentary associations between fear of weight gain and dietary restriction among individuals with binge-spectrum eating disorders. *International Journal of Eating Disorders*, 55(4), 541-552.
- Sala, M., Roos, C. R., Crochiere, R. J., Butryn, M. L., **Juarascio, A. S.**, Manasse, S. M., & Forman, E. M. (2021). Real-time fluctuations in mindful awareness, willingness, and values clarity, and their associations with craving and dietary lapse among those seeking weight loss. *Journal of Contextual Behavioral Science*, 22, 87-92.
- Srivastava, P.*, Felonis, C.*, Lin, M.*, Clarke, K.*, & **Juarascio, A.S.****(2022). Reciprocal association between session-by-session change in overvaluation of shape and weight and session-by-session change in bulimia nervosa symptoms during cognitive behavior therapies. *Eating Disorders*, 1-16.
- Manasse, S. M., Lampe, E. W., Gillikin, L., Trainor, C. M., Abber, S. R., Fitzpatrick, B., ... & **Juarascio, A. S.**** (2022). An examination of daily sleep characteristics and subsequent eating disorder behavior among individuals with binge-spectrum eating disorders. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-7.
- Srivastava, P.*, Lampe, E. W.*, Wons, O. B.*, **Juarascio, A. S.**, & Manasse, S. M. (2022). Understanding momentary associations between body dissatisfaction and exercise in binge-spectrum eating disorders. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-8.
- Presseller, E. K.*, Lampe, E. W.*, Michael, M. L.*, Trainor, C.*, Fan, S. C.*, & **Juarascio, A. S.**** (2022). Latent trajectories of symptom change during cognitive-behavior therapy predict post-treatment worsening of symptoms: a preliminary examination among outpatients with bulimia-spectrum eating disorders. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-8.
- Presseller, E. K.*, Lampe, E. W.*, Nunez, N.*, & **Juarascio, A. S.**** (2022). Latent profiles of dietary restraint among individuals with binge-spectrum eating disorders: Associations with eating disorder symptom severity. *The International Journal of Eating Disorders*.

- Lampe, E. W.*, Crochiere, R. J*., Trainor, C.*, & **Juarascio, A.S.**** (2021). Be ACTIVE! mindfulness and acceptance-based interventions for physical activity engagement in adolescents. *Translational Behavioral Medicine*, *11*(12), 2182-2186.
- Forman, E. M., Chwyl, C., Berry, M. P., Taylor, L. C., Butryn, M. L., Coffman, D. L., **Juarascio, A.S.**, & Manasse, S. M. (2021). Evaluating the efficacy of mindfulness and acceptance-based treatment components for weight loss: Protocol for a multiphase optimization strategy trial. *Contemporary clinical trials*, *110*, 106573.
- Lampe, E. W.*, Trainor, C.*, Presseller, E. K.*, Michael, M. L.*, Payne-Reichert, A., **Juarascio, A. S.**, & Manasse, S. M. (2021). Characterizing reasons for exercise in binge-spectrum eating disorders. *Eating behaviors*, *43*, 101558.
- Srivastava, P.*, Parker, M. N.*, Presseller, E. K.*, Wons, O. B.*, Clark, K. E.*, & **Juarascio, A. S.**** (2021). A closer look at homework compliance in behavior therapy for bulimia nervosa: does homework compliance in between-session period prospectively predict session-by-session change in bulimia symptoms?. *Eating Disorders*, 1-20.
- Forman, E. M., Manasse, S. M., Dallal, D. H., Crochiere, R. J., Berry, M. P., Butryn, M. L., & **Juarascio, A. S.** (2021). Gender differences in the effect of gamification on weight loss during a daily, neurocognitive training program. *Translational Behavioral Medicine*, *11*(4), 1015-1022.
- Boyajian, L. E.*, Srivastava, P.*, Pitts, A. L.*, & Juarascio, A. S.** (2021). Session-by-Session Improvements in Subjective Wellbeing and Satisfaction with Life Prospectively Predicts Session-by-Session Improvements in Bulimia Nervosa Symptoms.
- Juarascio, A.S.**, *Srivastava, P., *Clark, K., *Presseller, E., Manasse, S., & Forman, E. (2021). A Clinician-Controlled Just-in-time Adaptive Intervention System (CBT+) Designed to Promote Acquisition and Utilization of Cognitive Behavioral Therapy Skills in Bulimia Nervosa: Development and Preliminary Evaluation Study. *JMIR Formative Research*, *5*(5), e18261.
- *Srivastava, P., Lampe, E. W., Michael, M. L., Manasse, S., & ****Juarascio, A. S.** (2021). Stress appraisal prospectively predicts binge eating through increases in negative affect. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-8.
- *Michael, M. L., & ****Juarascio, A.S.** (2021). Elevated cognitive dietary restraint mediates the relationship between greater impulsivity and more frequent binge eating in individuals with binge-spectrum eating disorders. *Eating and Weight Disorders-Studies on Anorexia, Bulimia and Obesity*, 1-6.
- Juarascio, A. S.**, *Michael, M. L., *Srivastava, P., Manasse, S. M., *Drexler, S., & *Felonis, C. R. (2021). The Reward Re-Training protocol: A novel intervention approach designed to alter the reward imbalance contributing to binge eating during COVID-19. *International Journal of Eating Disorders*.

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PUBLICATIONS (NON PEER REVIEWED)

- Juarascio, A.S.** & Butryn, M. (2008). Acceptance and commitment therapy: Principles and potential use with eating disorders. *Renfrew Perspective*, January issue.

BOOKS AND BOOK CHAPTERS

- *Barney, J., *Wolinsky, A., **Juarascio, A.S.**** (in press). *Eating Disorders*. In Carducci, B (Ed.), Chan, W, Fabio, A.D., Mio, J.S., Nave, C.S., Riggio, R.E., Saklofske, D.H., & Strough, C (Co-Eds.) *The Wiley Encyclopedia of Personality and Individual Differences – Volume IV: Clinical, Applied, and Cross-Cultural Research*. Hoboken, NJ: Wiley-Blackwell

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Forman, E. M., **Juarascio, A. S.**, Martin, L. M., & Herbert, J. D. (2015). Acceptance and Commitment Therapy (ACT). *The Encyclopedia of Clinical Psychology*.

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PROFESSIONAL PRESENTATIONS

Workshops/Panel Discussions/Invited Talks:

Forman, E.M. Berry, M.P., Chwyl, C., Coffman, D.L., Karbassi, N., Sun, J., Taylor, L., Butryn, M.L., **Juarascio, A.S.**, Hagerman, C.J., & Manasse, S.M. (2023, April) Evaluating the efficacy of mindfulness and acceptance-based treatment components for weight loss. In Bricker, J. (Chair) *Innovative solutions to improve the impact of acceptance-based treatments for weight loss*. Symposium presented at the 44th Annual Convention of the Society of Behavioral Medicine, Phoenix, AZ.

*Lampe, E.W., Hill, N., *****Juarascio, A.S.**, ***Manasse, S.M. (2023, September) *Subtypes of Maladaptive Exercise are Differentially Associated with Baseline Eating Disorder Pathology & Treatment Outcomes*. In S. Gorrell (Chair), Answering key questions to move towards inclusion of sustainable and adaptive exercise in eating disorder care. Symposium presentation at the XXIXth Annual Meeting of the Eating Disorders Research Society, Boston, MA.

Juarascio, A.S. *SenseSupport: Using Continuous Glucose Monitoring to Detect and Intervene on Eating Disorder Symptoms*. Pressler, E.K. & D'Adamo, L. (Co-Chairs; June, 2023). *Beyond Telehealth: Innovative Applications of Technology to Improve Outcomes and Reach of Treatments for Eating Disorders*. Technology and Innovation Special

Interest Group Panel at the International Conference on Eating Disorders, Washington, DC.

Juarascio, A.S. (2023, May). Using Ecological Momentary Assessment and Just-in-Time Adaptive Interventions for Eating Disorders. Invited talk to researchers from the German Eating Disorder Society.

*Gentile, J., **Juarascio, A. S.**, Wilhelm, S., Newman, M.G. (2020, November). *Technology Use in Mental Healthcare: Real Life Opportunities and Challenges*. Workshop presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

*Clark, K. E., **Juarascio, A. S.**, Manasse, S. M., & *Srivastava, P. (2020, November). *Using acceptance-based treatment approaches to enhance therapy for eating disorders*. Workshop presented at the 54th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

Juarascio A.S. (2020, October). *Using Sensor Technologies to Detect, Predict, and Intervene on Eating Behaviors*. Invited lecture at the University of Kansas for the NIMH R15 Workgroup.

Krukowski, R., Lydecker, J., Goode, R., **Juarascio, A.S.** (2020, September). *Conducting Weight Management and Eating Disorder RCTs amidst a Global Pandemic*. A panel discussion for the Society of Behavioral Medicine.

*Clark, K. E., von Ranson, K., Farrell, N., Waller, G., & **Juarascio, A. S.**** (2020, June). *Clinician avoidance: Understanding, identifying, and responding to eating disorder clinicians' fear and anxiety*. Workshop presented at the International Conference on Eating Disorders, Sydney, Australia.

Juarascio, A.S., Manasse, S.M., Krukowski, R., (October 2019) *An Intro to the NIH Grant Review Process*. A panel discussion for the Society of Behavioral Medicine's.

Juarascio, A.S., Manasse, S.M (September, 2019). *Acceptance-based treatment for eating disorders: A new approach for enhancing motivation, distress tolerance, and treatment adherence*. An invited workshop for the Eating Disorder Taskforce of Indiana's annual training day.

Juarascio, A.S., Manasse, S.M (February, 2019). *Evidence-based treatment for binge eating*. An invited workshop for the Child's Mind Institute.

Juarascio, A.S., Forman, E.M., Manasse, S.M., Presseller, E., Zhang, F., Srivastava, P., Clark, K (September, 2019). Using Just-in-Time Adaptive Interventions to Enhance Treatment Outcomes. In Wildes, J. (Chair). *New Directions in Eating Disorder Treatment Research*.

Symposium conducted at the Eating Disorders Research Society Annual Meeting, Chicago, IL.

Juarascio, A.S., Forman, E.F, Manasse, S., Presseller E., Parker, M., Crochiere, R., Zhang, F., (July 2019). Using Technology to Enhance Treatment Outcomes for Eating Disorders and Obesity. Invited lecture at the University of Leipzig.

*Murray, H., Hail, L., **Juarascio.A.S.**, McLean, S., Thomas, J., Utzinger, L., Goldschmidt, A., (2017, June). Show Me the (Grant) Money! Identifying and Applying for Funding as a Student and Early Career Researcher. Workshop given at the International Confernece for Eating Disorders, Prague, CZ.

Juarascio A.S., & *Goldstein, S.P. (2015, July). Utilizing Smartphone Apps for Health-Related Behavior Change. Invited talk presented to Pfizer Pharmaceuticals Mobile Center of Excellence, Collegeville, PA.

Forman, E.M., Goldstein, S.P., **Juarascio, A.S.**, & Manasse, S.M. (2013, October) Harnessing Technology for the Treatment of Eating Pathology. Presented to the University of Pennsylvania Center for Weight and Eating Disorders. Philadelphia, PA.

Juarascio, A.S. (February, 2012). Prevention and Treatment of Eating Disorders: A viewing and discussion of the movie “Thin”. Sponsored workshop for Drexel University’s eating disorder awareness week.

Timko, C.A., Merwin, R., Sandoz, E., Martin, L., **Juarascio, A.S.**, Moskovich, A. (April, 2011). *The use of acceptance and commitment therapy in treating eating disorders*. Panel discussion conducted at Academy of Eating Disorders 2011 International Conference on Eating Disorders.

Papers:

*D’Adamo, L., *Presseller, E.K., *Liu, J., Manasse, S.M., & ****Juarascio, A.S.** (2023, June). *Participant engagement in just-in-time adaptive interventions promoting cognitive-behavioral therapy skills practice for bulimia nervosa*. Paper to be presented at the International Conference on Eating Disorders, Washington, D.C.

*Presseller, E.K., *Riddle, D.R., & ****Juarascio, A.S.** (2023, June). Latent Profiles of Emotion Regulation Among Individuals with Binge Eating: A New Perspective for Understanding Comorbidity. Paper to be presented at the 30th Annual International Conference on Eating Disorders (Washington, DC).

*Riddle, D.R., *Presseller, E.K., & ****Juarascio, A.S.** (2023, June). Latent Profiles of Emotion Dysregulation Among Individuals with Binge Eating: Associations with Eating Disorder Pathology. Paper to be presented at the 30th Annual International Conference on Eating Disorders.

- *Srivastava, P.S., **Juarascio, A.S.**, & Manasse, S.M. (June 2022). Perceived reward mediates the association between engagement in non-disordered eating activities and state body dissatisfaction: an ecological momentary assessment study. Paper to be presented at the Academy for Eating Disorders' annual International Conference for Eating Disorders.
- *Presseller, E.K., *Gian, C., & ****Juarascio, A.S.** (2022, September). *A comparison of caloric and macronutrient content of ecologically valid objective and subjective binge episodes.* Paper to be presented at the at the XXVIIIth Annual Meeting of the Eating Disorders Research Society, Philadelphia, PA.
- *Lampe, E.W., *Srivastava, P., *Presseller, E.K., *Michael, M.L., *Trainor, C., Manasse, S.M., ****Juarascio, A.S.** (2022, September) Latent Change Trajectories of Affect During CBT for Binge Eating are Associated with Compensatory Behavior Engagement at Post-Treatment. Poster presented at the XXVIIIth Annual Meeting of the Eating Disorders Research Society, Philadelphia, PA.
- *Presseller, E.K., *Wilkinson, M.L., *Trainor, C., *Lampe, E.W., & ****Juarascio, A.S.** (2022). *Self-regulation deficits moderate treatment outcomes in an RCT evaluating just-in-time adaptive interventions as an augmentation to CBT for bulimia-spectrum eating disorders.* Paper to be presented at the International Conference on Eating Disorders (virtual).
- Abber, S. R., Edwards, R. R., Napadow, V., Konkel, H., **Juarascio, A. S.**, Kuo, B.°, & Burton Murray, H.° (May 2022). Brief cognitive-behavioral treatment for gastroparesis: A proof-of-concept open trial. Presentation at Digestive Disease Week. San Diego, CA.
- Manasse, S.M., Lampe, E.W., Gillikin, L., Trainor, C., Abber, S., Fitzpatrick, B., Sanchez, H., & **Juarascio, A.S.** (2022, June). An Examination of Daily Sleep Characteristics and Subsequent Eating Disorder Behavior Among Individuals with Binge-spectrum Eating Disorders. Oral presentation at the International Conference of Eating Disorders (Virtual).
- *Trainor, C., Payne-Reichert, A., **Juarascio, A.S.**, Manasse, S.M. (2021, June). An Examination of Momentary Use of Emotion Regulation Skills as a Protective Factor Against Subsequent Binge Eating. Paper to be presented at the International Conference on Eating Disorders (Virtual).
- *Srivastava, P. & ****Juarascio, A.S.** (2021). Differential role of affect management skills in moderating the session-by-session association between dietary restriction and binge eating during behavior treatments for bulimia nervosa, presentation accepted at the 55th Annual Conference for the Association of Behavioral and Cognitive Therapies, New Orleans, USA.

- *Trainor, C., *Privastava, P., Payne-Reichert, A., **Juarascio, A.S.**, & Manasse, M. (2021). Do Emotion Regulation Skills Moderate the Relationship Between Body Dissatisfaction and Eating Behaviors: Findings from an Ecological Momentary Assessment Study, presentation accepted at the 55th Annual Conference for the Association of Behavioral and Cognitive Therapies, New Orleans, USA.
- Crochiere, R.J., Zhang, F., **Juarascio, A.S.**, Goldstein, S.P., Thomas, J.G., & Forman, E.M. (2020, November). Comparing Momentary Self-Report Versus Sensor-Based Approaches in Predicting Dietary Lapse. Paper to be presented at ObesityWeek2020, Atlanta, GA.
- *Murray HB, Edwards RE, Mendez A, Staley R, Breithaupt L, Napadow V, **Juarascio A**, Kuo B. (2020, Nov). Gastrointestinal-specific anxiety in the context of overlapping chronic idiopathic gastroparesis and eating disorder pathology: A case series analysis. Paper presentation at the 54th Annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA; 2020 Nov.
- Juarascio, A.S.**, *Crochiere, R.J., *Taper, T.M., *Palermo, M., Zhang, F. (2020, April). Momentary Changes in Heart Rate Variability Can Detect Risk for Emotional Eating Episodes. Paper to be presented at the 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA
- Manasse, S.M., Lampe, E., Payne-Reichert, A., **Juarascio, A.S.**, & Forman, E.M. (2020, April). An initial test of feasibility, acceptability, and preliminary efficacy of TakeControlVR: A virtual reality-based inhibitory control training for reducing binge eating. Paper presentation at the 41st Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. San Francisco, CA.
- Forman, E.M, Manasse, S.M., Dallal, D.H., Crochiere, R.J., Butryn, M.L., **Juarascio, A.S.**, (2020, April). *Gamification of a daily, neurocognitive training program enhances weight loss for men but not for women.* Paper to be presented at the 41st Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
- *Clark, K. E., *Palasick, S., *Presseller, E., *Lampe, E., *Fojtu, C., & **Juarascio, A. S.**** (2020, June). *What's the worst that could happen? Exposure therapy situations and feared outcomes elicited in treatment for bulimia nervosa.* Paper to be presented at the International Conference on Eating Disorders, Sydney, Australia.
- *Srivastava, P., *Felonis, C., *Wons, O., & **Juarascio, A.S.**** (April 2020). An ecological momentary approach to examine infra-individual variability in body dissatisfaction and its association with binge eating. Paper to be presented at the American Psychological Convention, Washington D.C, United States.
- Forman, E.M., **Juarascio, A.S.**, Manasse, S.M., Zhang, F., Weimer, J., *Parker, M., * Presseller, E., Crochiere,R.J., *Taper, T. (2019, September). Harnessing sensor data with advanced algorithms to predict, detect and prevent problematic eating behaviors. In Haynos, A.

(Chair). *Collaborating with computers: The promise of machine learning to advance eating disorders research*. Symposium conducted at the Eating Disorders Research Society Annual Meeting, Chicago, IL.

- *Parker, M. N., *Murray, H. B., Manasse, S. M., *Piers, A., *Muratore, A. F., Lowe, M. R., Ayaz, H., & **Juarascio, A. S.**** (2019, September). Difficulty putting on the breaks: neural activation differs by binge eating status in individuals with obesity when attempting to inhibit responses to food. Paper presented at the Eating Disorders Research Society, Chicago, IL.
- *Espel-Huynh, H., Thomas, J. G., Zhang, F., Boswell, J. F., **Juarascio, A.S.**, & Lowe, M. (2019, March). Comparing two machine learning approaches to predict treatment response patterns in eating disorder treatment. Paper presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Washing, D.C.
- Juarascio, A.S.**, Manasse, S.M., *Hunt, R. (2019, March). Baseline Inhibitory Control Predicts Treatment Outcomes in Bulimia Nervosa. In T Mason (Chair), *Translational Research on Inhibitory Control and Binge Eating: From Basic Clinical Research to Intervention*. Paper to be presented at the Society for Behavioral Medicine Annual Meeting. Washington, D.C.
- Forman, E. M., Kerrigan, S. G., Butryn, M. L., **Juarascio, A. S.**, Manasse, S. M., & Ontanon, S. (2019, March). *Applying the AI Technique of Reinforcement Learning to Optimize Obesity Treatment*. Paper to be presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Washing, D.C.
- Forman, E. M., Goldstein, S. P., *Crochiere, R. J., Butryn, M. L., **Juarascio, A. S.**, & *Martin, G. M. (2019, March). *Just-in-Time Adaptive Intervention for weight loss: Predictive accuracy, engagement and efficacy*. Paper to be presented at the 40th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Washington, D.C.
- Manasse, S.M., *Lampe, E., *Whang, P., **Juarascio, A.S.**, & Forman, E.M. (2019, March). Development, feasibility, and acceptability of an at-home, virtual reality inhibitory control training for individuals with binge eating. In T Mason (Chair), *Translational Research on Inhibitory Control and Binge Eating: From Basic Clinical Research to Intervention*. Paper presented at the Society for Behavioral Medicine Annual Meeting. Washington, D.C.
- Juarascio, A.S.**, Forman, E., Goldstein, S., Zhang, F. (2018, November). Using Machine Learning Algorithms to build Just-in-Time Adaptive Interventions for Dietary Lapses, Emotional Eating, and Binge Eating Episodes. Paper presented at the Association for Behavioral and Cognitive Therapies Conference, Washington, D.C.
- *Espel-Huynh, H.M., Zhang, F., Thomas, J.G., Boswell, J.F., Thompson-Brenner, H., **Juarascio, A.S.**, & Lowe, M.R. (2018, November). An application of machine learning to predict patterns of response to eating disorder treatment. Paper to be presented at the Obesity and Eating Disorder SIG meeting of the Association for Behavioral and Cognitive Therapies conference, Washington, D.C.

- Forman, E. F., Manasse, S. M., *Dallal, D. H., Butryn, M. L., **Juarascio, A. S.**, *Crochiere, R. J., *Loyka, C. M., *Dochat, C., & Houben, K. (2018, November). *Computerized neurocognitive training for improving dietary health and facilitating weight loss*. Paper to be presented at the annual meeting of The Obesity Society, Nashville, TN.
- Forman, E. F., Kerrigan, S. G., **Juarascio, A. S.**, Manasse, S. M., Ontanon, S., *Dallal, D. H., *Crochiere, R. J., & Butryn, M. L. (2018, October). Applying the engineering system of reinforcement learning to the optimize the treatment of eating and weight disorders. Paper presented at the Eating Disorders Research Society Annual Meeting, Sydney, Australia.
- Manasse, S. M., **Juarascio, A. S.**, *Dallal, D. H., *Crochiere, R. J., Butryn, M. L., & Forman, E.M. (2018, October). *Novel methods of enhancing inhibitory control in eating and weight disorders: gamification and virtual reality*. Paper presented at the Eating Disorders Research Society Annual Meeting, Sydney, Australia.
- Manasse, S., *Hunt, R., & **Juarascio, A.S.**** (2018, April). A multi-modal examination of impulsivity as a predictor of outcome from treatment for bulimia nervosa. Paper presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- *Evans, B.C., Felton, J.W., Manasse, S.M., Lejuez, C.W., **Juarascio, A.S.**** (2018, April). Impulsivity and affect reactivity predict disordered eating attitudes over time: A 6-year longitudinal study. Paper to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- *Manasse, S.M., *Espel, H.M., *Schumacher, L.M., Forman, E.M., & **Juarascio, A.S.**** (2017, March). *An examination of potential cognitive and affective mechanisms of change in acceptance-based treatment for binge eating*. In K. Vowles (chair), *Mechanisms of treatment change: Results from Acceptance and Commitment Therapy for chronic pain, weight loss, and binge eating*. Paper presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- Forman, E.M., Goldstein, S.P., Abichandani, P., Zhang, F., Evans, B.C., *Manasse, S.M., **Juarascio, A.S.**, Butryn, M.L., *Martin, G.J. (2017, March). *Using Machine Learning and Just In Time Adaptive Intervention to Predict and Prevent Dietary Lapses: The DietAlert App*. Paper presented at the 38th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Diego, CA.
- *Manasse, S.M., Forman, E.M., Zhang, F., *Espel, H.M., **Juarascio, A.S.**, *Flack, D., *Dochat, C., *Schumacher, L.M., *Kerrigan, S.G., & Crosby, R.D. (2016, October). *Different facets of impulsivity predict treatment outcome in obesity and binge eating disorder*. Paper to be presented at the Eating Disorders Research Society Annual Meeting, New York, NY.
- Forman, E.M., *Goldstein, S.P., *Evans, B.C., *Manasse, S.M., **Juarascio, A.S.**, Butryn, M.L., & *Tapera, T. (2016, April). A Preliminary Investigation of a Personalized Risk Alert System for Weight Control Lapses. In S.P. Goldstein (Chair), *Harnessing the Power of*

Predictive Learning to Promote Health Behavior Change: Developing and Testing Novel Technology. Symposium presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.

*Manasse, S.M., Forman, E.M., Ruocco, A.C., Butryn, M.L., **Juarascio, A.S.**, & Fitzpatrick, K.K. (2015, April). Do executive functioning deficits underpin binge eating disorder? A comparison of overweight women with and without binge eating pathology. Paper presented at the International Conference on Eating Disorders Annual Meeting. Boston, MA.

*Manasse, S.M., **Juarascio, A.S.**, *Schumacher, L.M., *Espel, H.M., & Forman, E.M. (2015, April). An examination of neuropsychological predictors of response to treatment for binge eating disorder. Paper presented at the International Conference on Eating Disorders Annual Meeting. Boston, MA.

*Manasse, S.M., Forman, E.M., Ruocco, A.C., Butryn, M.L., **Juarascio, A.S.**, & Fitzpatrick, K.K. (2014, November). An Investigation of the Neurocognitive Profile of Binge Eating Disorder. Paper presented at the Association for Behavioral and Cognitive Therapies Obesity and Eating Disorders SIG Meeting. Philadelphia, PA.

Forman, E. M., Butryn, M. L., **Juarascio, A. S.**, *Manasse, S. M., & *Goldstein, S. P. (2014, November). TakeControl: A smartphone app for binge eating disorder. In M. L. Butryn (Chair), Innovative uses of technology to enhance intervention in the domains of binge eating, obesity and physical activity. Symposium presented at the 48th Annual Convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Forman, E.M., Butryn, M.L., *Martin, L.M., *Manasse, S.M., **Juarascio, A.S.**, *Goldstein, S.P., Shaw, J.A., Schumacher, LM. (2014, April). Technology-Assisted Interventions for Binge Eating and Overconsumption of Snack Foods. Paper presented in Ecological Momentary Interventions for Eating Behavior (Chair: S.P. Goldstein), Society of Behavioral Medicine Annual Meeting.

Forman, E.M., Butryn, M.L., Bradley, L.E., **Juarascio, A.S.**, Shaw, J.A., Lowe, M.R., Herbert, J. Clark, V. (2013, March). Outcomes from Mind Your Health I and II: Randomized Controlled Trials of an Innovative Acceptance-based Behavioral Treatment for Obesity. In Impact of Novel Obesity Intervention Studies. Symposium presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.

Forman, E.M., Butryn, M.L., Bradley, L.E., **Juarascio, A.S.**, Shaw, J.A., Lowe, M.R., Herbert, J. Kelly, M., Belmont, A., Clark, V (November, 2012). Outcomes from the Mind Your Health project: A randomized controlled trial comparing standard behavioral and acceptance-based behavioral interventions for obesity. In M. Butryn (Chair), Innovative Behavioral Approaches to Weight Loss. Symposium presented at the 46th annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

- Yuen, E.K., Herbert, J.D., Forman, E.M., Goetter, E.M., **Juarascio, A.S.**, Rabin, S.J., McGrath, K.B., & Goodwin, C.L. (2012). Videoconference-Mediated Exposure Therapy for Social Anxiety Disorder. Symposium presented at the 2012 Anxiety and Depression Conference, San Diego, CA.
- Juarascio, A.S.**, Matteucci, A., Forman, E. M., & Herbert, J. D. (2012, July). The role of values in the treatment of eating disorders. In N. Reetz (Chair), *Building flexibility with food, body, and self: Contextual behavior science and disordered eating*. Symposium presented at the 10th World Conference of the Association for Contextual Behavioral Science, Washington, DC.
- Shaw, J. A., **Juarascio, A. S.**, Matteucci, A., Forman, E. M., Timko, C. A., Herbert, J. D., Butryn, M. Lowe, M. (2012, July). Acceptance and commitment therapy as a novel treatment for eating disorders: An initial test of efficacy and mediation. In L. Martin (Chair), *ACT for disordered eating: Recent findings*. Symposium presented at the 10th World Conference of the Association for Contextual Behavioral Science, Washington, DC.
- Yuen, E. K., Herbert, J. D., Forman, E. M., Goetter, E. M., **Juarascio, A. S.**, Rabin, S. J., & McGrath, K. B. (2012, July). Acceptance-based behavior therapy for social anxiety disorder using videoconferencing and virtual environments. In J. Herbert (Chair), *Internet-based delivery of ACT: Legal, ethical, and clinical developments*. Symposium presented at the 10th World Conference of the Association for Contextual Behavioral Science, Washington, DC.
- Juarascio, A.S.**, Forman, E., Timko, C.A., Shaw, J., Matteucci, A., Herbert, J., Butryn, M., Lowe, M. (2012, May). *Acceptance and Commitment Therapy as a Novel Treatment for Eating Disorders: An Initial Test of Efficacy and Mediation*. Paper presented at the AED 2012 Annual Conference, Austin, TX.
- Yuen, E. K., Herbert, J. D., Forman, E. M., Goetter, E. M., **Juarascio, A. S.**, Rabin, S. J., McGrath, K. B., Goodwin, C. L., Park, J. A., & Bouchard, S. (2010, November). Using Skype videoconferencing and Second Life virtual environments to deliver acceptance-based behavior therapy for social anxiety disorder. Paper presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Butryn, M., Forman, E. M., Hoffman, K. L., Shaw, J. A., & **Juarascio, A. S.** (2010, November). A pilot study of acceptance and commitment therapy for promotion of physical activity. Paper presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Juarascio, A.S.**, Timko, C.A., Forman, E., Herbert, J. (2010, May). *Implicit measurement of internalization of the thin ideal using the implicit relational assessment procedure*. Paper presented at the 36th annual convention of the Association for Behavior Analysis, San Antonio, Texas.

- Juarascio, A.S.**, Forman, E., Herbert, J., Rabin, S., Goodwin, C. (2009, November). *Beyond the efficacy ceiling: targeting universal processes across diverse problems in ACT clinical effectiveness trials*. Paper presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Butryn, M., Forman, E., Lowe, M., Clark, V., Shaw, J., **Juarascio, A.S.** (2009, November). *Altering the experience of arousal and the body: Processes of change in acceptance-based treatments for eating and anxiety Disorders*. Paper presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Hoffman, K., Forman, E., Herbert, J., Butryn, M., **Juarascio, A.S.**, Ryan, N. (2009, November) *Cognitive reappraisal vs. experiential acceptance*. Paper presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Shoaib, A., **Juarascio, A.S.**, & Timko, C.A. (2009, May). *Pro-eating disorder communities on social networking sites*. Paper accepted for presentation at the annual International Conference on Eating Disorders, Cancun, MX.

Posters:

- Forney, K. J., *Burton Murray, H., Himawan, L., & ****Juarascio, A.S.** (2023, November). Preliminary data that psychological treatment and higher baseline anxiety are associated with decreases in postprandial fullness for individuals with bulimia nervosa-spectrum disorders. Poster to be presented at the 57th Annual Meeting of the Association for Behavioral and Cognitive Therapies, Seattle, Washington.
- *D'Adamo, L., *Sonnenblick, R.M., *****Juarascio, A.S.**, & ***Manasse, S.M. (2023, September). *Relations between subtypes of dietary restraint, restriction, and loss-of-control eating among adolescents seeking weight control: An ecological momentary assessment study*. Poster to be presented at the 29th Annual Eating Disorders Research Society Meeting, Boston, MA.
- *Riddle, D.R., *Lampe, E.W., ***Manasse, S.M., & *****Juarascio, A.S.** (2023, September) *Trajectories of Negative Affect Before and After Episodes of Restrained Eating in Individuals with Binge-Spectrum Eating Disorders*. Poster to be presented at the 29th annual meeting of the Eating Disorders Research Society, Boston, MA.
- *Wetherall, L., *****Juarascio, A.S.**, & ***Manasse, S. M. (2023, September). *The relationship between compensatory behaviors and treatment outcomes are buffered by higher self-efficacy beliefs*. Poster to be presented at the 2023 Eating Disorder Research Society Annual Conference, Boston, MA, United States.
- *Presseller, E.K., *Trainor, C., *****Juarascio, A.S.**, & ***Manasse, S.M. (2023, September). *Family meal environment across behavioral weight loss treatment for*

adolescents with and without binge eating. Poster presented at the XXIXth Annual Meeting of the Eating Disorders Research Society, Boston, MA.

- *Trainor, C., Mason, T., *****Juarascio, A.S.**, & ***Manasse, S.M. (2023, September). Differences in Parental Criticism in Adolescents with Overweight and Obesity With or Without Loss of Control: An Ecological Momentary Assessment Study. Poster accepted for publication at the 29th Annual Meeting of the Eating Disorders Research Society, Boston, MA, USA.
- *Trainor, C., Mason, T., *****Juarascio, A.S.**, & ***Manasse, S.M. (2023, September). Associations Between Parental Criticism and Disordered Eating Behaviors In Adolescents with Overweight and Obesity With or Without Loss of Control: An Ecological Momentary Assessment Study. Poster accepted for publication at the 29th Annual Meeting of the Eating Disorders Research Society, Boston, MA, USA.
- *Liu, J., *D'Adamo, L., & ****Juarascio, A.S.** (2023, April). *Discrepancy in patient- and therapist-perceived usefulness of a digital app for eating disorder treatment predicted outcomes.* Poster presented at the 44th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Phoenix, AZ.
- *Liu, J., *Felonis, C. R., & ****Juarascio, A. S.** (June 2023). *Distress tolerance moderates the impact of just-in-time adaptive interventions on treatment outcomes in patients with bulimia-spectrum eating disorders.* Poster presented at the International Conference on Eating Disorders, Washington, D.C
- *Sonnenblick, R.M., *Wilkinson, M.L., ****Juarascio, A.S.** (2022, December). Baseline self-esteem does not predict treatment outcomes for adults with binge-spectrum eating disorders. Poster to be presented at the Academy for Eating Disorders' 2023 *International Conference for Eating Disorders.*
- *Giannone, A., *****Juarascio, A. S.**, & ***Srivastava, P. (2023, June). *Hedonic hunger moderates the prospective association of affect and loss of control eating* [Poster presentation]. Academy of Eating Disorders' International Conference on Eating Disorders, Washington, D.C.
- *Clancy, O.M., **Juarascio, A.S.**, & *Srivastava, P. (June 2022) *Utilizing Ecological Momentary Assessment to Assess the Influence of Sociocultural Attitudes Towards Thin Appearance on Body Dissatisfaction.* Poster to be presented virtually at the Academy for Eating Disorders' annual International Conference for Eating Disorders.
- *Presseller, E.K., *Abber, S.R., *Lampe, E.W., & ****Juarascio, A.S.** (2022, September). Latent trajectories of change in dietary restraint during CBT-E for bulimia-spectrum eating disorders differentially predict post-treatment remission. Poster to be presented at the XXVIIIth Annual Meeting of the Eating Disorders Research Society, Philadelphia, PA.

- *Gillikin, L., Manasse, S.M., Roberts, S., *Boyajian, L, *Drexler, S.A., ****Juarascio, A.S.** (2022, November). Coping with an Emotional Rollercoaster: The Role of Affect Lability on the Presence of Binge Eating Among Sexual and Gender Minority Adults. Poster to be presented at 56th annual meeting of the Association for Behavioral and Cognitive Therapies, New York City, NY.
- *Michael, M.L., *Pitts, A.L., & ****Juarascio, A.S.** (November 2021). *Characterizing alcohol-related disordered eating in adults with clinically significant binge eating.* Poster to be presented at the 55th annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
- *Clancy, O., **Juarascio, A.S.** & Srivastava, P. (2021). *Does skill utilization in CBT for BN predicts outcomes?*, Poster to be presented at the 55th annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
- *Srivastava, P. & ****Juarascio, A.S.** (2021). *Differential role of affect management skills in moderating the session-by-session association between dietary restriction and binge eating during behavior treatments for bulimia nervosa.* Poster to be presented at the 55th annual convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
- Smith, S. R., Abber, S. R., Manasse, S. M., & ****Juarascio, A. S.** (November 2021). *The Relationship between Weight Suppression and Impulsivity in Individuals with Bulimia Nervosa.* Poster to be presented at the 55th Annual Meeting of the Association for Behavioral and Cognitive Therapies. New Orleans, LA.
- *Felonis, C. R., Payne-Reichert, A., Manasse, S. M., & ****Juarascio, A. S.** (2021, November). *A naturalistic examination of affect and non-eating activity engagement as predictors of loss of control eating.* Poster to be presented at the 55th Annual Convention of the Association for Behavioral and Cognitive Therapies, New Orleans, LA.
- *Fojtu, C., *Michael, M., & **Juarascio, A.S.** (November 2020). *The Effect of Alcohol Consumption during Binge Eating on Impulsivity, Habitual Binge Eating, and Binge Planning in Individuals with Binge Eating Disorder.* Poster to be presented at the 54th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Lin, M., *Srivastava, P., & **Juarascio, A.S.** (2020, November). *Do the cognitive symptoms of bulimia nervosa improve in cognitive behavioral therapy?* Poster to be presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Lin, M., *Gillikin, L.M., & **Juarascio, A.S.** (2020, November). *Eating disorder symptom prevalence in people of color in randomized clinical trials for full or sub-threshold*

bulimia nervosa. Poster to be presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

- *Wons, O., *Michael, M., & **Juarascio, A.S.** (2020, November). *Characterizing Objective and Maladaptive Physical Activity in Individuals with Binge Eating Disorder*. Poster to be presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Gillikin, L.M., Manasse, S.M., *Lin, M. **Juarascio, A.S.**, & *Srivastava, P. (2020, November) *The Role of Distress Intolerance on Maladaptive Coping with Body Dissatisfaction*. Poster to be presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Srivastava, P., *Felonis, C., *Wons, O., & **Juarascio, A.S.** (2020, November). *A naturalistic examination of the dual pathway model of binge eating using an ecological momentary assessment approach*. Poster to be presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Srivastava, P., *Felonis, C., *Lin, M., & **Juarascio, A.S.** (2020, November). *The trajectory of change in the overvaluation of shape and weight and body dissatisfaction in relation to symptoms of bulimia nervosa during cognitive behavior therapy*. Poster to be presented at the 54th annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Michael, M. L., & **Juarascio, A.S.** (November 2020). *Who is more willing to exert effort for food? An examination of effort valuation for food rewards in individuals with binge eating*. Poster to be presented at the 54th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Michael, M. L., *Fotju, C., & **Juarascio, A.S.** (November 2020). *A characterization of alcohol consumption during binge eating in individuals with binge eating disorder*. Poster to be presented at the 54th annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Parker, M. N., Murray, H. B., M. R., Ayaz, H., **Juarascio, A. S.** & Manasse, S. M. (2020, November). *Neurobiological deficits in inhibition processing strengthen the relationships between urges and binge eating in daily life*. Poster presented at the 54th Annual convention of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- *Srivastava, P., *Clark, K. E., *Parker, M., *Felonis, C., *Wons, O., & **Juarascio, A.S.**** (2020, June). A closer look at homework compliance in cognitive behavior therapy for bulimia nervosa: Does homework compliance in between-session period prospectively predicts a decline in symptoms? Poster to be presented at the International Conference on Eating Disorders, Sydney, Australia.

- *Presseller, E.K., *Srivastava, P., & **Juarascio, A.S.**** (2020, June). *Values-based behavioral activation: A novel treatment approach yields improvements in shape and weight concerns in individuals with binge eating*. Poster to be presented at the International Conference on Eating Disorders, Sydney, Australia.
- *Clark, K. E., *Palasick, S., *Presseller, E., *Lampe, E., *Fojtu, C., & **Juarascio, A. S.**** (2020, June). *Clinician perspectives on acceptability of exposure therapy for bulimia nervosa*. Poster to be presented at the International Conference on Eating Disorders, Sydney, Australia.
- *Michael, M. L. & **Juarascio, A.S.** (2020). Does restrained eating affect response inhibition in individuals with binge eating? Implications for future study. Poster to be presented at the International Conference on Eating Disorders, Sydney, Australia.
- *Srivastava, P., *Lampe, E.W., *Michael, M.L., Manasse, S.M., **Juarascio, A.S.**** (2020, April) *Affective Reactivity Mediates Relationship Between Stressors and Binge Eating: An ecological momentary assessment study*. Poster presentation at the 41st Annual Meeting & Scientific Sessions of the Society for Behavioral Medicine. San Francisco, CA.
- *Michael, M. L., *Lin, M., & **Juarascio, A.S.**** (November 2019). *A multi-modal comparison of impulsivity in individuals with bulimia nervosa and binge eating disorder*. Poster presented at the Obesity and Eating Disorder SIG Poster Session at the 53rd annual convention of the Association of Behavioral and Cognitive Therapies, Atlanta, GA.
- *Parker, M. N. & **Juarascio, A. S.** (2019, November). *Positive expectations may not be so positive: Expecting eating to be rewarding may be related to hedonic hunger and binge eating*. Poster presented at the 53rd Annual convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.
- *Presseller, E., *Hunt, R.A., & **Juarascio, A.S.** (2019, November). Trauma history associated with more severe bulimic symptoms, greater emotion dysregulation, and lower distress tolerance in outpatient bulimia nervosa patients. Poster to be presented at the 53rd Annual Convention of the Association for Behavioral and Cognitive Therapies, Atlanta, GA, November 21-24, 2019.
- *Clark, K. E., & **Juarascio, A. S.** (2019, November). *Clients and clinicians facing fears: Exposure therapy for eating disorders*. Poster presented at the 29th Annual Renfrew Center Foundation Conference for Professionals, Philadelphia, PA.
- *Clark, K. E., Parker, M., & **Juarascio, A. S.** (2019, September). Homework compliance and treatment outcomes in cognitive behavioral treatment for bulimia nervosa. Poster presented at the Eating Disorder Research Society Annual Meeting, Chicago, IL.
- *Srivastava, P., *Michael, M., *Hunt, R., Manasse, S., & **Juarascio, A.S.** (2019, March). Does body dissatisfaction predict a binge episode? An ecological momentary assessment study.

Poster presented at the 40th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.

- *Clark, K. E., *Hunt, R. A., *Murray, H. B., & **Juarascio, A. S.** (2018, November). Acceptability of negative mood induction and food exposure in a bulimia nervosa outpatient sample. Poster to be presented at the 52nd Annual Convention of the Association for Behavioral and Cognitive Therapies, Washington, D.C.
- *Parker, M. N., Manasse, S. M., *Murray, H. B., & **Juarascio, A. S.** (2018, November). The associations among momentary urges, negative affect, and binge episodes in individuals who engage in binge planning. Poster presented at the 52nd Annual convention of the Association for Behavioral and Cognitive Therapies. Washington, D.C.
- Forman, E. F., Kerrigan, S. G., *Dallal, D. H., *Moskow, D. M., Butryn, M. L., **Juarascio, A. S.**, Manasse, S. M., & Ontanon, S. (2018, November). *Artificial intelligence optimizes weight loss coaching via continuously-monitored digital data*. Poster to be presented at the annual meeting of The Obesity Society, Nashville, TN.
- Juarascio, A.S.**, Manasse, S., *Clark, K.E., (2018, October). Using In-Session Exposures to Improve Distress Tolerance and Emotion Regulation. Poster presented at the Eating Disorder Research Society, Sydney, Australia.
- Forman, E. M., Goldstein, S. P. Zhang, F., Butryn, M. L., **Juarascio, A. S.**, Manasse, S. M., Martin, G. J. (2018, April). *OnTrack: Can a Smartphone-based Just-time Adaptive Intervention Improve Weight Loss Outcomes?* Poster presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- Forman, E. M., Kerrigan, S.G., **Juarascio, A.S.**, Butryn, M.L., *Moskow, D.M., Manasse, S.M. (2018, April). *Using Reinforcement Learning Optimization to Achieve Maximum Cost-Effectiveness of Weight Loss Interventions*. Poster presented at 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.
- Manasse, S.M., *Hunt, R., & **Juarascio, A.S.** (2018, April). A multimodal examination of impulsivity as a predictor of outcome from treatment for bulimia nervosa. Poster to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.
- Lieber, E. W., *Goldstein, S. P., *Martin, G. M., Forman, E. M., Butryn, M. L., **Juarascio, A. S.** (2018, April). *Can just-in-time adaptive interventions improve self-efficacy to prevent dietary lapses?* Poster presented at 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.
- *Parker, M. N., Manasse, S. M., *Barney, J. L., *Wyckoff, E.P., & **Juarascio, A. S.** (April, 2018). The effects of loss of control eating on overweight and obsess individuals with clinically significant emotional eating. Poster presented at the 39th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, Louisiana.

- Forman, E.M., Kerrigan, S.G., **Juarascio A.S.**, Butryn, M.L., Moskow, D.M., Manasse, S.M. (2018, April). Using Reinforcement Learning Optimization to Achieve Maximum Cost-Effectiveness of Weight Loss Interventions. Poster to be presented at 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. New Orleans, LA.
- *Martin, G. J., Goldstein, S. P., Butryn, M. L., **Juarascio, A. S.**, Forman, E. M. (2018, April). Preventing dietary lapses in social situations: the power of a just-in-time adaptive intervention for weight loss. Poster to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- Forman, E. M., Goldstein, S. P. Zhang, F., Butryn, M. L., **Juarascio, A. S.**, Manasse, S.M., Martin, G.J. (2018, April). *OnTrack: Can a Smartphone-based Just-time Adaptive Intervention Improve Weight Loss Outcomes?* Poster to be presented at the 39th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
- Juarascio, A.S.**, *Murray, H., *Wolinsky, A., (2017, September). Values Guided and Emotion Focused Behavioral Therapy for Bulimia Nervosa. Poster presented at the Eating Disorder Research Society, Leipzig, Germany.
- *Barney, J., *Murray, H., Manasse, S., *Dochat, C., **Juarascio, A.S.** (2017, June). Mechanisms and Moderators in Third-wave Treatments for Binge Eating Spectrum Disorders: A Systematic Review. Poster presented at the International Conference for Eating Disorders, Prague, CZ.
- *Goldstein, S.P., Zhang, F, Forman, E.M., *Evans, B.C., **Juarascio, A.S.**, Manasse, S.M., & Butryn, M.L. (2016, April). *Using Machine Learning to Predict Dietary Lapses from a Weight Loss Program.* Poster presented at the 37th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Washington, D.C.
- Juarascio, A.S.**, Felton, J. W., Borges, A.M., Manasse, S.M., *Murray, H.B., & Lejuez, C.W. (2016, October). An investigation of negative affect, reactivity, and distress tolerance as predictors of disordered eating attitudes across adolescence. Poster presented at the Eating Disorders Research Society Annual Meeting. New York, NY.
- *Manasse, S.M., *Espel, H.M., *Schumacher, L.M., *Kerrigan, S.G., Zhang, F., Forman, E.M., & **Juarascio, A.S.** (2016, May). *Are binge eating disorder patients with higher negative urgency less responsive to treatment?* Poster presented at the International Conference on Eating Disorders. San Francisco, CA.
- Juarascio, A.S.**, Felton, J.W., Borges, A., *Manasse, S.M., *Murray, H., & Lejuez, C.W. (2016, May). *A 6-Year Investigation of Internalizing Symptoms, Affect Reactivity, and Distress Tolerance as Prospective Predictors of the Onset of Eating Disordered Attitudes in Adolescents.* Poster presented at the International Conference on Eating Disorders. San Francisco, CA.

- *Manasse, S.M., *Goldstein, S.P., *Wyckoff, E.P., Forman, E.M., **Juarascio, A.S.**, Butryn, M.L., & Ruocco, A.C. (2015, October). *Slowing down and taking a second look: inhibitory deficits associated with binge eating are not food-specific*. Poster presented at the Obesity Society Annual meeting 2015, Los Angeles, CA.
- *Manasse, S.M., *Goldstein, S.P., *Wyckoff, E.P., Forman, E.M., **Juarascio, A.S.**, Butryn, M.L., & Ruocco, A.C. (2015, October). Slowing down and taking a second look: Inhibitory deficits associated with binge eating are not food-specific. Poster presented at the Obesity Society Annual meeting 2015, Los Angeles, CA.
- *Manasse, S.M., *Goldstein, S.P., *Wyckoff, E.P., Forman, E.M., **Juarascio, A.S.**, Butryn, M.L., Ruocco, A.C., & Engel, S. (2015, September). Are Inhibitory Control Deficits in Individuals with Binge Eating Pathology General or Stimuli-Specific? Poster presented at the Eating Disorders Research Society Annual Meeting. Taormina, Sicily.
- *Manasse, S.M., Forman, E.M., **Juarascio, A.S.**, & Butryn, M.L. (2015, April). Planning binge episodes: A viable construct for examining binge eating severity? Poster presented at the International Conference on Eating Disorders Annual Meeting. Boston, MA.
- Juarascio, A.S.**, *Manasse, S., *Espel, H., *Schumacher, L., *Kerrigan, S., Forman, E.F. (2015, April). Feasibility, Acceptability, and Preliminary Efficacy of an Acceptance-Based Group Treatment for Binge Eating Disorder. Poster presented at the International Conference on Eating Disorders Annual Meeting. Boston, MA.
- *Goldstein, S.P., Forman, E.M., Butryn, M.L., **Juarascio, A.S.**, & *Manasse, S.M. (2015, April). Is Negative Urgency Contributing to Weight Loss Treatment Failure? Poster presented at the 36th annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- *Schumacher, L.M., *Manasse, S.M., **Juarascio, A.S.**, *Espel, H., & Forman, E.M. (April, 2015). Differences in Illness Severity and Treatment Response by Weight Status among Binge Eating Patients. Poster presented at the 36th annual meeting of the Society of Behavioral Medicine, San Antonio, TX.
- *Manasse, S.M., Forman, E.M., **Juarascio, A.S.**, Butryn, M.L., & Ruocco, A.C. (2014, November) An examination of neuropsychological deficits in overweight women with binge eating disorder. Poster presented at the Obesity Society Annual Meeting. Boston, MA.
- *Manasse, S.M., Forman, E.M., **Juarascio, A.S.**, Butryn, M.L., & Ruocco, A.C. (2014, November). Food reward sensitivity, implicit attitudes, and delayed discounting as predictors of binge eating. Poster presented at the Obesity Society Annual Meeting. Boston, MA.
- *Manasse, S.M., **Juarascio, A.S.**, Forman, E.M., Butryn, M.L., & Lejuez, C.W. (2014, November) An Examination of the Balloon Analogue Risk Task as a predictor of loss-of-

control and binge episodes in overweight and obese women. Poster presented at the Association for Cognitive and Behavioral Therapies Annual Meeting.

Juarascio, A.S., Manasse, S.M., Goldstein, S.P., Forman, E.M., Butryn, M.L. (2014, April). Smartphone-delivered Intervention for Binge Eating Disorder. Poster presented at the Society of Behavioral Medicine Annual Meeting.

*Manasse, S.M., Forman, E.M., **Juarascio, A.S.**, *Espel, H.M., *Schumacher, L.M., Butryn, M.L., Fitzpatrick, K.K., & Ruocco, A.C (2014, April). An Investigation of the Neurocognitive Profile of Binge Eating Disorder: Preliminary Findings. Paper presented at the AED International Conference on Eating Disorders Neuropsychology SIG Meeting. New York, NY.

Forman, E. F., Butryn, M.L., **Juarascio, A. S.**, *Manasse, S.M., *Goldstein, S.P., Naik, G., Segall, J. (2014, March). Utilizing ecological momentary intervention to enhance and disseminate CBT: The development of TakeControl, a smartphone app for the treatment of binge eating disorder. Poster presented at the International Conference on Eating Disorders, New York City, NY.

*Matteucci, A.J., **Juarascio, A.S.**, Schumacher, L.M., Forman, E.M., & Herbert, J.D. (2014, March). Perseveration as a potential mediator of body-image dissatisfaction and eating pathology. Poster presented at the International Conference on Eating Disorders, New York City, NY.

Goldstein, S.P., **Juarascio, A.S.**, Kerrigan, S.G., Shaw, J.A., & Forman, E.M. (2013, November). Distress tolerance moderates the relationship between implicit attitudes and overeating. Poster presented at the 47th annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, Tennessee.

Goldstein, S. P., Herbert, J. D., Forman, E. M., **Juarascio, A.S.**, Erford, B., & Barbieri, A. (2012, July). *Psychological acceptance and impulsivity: Interaction predicts disordered eating behavior*. Poster presented at the 10th World Conference of the Association for Contextual Behavioral Science, Washington, DC.

Matteucci, A., **Juarascio, A.S.**, Forman, E. M., & Herbert, J. D. (2012, July). *Body-related acceptance as a potential mediator of body image dissatisfaction and eating pathology*. Poster presented at the 10th World Conference of the Association for Contextual Behavioral Science, Washington, DC.

Juarascio, A.S., Shaw, J., Matteucii, A., Forman, E., Timko, C.A., Herbert, J., Butryn, M., Lowe, M. (November, 2011). Acceptance and Commitment Therapy as a Novel Treatment for Eating Disorders: An initial test of efficacy and mediation. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.

- Shaw, J.A., **Juarascio, A.S.**, Forman, E.M., Bradley, L., Herbert, J.D., Butryn, M., Berner, L., Doshi, S., Lowe, M.R. (November, 2011). Controlled Trial of Residential-Based ACT for Eating Disorders: Impact on Behavioral Measures of Eating Psychopathology. Poster presented at the 45th annual convention of the Association for Behavioral and Cognitive Therapies, Toronto, Canada.
- Juarascio, A.S.**, Timko, C.A., Forman, E., Herbert, J. (2010, May). *Implicit measurement of internalization of the thin ideal using the implicit relational assessment procedure*. Poster presented at the 44th annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.
- Juarascio, A.S.**, Timko, C.A., Forman, E.M., Chubski, J., Butryn, M.L., & Hoffman, K.L. (2009, November). *The development and validation of the Food Acceptance and Awareness Questionnaire (FAAQ)*. Poster presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Goodwin, C., **Juarascio, A.S.**, Rabin, S., Goodwin, E., Park, J., Forman, E., Herbert, J. (2009, November). *ACT vs. cognitive therapy for test anxiety in an undergraduate population*. Poster presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Rabin, S., Park, J., Forman, E., Herbert, J., Goodwin, C., **Juarascio, A.S.** (2009, November). Comparison of ACT and Traditional CBT in Reducing Hopelessness in Depressed *Individuals*. Poster presented at the 43rd annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.
- Juarascio, A.S.**, Ribiero, J., Fournier, J. (2008, November). *The Use of Constructive Pain as a Coping Mechanism for Patients with Borderline Tendencies*. Poster presented at the 42nd annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.
- Chowansky, A., Sieffert, K., Haas, M., Starosta, A., **Juarascio, A.S.**, & Timko, C.A. (2007, November). *Does a pre-load experiment affect subsequent food consumption? Caloric and macronutrient intake in the days following a pre-load manipulation*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Starosta, A., Haas, M., Sieffert, K., Chowansky, A., **Juarascio, A.S.**, & Timko, C.A. (2007, November). *Restraint, disinhibition, dieting, or a combination thereof: What predicts counter-regulatory eating?* Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.
- Timko, C.A., Mooney, K., & **Juarascio, A.S.** (2007, November). *Change in eating behaviors, attitudes, body image, and BMI during the first year of college*. Poster presented at the 41st annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Juarascio, A.S., Perone, J., & Timko, C.A. (2006, November). *Correlates and predictors of eating disordered symptoms in male and female college students*. Poster presented at the 40th annual meeting of the Association for Behavioral and Cognitive Therapies, Chicago, IL.

PATENTS

Forman, E.M., Butryn, M.L. **Juarascio, A.S.,** Manasse, S.M., Goldstein, S.P. et al. “System and Method for Managing Binge Eating Disorders,” U.S. Patent Application 2014/049772, August, 5, 2014.

NOTABLE SERVICE ACTIVITIES

Department:

- Director of Drexel’s Eating and Weight Loss Treatment and Assessment clinic (DELTA Clinic; 2015-2019)
 - The DELTA clinic operated as part of the Psychological Services Center. In this role I served as the primary clinical supervisor for 2-3 second year graduate students each year and 1-2 advanced graduate student peer mentors. From 2015-2017 I supervised a pre-doctoral intern in this role and from 2018-2019 I supervised a post-doctoral fellow in this role.
- Director of Practicum Training for the Department of Psychology (2016-Present).
 - In this role, I oversee the external practicum placements of the clinical psychological doctoral students across approximately 20 external practicum sites. From 2016-2019 I also hosted a yearly seminar series to the first-year graduate students before they begin their internal practicum placement at the PSC.

College of Arts and Sciences:

- Director of Training for the Weight, Eating, and Lifestyle Sciences Center (WELL Center, 2017- Present)
 - The WELL Center is located within the College of Arts and Sciences. The core training mission of the WELL Center is to provide undergraduate, graduate and post-graduate trainees across multiple disciplines with experiential learning opportunities designed to foster expertise in the science of behavior change related to obesity, eating disorders and lifestyle modification. In this role, I have directed several large professional training opportunities, including hosting the National Eating Disorder Associations Regional Conference at Drexel in spring of 2018. I also provide numerous professional trainings in treatments for eating pathology offsite to clinical groups and professional organizations.

University:

- Drexel University Faculty Senate Ad-Hoc Gender Parity Committee (2018).
 - The goal of this committee was to study gender parity in recruitment, appointment, retention, promotion, salary, and leadership among faculty in Drexel

University. The committee was charged with analyzing and comparing existing data and making recommendations to the Faculty Senate. In this role, I gathered national gender parity data at comparable institutions and compiled Drexel's internal policies related to gender parity to ensure that Drexel was achieving its goal of ensuring gender parity among faculty.

- University Graduate Excellence Awards Committee member (2020- Present).
 - In this role I represented COAS and reviewed applications for end of year graduate awards.

Additional Ad Hoc Service:

- In addition, I have made numerous, recent ad hoc service contributions to the Psychology Department, such as serving on committees charged with internal review of awards and developing and creating the scoring rubric for the comprehensive examination for doctoral students.
- At the university level, I also recently served as a reviewer for a limited submission grant application opportunity and regularly take opportunities in the media and community to raise awareness of Drexel's excellence in research.

Profession:

- Eating Disorder Research Society (EDRS) President (2020- Present):
 - In September 2020, I began a three-year term of President Elect, President, and Post President at the EDRS, a premier international research society for eating disorders. In this role, I hosted the annual conference during my year as President which took place in Philadelphia in September 2022.
- National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) DDK-C Subcommittee, Study Section Member (2019- 2023):
 - I was invited to serve as a standing member of the NIDDK-C Subcommittee section, where I review training (T32, T35) and career development (K01, K08, K23, K00, R25, R03) grant applications in the areas of digestive diseases, obesity and nutrition.
- NIH Study Section Ad-Hoc Reviewer (2017- Present):
 - I have been asked to serve as an ad-hoc reviewer in study sections at both NIMH and NIDDK, for which I provide peer review of research grant applications.
- Grant Reviewer, National Eating Disorder Association (2015-2019):
 - I have provided peer review of research grant applications to the National Eating Disorder Association.
- Editorial Board Member (2015-2019).
 - I provided peer review of manuscripts as an editorial board member of the Journal of Contextual Behavioral Sciences.
- PENDELDOT Board Member (2017-2020).
 - I served as an inaugural board member for the Pennsylvania and Delaware Directors of Training group. The mission of PENDELDOT is to create and oversee a uniform process for practicum applications in the Pennsylvania

and Delaware region and to coordinate with other nearby organizations with similar missions (e.g., NYNJADOT).