



The College of Nursing and Health Professions has clinical services in four established Philadelphia-based sites in addition to a new Community Wellness HUB established this year in the Dornsife Center. Services are provided by faculty working in conjunction with bachelor's, master's and doctoral students, as well as orthopedic physical therapy residents. The ultimate goal of the CNHP clinical services programming is to have an educational environment where students are working alongside the more than 30 CNHP faculty, provide patient care in an interdisciplinary setting, including referrals between active clinical practice and research activities. CNHP's clinical services and associated student education has continued to grow in scope and volume over the years. A broad overview of each practice is below. ✓

The CNHP clinical services are located in Philadelphia at the following sites:

- **Stephen & Sandra Sheller 11<sup>th</sup> Street Family Health Services Center**
- **3020 Market Street (3020 Market)**
- **Drexel Recreation Center (REC)**
- **Parkway Health & Wellness (PHW)**
- **Community Wellness HUB at the Dornsife (The HUB)**

Clinical Services Provided at Each Site				
Discipline/ Sites	3020 Market	REC	PHW	Dornsife Center
CRNP			✓	✓
CFT	✓		✓	✓
CAT			✓	
NS		✓	✓	
PA			✓	✓
PT		✓	✓	

**CNHP Faculty Practicing at CNHP Clinical Sites**

<b>Discipline</b>	<b>Faculty Name(s)</b>
<b>CRNP</b>	Barbara Posmontier, Kimberly McClellan, Barbara Osborne
<b>CFT</b>	Christian Jordal, Erica Wilkins
<b>CAT</b>	Yasmine Awais, Scott Horowitz, Dawn Morningstar, Michele Rattigan, Ellen Schelly-Hill
<b>NS</b>	Whitney Butler, Robin Danowski, Nyree Dardarian, Abigail Duffine-Gilman, Andrea Grasso-Irvine, Beth Leonberg, Angela Luciani, Vicki Schwartz, Elizabeth Smith, Amy Stankiewicz,
<b>PA</b>	Patrick Auth, Juanita Gardner
<b>PT</b>	Lisa Chiarello, Kevin Gard, Noel Goodstadt, Robert Maschi, Christopher McKenzie, Kathryn Mitchell, Sara Tomaszewski, Sarah Wenger, Annette Willgens

### Round-up

The clinical services are overseen by an interdisciplinary advisory board comprised of the Director of CNHP Clinical Services and Clinical Coordinators representing each involved academic department and the research enterprise. This Advisory Board meets regularly to provide oversight and direction for the clinical practices in the areas of operations, productivity review, marketing, program development, and the promotion of collaborative interdisciplinary programming, including collaborations and referrals between clinical services and research projects.

<b>CNHP Interdisciplinary Clinical Services Advisory Board Members</b>	
<b>Discipline</b>	<b>Board Member</b>
<b>Director, Clinical Services</b>	Sheila Plungis
<b>Certified Registered NP</b>	Ann McQueen
<b>Couple and Family Therapy</b>	Erica Wilkins
<b>Creative Arts Therapies</b>	Michelle Rattigan
<b>Health Administration</b>	Spencer Ward
<b>Nutrition Sciences</b>	Nyree Dardarian
<b>Physical Therapy</b>	Kevin Gard
<b>Physician Assistant</b>	Juanita Gardner
<b>Research</b>	Deeptha Sukumar

### **3020 Market Street**

The clinical and research site location at 3020 Market Street serves as a significant clinical training site for Counseling and Family Therapy (CFT) master's and PhD students, in addition to housing CFIS research led by Guy Diamond, PhD.

**Counseling and Family Therapy** services program highlights include:

- COFT clinical visits at 3020 Market Street have increased more than threefold over the prior fiscal year. This increase was part of a combined 124% increase at both sites (3020 Market & PHW), with 926 total therapy sessions generating \$10,832 in patient service revenue for the department.
- Master's and doctoral level students assisted with the operation of the 3020 Market Street site and provided clinical services within this site. Services are provided on a sliding fee scale basis, allowing persons of all financial means to utilize the services.
- CFT has expanded to Dornsife Center with Erica Wilkins, PhD providing services one day per week within the Community Wellness HUB.

### **Drexel Recreation Center**

Clinical services in the areas of Physical Therapy and Rehabilitation Sciences and Nutrition Sciences are provided within the Drexel Recreation Center (REC).

Clinical services highlights at the REC include:

#### **Physical Therapy services**

- Physical Therapy service volume grew at the REC Center, in addition to at PHW, resulting in an overall 6% increase in visits in FY17 over the prior year.
- The clinical sites serve as a training and clinical site for the doctor of physical therapy students as well as for the two residents in the post-graduate clinical orthopedic residency program established in June 2013.
- Two physical therapists are providing mother-baby focused visits for the Mother-Baby connection program at PHW.

#### **Nutrition services**

- CNHP dietitians are the nutritional resource for the Center for Nutrition & Performance (CNP) where the Nutrition Sciences faculty, in collaboration with University Wellness, offer individual and group programs that strive to promote life-long health by providing nutrition and diet-related education to enhance athletic and cognitive performance.
- In 2017 CNP executed contracts with the Philadelphia Flyers and the Philadelphia Union to provide nutrition services for the upcoming season to all players on both teams.

## **Parkway Health & Wellness**

Parkway Health & Wellness is a clinical teaching, practice and research site, opened its doors in September 2013, from which time it has been incrementally adding and growing clinical and research services. PHW by design and vision serves as a nexus for interprofessional collaboration which involves the multiple disciplines within CNHP, both clinical and research, along with collaborations with faculty and students in other Drexel colleges and schools.

Parkway Health and Wellness program highlights include:

### **Certified Registered Nurse Practitioner services**

- Mother Baby Connections (MBC)
- CRNP women's health faculty are providing women's health services including preventive health services for women, annual exams, problem-focused visits and diagnosis and treatment following an abnormal pap smear including colposcopy.
- CRNP Promise Keepers program is a community of practice which provides support and care for African born, HIV positive women living in the Philadelphia Metropolitan Area.
- CRNP advanced practice nursing faculty will be providing clinical services to the surrounding community within a convenient care model starting on January 8.

### **Couple and Family Therapy services**

- Therapy is provided at PHW on a sliding fee scale by licensed faculty members and doctoral students.
- CFT also provides individual, group, and couples therapy to the Mother Baby Connections participants.

### **Creative Arts Therapies services**

- CAT clinical visits at PHW have increased 58% over the last year. Dance movement therapy provided 229 visits; music therapy provided 85 and art therapy provided 258 visits.
- CAT faculty continue to provide dance movement and art therapies in a group therapy format to the Mother Baby Connections participants.
- An art therapy practicum student rotation began in Spring 2017 and will continue for each Fall, Winter, and Spring quarters. A second-year art therapy intern is planned for the 2018-19 academic year in addition to practicum students.
- Two CAT PhD students have been conducting research and seeing clients in PHW. A third is planned to begin seeing clients in Fall 2017.

### **Nutrition services**

- Nutrition counseling services grew 42% at PHW.

### **Physical Therapy services**

- Physical Therapy service volume grew at PHW.
- PHW serves as the home for ***Drexel University's Running Performance & Research Center*** which was established in 2015 offering individualized running analyses using Dartfish motion analysis software analyzed by PT faculty.
- Pediatric physical therapist faculty have provided mother-baby interaction therapy to the Mother Baby Connections participants

### **Physician Assistant services**

- Employee health services, provided by CNHP Physician Assistants, was initiated in June 2017.
- Assistant clinical professor, Juanita Gardner, MPH, PA-C and Patrick Auth, PhD, PA-C, clinical professor and department chair provide services and are supervised by School of Public Health faculty Arthur Frank, MD, PhD and Curtis Cummings, MD.
- Employees are visiting PHW for new employee physicals, annual examinations, immunizations and vaccine titers.

### **Health Services Administration**

- Parkway Health & Wellness has served in the past as an excellent training site for undergraduate students in the Health Services Administration program exposing them to the administration of an ambulatory clinical site. PHW has been involved in planning to be a host for a student for their internship during the summer of 2018 per the new curriculum design.

### **Co-op Experience**

- Five Drexel co-op students provided assistance with front desk operations in addition to gaining exposure to the development of an interprofessional disciplinary site and ambulatory administrative issues such as operations (policy and procedures, credentialing, medical records management, clinical processes, billing and coding, revenue and expense tracking and cost control), technology (electronic health records and AV system), regulatory bodies (CLIA, ADA), compliance and privacy protection (HIPAA, NPP, BAA, informed consent) and safety (infection control, lab safety, OSHA).

### **Community Wellness HUB@ Dornsife**

The Community Wellness HUB opened April 11, 2017, and is located at 3509 Spring Garden Street at the Dornsife Center for Neighborhood Partnerships. The HUB seeks to **HEAL** the community through preventative care, **UNITE** the community around better health, and **BRIDGE** the community to health services and health education programming while tackling the social determinants that underlie their health disparities. It was created to address the Mantua and Powelton Village community's health concerns that emerged from the results of "We're Here Because We Care Initiative" started by Loretta Sweet Jemmott, PhD, FAAN. This initiative was designed to partner with the community to identify the health and wellness concerns of the residents and work together to create health and wellness initiatives to promote positive health outcomes by implementing community-driven, sustainable programs based on the community's voices. The Community Wellness HUB, having had more than 500 patient visits, is designed to be a place-based, community-driven, health promotion partnership between Drexel University and the residents of Mantua and Powelton Village.

After talking to about 600 community residents, seven top health issues emerged: chronic diseases, behavioral and mental health, sexual health, access to healthy foods, environmental health, access to care, and access to safe physical fitness. The Community Wellness HUB offers several health programming services to address these seven health concerns, including free health screenings, free HIV testing, behavioral counseling, and free primary care to uninsured residents led by CNHP faculty, students, and staff. Additionally, local community and health organizations partner with us to organize and implement programs to address specific health concerns, such as diabetes and breast cancer. Since its opening, the Community Wellness HUB has been conducting active outreach to educate community residents about health and encourage them to utilize its services. This civically engaged Community Wellness HUB demonstrates Drexel's commitment to collaboration amongst its faculty, staff, and students, as well as community residents and stakeholders, that will help improve community health and increase interdisciplinary collaboration.

### **Clinical Service Activity**

General health screenings are available at the Community Wellness HUB on Tuesdays through Thursdays 10:00 a.m. to 7:00 p.m. Some of the screenings include blood pressure, blood glucose, cholesterol, height, weight, BMI, and vision.

Rapid HIV testing is available on Tuesday evenings from 4:00 p.m. to 7:00 p.m. Results are given to patients immediately and plans for follow up care are discussed with the CRNP. The Community Wellness HUB is advertised as a local testing center on the internet, and most patients using this service found it through that method.

Behavioral health counseling for individuals, couples, and families is available on Wednesdays from 10:00 a.m. to 7:00 p.m. Patients are provided with a comfortable and confidential space to discuss their emotional wellbeing. Visits can be made one time or on a weekly basis, Dr. Wilkins already sees some patients on a weekly basis.

Primary care for uninsured residents is available on Thursdays from 2:00 p.m. to 7:00 p.m. Patients can receive comprehensive primary care and physicals. Through the doctor's assessment preventative and chronic health conditions across the lifespan are discussed.

### **Additional Programs**

Representatives from Eat.Right.Now come to the Community Wellness HUB for about 2 to 3 evenings a month to host nutrition and cooking classes for community members.

Various community health programming and screening outreach activities are implemented in Mantua and Powelton Village at various community sites.

Staff from the Community Wellness HUB attend various health fairs and provide educational material to the residents of Mantua and Powelton Village.

Health Education programs are provided during the summer at various schools and work ready programs for Mantua and Powelton Village adolescents

Various health promotion programs are designed and implemented for the senior community residents every 4<sup>th</sup> Friday of the month. Programs are designed based on the senior's voiced needs and concerns

*Breast Cancer 101 Workshop.* A representative from Susan G. Komen is coming to the Community Wellness HUB on October 4<sup>th</sup> to educate community residents about breast cancer. The Community Wellness HUB will also be offering free Clinical Breast Exams every Tuesday evening in October.

The Community Wellness HUB is hosting educational, screening, and referral programs for diabetes awareness month for people living with diabetes, caring for someone with diabetes, or just interested in learning more about diabetes. These various programs will promote diabetes awareness and engage residents in their health and well-being.

### **Partnerships**

The Community Wellness HUB has partnered with several entities to bring in additional personnel to program events and contribute to community outreach initiatives.

The Community Wellness HUB has worked with Drexel's Lindy Center to hire two CNHP Drexel students to be Community Scholars. These individuals contribute to programming and outreach.

The Community Wellness HUB is currently hosting an AmeriCorps VISTA until July 2018. This individual is responsible for programming and outreach.

Faculty and students from DSPH work in partnership with the faculty and staff at the HUB to provide research and statistical support and data results to enhance health program designs for the residents of Mantua and Powelton Village

The Community Wellness HUB partners with the People's Emergency Center and provides health education programs. The mission of PEC is to nurture families, strengthen neighborhoods and drive change in West Philadelphia. PEC offers affordable housing, job training, parenting and early childhood education, financial education and planning, life skills, and technology coursework.

The Community Wellness HUB partners with The West Philadelphia Action for Early Learning Initiative, which is a Drexel University-led collaboration of social service and education agencies and community stakeholders working to create an education support system for families in West Philadelphia Promise Zone. This Initiative aims to build awareness around the importance of early childhood education while strengthening the capacity of child care centers.

The Community Wellness HUB partners with the Mantua Civic Association to provide health programming to meet the needs of their residents. The MCA mission is to improve the quality of life for all residents in Mantua, especially for their children youth and families, and to make this vision a reality now and to preserve it for future generations.

The Community Wellness HUB partners with Powelton Village Civic Association (PVCA). to provide health programming to meet the needs of their residents. PVCA serves the residents of Powelton Village and their concerns. They consist of volunteers who contribute their time for the betterment of the community

There are several faith-based institutions in the Mantua and Powelton Village community who have regular leadership meetings with HUB partners to discuss health programming and screening services and referral to the Community Wellness HUB for services.