

MEGHAN L. BUTRYN
CURRICULUM VITAE

CONTACT INFORMATION

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FACULTY APPOINTMENTS

Drexel University, Philadelphia, PA
Director of Research, Center for Weight, Eating, and Lifestyle Science, 2017-present
Associate Professor, Department of Psychology, 2017-present
Associate Research Professor, Department of Psychology, 2014-2017
Assistant Research Professor, Department of Psychology, 2007-2013

LICENSURE

Licensed Psychologist, Pennsylvania (#PS016342), 2007-present

EDUCATION

Drexel University, Philadelphia, PA
Post-Doctoral Research Fellowship, 2006-2007
Department of Psychology, Obesity and Eating Disorders Program

Brown Medical School, Providence, RI
APA-Accredited Internship in Clinical Psychology, 2005-2006
Behavioral Medicine Track, Obesity Clinical Research Specialization

Drexel University, Philadelphia, PA
Ph.D. in APA-Accredited Clinical Psychology Program, 2006

Cornell University, Ithaca, NY
B.S. in Human Development, With Honors and Distinction, 2001

HONORS, AWARDS, AND OTHER APPOINTMENTS

2018	Citation Abstract Award, Society for Behavioral Medicine
2017-present	Fellow, The Obesity Society
2017-present	Scientific Review Committee, The Obesity Society
2017-present	Mentoring and Advising Action Team, Society for Behavioral Medicine's Physical Activity Special Interest Group
2017	National Institutes of Health Endocrinology, Metabolism and Reproduction Sciences Special Emphasis Panel
2017	Obesity Week Poster Tour Selection, Intervention and Clinical Studies Track
2016-present	Psychosocial Risk and Disease Prevention Study Section Member, National Institutes of Health

2016	Early Career Award for Outstanding Oral Abstract Submission in Ethnic Minority and Multicultural Health, Society for Behavioral Medicine
2014-present	Editorial Board Member, <i>Obesity: Science and Practice</i>
2014-present	Publications Board Member, The Obesity Society
2014-2015	Psychosocial Risk and Disease Prevention Study Section Ad Hoc Reviewer, National Institutes of Health
2013	Special Emphasis Panel Ad Hoc Reviewer, National Institutes of Health
2006	College of Arts and Sciences Outstanding Doctoral Researcher, Drexel University
2006	Award for Teaching Assistant Excellence, Drexel University
2003	Junior Investigator Travel Fellowship, National Institute of Mental Health
2001	College of Human Ecology Valedictorian, Cornell University
2001	Merrill Presidential Scholar, Cornell University
2001	New York State Chancellors' Award for Student Excellence, Cornell University

RESEARCH SUPPORT

Reducing Breast Cancer Recurrence among Black Women: The Breast Cancer Weight Loss for Life Study (BWELL)

Role: Co-Investigator; PI of Subcontract

Period: 2018-2019

Funding Agency: Weill Cornell Medical Center

Subcontract Costs: \$24,080

Identifying and Targeting Unique Physical Activity Determinants for Midlife Women
K23HL136657

Role: Collaborator (PI: Arigo)

Period: 2018-2023

Funding Agency: National Institutes of Health

Total Costs: \$792,492

Improving Weight Loss Maintenance by Using Digital Data Sharing to Provide Responsive Support and Accountability

R21 DK112741

Role: Principal Investigator

Period: 2017-2019

Funding Agency: National Institutes of Health

Total Costs: \$424,875

Reducing Cancer Risk by Training Response Inhibition to Obesogenic Foods

R21 CA191859

Role: Co-Investigator (PI: Forman)

Period: 2015-2018

Funding Agency: National Institutes of Health

Total Costs: \$424,875

Novel Assessment of Affective Distress Intolerance in Binge Eating

F31 MH108279

Role: Co-Sponsor (PI: Manasse)

Period: 2015-2017

Funding Agency: National Institutes of Health

Total Costs: \$86,340

A Smartphone App-based System to Anticipate and Prevent Lapses in Those Attempting to Follow a Weight Loss Diet

Role: Co-Investigator (PI: Forman) Period: 2015-2016
Funding Agency: Drexel Ventures Innovation Fund Total Costs: \$75,000

An Innovative, Physical Activity-Focused Approach to Weight Loss Maintenance

R01 DK100345
Role: Principal Investigator Period: 2014-2019
Funding Agency: National Institutes of Health Total Costs: \$2,709,126

Evaluating Options for Non-Responders: A SMART Approach to Enhancing Weight Loss

R01 CA188892 (PI: Sherwood)
Role: Co-Investigator; PI of Subcontract Period: 2014-2019
Funding Agency: National Institutes of Health Subcontract Costs: \$334,490

A Companion Smartphone App to Enhance Dietary Adherence through Predictive Machine Learning

Role: Co-Investigator (PI: Forman) Period: 2014-2016
Funding Agency: The Obesity Society Total Costs: \$250,000

Take Control: A Smartphone Application for the Treatment of Binge Eating Disorder

Role: Co-Investigator (PI: Forman) Period: 2013-2014
Funding Agency: Shire Pharmaceuticals Total Costs: \$250,000

Acceptance-Based Behavior Treatment for Obesity: Maintenance and Mechanisms

R01 DK095069
Role: Co-Investigator (PI: Forman) Period: 2012-2018
Funding Agency: National Institutes of Health Total Costs: \$2,812,483

Environmental and Acceptance-based Innovations for Weight Loss Maintenance

R01 DK092374
Role: Principal Investigator Period: 2011-2018
Funding Agency: National Institutes of Health Total Costs: \$2,446,712

The Neurocognition of Eating Behavior

Role: Co-Investigator (PI: Forman) Period: 2011-2013
Funding Agency: Stein Family Foundation Total Costs: \$17,000

Eating Disorders Prevention: An Effectiveness Trial for At-Risk College Students

R01 MH86582
Role: Co-Principal Investigator (co-PI: Stice) Period: 2010-2015
Funding Agency: National Institutes of Health Subcontract Costs: \$806,881

A Test of Nutritional Interventions to Enhance Weight Loss Maintenance

R01 DK80909
Role: Co-Investigator (PI: Lowe) Period: 2009-2014
Funding Agency: National Institutes of Health Total Costs: \$2,147,000

Acceptance-Based Behavioral Treatment: An Innovative Weight Control Intervention

R21 DK080430

Role: Co-Investigator (PI: Forman)

Period: 2009-2011

Funding Agency: National Institutes of Health

Total Costs: \$413,575

TEACHING EXPERIENCE**Department of Psychology, Drexel University**

Multicultural Perspectives in Clinical Psychology (Graduate required course)

Weight and Eating Disorders (Graduate elective)

The Psychology of Sexual Behavior (Undergraduate elective)

The Psychology of Eating (Undergraduate elective)

PEER-REVIEWED PUBLICATIONS (95 to date)**denotes trainee*

Akers, L., Rohde, P., Stice, E., **Butryn, M.L.**, & Shaw, H. (in press). Cost-effectiveness of treating subclinical eating disorders with a brief dissonance-based program. *Eating Disorders*.

*Arigo, D., & **Butryn, M.L.** (in press). Prospective relations between social comparison orientation and weight loss outcomes. *Behavioral Medicine*.

Forman, E.M., *Goldstein, S.P., Zhang, F., *Evans, B. C., *Manasse S.M., **Butryn, M.L.**, Juarascio, A.S., Abichandani, P., *Martin, G.J., Foster, G.D. (in press). OnTrack: Development and feasibility of a smartphone app designed to predict and prevent dietary lapses. *Translational Behavioral Medicine*.

Forman, E.M., *Schumacher, L.M., Crosby, R.C., *Manasse, S.M., *Goldstein, S.P., **Butryn, M.L.**, *Wyckoff, E.P., & Thomas, J.G. (in press). Ecological momentary assessment of dietary lapses across behavioral weight loss treatment: Characteristics, predictors, and relationships with weight change. *Annals of Behavioral Medicine*.

*Goldstein, S.P., Forman, E.M., **Butryn, M.L.**, & Herbert, J.D. (in press). Web-based versus in-person physical activity promotion programs for college students: Differential preferences for programming content. *Health Communication*.

*Goldstein, S.P., Zhang, F., Thomas, J.G., **Butryn, M.L.**, Herbert, J.D., & Forman, E.M. (In press). Application of machine learning to predict dietary lapses during weight loss. *Journal of Diabetes Science and Technology*.

*Kerrigan, S.G., *Call, C., *Schaumberg, K., Forman, E., & **Butryn, M.L.** (in press). Associations between change in sedentary behavior and outcome in standard behavioral weight loss treatment. *Translational Behavioral Medicine*.

*Kerrigan, S.G., *Clark, M., *Convertino, A., Forman, E., & **Butryn, M.L.** (in press). The association between previous weight losses through dietary change and success in a standard behavioral weight control program. *Journal of Behavioral Medicine*.

- Lowe, M.R., **Butryn, M.L.**, & Zhang, F. (in press). Evaluation of meal replacements and a nutrition-focused intervention for long-term weight loss: A randomized controlled trial. *American Journal of Clinical Nutrition*.
- Manasse, S.M., Crochiere, R.J., Dallal, D.H., Lieber, E.W., Schumacher, L.M.*, Crosby, R.D., Butryn, M.L., & Forman, E.M. (in press). A multimodal examination of impulsivity as a moderator of the relation between momentary elevations in negative internal states and subsequent dietary lapses. *Appetite*.
- Manasse, S.M., *Schumacher, L.M., *Goldstein, S.P., *Martin, G.J., Crosby, R.D., Juarascio, A.S., **Butryn, M.L.**, & Forman, E.M. (in press). Are individuals with loss-of-control eating more prone to dietary lapse in behavioral weight loss treatment? An ecological momentary assessment study. *European Eating Disorders Review*.
- *Rosenbaum, D.L., *Clark, M.H., *Convertino, A.D., *Call, C.C., Forman, E.M., & **Butryn, M.L.** (in press). An examination of nutrition literacy and quality of self-monitoring in behavioral weight loss. *Annals of Behavioral Medicine*.
- *Rosenbaum, D.L., *Espel, H., **Butryn, M.L.**, Zhang, Z., & Lowe, M.R. (in press). Daily self-weighing and weight gain prevention: A longitudinal study of college-aged women. *Journal of Behavioral Medicine*.
- *Rosenbaum, D.L., *Remmert, J.E., Forman, E.M., & **Butryn, M.L.** (in press). Do participants with children age 18 and under have suboptimal weight loss? *Eating Behaviors*.
- *Schumacher, L.M., *Martin, G., *Goldstein, S.P., *Manasse, S.M., Crosby, R.D., **Butryn, M.L.**, Lillis, J., & Forman, E.M. (in press). Brief report: Ecological momentary assessment of self-attitudes in response to dietary lapses. *Health Psychology*.
- Tsai, A.G., *Remmert, J., **Butryn, M.L.**, & Wadden, T.A. (in press). Treatment of obesity in primary care. *Medical Clinics of North America*.
- Butryn, M.L.**, *Call, C.C., *Schumacher, L.M., *Kerrigan, S.G., & Forman, E.F. (2018). Time to peak weight loss during extended behavioral treatment. *Obesity*, 26, 658-664.
- *Bradley, L.E., Forman, E.M., *Kerrigan, S.G., *Goldstein, S.P., **Butryn, M.L.**, Thomas, J.G., Herbert, J.D., & Sarwer, D.B. (2017). Project HELP: a remotely-delivered behavioral intervention for weight regain after bariatric surgery. *Obesity Surgery*, 27, 586-598.
- Butryn, M.L.**, Forman, E.M., Lowe, M.R., Gorin, A., Zhang, F., & *Schaumberg, K. (2017). Efficacy of environmental and acceptance-based enhancements to behavioral weight loss treatment: the ENACT trial. *Obesity*, 25, 866-872.
- *Manasse, S.M., *Flack, D., *Dochat, C., Zhang, F., **Butryn, M.L.**, & Forman, E.M. (2017). Not so fast: The impact of impulsivity on weight loss varies by treatment type. *Appetite*, 113, 193-199.

*Martin, L.M., *Espel, H.M., Marando-Blanck, S., *Evans, B.C., Forman, E.M., **Butryn, M.L.**, Quillian-Wolever, R., Baer, R., & Herbert, J.D. (2017). Trusting homeostatic cues versus accepting hedonic cues: A randomized controlled trial comparing two distinct mindfulness-based intervention components. *Journal of Contextual Behavioral Psychology, 6*, 409-417.

*Rosenbaum, D.L., *Piers, A.D., *Schumacher, L.M., *Kase, C.A., & **Butryn, M.L.** (2017). Racial and ethnic minority enrollment in randomized clinical trials of behavioral weight loss utilizing technology: A systematic review. *Obesity Reviews, 18*, 808-817.

*Wyckoff, E.P., *Evans, B.C., *Manasse, S.M., **Butryn, M.L.**, & Forman, E.M. (2017). Executive functioning and dietary intake: Neurocognitive correlates of fruit, vegetable, and saturated fat intake in adults with obesity. *Appetite, 111*, 79-85.

*Arigo, D.R., **Butryn, M.L.**, *Raggio, G.A., Stice, E., & Lowe, M.R. (2016). Predicting change in physical activity: a longitudinal investigation among weight-concerned college women. *Annals of Behavioral Medicine, 50*, 629-641.

*Bradley, L.E., Forman, E.M., *Kerrigan, S.G., **Butryn, M.L.**, Herbert, J.D., & Sarwer, D.B. (2016). A pilot study of an acceptance-based behavioral intervention for weight regain after bariatric surgery. *Obesity Surgery, 26*, 2433-2441.

*Bradley, L.E., Sarwer, D.B., Forman, E.M., *Kerrigan, S.G., **Butryn, M.L.**, & Herbert, J.D. (2016). A survey of bariatric surgery patients' interest in postoperative interventions. *Obesity Surgery, 26*, 332-338.

Butryn, M.L., *Arigo, D., *Raggio, G.A., *Colasanti, M., & Forman, E.M. (2016). Enhancing physical activity promotion with technology-based self-monitoring and social connectivity: A pilot study. *Journal of Health Psychology, 21*, 1548-1555.

Butryn, M.L., *Kerrigan, S.G., *Arigo, D., *Raggio, G.A., & Forman, E.M. (2016). A pilot test of an acceptance-based behavioral intervention to promote physical activity during weight loss maintenance. *Behavioral Medicine, 21*, 1-11.

Forman, E.M., **Butryn, M.L.**, *Manasse, S.M., Crosby, R.D., *Goldstein, S.P., *Wyckoff, E.P., Thomas, J.G. (2016). Acceptance-based versus standard behavioral treatment for obesity: Results from the Mind Your Health randomized controlled trial. *Obesity, 24*, 2050-2056.

Forman, E.M., *Shaw, J.A., *Goldstein, S.P., **Butryn, M.L.**, *Martin, L.M., Meiran, N., & *Manasse, S.M. (2016). Mindful decision making and inhibitory control training as complementary means to decrease snack consumption. *Appetite, 103*, 176-183.

*Kase, C.A., *Piers, A.D., *Schaumberg, K., Forman, E.M., & **Butryn, M.L.** (2016). The relation of alcohol use to weight loss in the context of behavioral weight loss treatment. *Appetite, 99*, 105-111.

*Katterman, S.N., **Butryn, M.L.**, Hood, M.M., & Lowe, M.R. (2016). Daily weight monitoring as a method of weight gain prevention in healthy weight and overweight young adult women. *Journal of Health Psychology, 21*, 2955-2965.

- *Kerrigan, S.G., *Schaumberg, K., *Kase, C., *Gaspar, M., Forman, E., & **Butryn, M.L.** (2016). From last supper to self-initiated weight loss: pretreatment weight change may be more important than previously thought. *Obesity*, *24*, 843-849.
- Lowe, M.R., *Arigo, D.R., **Butryn, M.L.**, *Gilbert, J., Sarwer, D., & Stice, E. (2016). Hedonic hunger prospectively predicts onset and maintenance of loss of control eating among college women. *Health Psychology*, *35*, 238-244.
- *Manasse, S.M., *Goldstein, S.P., *Wyckoff, E., Forman, E.M., Juarascio, A.S., **Butryn, M.L.**, & Nederkoom, C. (2016). Slowing down and taking a second look: Inhibitory deficits associated with binge eating are not food-specific. *Appetite*, *96*, 555-559.
- *Rosenbaum, D.L., *Schumacher, L.M., *Schaumberg, K., *Piers, A.D., *Gaspar, M., Lowe, M.R., Forman, E.M., & **Butryn, M.L.** (2016). Energy intake highs and lows: How much does consistency matter in weight control? *Clinical Obesity*, *6*, 193-201.
- *Schaumberg, K., *Schumacher, L.M., *Rosenbaum, D.L., *Kase, C.A., *Piers, A.D., Lowe, M.R., Forman, E.M., & **Butryn, M.L.** (2016). The role of negative reinforcement eating expectancies in the relation between experiential avoidance and disinhibition. *Eating Behaviors*, *21*, 129-134.
- *Schumacher, L.M., *Gaspar, M., *Remmert, J.E., Zhang, F., Forman, E.M., & **Butryn, M.L.** (2016). Small weight gains during obesity treatment: normative or cause for concern? *Obesity Science & Practice*, *2*, 366-375.
- *Shaw, J.A., Forman, E.M., *Espel, H.M., **Butryn, M.L.**, Herbert, J.D., Lowe, M.R., & Nederkoom, C. (2016). Can evaluative conditioning decrease soft drink consumption? *Appetite*, *105*, 60-70.
- Sherwood, N.E., **Butryn, M.L.**, Forman, E.M., Almirall, D., Seburg, E.M., Crain, A.L., Levy, R., & Jeffery, R.W. (2016). The BestFIT trial: A SMART approach to developing individualized weight loss treatments. *Contemporary Clinical Trials*, *47*, 209-216.
- *Arigo, D., *Schumacher, L.M., *Pinkasavage, E., & **Butryn, M.L.** (2015). Addressing barriers to physical activity among women: A feasibility study using social networking-enabled technology. *Digital Health*, *1*, 2055207615583564.
- Butryn, M.L.**, *Arigo, D.R., Raggio, G.A., *Kaufman, A.I., *Kerrigan, S.G., & Forman, E.M. (2015). Measuring the ability to tolerate activity-related discomfort: initial validation of the Physical Activity Acceptance Questionnaire (PAAQ). *Journal of Physical Activity & Health*, *12*, 717-726.
- Forman, E.M., & **Butryn, M.L.** (2015). A new look at the science of weight control: How acceptance and commitment strategies can address the challenge of self-regulation. *Appetite*, *84*, 171-180.

- Forman, E.M., **Butryn, M.L.**, *Manasse, S.M., & *Bradley, L.E. (2015). Acceptance-based behavioral treatment for weight control: a review and future directions. *Current Opinion in Psychology*, 2, 87-90.
- Juarascio, A.S., *Goldstein, S.P., *Manasse, S.M., Forman, E.M., & **Butryn, M.L.** (2015). Perceptions of the feasibility and acceptability of a smartphone application for the treatment of binge eating disorders: Qualitative feedback from a user population and clinicians. *International Journal of Medical Informatics*, 84, 808-816.
- Juarascio, A.S., *Manasse, S.M., *Goldstein, S.P., Forman, E.M., & **Butryn, M.L.** (2015). A review of smartphone applications for the treatment of eating disorders. *European Eating Disorders Review*, 23, 1-11.
- Lowe, M.R., *Shank, L.M., *Mikorski, R., & **Butryn, M.L.** (2015). Personal history of dieting and family history of obesity are unrelated: implications for understanding weight gain proneness. *Eating Behaviors*, 17, 144-148.
- *Manasse, S.M., *Espel, H.M., Forman, E.M., Juarascio, A.S., **Butryn, M.L.**, Ruocco, A.C., Zhang, F. & Lowe, M.R. (2015). The independent and interacting effects of hedonic hunger and executive function on binge eating. *Appetite*, 89, 16-21.
- *Manasse, S.M., Forman, E.M., Ruocco, A.C., **Butryn, M.L.**, Juarascio, A.S., & Fitzpatrick, K.K. (2015). Do executive functioning deficits underpin binge eating disorder? A comparison of overweight women with and without binge eating pathology. *International Journal of Eating Disorders*, 48, 677-683.
- Rohde, P., Shaw, H., **Butryn, M.L.**, & Stice, E. (2015). Assessing program sustainability in an eating disorder prevention effectiveness trial delivered by college clinicians. *Behaviour Research and Therapy*, 72, 1-8.
- Stice, E., Rohde, P., **Butryn, M.L.**, Menke, K., & Marti, C.N. (2015). Randomized controlled pilot trial of a novel dissonance-based group treatment for eating disorders. *Behaviour Research and Therapy*, 65, 67-75.
- Stice, E., Rohde, P., **Butryn, M.L.**, Shaw, H., & Marti, C.N. (2015). Effectiveness trial of a selective dissonance-based eating disorder prevention program with female college students: Effects at 2- and 3-year follow-up. *Behaviour Research and Therapy*, 71, 20-26.
- Butryn, M.L.**, Rohde, P., Marti, C.N., & Stice, E. (2014). Do participant, facilitator, or group factors moderate effectiveness of the Body Project? Implications for dissemination. *Behaviour Research and Therapy*, 61, 142-149.
- *Goldstein, S.P., Forman, E.M., Meiran, N., Herbert, J.D., Juarascio, A.S., & **Butryn, M.L.** (2014). Predicting disinhibited eating behavior: attitude discrepancy, mindfulness, and impulsivity. *Eating Behaviors*, 15, 164-170.

*Katterman, S.N., *Goldstein, S.P., **Butryn, M.L.**, Forman, E.M., & Lowe, M.R. (2014). Efficacy of an acceptance-based behavioral intervention for weight gain prevention in young adult women. *Journal of Contextual Behavioral Sciences*, 3, 45-50.

Lowe, M.R., **Butryn, M.L.**, Thomas, J.G., & *Coletta, M.C. (2014). Meal replacements, reduced energy density eating and weight loss maintenance: A randomized controlled trial. *Obesity*, 22, 94-100.

*Manasse, S.M., Juarascio, A.S., Berner, L.A., Ruocco, A.C., **Butryn, M.L.**, & Forman, E.M. (2014). Executive functioning in overweight individuals with and without loss-of-control eating. *European Eating Disorders Review*, 22, 373-377.

*Raggio, G.A., *Arigo, D.R., *Mikorski, R., Palmer, S., & **Butryn, M.L.** (2014). Prevalence and correlates of sexual morbidity in long-term breast cancer survivors. *Psychology and Health*, 29, 632-650.

Wadden, T.A., **Butryn, M.L.**, Hong, P.S., & Tsai, A.G. (2014). Behavioral treatment of obesity in patients encountered in primary care settings: a systematic review. *Journal of the American Medical Association*, 312, 1779-1791.

*Witt, A., *Raggio, G.A., **Butryn, M.L.**, & Lowe, M.R. (2014). Do hunger and exposure to food affect scores on a measure of hedonic hunger? An experimental study. *Appetite*, 74, 1-5.

Butryn, M.L., Juarascio, A., *Shaw, J., *Kerrigan, S.G., Clark, V.L., O'Planick, A., & Forman, E.M. (2013). Mindfulness and its relationship with eating disorders symptomatology in women receiving residential treatment. *Eating Behaviors*, 14, 13-16.

Forman, E.M., **Butryn, M.L.**, *Bradley, L.E., Juarascio, A.S., *Shaw, J., Lowe, M.R., & Herbert, J.D. (2013). The Mind Your Health Project: A randomized controlled trial of an innovative behavioral treatment for obesity. *Obesity*, 21, 1119-1126.

Forman, E.M., *Hoffman, K.L., Juarascio, A.S., **Butryn, M.L.**, & Herbert, J.D. (2013). Comparison of acceptance-based and standard cognitive-based coping strategies for craving sweets in overweight and obese women. *Eating Behaviors*, 14, 64-68.

Juarascio, A.S., *Kerrigan, S.G., *Goldstein, S.P., *Shaw, J., Forman, E.M., **Butryn, M.L.**, & Herbert, J.D. (2013). Baseline eating disorder severity predicts response to an acceptance and commitment therapy-based group treatment. *Journal of Contextual Behavioral Science*, 2, 74-78.

Juarascio, A.S., *Shaw, J., Forman, E.M., Herbert, J.D., Timko, C.A., Butryn, M.L., Bunnell, D., *Matteucci, A.J., & Lowe, M. (2013). Acceptance and commitment therapy as a novel treatment for eating disorders: An initial test of efficacy and mediation. *Behavior Modification*, 37, 459-489.

Juarascio, A.S., *Shaw, J., Forman, E.M., Timko, C.A., Herbert, J.D., **Butryn, M.L.**, & Lowe, M. (2013). Acceptance and commitment therapy for eating disorders: Clinical applications of a group treatment. *Journal of Contextual Behavioral Science*, 2, 85-94.

Stice, E., **Butryn, M.L.**, Rohde, P., Shaw, H., & Marti, C.N. (2013). An effectiveness trial of a new enhanced dissonance eating disorder prevention program among female college students. *Behavior Research and Therapy, 51*, 862-871.

*Goodwin, C.L., Forman, E.M., Herbert, J.D., **Butryn, M.L.**, & Ledley, G.S. (2012.) A pilot study examining the initial effectiveness of a brief acceptance based behavior therapy for modifying diet and physical activity among cardiac patients. *Behavior Modification, 36*, 201-219.

Butryn, M.L., Forman, E.M., *Hoffman, K.L., *Shaw, J., & *Juarascio, A. (2011). A pilot study of acceptance and commitment therapy for promotion of physical activity. *Journal of Physical Activity and Health, 8*, 516-522.

Butryn, M.L., *Juarascio, A.S., & Lowe, M.R. (2011). Weight suppression and BMI interact to predict bulimic symptoms. *International Journal of Eating Disorders, 44*, 612-617.

Butryn, M.L., Webb, V., & Wadden, T.A. (2011.) Behavioral treatment of obesity. *Psychiatric Clinics of North America, 34*, 841-859.

Faith, M.S., **Butryn, M.L.**, Wadden, T.A., Fabricatore, A., Nguyen, A.M., & Heymsfield, S. (2011). Evidence for prospective associations among depression and obesity in population-based studies. *Obesity Reviews, 12*, 438-453.

*Juarascio, A., Forman, E., Timko, C.A., **Butryn, M.L.**, & *Goodwin, C. (2011). The development and validation of the Food Craving Acceptance and Action Questionnaire (FAAQ). *Eating Behaviors, 12*, 182-187.

*Juarascio, A.S., Forman, E.M., Timko, C.A., Herbert, J.D., Lowe, M.R., & **Butryn, M.L.** (2011). Implicit internalization of the thin ideal as a predictor of increases in weight, body dissatisfaction, and disordered eating. *Eating Behaviors, 12*, 207-213.

Thomas, J.G., **Butryn, M.L.**, Stice, E., & Lowe, M.R. (2011). A prospective study of weight change and bulimia nervosa onset. *International Journal of Eating Disorders, 44*, 295-303.

Butryn, M.L., Wadden, T.A., Rukstalis, M.R., Bishop-Gilyard, C., Xanthopoulos, M.S., Loudon, D., & Berkowitz, R.I. (2010). Maintenance of weight loss in adolescents: current status and future directions. *Journal of Obesity*. doi:10.1155/2010/789280

Lowe, M.R., Tappe, K., **Butryn, M.L.**, Annunziato, R.A., *Coletta, M., Ochner, C., & Rolls, B.J. (2010). Nutrition-focused interventions for weight gain prevention in worksite cafeterias. *Eating Behaviors, 11*, 144-151.

Neeren, A.M., **Butryn, M.L.**, Lowe, M.R., O'Planick, A.P., Bunnell, D.W., & Ice, S.M. (2010). Does attrition during follow-up bias outcome data in studies of eating disorders? *Eating Behaviors, 11*, 40-44.

Butryn, M.L., Thomas, J.G., & Lowe, M.R. (2009). Reductions in internal disinhibition during weight loss predict better weight loss maintenance. *Obesity, 17*, 1101-1103.

Fabricatore, A.N., Wadden, T.A, Moore, R.H., **Butryn, M.L.**, Gravalles, E.A., Erond, N.E., Heymsfield, S.B., & Nguyen, A. (2009). Attrition from randomized controlled trials of pharmacological weight loss agents: A systematic review and analysis. *Obesity Reviews*, *10*, 333-341.

Fabricatore, A.N., Wadden, T.A, Moore, R.H., **Butryn, M.L.**, Heymsfield, S.B., & Nguyen, A. (2009). Predictors of attrition and weight loss success: Results from a randomized controlled trial. *Behavior Research and Therapy*, *47*, 685-691.

Forman, E.M., **Butryn, M.L.**, *Hoffman, K.L., & Herbert, J. (2009). An open trial of an acceptance-based behavioral intervention for weight loss. *Cognitive and Behavioral Practice*, *16*, 223-235.

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EDITED OR AUTHORED BOOKS (3 to date)

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BOOK CHAPTERS (14 to date)

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Butryn, M.L., Phelan, S., & Wing, R.R. (2007). Self-guided approaches to weight loss. In J. Latner & G.T. Wilson (Eds.), *Self-help approaches for obesity and eating disorders* (pp. 3-20). New York: Guilford.

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Phelan, S., **Butryn, M.L.**, & Wing, R.R. (2007). Obesity prevention during adulthood. In S. Kumanyika & R.C. Brownson (Eds.), *Handbook of obesity prevention* (pp. 489-514). New York: Springer.

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PROFESSIONAL PRESENTATIONS

*Call, C.C., *Sininsky, S., *Convertino, A.D., *Roberts, S.R., & **Butryn, M.L.** (2018, August). *Behavioral and psychological factors that counteract physical activity during behavioral weight loss*. Poster to be presented at the annual meeting of the American Psychological Association, San Francisco, CA.

Butryn, M.L., *Convertino, A.D., Forman, E.M., Lowe, M.R., & Sherwood, N.E. (2018, April). *Coaching in the kitchen: a pilot study of home-focused weight loss treatment*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

Butryn, M.L., *Schumacher, L.M., Rosenbaum, D.L., *Convertino, A.D., & Zhang, F. (2018, April). *Participant and clinician perception of challenges during behavioral weight loss treatment*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

Butryn, M.L., Zhang, F., *Remmert, J.E., *Roberts, S.R., & Forman, E.M. (2018, April). *Baseline executive functioning predicts weight loss and physical activity outcomes in a lifestyle modification program*. Oral presentation at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Call, C.C., *Piers, A.D., *Wyckoff, E.P., *Roberts, S.R., Lowe, M.R., Forman, E.M., & **Butryn, M.L.** (2018, April). *Weight suppression in behavioral weight loss: relationship to weight loss and treatment satisfaction*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Call, C.C., *Schumacher, L.M., *Remmert, J.E., *Kerrigan, S.G., Forman, E.M., & **Butryn, M.L.** (2018, April). *Perceived barriers to physical activity during behavioral weight loss: association with activity levels*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Crochiere, R.J., Manasse, S.M., **Butryn, M.L.**, & Forman, E.M. (2018, April). *Executive function moderates the relation between momentary affective and physical states and subsequent dietary lapses*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

Forman, E.M., **Butryn, M.L.**, Manasse, S.M., & Crosby, R.D. (2018, April). *Acceptance-based versus standard behavioral treatment for obesity: weight loss, regain and quality of life across 3 years*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

Forman, E. M., *Goldstein, S. P. Zhang, F., **Butryn, M. L.**, Juarascio, A. S., Manasse, S.M., *Martin, G.J. (2018, April). *OnTrack: can a smartphone-based just-time adaptive intervention improve weight loss outcomes?* Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Goldstein, S.P., *Martin, G.J., Turner, McGrievy, G.M., Foster, G.D., Thomas, J.G., **Butryn, M.L.**, Herbert, J.D., & Forman, E.M. (2018, April). *Comparing effectiveness and user behaviors between two versions of a just-in-time adaptive intervention for weight loss*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Kerrigan, S.G., *Schumacher, L.M., Manasse, S.M., **Butryn, M.L.**, & Forman, E.M. (2018, April). *Physical activity and sedentary behavior predict intraindividual affective variability among overweight and obese adults*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Lieber, E.W., *Goldstein, S.P., *Martin, G.M., Forman, E.M., Butryn, M.L., Juarascio, A.S. (2018, April). *Can just-in-time adaptive interventions improve self-efficacy to prevent dietary lapses?* Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

Manasse, S.M., *Dallal, D., *Crochiere, R., *Lieber, E., *Schumacher, L.M., *Goldstein, S.P., Crosby, R.D., **Butryn, M.L.**, & Forman, E.M. (2018, April). Do impulsivity and loss-of-control eating moderate the relationship between internal states and dietary lapses? An EMA Study. In L. Schumacher (chair), *What Drives Problematic Eating in Adults with Obesity or Binge Eating? A Series of EMA investigations*. Paper presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Martin, G.J., *Goldstein, S.P., **Butryn, M.L.**, Juarascio, A.S., & Forman, E.M. (2018, April). *Preventing dietary lapses in social situations: the power of a just-in-time adaptive intervention for weight loss*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Remmert, J.E., *Kerrigan, S., *Convertino, A., *Call, C.C., Forman, E.M., & **Butryn, M.L.** (2018, April). *Happy holidays? Investigating the relationship between holiday season and behavioral weight loss outcomes*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Remmert, J.E., *Roberts, S., Tsai, A.G., & **Butryn, M.L.** (2018, April). *Communication between patient and primary care physician after lifestyle modification*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Roberts, S.R., *Remmert, J.E., *Convertino, A.D., & **Butryn, M. L.** (2018, April). *Hedonic hunger as a potential barrier to success in behavioral weight loss*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Schumacher, L.M., *Kerrigan, S.K., *Call, C.C., *Remmert, J.E., Zhang, F., & **Butryn, M.L.** (2018, April). *I think therefore I am? Examining the relationship between exercise identity and exercise in obesity treatment*. Poster presented at the annual meeting of the Society for Behavioral Medicine Annual Meeting. New Orleans, LA.

*Sininsky, S.M., *Roberts, S.R., *Call, C.C., Forman, E., & **Butryn, M.L.** (2018, April). *Enjoyment of physical activity as a predictor of greater weight loss*. Poster presented at the annual meeting of the Society of Behavioral Medicine. New Orleans, LA.

Butryn, M.L. (2018, March). *Behavioral approaches to diet, exercise, and obesity*. Invited lecture given to the Breast Cancer Research Group, Sidney Kimmel Cancer Center, Thomas Jefferson University, Philadelphia, PA.

Butryn, M.L. (2017, December). *The challenges of lifestyle modification*. Invited presentation at the Sidney Kimmel Cancer Center Women's Professional Breakfast, Thomas Jefferson University, Philadelphia, PA.

Butryn, M.L. (2017, December). *New directions in adult behavioral weight loss*. Invited lecture presented to the Obesity Research Alliance, University of Florida, Gainesville, FL.

Butryn, M.L. (2017, November). *Treatment of obesity in patients with eating disorders*. Invited lecture presented at the annual meeting of the Obesity Society, Washington, D.C.

*Piers, A.D., Rosenbaum, D.L., *Schumacher, L.M., *Kase, C.A., & **Butryn, M.L.** (2017, November). *A systematic review of racial and ethnic minority enrollment in behavioral weight loss treatments utilizing technology*. Poster presented at the annual meeting of the Association for Behavioral and Cognitive Therapies, San Diego, CA.

Butryn, M.L., Forman, E.M., Zhang, F., Lowe, M.R., & Gorin, A. (2017, October). *Environmental and acceptance-based behavioral weight loss: Mechanisms and long-term outcomes*. Poster presented at the annual meeting of the Obesity Society, Washington, D.C.

Butryn, M.L. (2017, October). *Innovative approaches to using acceptance-based therapy for lifestyle modification in your practice*. Invited lecture presented at the American Psychological Association Division 42 Fast Forward Conference, Philadelphia, PA.

Butryn, M.L. (2017, July). *Improving body image for adolescent females*. Invited lecture and training provided to the Department of Psychiatry, Children's National Medical Center, Washington, D.C.

Butryn, M.L. (2017, June). *Eating disorder prevention for health professionals in training*. Invited lecture and training provided to the Student Counseling Center, University of Maryland, Baltimore, MD.

*Call, C.C., *Clark, M.H., *Convertino, A.D., Lowe, M.R., Forman, E.M., **Butryn, M.L.** (2017, June). *Pre-treatment weight suppression, eating pathology, depressive symptoms, and weight outcomes in a behavioral weight loss program*. Poster presented at the 2017 International Conference on Eating Disorders, Prague, Czech Republic.

*Manasse, S.M., *Schumacher, L.M., *Goldstein, S.P., Crosby, R.D., **Butryn, M.L.**, & Forman, E.M. (2017, June). *Loss-of-control eating and impulsivity moderate the relationship between triggers and dietary lapses: An EMA investigation*. Poster presented at the International Conference on Eating Disorders, Prague, Czech Republic.

*Remmert, J.E., *Kerrigan, S., *Convertino, A., *Call, C.C., & **Butryn, M.L.** (2017, June). *Effects of season on physical activity in an overweight and obese sample: a perceived but untrue barrier*. Poster presented at the annual meeting of the International Society of Behavioral Nutrition and Physical Activity, Victoria, Canada.

*Arigo, D., *Schumacher, L.M., **Butryn, M.L.**, & Forman, E.M. (2017, March). *Daily social comparisons, weight loss, and physical activity consistency in a behavioral weight loss program*. In Voils, C. (Chair), *Examining Root Contributors to Weight Control: Applying Social Psychological Theories in Weight Management Programs*. Symposium conducted at the annual meeting of the Society of Behavioral Medicine, San Diego, C.A.

*Call, C.C., *Schumacher, L.M., *Remmert, J.E., Forman, E.M., **Butryn, M.L.** (2017, March). *Feasibility, acceptability, and initial outcomes of a networked behavioral weight loss program*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

*Dochat, C., *Goldstein, S., Forman, E., **Butryn, M.**, *Manasse, S., Crosby, R., Thomas J.G. (2017, March). *Physical, emotional and situational predictors of dietary lapses in weight loss*

treatment. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

Forman, E.M., **Butryn, M.L.**, *Manasse, S.M., Crosby, R.D., Thomas, J.G. (2017, March). Understanding Lapses and Impulse Management in Diet and Obesity. In *Acceptance-based Behavioral Treatment Outperforms Standard Behavioral Treatment at Post-Treatment and Long-Term Follow-up*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

Forman, E.M., *Goldstein, S.P., Abichandani, P., Zhang, F., *Evans, B.C., *Manasse, S.M., Juarascio, A.S., **Butryn, M.L.**, Martin, G.M. (2017, March). *Using machine learning and just in time adaptive intervention to predict and prevent dietary lapses: the dietalert app*. Paper presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

*Manasse, S.M., *Schumacher, L.M., *Goldstein, S.P., Crosby, R.D., **Butryn, M.L.**, & Forman, E.M. (2017, March). *Impulsivity impacts the relationship between affective and physical changes and dietary lapses: An EMA study*. Poster presented at the Society for Behavioral Medicine Annual Meeting. San Diego, CA.

*Remmert JE, Piers AD, Butryn ML. (2017, March). *Communication between treatment-seeking adults with obesity and their healthcare providers*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

*Schumacher, L.M., *Clark, M., Convertino, A., Forman, E.M., & **Butryn, M.L.** (2017, March). *Obese adults' forecasted and actual experiences during physical activity: Is there a discrepancy?* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

Butryn, M.L. (2017, March). *Clinical approach and efficacy of acceptance-based behavioral weight loss*. Invited lecture presented to the Scientific Advisory Board, Weight Watchers International, New York, NY.

Butryn, M.L. (2017, January). *Peer leadership for eating disorder prevention*. Invited lecture and training provided to the Panhellenic Council, Pennsylvania State University, State College, PA.

Butryn, M.L. (2017, January). *Improving the efficacy of behavioral weight loss programs: challenges and next steps*. Invited lecture presented to Cancer Risk and Control Program, Thomas Jefferson University, Philadelphia, PA.

Butryn, M.L. (2016, November). *Acceptance-based behavioral treatment: Current status and future directions*. Invited lecture presented to the Center for Weight and Eating Disorders, University of Pennsylvania, Philadelphia, PA.

Butryn, M.L., *Call, C.C., *Schumacher, L.M., *Kerrigan, S.G., & Forman, E.M. (2016, November). *Peak weight loss in behavioral treatment: when does it occur and does timing matter?* Poster presented at The Obesity Society annual meeting, New Orleans, LA.

Forman, E.M., **Butryn, M.L.**, *Manasse, S.M., Crosby, R., *Wyckoff, E., Thomas, J.G., & *Goldstein, S.P. (2016, November). *Acceptance-based behavioral treatment produces greater weight loss at post-treatment and at 1-year follow-up*. Paper presented at The Obesity Society annual meeting, New Orleans, LA.

Butryn, M.L., Forman, E.M., Lowe, M.R., Zhang, F., & Gorin, A. (2016, October). Efficacy of acceptance-based and environment enhancements to behavioral weight loss treatment. In B.C. Evans (Chair), *Effectiveness of mindfulness and acceptance-based approaches to obesity: evidence from small- and large-scale trials*. Symposium presented at the Association for Behavioral and Cognitive Therapies annual meeting, New York, NY.

*Call, C.C., **Butryn, M.L.**, Forman, E.M. (2016, October). *Sex differences in weight loss expectations and treatment outcome in a behavioral weight loss program*. Poster presented at the Association for Behavioral and Cognitive Therapies annual meeting, New York, NY.

Forman, E.M., **Butryn, M.L.**, Arch J.J., *Bradley, L.E., Marando-Blanck, S., & Hayes, S.C. (2016, October). A randomized controlled trial comparing acceptance-based and standard behavioral treatment for obesity: 1-year results of the mind your health project. In B.C. Evans (Chair), *Effectiveness of mindfulness and acceptance-based approaches to obesity: evidence from small- and large-scale trials*. Symposium presented at the Association for Behavioral and Cognitive Therapies annual meeting, New York, NY.

*Remmert, J.E., *Rosenbaum, D.L., *Schaumberg, K., Forman, E., & **Butryn, M.L.** (2016, October). *Driven to learn: Behavioral drive predicts acquisition of food-related acceptance and willingness skills in a behavioral weight loss intervention*. Poster presented at the Association for Behavioral and Cognitive Therapies annual meeting, New York, NY.

*Wyckoff, E.P., *Manasse, S.M., Forman, E.M., & **Butryn, M.L.** (2016, October). *Neuropsychological predictors of weight gain one year after behavioral weight loss treatment*. Poster presented at the Eating Disorders Special Interest Group at the Association for Behavioral and Cognitive Therapies annual meeting, New York, NY.

*Kerrigan, S.G., *Call, C., *Schaumberg, K., Forman, E., **Butryn, M.L.** (2016, June). *Changes in sedentary behavior during behavioral weight loss programs*. Poster presented at the European Obesity Summit, Gothenberg, Sweden.

Butryn, M.L., Forman, E.M., Lowe, M.R., Gorin, A., & Zhang, F. (2016, April). *Enhancements to behavioral weight loss improve results for African-American participants: Results of the ENACT clinical trial*. Paper presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

Forman, E.M., **Butryn, M.L.**, *Manasse, S.M., *Wyckoff, E.P., *Goldstein, S.P. (2016, April). *Acceptance-based behavioral weight loss treatment outperforms standard BT: Outcomes from the Mind Your Health study*. Paper presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

Forman, E.M., *Goldstein, S.P., *Evans, B.C., *Manasse, S.M., Juarascio, A.S., **Butryn, M.L.**, & Taper, T. (2016, April). A preliminary investigation of a personalized risk alert system for

weight control lapses. In S.P. Goldstein (Chair), *Harnessing the power of predictive learning to promote health behavior change: developing and testing novel technology*. Symposium presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

*Goldstein, S.P., *Evans, B.C., Tinashe, T., Forman, E.M., & **Butryn, M.L.** (2016, April). *Is prompting problematic? Considerations for long-term ecological momentary assessment*. Poster presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

*Goldstein, S.P., Zhang, F., Forman, E.M., *Evans, B.C., Juarascio, A.S., *Manasse, S.M., & **Butryn, M.L.** (2016, April). *Using machine learning to predict dietary lapses from a weight loss program*. Poster presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

*Kerrigan, S.G., Thomas, J.G., Forman, E.M., & **Butryn, M.L.**, (2016, April). *Neither distress tolerance nor executive function moderate the relationship between PA Intentions and PA behavior*. Poster presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

*Rosenbaum, D.L., *Schumacher, L.M., *Schaumberg, K., *Piers, A.D., *Gaspar, M.E., Lowe, M.R., Forman, E.M., **Butryn, M.L.** (2016, April). *Calorie highs and lows: How much does consistency matter in weight control?* Poster presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

*Schumacher, L., Forman, E.M., & **Butryn, M.L.** (2016, April). *Weight control lapses during obesity treatment: normative or cause for concern?* Paper presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

*Wyckoff, E., *Dochat, C., *Manasse, S., Gosset, J., **Butryn, M.**, Forman, E. (2016, April). *Predictors of caloric intake in overweight and obese individuals: Food cue sensitivity and inhibitory control*. Poster presented at the Society of Behavioral Medicine annual meeting, Washington, D.C.

Butryn, M.L. (December, 2015). *Integrating acceptance and commitment principles into physical activity promotion: Insights from the third wave of behavioral therapy*. Invited lecture presented to the National Institute of Diabetes and Digestive Diseases, Bethesda, MD.

*Bradley, L.E., Forman, E.M., *Kerrigan, S.G., *Goldstein, S.P., **Butryn, M.L.**, Thomas J.G., Herbert, J.D., & Sarwer, D.S. (2015, November). *A pilot study to assess feasibility, acceptability, and effectiveness of a remotely-delivered intervention to address weight regain after bariatric surgery*. Paper presented at the American Society for Metabolic and Bariatric Surgery annual meeting, Los Angeles, CA.

Butryn, M.L. (2015, November). *Acceptance-based strategies to facilitate adherence to behavioral recommendations in a bariatric surgery patient*. Paper presented at the American Society for Metabolic and Bariatric Surgery annual meeting, Los Angeles, CA.

Butryn, M.L. (2015, November). *Dieting 2.0: New developments in psychology and approaches to lifestyle modification*. Invited lecture presented to the College of Arts and Sciences, Drexel University, Philadelphia, PA.

*Evans, B.C., Forman, E. *Manasse, S.M., *Goldstein, S.P., *Schumacher, L.M., **Butryn, M.**, Wyckoff, E. (2015, November). *Baseline environmental and affective predictors of dietary lapse frequency early in behavioral weight loss treatment*. Poster presented at The Obesity Society annual meeting 2015, Los Angeles, CA.

*Evans, B.C., Forman, E. *Manasse, S.M., *Goldstein, S.P., *Schumacher, L.M., **Butryn, M.**, Wyckoff, E. (2015, November). *Susceptibility to food environment and affect predict dietary lapse frequency using ecological momentary assessment*. Paper presented at the Association for Behavioral and Cognitive Therapies Obesity and Eating Disorders SIG Meeting, Chicago, IL.

Forman, E.M., **Butryn, M.L.**, *Manasse, S.M., *Wyckoff, E.P., *Goldstein, S.P. (2015, November). *Acceptance-based behavioral treatment enhances weight loss especially for those with greater impulsivity*. Poster presented at The Obesity Society annual meeting, Los Angeles, CA.

Forman, E.M., Crosby, R., Schumacher, L. M, Goldstein, S. P, **Butryn, M. L.**, Thomas J.G., *Wyckoff, E.P., *Manasse, S.M. (2015, November). *Dietary lapses during behavioral weight loss: Characteristics and relationships with later success*. Paper presented at the Obesity Society annual meeting, Los Angeles, CA.

*Goldstein, S.P., *Wyckoff, E.P., Zhang, F., **Butryn, M.L.**, Forman, E.M. (2015, November) *Uncovering the mystery of eating choices: a comparison of multinomial processing tree models*. Poster presented at the Obesity Society annual meeting, Los Angeles, CA.

Kerrigan, S.K., Zhang, F., Forman, E.M., & **Butryn, M.L.** (2015, November). *Predicting dropout from behavioral weight loss treatment*. Poster presented at the Obesity Society annual meeting, Los Angeles, CA.

*Manasse, S.M., *Goldstein, S.P., *Wyckoff, E.P., Forman, E.M., Juarascio, A.S., **Butryn, M.L.**, & Ruocco, A.C. (2015, November). *Slowing down and taking a second look: inhibitory deficits associated with binge eating are not food-specific*. Poster presented at the Obesity Society annual meeting, Los Angeles, CA.

*Rosenbaum, D.L., **Butryn, M.L.**, Stice, E., Lowe, M.R. (2015, November). *Self-weighing is associated with prevention of weight gain and body fat over two years*. Poster presented at the Obesity Society annual meeting, Los Angeles, CA.

*Schumacher, L. M., Zhang, F., Forman, E.M., & **Butryn, M.L.** (2015, November). *Weight gains during the weight loss phase of behavioral weight loss treatment: How common are they and how much do they matter?* Poster presented at the Obesity Society annual meeting, Los Angeles, CA.

*Schumacher, L. M., *Schaumberg, K., Rosenbaum, D. L., Piers, A., *Kase, C., Forman, E. M., Lowe, M. R., & **Butryn, M. L.** (November, 2015). *Negative reinforcement eating expectancies*

mediate the relation between experiential avoidance and eating-related disinhibition among obese, treatment-seeking adults. Poster presented at the Association for Behavioral and Cognitive Therapies annual meeting, Chicago, IL.

*Shaw, J.A., Forman, E.M., *Espel, H.M., **Butryn, M.L.**, Herbert, J.D., Lowe, M.R., & Nederkoorn, C. (2015, November). *The effect of evaluative conditioning on implicit attitudes and consumption of sugar-sweetened soft drinks.* Poster presented at The Obesity Society annual meeting, Los Angeles, CA.

*Wyckoff, E.P., *Manasse, S.M., Forman, E.M., **Butryn, M.L.** (2015, November). *For whom is weekly accountability necessary? Neuropsychological predictors of weight change in the second phase of behavioral weight loss.* Paper presented at the Obesity Society annual meeting, Los Angeles, CA.

*Manasse, S.M., *Goldstein, S.P., *Wyckoff, E.P., Forman, E.M., Juarascio, A.S., **Butryn, M.L.**, Ruocco, A.C., & Engel, S. (September, 2015). *Are inhibitory control deficits in individuals with binge eating pathology general or stimuli-specific?* Poster presented at the Eating Disorders Research Society annual meeting, Taormina, Sicily.

*Arigo, D.R., *Schumacher, L.M., *Pinkasavage, E., *Colasanti, M., *Martin, L.M., *Kerrigan, S.G., & **Butryn, M.L.** (2015, April). *Using social networking and technology to address physical activity barriers among overweight women.* Paper presented at the Society of Behavioral Medicine annual meeting, San Antonio, TX.

Butryn, M.L., Forman, E.M., Sherwood, N.E., Stevens, V.J., & Keefe, F. (2015, April). *Building and managing a clinical research team.* Panel discussion presented at the annual meeting of the Society for Behavioral Medicine, San Antonio, TX.

*Espel, H.M., **Butryn, M.L.**, *Goldstein, S.P., & Forman, E.M. (April, 2015). *Eating behavior and emotional state: differential effects of implicit liking and hedonic hunger.* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

Forman, E.M., *Schumacher, L.M., *Manasse, S.M., **Butryn, M.L.** (2015, April). *Early dietary lapse frequency predicts 12-month success in a behavioral weight loss program.* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

*Kerrigan, S.G., *Kase, C., *Schaumberg, K., Forman, E., Lowe, M., & **Butryn, M.L.** (2015, April). *Who gains weight before behavioral weight loss treatment and what are implications for treatment success?* Paper presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

*Schaumberg, K., **Butryn, M.L.**, Lowe, M., Gorin, A.A., & Forman, E. (2015, April). *Power of food moderates the relationship between an obesogenic home environment and caloric intake.* Poster presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

*Schumacher, L.M., *Arigo, D., *Kerrigan, S.G., & **Butryn, M.L.** (2015, April). *Understanding physical activity adoption among women: self-perceptions following activity lapses*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

*Wyckoff, E., *Schumacher, L., *Manasse, S., *Schaumberg, K., Forman, E., **Butryn, M.**, Lowe, M. (2015, April). *An examination of weight suppression as a predictor of outcomes in behavioral weight loss treatment*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Antonio, TX.

*Kase, C., *Piers, A.D., *Schaumberg, K., Forman, E.M., & **Butryn, M.L.** (2015, April). *Alcohol use, disinhibition, and treatment outcome in overweight and obese adults*. Poster presented at the International Conference on Eating Disorders, Boston, MA.

*Manasse, S.M., Forman, E.M., Juarascio, A.S., & **Butryn, M.L.** (2015, April). *Planning binge episodes: A viable construct for examining binge eating severity?* Poster presented at the International Conference on Eating Disorders, Boston, MA.

*Manasse, S.M., Forman, E.M., Ruocco, A.C., **Butryn, M.L.**, Juarascio, A.S., & Fitzpatrick, K.K. (2015, April). *Do executive functioning deficits underpin binge eating disorder? A comparison of overweight women with and without binge eating pathology*. Paper presented at the International Conference on Eating Disorders, Boston, MA.

*Manasse, S.M., Juarascio, A.S., Forman, E., **Butryn, M.L.**, & Lejuez, C. (2014, November). *Balloon analogue risk task as predictor of loss-of-control eating and binge episodes in a treatment-seeking sample of overweight and obese women*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

*Kerrigan, S.G., **Butryn, M.L.**, Forman, E., & Thomas, J. (2014, November). *Novel predictors of physical activity intention among individuals in a weight loss program*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

*Matteucci, A.J., *Manasse, S.M., Forman, E., *Frohn, A., Berner, L., Ruocco, A., & **Butryn, M.L.** (2014, November). *Comparing executive functioning in obese patients and normal weight controls: implications for approaches to treatment*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

*Matteucci, A.J., **Butryn, M.L.**, Forman, E.M., *Raggio, G.A., *Mikorski, R., & *Kerrigan, S.G. (2014, November). *Decision-making ability predicts success in a behavioral intervention for physical activity promotion*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

*Matteucci, A.J., Berner, L.A., *Kerrigan, S.G., Forman, E.M., & **Butryn, M.L.** (2014, November). *Decision-making impairment predicts weight loss outcome*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

*Arigo, D., *Schumacher, L.M., **Butryn, M.L.**, & Forman, E.M. (2014, November). *Daily social comparisons and initial weight loss among participants in a behavioral weight loss*

program. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

Butryn, M.L., *Kerrigan, S.G., *Arigo, D., *Raggio, G.A., & Forman, E.M. (2014, November). *Project Impact: A pilot test of an acceptance-based approach to physical activity during weight loss maintenance*. Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

Butryn, M.L. (2014, November). *Innovative uses of technology to enhance intervention in the domains of binge eating, obesity, and physical activity*. Symposium chaired at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

Butryn, M.L. (2014, November). *Enhancing physical activity with technology-based self-monitoring and social connectivity*. In M.L. Butryn (chair), *Innovative uses of technology to enhance intervention in the domains of binge eating, obesity, and physical activity*. Symposium conducted at the annual meeting of the Association for Behavior and Cognitive Therapies, Philadelphia, PA.

*Bradley, L., Forman, E., Sarwer, D., *Kerrigan, S., *Goldstein, S., **Butryn, M.L.**, Thomas, G., & Herbert, J. (2014, November). *The development of a remotely-delivered behavioral intervention for weight regain following bariatric surgery*. Poster presented at annual meeting of the Obesity Society, Boston, MA.

Butryn, M.L., *Arigo, D., *Raggio, G., *Colasanti, M., *Pinkasavage, E., & Forman, E. (2014, November). *Next Steps: A pilot study of innovative lifestyle modification for midlife women*. Poster presented at annual meeting of the Obesity Society, Boston, MA.

*Colasanti, M., *Arigo, D., *Pinkasavage, E., Raggio, E., & **Butryn, M.L.** (2014, November). *Processes associated with success in lifestyle modification programs*. Poster presented at annual meeting of the Obesity Society. Boston, MA.

*Kerrigan, S., **Butryn, M.L.**, Forman, E., & Thomas, G. (2014, November). *Distress tolerance as a predictor of physical activity intentions and engagement*. Poster presented at annual meeting of the Obesity Society, Boston, MA.

*Schumacher, L., Forman, E., **Butryn, M.L.**, & *Arigo, D. (2014, November). *Ecological momentary assessment of dietary lapse experiences among overweight and obese adults in a behavioral weight loss study*. Poster presented at annual meeting of the Obesity Society, Boston, MA.

*Espel, H., *Manasse, S., Forman, E., **Butryn, M.L.**, & Ruocco, A. (2014, November). *Gender, inhibitory control and food cue sensitivity predict intake of highly palatable foods*. Poster presented at annual meeting of the Obesity Society, Boston, MA.

*Manasse, S., Forman, E., Juarascio, A., **Butryn, M.L.**, & Ruocco, A. (2014, November). *An examination of neuropsychological deficits in overweight women with binge eating disorder*. Poster presented at annual meeting of the Obesity Society, Boston, MA.

Butryn, M.L., *Arigo, D., *Kaufman, A., *Raggio, G., *Kerrigan, S., & Forman, E. (2014, April). *The Physical Activity Acceptance Questionnaire (PAAQ): A validated measure of the ability to tolerate activity-related discomfort.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

Butryn, M.L., & Forman, E.M. (2014, April). *Acceptance-based behavioral intervention for health-related behavior change: theory and clinical applications.* Seminar presented at the annual meeting of the Society for Behavioral Medicine, Philadelphia, PA.

Forman, E.F., *Martin, L.M., *Shaw, J.A., **Butryn, M.L.,** *Goldstein, S.P., Meiran, N., Tilson, A.M., *Bradley, L.E., *Ibrahim, A.Y., *Manasse, S.M., & *Schumacher, L.M. (2014, April). Technology-assisted interventions for binge eating and overconsumption of snack foods. In S. P. Goldstein (Chair), *Challenges and Considerations in Creating Ecological Momentary Interventions for Disordered Eating Behaviors.* Symposium presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

*Manasse, S.M., *Matteucci, A.J., Berner, L.A., *Kerrigan, S.G., Forman, E.M., **Butryn, M.L.,** & Ruocco, A.C. (2014, April). *Weight status and outcome in behavioral weight loss interventions: What can cognitive neuroscience tell us that the client cannot?* Poster presented at the annual meeting of the Society of Behavioral Medicine, Philadelphia, PA.

Butryn, M.L., Becker, C., & Kilpela, L.S (2014, March). *The Body Project: disseminating evidence-based eating disorders prevention.* Workshop presented at the annual meeting of the Academy for Eating Disorders, New York, NY.

*Arigo, D.R., *Kerrigan, S.G., & **Butryn, M.L.** (2013, November). *Clustering of accelerometer-verified physical activity outcomes within behavioral weight loss groups.* Poster presented at the annual meeting of The Obesity Society, Atlanta, GA.

*Arigo, D.R., **Butryn, M.L.,** *Raggio, G.A., *Kirch, M., & Lowe, M.R. (2013, November). *Changes in body satisfaction eating behaviors, and weight over the first two years of college: Relationships with pedometer-assessed physical activity.* Poster presented at the annual meeting of The Obesity Society, Atlanta, GA.

*Bradley, L.E., Forman, E.M., Sarwer, D.B., **Butryn, M.L.,** & Herbert, J.D. (2013, November). *A role for acceptance-based interventions to stop weight regain in bariatric surgery patients.* Paper presented at the annual meeting of The Obesity Society, Atlanta, GA.

Butryn, M.L., *Arigo, D., & Gorin, A.A. (2013, November). *More support that support matters: perceived support from spouses is associated with weight loss success.* Poster presented at the annual meeting of The Obesity Society, Atlanta, GA.

*Goldstein, S.P., Forman, E.M., **Butryn, M.L.,** *Frohn, A.F., & Herbert, J.D. (2013, November). *Distress tolerance moderates the relationship between implicit attitudes and overeating.* Poster presented at the annual meeting of the Association for Behavior and Cognitive Therapies, Nashville, Tennessee.

*Goldstein, S.P., Forman, E.M., Herbert, J.D., & **Butryn, M.L.** (2013, November). *Building an innovative physical activity program for college students*. Poster presented at the annual meeting of The Obesity Society, Atlanta, GA.

*Goldstein, S.P., *Manasse, S.M., Forman, E.M., Berner, L.A., **Butryn, M.L.**, & *Frohn, A. (2013, November). *The Power of Food: Relationships between delay discounting and eating behavior*. Poster presented at the annual meeting of The Obesity Society, Atlanta, Georgia.

*Kerrigan, S.G., **Butryn, M.L.**, & Forman, E.M. (2013, November). *Individual differences in physical activity and weight losses within a behavioral weight loss program*. Poster presented at the annual convention of The Obesity Society, Atlanta, GA.

*Manasse, S., Forman, E.M., *Frohn, A., Matteucci, M., Ruocco, A., & **Butryn, M.L.** (2013, November). *Neurocognitive performance as a predictor of early response to behavioral weight loss treatment*. Poster presented at the annual convention for the Association for Behavioral and Cognitive Therapies, Nashville, TN.

*Manasse, S., Forman, E.M., *Frohn, A., Matteucci, M., Ruocco, A., & **Butryn, M.L.** (2013, November). *Overweight individuals with and without loss of control eating: an examination of neurocognitive ability*. Poster presented at the annual convention for the Association for Behavioral and Cognitive Therapies, Nashville, TN.

*Manasse, S.M., *Goldstein, S.P., Forman, E.M., Berner, L.A., **Butryn, M.L.**, & Ruocco, A.C. (2013, November). *Does implicit attraction to high calorie foods moderate the relationship between executive function and BMI?* Poster presented at the Obesity Society annual meeting. Atlanta, GA.

*Matteucci, A.J., Berner, L.A., *Kerrigan, S.G., Forman, E.M., & **Butryn, M.L.** (2013, November). *Decision-making impairment predicts weight-loss outcome*. Poster presented at the annual meeting of The Obesity Society, Atlanta, GA.

*Mikorski, R., *Schumacher, L.M., *Arigo, D.R., *Kerrigan, S.G., & **Butryn, M.L.** (2013, November). *The effects of a cognitive defusion intervention on body image, body-focused anxiety and negative affect after viewing ultra-thin media ideals*. Poster presented at the annual convention for the Association for Behavioral and Cognitive Therapies, Nashville, TN.

Stice, E., **Butryn, M.L.**, Rohde, P., & Shaw, H. (2013, September). *Pilot trial of a group dissonance-based treatment for DSM-5 eating disorders*. Poster presented at the annual meeting of the Eating Disorder Research Society, Bethesda, MD.

*Mikorski, R., *Martin, L.M., & **Butryn, M.L.** (2013, May). Exploring the role of cognitive fusion in body image dissatisfaction. In Sandoz, E.K. (Chair), *Body Image*. Symposium presented at the annual convention of the Association for Behavioral Analysis International, Minneapolis, MN.

Butryn, M.L., *Matteucci, A.J., Forman, E.M., *Raggio, G., *Mikorski, R., & *Kerrigan, S.G. (2013, March, 2013). *An experimental pilot test of an acceptance-based physical activity*

intervention. Poster presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.

*Raggio, G., Palmer, S., *Mikorski, R., & **Butryn, M.L.** (2013, March). *Sexual problems and mindfulness in breast cancer survivors*. Poster presented at the annual meeting of the Society for Behavioral Medicine, San Francisco, CA.

Doshi, S.D., **Butryn, M.L.**, Annunziato, R.A., *Coletta, M.C., & Lowe, M.R. (2012, November). *An investigation of body composition, eating and weight concerns, and motivations for weight control behavior among South Asian and European-American young adult women*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Forman, E.M., **Butryn, M.L.**, *Shaw, J.A., Kelly, M., *Bradley, L., Lowe, M.R., & Herbert, J.D. (2012, November). Outcomes from the Mind Your Health Project: A randomized controlled trial comparing standard behavioral and acceptance-based behavioral interventions for obesity. In M.L. Butryn (Chair), *Innovative Behavioral Approaches to Weight Loss*. Symposium conducted at the annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

*Katterman, S.N., *Goldstein, S.P., **Butryn, M. L.**, Forman, E., & Lowe, M. (2012, November). *Targeted obesity prevention: Evidence that young adult women with a BMI of 23-30 kg/m² represent a cost-effective group with whom to intervene*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

*Kerrigan, S.G., & **Butryn, M.L.** (2012, November). *Acceptance as a target for intervention to increase physical activity in overweight and obese adults*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

*Raggio, G., Lowe, M.R., & **Butryn, M.L.** (2012, November). *Examination of consumption-related cognitive changes during weight loss intervention as predictors of long-term QOL*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

*Bradley, L.E., Forman, E.F., & **Butryn, M.L.** (2012, September). *Long-term weight control strategies and their association with weight maintenance in a behavioral weight loss program*. Poster presented at The Obesity Society, San Antonio, TX.

Butryn, M.L., *Kerrigan, S.G., Katterman, S., & *Matteucci, A.J. (2012, September). *Initial validation of the Physical Activity Acceptance and Action Questionnaire*. Poster presented at the annual convention of The Obesity Society, San Antonio, TX.

Butryn, M.L. (2012, June). *Novel interventions for obesity and eating disorders on college campuses*. Invited workshop presented at University of Illinois annual Counseling Center Core Clinical Competency Day.

Butryn, M.L., Forman, E.M., & *Bradley, L. (2012, May). *Acceptance-based behavioral treatment for obesity: 6-month follow-up outcomes and moderators of effectiveness from a randomized clinical trial*. Paper presented at the European Congress on Obesity, Lyon, France.

*Goldstein, S.P., Katterman, S.N., **Butryn, M.L.**, Forman, E., & Lowe, M.R. (2012, May). An examination of changes in distress tolerance and changes in eating behavior. Poster presented at the annual convention of the Midwestern Psychological Association, Chicago, IL.

*Juarascio, A.S., Forman, E.M., Herbert, J.D., Timko, C. A., **Butryn, M.L.**, & Lowe, M.R. (2012, May). *Acceptance and commitment therapy as a novel treatment for eating disorders: an initial test of efficacy and mediation*. Paper presented at the International Conference of Eating Disorders, Austin, TX.

*Martin, L. Forman, E.M., & **Butryn, M.L.** (2012, May). *A functional contextual approach to the obesity epidemic*. Paper presented at the Association for Behavior Analysis International conference. Seattle, WA.

*Matteucci, A. J., *Shaw, J.A., *Juarascio, A.S., Forman, E.M., *Bradley, L., Herbert, J.D., **Butryn, M.L.**, & Lowe, M.R. (2012, May). *The role of values in the change of eating disorder symptomatology*. Poster presented at the International Conference of Eating Disorders, Austin, TX.

*Shaw, J.A., *Juarascio, A.S., Forman, E.M., *Bradley, L., *Matteucci, A.J., Herbert, J.D., **Butryn, M.L.**, & Lowe, M.R. (2012, May). *Controlled trial of residential-based acceptance and commitment therapy for eating disorders: changes in behavioral outcomes*. Poster presented at the International Conference of Eating Disorders, Austin, TX.

Butryn, M.L. (2012, April). *Empirically-supported eating disorders prevention*. Training session presented at the Fifth Annual Eating Disorders Institute, Plymouth, NH.

*Greenberg, L.M., **Butryn, M.L.**, & *Kerrigan, S.G. (2012, April). *Preliminary exploration of acceptance and distress tolerance in patients with type 2 diabetes*. Poster presented at the Society for Behavioral Medicine, New Orleans, LA.

Forman, E.M., **Butryn, M.L.**, *Martin, L., *Bradley, L. (2012, March). *Weight management and acceptance-based behavior therapies: mindful developments*. Invited talk presented to the annual meeting of the Weight Management Practice Group of the Academy of Nutrition and Dietetics, Las Vegas, NV.

*Juarascio, A., *Shaw, J., *Matteucci, A., Forman, E., Timko, C.A., Herbert, J. D., **Butryn, M.**, & Lowe, M. (2011, November). *Acceptance and commitment therapy as a novel treatment for eating disorders: An initial test of efficacy and mediation*. Poster presented at the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, Canada.

*Shaw, J.A., *Juarascio, A.S., Forman, E.M., *Bradley, L., Herbert, J.D., **Butryn, M.**, Berner, L., Doshi, S., & Lowe, M.R. (2011, November). *Controlled trial of residential-based ACT for eating disorders: Impact on behavioral measures of eating psychopathology*. Poster presented at

the 45th annual meeting of the Association for Behavioral and Cognitive Therapies, Toronto, Ontario, Canada.

Butryn, M.L., Kelly, M., & Forman, E.M. (2011, October). *Moderators of outcome in an RCT comparing standard behavioral treatment and acceptance-based behavioral treatment for obesity*. Poster presented at the annual convention of the Obesity Society, Orlando, FL.

*Kerrigan, S.G., **Butryn, M.L.**, & Lowe, M.R. (2011, October). Weight suppression in young adult females. Poster presented at the annual convention of the Obesity Society, Orlando, FL.

Lowe, M.R., **Butryn, M.L.**, & Thomas, J.G. (2011, October). *Randomized, controlled trial of the effect of meal replacement and energy density interventions on weight loss maintenance*. Poster presented at the annual convention of the Obesity Society, Orlando, FL.

Berner, L.A., **Butryn, M.L.**, Mayer, L., Stice, E., & Lowe, M.R., (September, 2011). *Body fat deposition: biological predictor of eating disturbance?* Poster presented at the annual convention of the Eating Disorder Research Society, Edinburgh, Scotland.

Butryn, M.L., Forman, E.M., *Hoffman, K.L., *Shaw, J.A., & *Juarascio, A.S. (2010, November). A pilot study of ACT for promotion of physical activity. In E.M. Forman & C.D. Tart (Chairs), *The relationship between physical activity and anxiety processes: basic and clinical findings*. Symposium conducted at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Forman, E.M., **Butryn, M.L.**, *Shaw, J.A., Glassman, L.H., Clark, V., Lowe, M.R., & Herbert, J.D. (2010, November). Preliminary outcomes from the Mind Your Health project: a randomized clinical trial comparing standard behavioral and acceptance-based behavioral interventions for obesity. In M. Craske (Chair), *Acceptance-based therapies for anxiety disorders and obesity*. Symposium conducted at the annual convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

Butryn, M.L., Thomas, J.G., *Coletta, M., & Lowe, M.R. (2010, October). *A randomized, controlled trial of nutritionally innovative weight loss maintenance interventions delivered by telephone*. Poster presented at the annual convention of the Obesity Society, San Diego, CA.

Butryn, M.L., & Forman, E.M. (November, 2009). *An introduction to acceptance and commitment therapy and its application to the treatment of eating disorders*. Workshop presented at the annual convention of the Renfrew Center Foundation, Philadelphia, PA.

Butryn, M.L., Lowe, M.R., Clark, V.L., *Shaw, J., Ice, S., & Bunnell, D. (2009, November). Acceptance and commitment therapy for eating disorders: a pilot study. In A. Moskovitch & R.M. Merwin (Chairs), *Altering the experience of arousal and the body: processes of change in acceptance-based treatments for eating and anxiety disorders*. Symposium conducted at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Collins, J., Herbert, J.D., Forman, E., & **Butryn, M.L.** (2009, November). *Dietary restraint, physical activity and body image satisfaction: a study of college freshman women*. Poster

presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

*Hoffman, K.L., Forman, E.L., Herbert, J.D., **Butryn, M.L.**, *Juarascio, A.S., & Ryan, N.M. (2009, November). Comparison of acceptance-based and standard cognitive-based coping strategies for craving sweets in overweight and obese women. In J.D. Herbert (Chair), *Cognitive reappraisal vs. experiential acceptance*. Symposium conducted at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

*Juarascio, A.S., Timko, C., Forman, E., Chubski, J.L., **Butryn, M.L.**, & *Hoffman, K.L. (2009, November). *The development and validation of the Food Acceptance and Awareness Questionnaire*. Poster presented at the annual convention of the Association for Behavioral and Cognitive Therapies, New York, NY.

Butryn, M.L., O'Planick, A., Ice, S., Bunnell, D.W., Brooks, G.E., Tahilani, K., & Lowe, M.R. (2009, September). *High weight suppression and low BMI interact to predict high levels of objective binge eating in bulimia nervosa*. Poster presented at the annual convention of the Eating Disorders Research Society, Brooklyn, NY.

Doshi, S., **Butryn, M.L.**, & Lowe, M.R. (2009, September). *Adjusting for BMI, normal weight Asian relative to Caucasian women have greater body dissatisfaction*. Poster presented at the annual convention of the Eating Disorders Research Society, Brooklyn, NY.

Fabricatore, A.N., Wadden, T.A., Moore, R.H., **Butryn, M.L.**, Gravallesse, E.A., Erondy, N.E., Heymsfield, S.B., & Nguyen, A. (2009, May). *Attrition from randomized controlled trials of pharmacological weight loss agents: a systematic review and analysis*. Poster presented at the annual convention of the Society for Clinical Trials, Atlanta, GA.

Forman, E. M., **Butryn, M. L.**, *Hoffman, K. L., Herbert, J. D. & Brown, L. (2008, November). An open pilot trial of an acceptance-based behavioral intervention for weight loss: Post-intervention and six-month follow-up findings. In P. Wupperman & S. R. Axelrod (Chairs), *Mindfulness training for problems of self-regulation: New applications and mechanisms of change*. Paper presented at the annual convention of the Association for Behavioral and Cognitive Therapies, Orlando, FL.

Butryn, M.L., Thomas, J.G., & Lowe, M.R. (2008, October). *Reductions in internal disinhibition during weight loss predict better weight loss maintenance*. Poster presented at the annual convention of the Obesity Society, Phoenix, AZ.

Lowe, M.R., Tappe, K.A., **Butryn, M.L.**, Annunziato, R., *Coletta, M.C., & Ochner, C.N. (2008, October). *Evaluation of a weight gain prevention program in workplace cafeterias*. Poster presented at the annual convention of the Obesity Society, Phoenix, AZ.

Thomas, J.G., Markowitz, J., Tappe, K.A., Chernyak, Y., Ochner, C., **Butryn, M.L.**, & Lowe, M.R. (2008, October). *Telephone-based weight loss maintenance interventions for patients referred from primary care clinics*. Poster presented at the annual convention of the Obesity Society, Phoenix, AZ.

Butryn, M.L., Forman, E.M., *Hoffman, K.L., Brown, L.A., Johnson, A., & Herbert, J.A. (March, 2008). *A pilot test of acceptance-based behavioral treatment for obesity*. Paper presented at the annual meeting of the Society for Behavioral Medicine, San Diego, CA.

Butryn, M.L., Tappe, K.A., Thomas, J.G., & Lowe, M.R. (November, 2007). Innovative nutritional approaches for the prevention of weight gain and weight regain. In M.R. Lowe (Chair) *Innovative Interventions for the Prevention of Weight Gain and Weight Regain*. Symposium conducted at the annual meeting of the Association for Behavioral and Cognitive Therapies, Philadelphia, PA.

Butryn, M.L., Phelan, S., Hill, J.O., & Wing, R.R. (October, 2006). *Frequent and consistent self-monitoring of weight: A key component of successful weight loss maintenance*. Poster presented at the annual meeting of the North American Association for the Study of Obesity, Boston, MA.

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Butryn, M.L., Lowe, M.R., & Markowitz, J.T. (October, 2005). *A randomized trial of weight gain prevention interventions in young women*. Poster presented at the annual meeting of the North American Association for the Study of Obesity, Vancouver, BC.

Butryn, M.L. *The caregiver participant*. (September, 2005). Case presentation at the annual training meeting for the Look Ahead: Action for Health in Diabetes clinical trial, Chicago, IL.

Butryn, M.L., Didie, E., Annunziato, R.A., Coletta, M., & Lowe, M.R. (November, 2004). *The Power of Food Scale: Reliability, validity and factor structure*. Poster presented at the annual meeting of the North American Association for the Study of Obesity, Las Vegas, NV.

Lowe, M.R., Annunziato, R.A., **Butryn, M.L.**, Didie, E.R., & Ochner, C.O. (July, 2004). *The conundrum of weight suppression: Findings from three studies*. Poster presented at the annual meeting of the Society for Ingestive Behaviors, Cincinnati, OH.

Lowe, M.R., & **Butryn, M.L.** (November, 2003). *The ever-widening gap between psychological science and psychological therapy: Diagnosis and treatment*. Paper presented at the annual meeting of the Renfrew Center Foundation, Philadelphia, PA.

Lowe, M., Annunziato, R., Riddell, L., Didie, E., Crerand, C., **Butryn, M.**, Lucks, D., Ochner, C., Coletta, M., & McKinney, S. (October, 2003). *Reduced energy density eating and weight loss maintenance: 18-Month follow-up results from a randomized controlled trial*. Paper presented at the annual meeting of the North American Association for the Study of Obesity, Fort Lauderdale, FL.

Butryn, M.L., Lowe, M.R., Safer, D.L., & Agras, W.S. (May, 2003). *Predictors of treatment completion in CBT for bulimia nervosa*. Paper presented at the annual meeting of the Academy of Eating Disorders, Denver, CO.

Annunziato, R., **Butryn, M.**, Didie, L., Lucks, D., McKinney, S., Ochner, C., et al. (March, 2003). A prospective test of weight gain in college women. In *Predictors and enhancers of coping among college students confronted with health concerns*. Symposium presented at the annual meeting of the Eastern Psychological Association, Baltimore, MD.

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