

# Access exclusive fitness discounts

## The Active&Fit Direct™ Program



Maintaining or improving your health and well-being doesn't have to be complicated or expensive. That's why Health Advocate has teamed up with Active&Fit Direct to bring you exclusive deals on top brand gyms and fitness centers.

Through the Health Advocate member website and mobile app, you are eligible for exclusive discounts on **gyms and fitness centers**

From classic gyms to specialized studios—yoga, barre, Pilates, spin, and more—choose from thousands of options and work out your way. Flexible memberships with no long-term contracts, annual fees, or cancellation penalties give you the freedom to move on your terms.



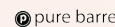
### Start saving today!

1. Log on to your Health Advocate member website or mobile app
2. Click on the **Well-Being** menu
3. Click **Well-Being Benefits**
4. Select the tile for **Active&Fit Direct**
5. Click **Join Now**
6. Enter your information to sign up
7. Begin your search for gyms and fitness centers near you



**12,800+**  
Standard Gyms

**10,200+**  
Premium Gyms



Making fitness more accessible is just another way your Well-Being program supports your journey to better health.



**866.799.2728**

[answers@healthadvocate.com](mailto:answers@healthadvocate.com)

[www.HealthAdvocate.com/drexel](http://www.HealthAdvocate.com/drexel)

Registration code: DREXELU

Call • Email • Message • Live Chat

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