

Premed Five Year Action Plan

Freshman

- Focus on adjusting to college courses by developing time management and efficient study skills in order to earn solid grades. A strong GPA in the first year is very important.
- Meet with the Prehealth advisor to develop a long term strategy.
- Review web sites related to careers in medicine.
- Learn about student organizations and join the Drexel chapter of the American Medical Student Association (AMSA).

Sophomore

- Continue to earn a solid GPA.
- Work with your co-op coordinator to obtain a co-op position related to health care.
- Keep a journal of your experiences on co-op.
- Start to volunteer at a local hospital and keep a journal of your experiences. Be sure to reflect on how these experiences affected you on a personal level.
- Investigate possible on-campus research opportunities.

Pre-Junior

- Continue to earn a solid GPA.
- Work with your co-op coordinator to obtain a co-op position related to health care.
- Keep a journal of your experiences on co-op.
- Continue to volunteer at a local hospital and keep a journal of your experiences. Be sure to reflect on how these experiences affected you on a personal level.
- Start to participate in an on-campus research project.
- Take a diagnostic MCAT.
- Develop a list of potential medical schools based on your academic profile and personal preferences.

Junior

- Continue to earn a solid GPA.
- Work with your co-op coordinator to obtain a co-op position related to health care.
- Keep a journal of your experiences on co-op.
- Continue to volunteer at a local hospital and keep a journal of your experiences. Be sure to reflect on how these experiences affected you on a personal level.
- Continue to participate in an on-campus research project.
- Complete interviews with members of the University Health Professions Committee
- Prepare to take the MCAT no later than spring of this year.
- Meet on a regular basis with the Prehealth advisor.

- Attend cohort meetings.
- File the national applications (AMCAS, AACOMAS) no later than June.
- Complete secondary applications by the end of August.

Senior

- Prepare for interviews with medical schools.
- Conduct a mock interview with the Prehealth advisor.
- Review financial aid information.
- Monitor all applications closely.