

ABFT Advanced Workshop Agenda

Day 1	
9:00am-10:00am	Introductions & Person of the Therapist presentation
10:00am -10:15am	Break
10:15am-12:15am	Person of the Therapist discussion
12:15pm-1:00pm	Lunch
1:00pm-2:30pm	EFT Skills for Deepening Emotion
2:30pm-2:45pm	Break
2:45pm-4:30pm	EFT Skills for Deepening Emotion Cont'd
4:30pm	End Day

Day 2	
9:00am-10:00am	Begin Discussions of Task 1: Relational Reframe
10:00am -10:15am	Break
10:15am-12:15pm	Task 1: Relational Reframe discussion and Role-Play
12:15pm-1:00pm	Lunch
1:00pm-2:15pm	Begin Discussions of Task 2: Adolescent Alliance
2:15pm-2:30pm	Break
2:30pm-4:30pm	Task 2: Adolescent Alliance discussion and Role-Play
4:30pm	End Day

Day 3	
9:00am-10:00am	Begin Discussions of Task 3: Parent Alliance
10:00am -10:15am	Break
10:15am-12:15pm	Task 3: Parent Alliance discussion and Role-Play
12:15pm-1:00pm	Lunch
1:00pm-3:00pm	Task 4: Repairing Attachment
3:00pm-3:15pm	Break
3:15pm-4:30pm	Task 5: Autonomy Promoting & Wrap up
4:30pm	Evaluations