

**CURRICULUM VITAE**  
**Jessica L. Chou, Ph.D., LMFT, LPC**

Email Address: jlc563@drexel.edu

**I. Education & Professional History**

**A. Education**

Saint Louis University, Ph.D. Family Therapy, 2014  
Roosevelt University, M.A. Clinical Psychology, 2010  
Southern Illinois University Edwardsville, B.S. Psychology, 2007

**B. Licensure & Certification**

Licensed Professional Counselor (LPC) in the State of Pennsylvania (#PC009837), 2017-Present  
Licensed Marriage and Family Therapist (LMFT) in the State of Pennsylvania (#MF001167), 2020-Present  
AAMFT Approved Supervisor (2021-Present)

**C. Employment History**

*Associate Professor*, Department of Counseling and Family Therapy, Drexel University, 2025-present  
*Assistant Professor*, Department of Counseling and Family Therapy, Drexel University, 2017-2025  
*Therapist*, Bloomgarden, Ostroff, and Associates, 2018-2019  
*Director of Program Development and Research*, Queen of Peace Center, 2016-2017  
*Grants and Research Coordinator*, Queen of Peace Center, 2014-2016

**D. Honors & Awards**

NIDA Diversity Scholars Program, 2020-2022  
Project Lift, Leader Fellowship, 2014  
SAMHSA Minority Fellowship, Program Recipient, 2012

**II. Research & Scholarship**

**A. Funded Research**

**Drexel University**

1. **Chou, J.**, Krauthamer Ewing, S., Slaughter-Acey, J. Irving, S., Schindler, B., & Grella, C. *Maternal Mentalizing as Protective Factor Against Racism-Related Trauma and Maternal Substance Use*. Funding Period: 2024-2026. Project Funding Agency: National Institute of Health/NIDA. Project Number: 1R03DA058838-01A1. Amount: \$151,500. Grant Type: R03. Role: Principal Investigator, 30% Effort (15% Grant Supported, 15% In-kind).
2. **Chou, J.**, Bennett D., Irving, S., & Schindler, B. A. *Family Needs Assessment for Women with Substance Use Disorders (SUDs) Re-Entering the Community*. Funding Period: 2024-2025. Funding Agency: MacArthur Foundation via the City of Philadelphia. Grant Type: Research Grant. Amount: \$20,000. Role: Principal Investigator.

3. **Chou, J.**, Bennett, D., Bradt, J., Irving, S., & Schindler, B. *Utilizing Telehealth Groups for Medication for Opioid Use Disorder Among Women*. Funding Period: 2023-2024. Funding Agency: Pennsylvania Department of Health, CURE Formula Grant. Grant Type: Research Grant. Amount: \$86,400. Role: Principal Investigator. 5% Effort.
4. **Chou, J.**, & Hogue, A. *Outreach Techniques for Family Members of Women in Treatment for Opioid Use Disorder (OUD)*. Funding Period 2023-2025. Funding Agency: Pilot Supplement to R24 DA051946 (PI: Hogue). Amount: \$20,000. Grant Type: Research. Role: Principal Investigator.
5. Irving, S., Bennett, D., **Chou, J.**, Schindler, B. *Expanding the Working Together for Women Program (WTW): Enhancing Family-Based Substance Use Disorder (SUD) Treatment and Recovery Support*. Funding Period: 2023-2028. Funding Agency: Substance Abuse and Mental Health Services Agency (SAMHSA). Grant Type: Program Development. Amount: \$1,999,995. Role: Co-Investigator; Evaluator. 15% Effort.
6. Sterling, R., Patton, R., & **Chou, J.** *SBIRT in the Community Setting*. Funding Period: 2023-2026. Funding Agency: Substance Abuse and Mental Health Services Agency (SAMHSA). Grant Type: Program Development. Amount: \$2,936,398. Role: Co-Investigator; Evaluator. 30% Effort.
7. Schindler, B., Irving, S., Bennett, D., **Chou, J.** *Substance Abuse and Mental Health Services Administration. Expanding the Drexel Center of Excellence for Urban Integrated OUD Healthcare: Prevention, Identification, Engagement and Treatment for OUD in Philadelphia*. Funding Period: 2021-2026. Funding Agency: Substance Abuse and Mental Health Services Agency (SAMHSA). Grant Type: Program Development. Amount: \$2,610,243. Role: Key Personnel. 10% Effort.
8. **Chou, J.** Bennett, D., Irving, S. & Schindler, B. *The Role of Stigma and Family Functioning in Women's Adherence to Medication for Opioid Use Disorder (MOUD)*. Funding Period: 2021-2022. Funding Agency: Drexel University, Deans R3. Grant Type: Research. Amount: \$4,500.00. Role: Principal Investigator.
9. **Chou, J.**, Patton, R., & Grella, C. *Understanding the Role and Impact of Family-Based Therapies in Substance Abuse Treatment Facilities*. Funding Period: 2019-2021. Funding Agency: Drexel University. Grant Type: Career Development Award. Amount: \$5,884.00. Role: Principal Investigator
10. **Chou, J.**, Krauthamer Ewing, S., Lynch, L., & Brooks, S. *Couple/Marriage and Family Therapists Extent of Training Experiences for Race-Related Stress and Racial Trauma*. Funding Period: 2020-2021. Funding Agency: Drexel University, Research & Innovation's Racial Equity Rapid Response Research Awards. Type: Research . Amount: \$5,000.00. Role: Co-Principal Investigator.
11. Patton, R. & **Chou, J.** *Opioid Workforce Expansion Program. Interdisciplinary Training Initiative for Children, Adolescents & Families Impacted by Opioid Use Disorder*. Project ID

#: T98HP33419. Funding Period: 2019-2022. Funding Agency: Health Resources and Services Administration. Federal Type: Training. Amount: \$1,300,000.00. Role and Effort: Co-Principal Investigator, 25% FTE. PI at Drexel Subcontract to University of Akron, \$525,830. 25% Effort.

12. **Chou, J.** Bennett, D., Irving, S. & Schindler, B. *Developing a Family-Centered Behavioral Health Intervention for MAT: A Feasibility & Acceptability Study*. Funding Period: 2019-2020. Funding Agency: Drexel University, Deans R3. Grant Type: Research. Amount: \$5,200.00. Role: Principal Investigator.
13. **Chou, J.**, Lynch, L, Krauthamer Ewing, S., & Wilkins, E. *Supporting Therapist Workforce Development: Exploring Person of the Therapist (POTT) Training Model*. Funding Period: 2019-2021. Funding Agency: Family Process Institute. Grant Type: Research. Amount: \$5,000.00. Role: Co-Principal Investigator.

## **B. Pending Grants**

## **C. Grants Submitted – Not Funded**

1. **Chou, J.**, Bennett, D., Bradt, J., Patton R., & Grella C. *Examining the Acceptability and Feasibility of Brief Family-Centered Intervention for MOUD Treatment Adherence Among Women*. Funding Period 2023-2025. Funding Agency: NIH/NIDA. Amount: \$100,000. Project Number: 1R03DA058123-01. Grant Type: R03. Role: Principal Investigator, 20% FTE. [43<sup>rd</sup> percentile, Impact Score 44]
2. **Chou, J.**, Bennett, D., Bradt, J., Patton R., & Grella C., *Examining the Acceptability and Feasibility of Brief Family-Centered Intervention for MOUD Treatment Adherence Among Women*. Funding Period 2022-2023. Funding Agency: NIH/NIDA. Amount: \$75,000. Project Number: 1R03DA056758-01. Grant Type: R03 B/Start. Role: Principal Investigator, 30% FTE. [Scored 21<sup>st</sup> percentile, Impact Score 36].
3. **Chou, J.**, Krauthamer Ewing, S., Slaughter-Acey, J., Bennett, D., & Slade, A. *Race-Related Stress and Reflective Functioning as Risk and Protective Factors in Maternal Substance Use Disorders*. Funding Period: 2022-2024. Funding Agency: NIH/NIDA. Amount: \$100,000.00. Project Number: 1R03DA055941-01. Grant Type: R03. Role: Co-PI, 20% FTE.
4. **Chou, J.**, Krauthamer Ewing, S., Slaughter-Acey, J., Bennett, D. & Bradt, J. *The Impact of Multiple Minority Stress and Reflective Functioning on Trauma and Maternal Substance Use*. Project Number: 1 R01 DA054618-01. Funding Period: 2021-2025. Funding Agency: NIDA. Amount: \$1,400,000.00. Grant Type: R01. Role: Contact Multiple Principal Investigator, 25% FTE.
5. **Chou, J.**, Krauthamer Ewing, S., Slaughter-Acey, J., Bennett, D., & Suchman, N. *Relationships between Trauma, Race and Gender Related Stress, Reflective Functioning, and Maternal Substance Abuse*. Funding Period: 2020-2022. Funding Agency: NIH/NIDA. Amount: \$100,000.00. Project Number: 1R03DA050011-01A1. Grant Type: R03. Role: Co-PI, 10% FTE. [Scored 25th percentile, Impact Score 42].

6. Krauthamer Ewing, S., **Chou, J.**, Slaughter-Acey, J., & Suchman, N. *Relationships between Trauma, Race and Gender Related Stress, Reflective Functioning, and Maternal Substance Abuse*. Project Number: 1R03DA050011-01. Funding Period: 2019-2021. Funding Agency: NIH/NIDA. Amount:\$100,000.00. Grant Type: R03. Role: Co-PI, 5% FTE. [Scored 21st percentile, Impact Score 38].

### **Funding Prior to Drexel University**

1. *Healthy Families Program*. Funding Period: 2017-2022  
Funding Agency: Substance Abuse Mental Health Services Administration. Grant Type: Program Development. Amount: \$2,600,000.00. Role: Program Development and Grant Writer
2. Noel, J., Williams, C., Riedel, E., & **Chou, J.** *Housing, Employment, and Recovery Support*. Project Number: SM-16-007. Funding Period: 2016-2019. Funding Agency: Substance Abuse Mental Health Services Administration. Grant Type: Program Development. Amount: \$1,200,000.00. Role: Project Director, 50 % FTE
3. **Chou, J.**, & Heiden-Rootes, K. *Project Break Free!* Funding Period: 2016-2017. Funding Agency: Lutheran Foundation Saint Louis. Grant Type: Program Evaluation. Amount: \$53,607.00. Role: Principal Investigator, 25% FTE
4. Chou, J., Heiden-Rootes, K., : *Project Break Free!* Funding Period: 2016-2017. Funding Agency: Lutheran Foundation Saint Louis. Grant Type: Program Development. Amount: \$152,806.14. Role: Project Coordinator, 45 % FTE
5. *Project Break Free!* Funding Period: 2014-2016. Funding Agency: MacArthur Foundation with St. Louis County. Grant Type: Program Development Amount: \$ 138,282.00. Role: Project Manager, 15 % FTE
6. *Project Unite: Understanding the needs of Integrated Healthcare Treatment for Everyone*. Funding Period: 2016-2018. Funding Agency: Saint Louis Mental Health Board, Community Mental Health Fund. Grant Type: Program Development. Amount: \$445,332.00. Role: Grant and Research Coordinator, 10 % FTE
7. *Health and Wellness Program*. Funding Period: 2016-2018. Funding Agency: Tilles Foundation. Grant Type: Program Development. Amount: \$220,000.00. Role: Program Developer, Grant Writer
8. *Adolescent Resource Center*. Funding Period: 2015-2017. Funding Agency: St. Louis County Children's Service Fund. Grant Type: Program Development. Amount: \$1,563,650. Role: Program Developer, Grant Writer
9. *Nurturing Networks*. Funding Period: 2015-2017. Funding Agency: St. Louis County Children's Service Fund. Grant Type: Program Development Amount: \$255,368.00. Role: Program Developer, Grant Writer
10. *Parenting Education Program*. Funding Period: 2015-2016. Funding Agency: Missouri Foundation for Health. Grant Type: Program Development. Amount: \$74,292.00. Role: Program Developer, Grant Writer

- D. **Google Scholar Profile** - <https://scholar.google.com/citations?hl=en&user=ep11su0AAAAJ>  
**H-Index – 11**  
**Total Citations – 602**  
**Citations in the Last 5 years – 432**

### **E. Peer Reviewed Journal Articles**

1. **Chou, J.**, Muruthi, B., Krauthamer Ewing, E., Lynch, L., Feeney, E., Avula, D.S., Rutherford, T., Tyler, V. (2025). Couple/Marriage And Family Therapists (C/MFTs) Extent Of Training Experiences For Race-related Stress And Racial Trauma. *Journal of Marital and Family Therapy*. [Special Issue]. Journal Rank: #83 of 180 in Clinical Psychology; Impact factor: 2.3. Google Scholar Citations: 0
2. Muruthi, B., Krauthamer Ewing, E., **Chou, J.**, Slaughter-Acey, J., McCrell, A., & Bennett, D. (2025). Interacting Effects of Trauma, Parenting Stress and Racism Related Stress on Substance Use Risk for Black Mothers in the United States. *Journal of Racial and Ethnic Health Disparities* [Accepted].
3. **Chou, J.**, Patton, R., Aletraris, L., Zaarur, A., Grella, C., Roman, P., & Feeney, E. (2024). Examining utilization and trends of family-based treatment in substance use treatment. *Contemporary Family Therapy*. Journal Rank: 133 of 180 in Clinical Psychology; Impact Factor: 1.4. Google Scholar Citations: 0.
4. Patton, R., **Chou, J.**, Kester, T., & Feeney, E. (2024). Exploring social connectedness, isolation, support, and recovery factors among women seeking substance use treatment. *Women & Health*, 64, 202-215. doi: 10.1080/03630242.2024.2308518. Journal Rank: 152 of 180 in Public, Environmental, and Occupational Health; #22 of 45 in Women's Studies; Impact Factor: 1.6. Google Scholar Citations: 0.
5. Patton, R., **Chou, J.**, Brown, D., & Zaarur, A. (2024). One size does not fit all: the multifaceted impact of COVID-19 on graduate-level health professions students. *Journal of American College Health*. Journal Rank: #131 of 269 in Education and Educational Research; #106 of 180 in Public, Environmental, and Occupational Health; Impact Factor: 2.4. Google Scholar Citations: 0.
6. \*Patton, R., **Chou, J.**, Katafiasz, H., & Ingrid, W. (2024). Screening for co-occurring substance use and intimate partner violence victimization among college students: Exploring the intersections. *Journal of Substance Use*. Journal Rank: #37 of 38 in Substance Abuse; Impact Factor: 0.8 Google Scholar Citations: 0.
7. \***Chou, J.** Patton, R., Zaarur, A., Katafiasz, H., Swint, P., Dang, Y., & Feeney, E. (2023). Understanding families impacted by opioid use: Outcomes of a therapist training program. *Families, Systems, and Health*, 41, 425-433, <https://doi.org/10.1037/fsh0000818>. Journal Rank: 39 of 46 in Family Studies; Impact Factor: 1.95. Google Scholar Citations: 1
8. \*Patton, R., **Chou, J.**, Dang, Y., Zaarur, A., Katafiasz, H., & Swint., P. (2023). Exploring MFT and counseling trainees' substance use knowledge and perceptions upon entering an opioid use disorder training program. *International Journal of Systemic Therapy*. doi-org.ezproxy2.library.drexel.edu/10.1080/2692398X.2022.2123692. Journal Rank: None; Impact Factor: 1.9. Google Scholar Citations: 0.

9. **\*+Chou, J.** Herbert, D., Bennett, D., Patton, R., Dilks-Webb, K., Zaarur, A., & Schindler, B. (2022). Family support and medication for opioid use treatment among women: A mixed methods study. *Journal of Social Work Practice in the Addictions*. doi-org.ezproxy2.library.drexel.edu/10.1080/1533256X.2022.2109271. Journal Rank: None; Impact Factor: 0.96. Google Scholar Citations: 1.
10. **\*Chou, J.**, Noel, J., Williams, C., Spruell, S., Nixon, K., Riedel, E., & Zaarur, A. (2022). Examining outcomes and the impact of COVID-19 for pregnant and postpartum women with substance use disorders participating in residential treatment services. *Journal of Nursing Scholarship [Special Edition]*. doi: 10.1111/jnu.12803 [Epub ahead of print]. Journal Rank: #7 of 125 in Nursing; Impact Factor: 3.928. Google Scholar Citations: 2.
11. **\*+Chou, J.** Patton, R., Cooper-Sadlo, S., Swan, C., Bennett, D., Herbert, D., Patton, R., Zaarur, A., & Schindler, B. (2022). Examination of stigma and medication for opioid use disorder (MOUD) among women. *International Journal of Mental Health and Addiction, Special Call*. doi:10.1007/s11469-022-00768-3. Journal Rank: #12 of 144 in Psychiatry; Impact Factor: 8.0. Google Scholar Citations: 7.
12. **\*+Chou, J.**, Lynch, L., Brooks, S., Krauthamer Ewing, S., Jordal, C., Herbert, D., & James, V. (2022). Couple/marriage and family therapist extent of training and preparedness for working with individuals and families impacted by substance use. *Family Relations: Interdisciplinary Journal of Applied Family Science*. Journal Rank: #23 of 47 in Family Studies; #18 of 44 in Social Work; Impact Factor: 2.2. Google Scholar Citations: 1.
13. Ibrahim, M., Levy, S., Gallop, B., Krauthamer Ewing, S., Hogue, A., **Chou, J.**, Diamond, G. (2021). Therapist adherence to two treatments for adolescent suicide risk: Association to outcomes and role of therapeutic alliance. *Family Process*, 1-15, doi: 10.1111/famp.12660. Journal Rank: #7 of 46 in Family Studies; #34 of 131 in Clinical Psychology; Impact Factor: 4.319. Google Scholar Citations: 7.
14. Muruthi, B.A., Janes, E. E., **Chou J.**, Richardson, S., West, J.M., & Chevalier, M. (2021). "First thing when I walk through the door, I am a Black woman": Understanding Afro- Caribbean women's perceptions of race and ethnicity in the United States. *Journal of Systemic Therapies*. doi.org/10.1521/jsyt.2021.40.1.75. Journal Rank: None; Impact Factor: None Google Scholar Citations: 1.
15. **\*+Chou, J.** Muruthi, B., Ibrahim, M. Janes, E., Pierce, K., Pennington, L., Dickens, R., Michael, J. & Zand, D. (2020). A process evaluation of a substance use program for pregnant women: Lessons learned from the field. *International Journal of Mental Health and Addiction*, Online First, doi: 10.1007/s11469-020-00374-1. Impact Factor: 11.55; Google Scholar Citations: 2.
16. **\*+Chou, J.**, Diamond, R., Muruthi, B., Cooper-Sadlo, S., Ibrahim, M., & Hillier S., Aponte, J. Herbert, D., & Montesinos, S., & Zaarur, A. (2020). An application of

Ecostructural family therapy for maternal substance use. *Journal of Systemic Therapies*. Journal Rank: None; Impact Factor: None; Google Scholar Citations: 1.

17. \*Muruthi, B.A., Spivey, S., **Chou J.**, Janes, E., Ibrahim, M. (2020). “We pray as a family”: The role of religion for resettled Karen refugees’ family resilience. *Journal of Family Issues*, 41(10), 1723–1741. <https://doi.org/10.1177/0192513X20911068>. Journal Rank: #30 of 46 in Family Studies; Impact Factor: 1.7; Google Scholar Citations: 24.
18. \*Diamond, R., **Chou, J.**, & Bonis, S. Invisible Loss: A Delphi approach to develop a term for individuals who experienced perinatal loss. *Journal of Feminist Family Therapy*, Online First. doi.org/10.1080/08952833.2020.1848055. Journal Rank: None; Scimago H index: 16; SJR Score: 0.206; Google Scholar Citations: 5.
19. \*Muruthi, B.A., Bermudez, J. M, **Chou J.** Shivers, C., Gale, J., & Lewis, D. (2020). Mother–Adult Daughter Questionnaire: Psychometric Evaluation Across First- and Second-Generation Black Immigrant Women. *The Family Journal*, 28(2), 168–175. <https://doi.org/10.1177/1066480720906123>. Journal Rank: Social Sciences (miscellaneous) 172 out of 292, Social Psychology 209 out of 284; Cite Score: 0.9; Google Scholar Citations: 2.
20. \*+**Chou, J.**, Cooper-Sadlo, S., Diamond, R. Muruthi, B., & Beeler-Stinn, S. (2019). An exploration of mothers’ successful completion of family-centered residential substance use treatment. *Family Process*, 59(3), 1113-1117. doi.org/10.1111/famp.12501. Journal Rank: #34 of 131 in Clinical Psychology, #7 of 46 in Family Studies; Impact Factor: 3.9; Google Scholar Citations: 15.
21. \***Chou, J.** Zand, D., Pierce, K., Pennington, L., Dickens, R., Michael, J. McNamara, D., White, T. (2018). Social support, family empowerment, substance use, and perceived parenting competency during pregnancy for women with substance use disorders. *Substance Use and Misuse*, 53, 2250-2256. doi: 10.1080/10826084.2018.1467456. Journal Rank: #123 of 155 in Psychiatry; #52/81 in Psychology; Impact Factor: 2.0; Google Scholar Citations: 42.
22. \*Cooper-Sadlo, S., Mancini, M., Meyer, D., & **Chou, J.** (2018). Mothers talk back: Exploring the experiences of formerly incarcerated mothers. *Contemporary Family Therapy*, 41, 92–10. <https://doi.org/10.1007/s10591-018-9473-y>. Journal Rank: 133 of 180 in Clinical Psychology; Impact Factor: 1.4.; Google Scholar Citations: 45.
23. Muruthi, B., Farnham, A., McCoy, M. **Chou, J.** (2018). Sexual scripts and narrative therapy with older couples. *The American Journal of Family Therapy*. doi: 10.1080/01926187.2018.1428129. Journal Rank: #120 of 131 in Clinical Psychology, #42 of 47 in Family Studies; Impact Factor: 0.564; Google Scholar Citations: 21.
24. \*Zand, D., **Chou, J.**, Pierce, K., Pennington, L., Dickens, R., Michael, J. McNamara, D., & White, T. (2017). Parenting self-efficacy and empowerment among expectant mothers

with substance abuse disorders. *Midwifery*, 48, 32-38. doi:10.1016/j.midw.2017.03.003. Journal Rank: #23 of 125 in Nursing; Impact Factor: 2.7; Google Scholar Citations: 24.

25. \*Spivey, S., Muruthi, B., & **Chou, J.** (2017). Karen refugees: Finding place in the family. *Journal of Feminist Family Therapy*, 155-169. doi: 10.1080/08952833.2017.1391031. Journal Rank: None; Scimago H index: 16; SJR Score: 0.206; Google Scholar Citations: 24.

### **Manuscripts In Preparation/Under Review**

1. **Chou, J.**, Bennett, D., Feeney, E. Irving, S., Patton, R., Snyder, J., & Rutherford, T. Family functioning, stigma, and medication for opioid use among women and their families. *Substance Use & Misuse* [Under Review].

### **F. Non-Peer Reviewed Journal Articles**

1. Muruthi, B., **Chou, J.**, Farnham, A., Bermudez, M. (May/June 2015). Neither here nor there: Working with transnational immigrant families. *Family Therapy Magazine*.
2. Diamond, R. & Chou, J. (April 2014). Carly's Corner (article spotlight: "A multicultural application of attachment theory with immigrant families: Contextual and developmental adaptation"). [*International Family Therapy Association*] *Research E-Forum*, 6(2), 3.

### **G. Book Chapters**

1. **Chou, J.** & Patton, R. (2020) Maternal Substance Use: Systemically Understanding Treatment and Recovery. In, S. Brooks & A. Rundio (Eds.) *The Opioid Epidemic: Medical, Nursing, and Behavioral Treatment*.
2. **Chou, J.** & Diamond, R. A Multicultural Application of Attachment Theory with a Chinese Immigrant Family: Contextual and Developmental Adaptations. (2018). In *Race and Ethnicity: International Perspectives, Challenges and Issues of the 21st Century*.

### **PUBLISHED ENTRIES IN REFERENCE WORKS:**

1. **Chou, J.** & Muruthi, B. (2018). *Adult Children of Alcoholics*. Encyclopedia of Couple and Family Therapy.
2. **Chou, J.**, Cooper-Sadlo, S., & Jos, A. (2018). *Authoritative Parenting*. Encyclopedia of Couple and Family Therapy.
3. **Chou, J.**, Cooper-Sadlo, S., & Jos, A. (2018). *Authoritarian Parenting*. Encyclopedia of Couple and Family Therapy.
4. Rahim, F., Winley, D., Adedokun, E., & **Chou, J.** (2018) *Blamers Stance in Couple and Family Therapy*. Encyclopedia of Couple and Family Therapy.

5. Winley, D., Adedokun, E., & Chou, J. (2018) *Fair Fighting in Couple Therapy*. Encyclopedia of Couple and Family Therapy.
6. Cooper-Sadlo, S., & **Chou, J.** (2018). *Alcoholics Anonymous, 12 Step Programs*. Encyclopedia of Couple and Family Therapy.
7. Jos, A. & **Chou, J.** (2018). *Controlling Sessions in Couples and Family Therapy*. Encyclopedia of Couple and Family Therapy.
8. De Giacomo, P & **Chou, J.** (2018). *Elementary Pragmatic Model*. Encyclopedia of Couple and Family Therapy.

### 1. Peer Reviewed Presentations

1. Rutherford, T., Patton, R., **Chou, J. L.**, Krauthamer Ewing, S., Tyszka, A., Jordal, C., & Larsen, M. (April 2026). Understanding students' preparation for interprofessional crisis and suicide prevention work. Poster presented at the Suicide Research Symposium.
2. Rutherford, T., Patton, R., **Chou, J. L.**, Krauthamer Ewing, S., Tyszka, A., & Jordal, C. (April 2026). Examining first-year outcomes of interprofessional youth suicide prevention training. Poster submitted to the Youth Suicide Research Consortium.
3. Patton, R., **Chou, J. L.**, Jordal, C., Rutherford, T., Tyszka, A., Krauthamer Ewing, S., & Ramakrishnan, A. (2026). Developing virtual reality simulation for interprofessional training in youth suicide prevention: Lessons from the SHINE Program. Poster submitted to the Collaborative Family Healthcare Association Conference.
4. Rutherford, T., Patton, R., Jordal, C., **Chou, J. L.**, Krauthamer Ewing, S., & Tyszka, A. (2026). Exploring interprofessional trainees' experiences in suicide prevention screening simulation. Poster submitted to the National Council on Family Relations Conference.
5. **Chou, J.**, Bennett, D., Irving, S., Schindler, B. & Rutherford, T. (May, 2025). *Family-Centered Needs of Women with Substance Use Disorders Re-entering the Community*. NatCon25, Philadelphia, PA.
6. **Chou, J.**, Bennett, D., Irving, S., Rutherford, T., Schindler, B., Mountney, N., & Hogue, A. (March, 2025). *Perceived Benefits and Challenges of Family Member Involvement in Women's Opioid Treatment*. [Poster Presentation]. International Family Therapy Association Annual Conference, Aberdeen, Scotland.
7. Avula, D.S., **Chou, J.** Muruthi, B., Krauthamer Ewing, E. S., & Rutherford, T. (March, 2025). *Couple/Marriage and Family Therapists' Training for Families Impacted by Racial Trauma*. [Poster Presentation]. International Family Therapy Association Annual Conference, Aberdeen, Scotland.

8. **Chou, J.**, Bennett, D., Irving, S., Feeney, E., & Schindler, B. (Nov, 2024). *Utilizing Dyadic Perspectives to Address Family Stigma and Attitudes Towards Medication for Opioid Use Disorder (MOUD) Among Women* [Poster Presentation]. Association for Multidisciplinary Education and Research in Substance Use and Addiction (AMERSA), Chicago, IL.
9. **Chou, J.** (April, 2024). *Clinical considerations for engaging family members in treatment for substance use* [Conference Presentation]. International Family Therapy Association Annual Conference, Toyama, Japan.
10. Patton, R. & **Chou, J.**, (March, 2024). *Navigating leadership in multi-site program development and evaluation grant projects* [Conference Presentation]. AAMFT Leadership Symposium, Phoenix, Arizona.
11. **Chou, J.**, Bennett D., Irving, S., & Schindler, B. (November, 2023). *The role of family functioning in relation to opioid use and recovery outcomes among women with opioid use disorder (OUD)* [Poster Presentation]. Association for Multidisciplinary Education and Research in Substance Use and Addiction (AMERSA), Washington D.C.
12. Krauthamer Ewing, E.K. & **Chou, J.** (September, 2023). *Relationships between racism-related stress, mother-child relationships quality, and maternal substance use* [Conference Presentation]. AAMFT Intervention Research in Systemic Family Therapy Annual Conference, Provo, Utah.
13. **Chou, J.** (March, 2023) *Stigma, family relationships, and medication for opioid use disorder (MOUD)* [Conference Presentation]. International Family Therapy Association Annual Conference, Malaga, Spain.
14. Patton, R., **Chou, J.**, Zaarur, A., Swint, P., Katafiasz, H. & Dang Y. (November, 2022). *Utilizing mixed reality simulation in substance use training* [Poster Presentation]. Association for Multidisciplinary Education and Research in Substance Use and Addiction (AMERSA), Boston, Massachusetts.
15. **Chou, J.**, Bennett, D., & Patton, R. (August, 2022). *The role of stigma and family functioning in women's adherence to medication for opioid use disorder (MOUD)* [Conference Presentation]. Mixed Methods International Research Association (MMIRA), Virtual Meeting.
16. McCarthy, J., **Chou, J.**, Sacco, P., Carpenter, K., (June, 2022). *Meeting the demand: Expanding the addiction workforce from programs to peers* [Workshop]. College on Problems of Drug Dependence (CPDD) Annual Scientific Meeting, Minneapolis, MN.
17. **Chou, J.**, Patton, R., Katafiasz, H., Zaarur, A. (April, 2022). *Substance use training program for couple and family therapists: A program evaluation* [Poster Presentation]. International Family Therapy Association Annual Conference, San Juan, Puerto Rico.

18. **Chou, J.**, Patton, R., Swint, P., Zaarur, A. (April, 2022). *Examination of a substance use training program for couple and family therapist* [Conference Presentation]. International Family Therapy Association Annual Conference, San Juan, Puerto Rico.
19. Patton, R. & **Chou, J.** (March, 2022) *Increasing diversity and inclusivity when working with adolescents impacted by opioid use disorder* [Workshop]. Society for Research on Adolescents, New Orleans, LA.
20. Zaarur, A., **Chou, J.** & Patton, R. (March, 2022). *Exploring cultural competency among participants in substance use training program* [Poster Presentation]. Society for Research on Adolescents, New Orleans, LA.
21. Patton R. & **Chou, J.** (November, 2021). *Exploring MFT and counseling trainees' substance use knowledge and perceptions upon entering an opioid use disorder training program during the COVID-19 pandemic* [Conference Presentation]. National Council on Family Relations, Virtual.
22. Krauthamer Ewing, E.S., **Chou, J.**, Slaughter-Acey, J., Bennett, D. (August, 2021). *Application of an intersectionality framework and attachment theory to maternal substance use* [Symposium Presentation]. American Psychological Association (APA) Convention, Division 50 Program, Virtual.
23. **Chou, J.** & Patton, R (May, 2021). *Family therapy among substance use treatment centers* [Poster Presentation]. National Council for Behavioral Health, Virtual
24. Krauthamer Ewing, E.S., Zaarur, A., Bennett, D., **Chou, J.**, Slaughter-Acey, J. (April, 2021) *Examining relationships between recall of childhood attachment quality, current family functioning, health quality and maternal substance use outcomes* [Poster Presentation]. Society for Research and Child Development, Virtual.
25. **Chou, J.**, Patton, R., Katafiasz, H. Dang, Y., Jordal, C., Zaarur, A. (November, 2020). *Bridging the gap: Substance use training and C/MFTs* [Conference Presentation]. American Association for Marriage and Family Therapy, Orlando, FL.
26. Patton, R., Katafiasz, H. **Chou, J.**, Zaarur, A., Dang, Y., (October, 2020). *Introducing OWEP-ITI: An interdisciplinary training program for helping youth and families impacted by opioids* [Podcast recording]. Collaborative Family Healthcare Association, Online.
27. **Chou, J.**, Williams, C., Spruell, S., Stevenson, C., Noel, J. (October, 2020). *Treatment programming and evaluation for pregnant women with opioid use disorders: Coordinating service efforts* [Conference Presentation]. Collaborative Family Healthcare Association, Online.
28. Katafiasz, H., Patton, R., **Chou, J.**, Gonzalez-Kruger, G., Lynch, L. (October, 2020). *Reflections on integrating marriage and family therapists and mental health counselors into*

*a primary healthcare practice* [Pre-recorded session]. Collaborative Family Healthcare Association, Online.

29. Herbert, D., **Chou, J.**, Bennett, D., Zaarur, Z., Dilks, K., and Schindler B. (October, 2020). *Examining treatment acceptability and social support among mothers with opioid use disorders* [Poster Presentation]. Black Doctoral Network Conference, Online.
30. **Chou, J.** Lynch, L., Brooks, S., Krauthamer-Ewing, S., Jordal, C. (August, 2019). *Couple/marriage and family therapist extent of training and preparedness for working with individuals and families impacted by substance use* [Conference Presentation]. American Association for Marriage and Family Therapy, Austin, TX.
31. **Chou, J.**, Diamond, R., Cooper-Sadlo, S., Muruthi, B. (November, 2018). *Maternal substance use and structural family therapy* [Conference Presentation]. American Association for Marriage and Family Therapy, Louisville, KY.
32. Cooper-Sadlo, S., & **Chou, J.** (June, 2018). *Mothers talk back: Exploring the experiences of formerly incarcerated mothers* [Conference Presentation]. National Conference on Forensic Social Work, New Orleans, LA.
33. **Chou, J.**, Cooper-Sadlo, S., & Diamond, R. (October, 2017). *Family-centered approach to treating heroin & PTSD in women* [Conference Presentation]. American Association for Marriage and Family Therapy, Atlanta, GA.

### **Invited Lectures & Presentations**

1. Chou, J. (2024). *Vicarious Trauma & Resilience*. [Live Presentation]. African Family Health Organization, Capacity Building Retreat. Washington, D.C.
2. Chou, J. & Muruthi, B. (2023). *Community-based family systems research* [Live Presentation]. MFP Doctoral Institute AAMFT MFP Doctoral Training Institute, Virtual.
3. Chou, J. (2022). *Substance use among families: Treatment and training considerations* [Live Presentation]. AAMFT MFP Doctoral Training Institute, Virtual.
4. Chou, J., & Patton R., (2021). *The interdisciplinary training initiative for children, adolescents and families impacted by opioid use disorder (ITI)* [Live Presentation]. AAMFT MFP Masters Training Institute, Virtual.
5. Chou, J. (2017). *Family-centered approach to treating women and maternal substance use*. [Live Presentation]. Drexel Psychiatry Grand Rounds.

## **III. Teaching**

### **A. Programs or Curriculums Developed**

1. *Opioid Workforce Expansion Program. Interdisciplinary Training Initiative for Children, Adolescents & Families Impacted by Opioid Use Disorder*. Training program for youth and families impacted by opioid use disorders and substance use disorders, 2019

### **B. Courses Developed**

1. *CFTP 570-Trauma and Families*
2. *CFTP 725-Foundational Elements of Trauma Care*

3. *CFTP 574- Trauma Theory and Models with Vulnerable Populations*

**C. Academic Courses**

1. CFTP 725-Trauma and Families, 4 credits, Winter 2018, Winter 2019, Winter, 2021, Winter 2022 (MA only), Winter, 2024 (PhD only)

*Department of Counseling and Family Therapy, Drexel University*

2. CFTP 506-Contextual Theory and Therapy, 4 credits, Fall 2017

*Department of Counseling and Family Therapy, Drexel University*

3. CFTP 544-Group Supervision, 2 credits, Summer 2018, Fall 2018, Winter 2019, Spring, 2019, Summer 2019, Winter, 2020, Spring 2020, Summer 2020, Fall 2020, Winter 2021, Spring 2021, Fall 2022, Winter 2023, Spring 2023, Summer 2023

*Department of Counseling and Family Therapy, Drexel University*

4.CFTP 534-Dyad Supervision, 1 credit, 2 sections Summer 2020, Spring 2023, Summer 2023

*Department of Counseling and Family Therapy, Drexel University*

5.CFTP 540-Trauma Theory and Models with Vulnerable Populations 3 credits, Summer 2022

*Department of Counseling and Family Therapy, Drexel University*

6.CFTP 570-Foundational Elements of Trauma Care, 2 Credits, Winter 2023, Winter 2024  
*Department of Counseling and Family Therapy, Drexel University*

**D. Academic Lectures**

1. *MFTH 582. Gender Issues and Diversity in Therapy.* University of Saint Joseph: Marriage & Family Therapy Program. 2015. Topic: [NET with Refugee Families].

**E. Other Teaching**

1. Teaching in Counseling Practicum, Masters Ethics Course, 2011, Saint Louis University, Department of Counseling and Family Therapy

2. Certificate in University Teaching Skills Program, 2010-2011, Saint Louis University, Center for Teaching Excellence

3. Teaching Assistant, Cognitive Psychology, 2007-2008, Southern Illinois University Edwardsville, Department of Psychology

**IV. Service**

**A. Offices Held & Memberships in Professional & Scientific Organizations**

**1. Professional Memberships**

American Association for Marriage and Family Therapy (AAMFT), 2014-Present

National Council on Family Relations (NCFR), 3 years

**B. Review Panels, Editorial Boards, Manuscript Reviews**

**1. Grant Review & Study Sections**

Substance Abuse and Mental Health Administration (SAMHSA) 2016-Present

National Institute of Health (NIH); National Institute on Drug Abuse, 2022-Present

Indian Health Services (IHS) 2022-Present

**2. Editor & Editorial Boards**

Family Process Journal Advisory Editorial Board, 2014-Present

**C. Service at Drexel University**

**1. Service to Departments and Programs**

Committee Member, COAMFTE Accreditation committee, 2024-Present

Committee Member, *Masters of Addiction Counseling* committee, 2019- present

Committee Member, *CFT PhD* committee, 2017-Present

Committee Member, *Doctorate in Couple and Family Therapy* committee, 2018-2023

**2. Service to Colleges**

Committee Member, *CNHP Research Committee*, 2020-2022

**3. Service to the University**

Leader & Founding Member, *Collaboratory on Addiction Treatment, Education, and Research (CATER)*, 2023-Present; <https://drexel.edu/medicine/community-engagement/outreach/collaboratory-on-addiction-treatment-education-and-research/>

Committee Member, *Behavioral Health Cross Disciplinaries Synergies Group*, 2022-Present

Peer-reviewer, *Office of Research and Innovation*, 2018-present