These are all resources related to difficult and challenging student conduct situations. The time to figure out what you might do in these situations is now; figuring out what to do in the moment could prove much more challenging.

1. **Step Up – American University**

*Step Up, is an award-winning bystander intervention program, adopted by American University, that uses five steps to teach students how to intervene in situations including sexual assault, alcohol abuse, mental health emergencies, hazing, and more. Step Up. Be More Than A Bystander.

This film has been created by the Office of University Communications and Marketing and the Office of Campus Life.

For more information go to [http://www.american.edu/ocl/stepup/](http://www.american.edu/ocl/stepup/) and [http://www.american.edu/standwithau/](http://www.american.edu/standwithau/)

*Please be advised the content of this video contains scenes that could be upsetting to some viewers, including images related to sexual assault, hazing, interpersonal violence, and suicide

2. **Response Ability Project**

The sponsor of this website embraces a theme that the Office of Student Conduct and Community Standards agrees needs to be embraced by all college students. The sponsor calls on us to take “response ability” and react to any everyday life issue by going beyond our shame and fear to show courage in momentary choices. Students need to have courage to make difficult and unpopular decisions – including abstaining or reducing alcohol and other drug use.

Perceived Barriers to having courage to make difficult decisions include:

- **Social influence** — don't see others doing anything, so it must not be a problem
- **Fear of embarrassment** — of yourself or others
- **Diffusion of responsibility** — assuming someone else will do something
- **Fear of retaliation** — fear of physical and/or emotional harm, lack of support, and negative reactions
- **Pluralistic ignorance** — misperceiving others' concern and desire for intervention
3. Prevention Innovations Research Center @ The University of New Hampshire

- *It’s Not Just the What but the How (preventing and responding to sexual violence on campus)*
- *Bringing in the Bystander – In Person Prevention Program*
- *Know Your Power – Bystander Social Marketing Campaign*

College students live in the mindset, “That will never happen to me.” They perceive themselves as invincible but are aware that their friends are at risk of possible danger. Check out this website featuring a team of professionals who develop, implement and evaluate evidence-based and customizable programs and practices with the mission to end sexual and relationship violence and stalking.

4. *Green Dot etc. Strategy*

The Green Dot etc. strategy is a comprehensive approach to violence prevention that capitalizes on the power of peer and cultural influence across all levels of the socio-ecological model. Informed by social change theory, the model targets all community members as potential bystanders, and seeks to engage them, through awareness, education, and skills-practice, in proactive behaviors that establish intolerance of violence as the norm, as well as reactive interventions in high-risk situations – resulting in the ultimate reduction of violence.

5. *Stop the Bias Campaign*

- Syracuse University did a “Stop the Bias” campaign/contest: anonymous “Who Are You” postcard submissions (video)
- Submissions were posted on social media/university’s website to bring awareness and inclusion to campus climate

6. *Academic Integrity*

*Earning grades honestly* – Student’s personal story about temptation of cheating and “being her best self.”

*Plagiarism* – Five minute tutorial on plagiarism (University of Waterloo)
**Bystander Effect**

“This is a story about four people named Everybody, Somebody, Anybody, and Nobody. There was an important job to be done and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that, because it was Everybody’s job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn’t do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.”

**Bystander effect:**

*Definition:* The bystander effect occurs when the presence of others discourages an individual from intervening in an emergency situation. (Psychology Today, 2015)

*Everyone is a bystander at some point and time. The likelihood of a bystander stepping up to help another individual who is in a potential dangerous situation decreases as the number of people around increases.*

**The Freezing Homeless Child Experiment**

[https://www.youtube.com/watch?v=5CwCvpEMEJU](https://www.youtube.com/watch?v=5CwCvpEMEJU)

The only way you will be able to intervene is if you recognize or are aware of a possible emergency situation and take responsibility. Here are some examples of Bystander Situations you may see on campus.

**What are some Bystander Situations?**

(Source: MIT - [http://web.mit.edu/bystanders/definition/index.html](http://web.mit.edu/bystanders/definition/index.html))

- Rude, inconsiderate, or unprofessional behavior
- Inappropriate or offensive humor
- Escalating or destructive conflict
- Meanness or bullying
- Inappropriate advances
- Harassment
- Dangerous behavior
- Unfair or discriminatory behavior
- Violation of ethical standards
- Threats or potential violence