

# Macy Undergraduate Leadership Fellows Program

## 2022 – 2023 APPLICATION



### What is the Macy Undergraduate Leadership Fellow Program (MULFP)?

MULFP is a voluntary for-credit leadership program designed for undergraduate students in public health, nursing and the health professions. This program focuses on development of leadership skills to enhance capacity and efficacy. Inter-professional learning and development of structural competency, cultural sensitivity and racial literacy is supported. Students learn to address complex issues, gaining a deeper understanding of root causes of health inequities and strategies to promote collective efficacy in a safe environment.

**This program is delivered in an on-line format fall, winter and spring quarters.**

**“A leader is one who knows the way and shows the way.”**

**— John Maxwell**



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## Introduction

The Macy Undergraduate Leadership Fellows Program (MULFP) provides pertinent cognitive, behavioral, emotional, and practical learning that positively shapes leadership development for students in public health, nursing and the health professions. The basis for the MULFP is to:

- Focus on giving students tools that are beneficial in all aspects of their development.
- Foster interdisciplinary learning.
- Recognize leaders as change agents that strive to promote health equity.
- Move from a primarily diversity-based approach to a social justice approach to leadership, having a historically grounded and systemic perspective of current issues.
- Support leadership skills that contribute to enhancing student's racial literacy.
- Endorse that leadership can be learned and is both positional and non-positional.
- Support development of self-knowledge, attitudes, skills, aligned with ethical values.

## Coursework

- MULFP classes are unique, use minimal lecture-style format, and are student-centered. Class format varies, featuring seminars, group activities, guest speakers, student led discussions and panel discussions. Students will be active participants in their own self-development.
- Three consecutive courses are completed in fall, winter, and spring.
- MULFP students move through the program together as a cohort taking 1 course each term. This model creates a supportive environment for students to be active participants in each other's learning and development.
- Courses will be held on-line.
- Courses can have students represented from any of the undergraduate majors within CNHP or Dornsife School of Public Health:
  - Fall N310: Courageous Action: Leading Authentically
  - Winter N311: Group Dynamics and Leading Teams
  - Spring N312: Leadership in Action and Community Health
- Consideration will first be given to students committed to taking all three courses consecutively (3 credits each, fall, winter and spring quarters, total of 9 credits).
- Students may use these courses as electives.

## What can MULFP do for me?

- Develop skills to help you reach your personal and professional goals.
- Work with students in different majors to support learning from multiple perspectives.
- Develop your professional network and work with a mentor throughout the program.
- Create your own leadership portfolio and toolbox that you will use throughout your life.
- Foster leadership development using an equity-centered lens to build your capacity to take action on the social determinants of health, equity, and social and racial justice.

## Four Pillars: Macy Leadership Model

**Kouzes & Posner's Theory**

**Self**

**7 Macy Commitments**

**Macy Tool Kit**



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## Seven Macy Commitments

The Seven Macy commitments consist of the value system for which we strive.

1. Mutual Respect
2. Emotional Intelligence
3. Social Learning
4. Open Communication
5. Social Responsibility
6. Democracy
7. Growth and Change

## Macy Tool Kit

1. Individual Personal Development Plan
2. Mentorship
3. Reflection/Reflective Practice
4. Leadership Portfolio
5. Leadership Assessments
6. Three Macy Leadership Courses

## Kouzes and Posner's Theory Leadership

<b>Model the Way</b>	<ul style="list-style-type: none"><li>• Clarify Values</li><li>• Set the Example</li></ul>
<b>Inspire a Shared Vision</b>	<ul style="list-style-type: none"><li>• Envision the Future</li><li>• Enlist Others</li></ul>
<b>Challenge the Process</b>	<ul style="list-style-type: none"><li>• Search for Opportunities</li><li>• Experiment and Take Risks</li></ul>
<b>Enact Others to Act</b>	<ul style="list-style-type: none"><li>• Foster Collaboration</li><li>• Strengthen Others</li></ul>
<b>Encourage the Heart</b>	<ul style="list-style-type: none"><li>• Recognize Contributions</li><li>• Celebrate the Value and Victories</li></ul>

## Leading Self

Leadership begins with self-knowledge. Self-knowledge includes understanding your abilities and qualities. Leaders are shaped by critical life events, culture, and the social fabric of society. Your leadership characteristics and traits can be developed given that they are an ongoing process of development. You will:

- Become more self-aware and be able to incorporate what you are learning in various aspects of your life.
- Learn that it takes courage to examine your own values, purpose and beliefs.
- Realize that leadership is not just an outward process – we can and do lead ourselves.

## Application Materials

1. Application Form (This should be the 1st page in your packet).
2. Updated Resume.
3. Two Essays – 250 words maximum for each essay.
4. One letter of recommendation forwarded to [MACYFELLOWS@DREXEL.EDU](mailto:MACYFELLOWS@DREXEL.EDU)  
For example, a letter can be from a professor, advisor, employer or professional staff.

There will be a virtual interview scheduled after faculty receive your completed application. Please contact [asf35@drexel.edu](mailto:asf35@drexel.edu) if you are not contacted within 2 weeks of submitting material.

## Essay Questions

Selected Macy Leadership Fellow students will bring diverse and unique perspectives to this program.

1. What impact do you hope to have as a leader of consequence in the future?
2. We are committed to an environment which fosters collaboration and social justice-oriented practices. With this in mind, what do you think is required to strengthen racial justice movement building in your respective professional discipline?

**Submit Application to:**  
[MACYFELLOWS@drexel.edu](mailto:MACYFELLOWS@drexel.edu)

*Note: A Macy Undergraduate Leadership Fellows Program (MULFP) application is a preliminary agreement between the MULFP program and the student. We want to assure that students applying for the program are fully aware of the process and expectations for commitment. The program assures that students will be paired with a health care professional mentor for the duration of the academic year. We highly value our voluntary mentors. Therefore, when a mentor accepts a student mentee and makes the effort to engage and support the student in their professional journey, we do not expect that he/she will be told that the student has changed their mind about completing the program. This minimizes the student's opportunity for gaining professional experience and hampers the program's ability to sustain relationships with key professionals recruited to serve as mentors.*

## Questions

**Dr. Alecia Fox at [asf35@drexel.edu](mailto:asf35@drexel.edu)**

# Macy Undergraduate Leadership Fellows Program

## Applicant Information

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_  
*Last First M.I.*

Address: \_\_\_\_\_  
*Street Address Apartment/Unit #*

\_\_\_\_\_ *City State Zip Code*

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Gender: \_\_\_\_\_ Racial/Ethnic Status: \_\_\_\_\_ Credit Load: (F) \_\_\_\_\_ (W) \_\_\_\_\_ (S) \_\_\_\_\_

Employment: \_\_\_\_\_ Hours per week: \_\_\_\_\_

How did you hear about the MULFP?: \_\_\_\_\_

Drexel ID Number: \_\_\_\_\_

Co-op Cycle:  Fall/Winter  Spring/Summer Current Class Level: \_\_\_\_\_

List your Major/Minor(s): \_\_\_\_\_ Cumulative GPA: \_\_\_\_\_

Academic Advisor: \_\_\_\_\_

## Letter of Recommendation

Full Name: \_\_\_\_\_ Relationship: \_\_\_\_\_  
Company/Org: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

## Internal Use Only

Notes: \_\_\_\_\_

Received by: \_\_\_\_\_ Interview Date: \_\_\_\_\_

Submit the application at this email address: [macyfellows@drexel.edu](mailto:macyfellows@drexel.edu)

**PLEASE NOTE:** Applications must be submitted through a Drexel.edu email address. Only attachments are viewable to us from the email. If you have an additional message or questions, please email Alecia Fox at [asf35@drexel.edu](mailto:asf35@drexel.edu). Please label all attachments with your last name.



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