DREXEL UNIVERSITY
Attachment-Based Family Therapy Program
College of Nursing and Health Professions

ABFT Advanced Webinar Agenda

Webinar 1		
Track 1	**Track 2**	
9:00am-10:30am	1:00pm-2:30pm	Introductions, Biggest Challenges & Person of the Therapist presentation
10:30am -10:40am	2:30pm-2:40pm	Break
10:40am-11:40am	2:40pm-3:40pm	Person of the Therapist discussion
11:40am-11:45am	3:40pm-3:45pm	Break
11:45am-12:45pm	3:45pm-4:45pm	Person of the Therapist Exercise
12:45pm	4:45pm	End

Webinar 2		
Track 1	**Track 2**	
9:00am-10:30am	1:00pm-2:30pm	EFT Skills for Deepening Emotion
10:30am -10:40am	2:30pm-2:40pm	Break
10:40am-11:40am	2:40pm-3:40pm	EFT Skills for Deepening Emotion Cont'd
11:40am-11:45am	3:40pm-3:45pm	Break
11:45am-12:45pm	3:45pm-4:45pm	EFT Skills for Deepening Emotion Cont'd
12:45pm	4:45pm	End

Webinar 3		
Track 1	**Track 2**	
9:00am-10:30am	1:00pm-2:30pm	Review of Basic Principles Discussion of General Challenges
10:30am -10:40am	2:30pm-2:40pm	Break
10:40am-11:40am	2:40pm-3:40pm	Task 1: Relational Reframe Discussion
11:40am-11:45am	3:40pm-3:45pm	Break
11:45am-12:45pm	3:45pm-4:45pm	Task 1: Relational Reframe Discussion & Video
12:45pm	4:45pm	End

Webinar 4		
Track 1	**Track 2**	
9:00am-10:00am	1:00pm-2:00pm	Task 1: Relational Reframe Role-Play & Debrief
10:00am-10:45am	2:00pm-2:45pm	Task 2: Adolescent Alliance Discussion
10:45am -11:00am	2:45pm-3:00pm	Break
11:00am-12:45pm	3:00pm-4:45pm	Task 2: Adolescent Alliance Discussion, Video & Role Play
12:45pm	4:45pm	End

Webinar 5		
Track 1	**Track 2**	
9:00am-10:30am	1:00pm-2:30pm	Task 3: Parent Alliance Discussion
10:30am -10:40am	2:30pm-2:40pm	Break
10:40am-11:40am	2:40pm-3:40pm	Task 3: Parent Alliance Discussion and Video
11:40am-11:45am	3:40pm-3:45pm	Break
11:45am-12:45pm	3:45pm-4:45pm	Task 3: Parent Alliance Role-Play
12:45pm	4:45pm	End

Webinar 6		
Track 1	**Track 2**	
9:00am-10:30am	1:00pm-2:30pm	Task 4: Attachment Task Discussion & Video
10:30am -10:40am	2:30pm-2:40pm	Break
10:40am-11:40am	2:40pm-3:40pm	Task 4: Attachment Task Role-Play
11:40am-11:45am	3:40pm-3:45pm	Break
11:45am-12:45pm	3:45pm-4:45pm	Task 5: Autonomy Promoting Discussion & Video Wrap-up
12:45pm	4:45pm	End