



# **Drexel Rec Sports...Where Everyone Plays!**

## **INTRAMURAL SPORTS**

### **INDOOR/OUTDOOR VOLLEYBALL RULES**

***Adhere to Phila. City 6 Rules then USVBA as needed.***

1. **SCORING**

Best of three games. Non-deciding games up to 25 with “rally scoring” (point on every serve). Team must win by 2 points; no cap  
Deciding game is up to 15 with “rally scoring”; Team must win by 2 points; no cap.

2. **PLAYERS**

Indoor play- is 6 on 6. Game may start w/ 6 players on a side.  
Co-rec must maintain a 3m+3f or 3f+2m ratio.  
Outdoor play features 4 on 4 and 2 on 2. Co-rec would maintain a 50/50 ratio.  
Consult program’s eligibility policy.

3. **SERVICE**

Serve may be over hand or underhand.  
Server must serve with both feet behind end line.  
For indoors, server waits for officials whistle.  
Serve must cross net or team loses point & serve. If hits top of net & goes over, ball is “live”.

4. **SUBSTITUTIONS**

Teams can substitute upon receipt of the serve and they rotate clockwise.  
Unlimited number of substitutions, however, subs must replace server, except for injury reason.

5. **FIRST BALL**

When receiving the serve, a player can use multiple finger action. The serve does not have to be bumped, but may be blocked, “bumped” or set.  
Serve cannot be “spiked”.

6. **MOVEMENT**

Players may interchange position to pass or block, only after serve & must return to rotation position after that point is won or loss. Backcourt positions may not spike in front of attack line.

7. **VIOLATIONS**

*Teams lose point and/or serve for the following violations:*

Carry

Touching net

Crossing centerline

Illegal rotation

Serving before whistle (indoor only)

Back line player spike (from in front of attack line),

More than 3 hits to get ball over net (not including block), double hit (not including a ball Simultaneously hit by opponents)

Contact with the ball while it is on the other side of the net.

Foot fault on serves

7. CEILING (INDOORS)

Teams can play the ball off the ceiling on their side of the court.  
Overhead obstructions on the offense's side of the net are in play. Gym walls & dividers are out of play.

8. COIN TOSS & TIMEOUTS:

A coin toss will decide first serve/side of court to start the match.  
Winner has option.  
Option is alternated in each succeeding game.

Timeouts- one timeout per team per match.

9.) CENTER LINE & NET PLAY:

Center Line- A player's foot may touch the centerline as long as the entire foot does not cross over into the court.

Above the net- Players may reach over the net only in an attempt to block. Hitting the net during such a process is prohibited. A block does not constitute a hit.

10.) INDOOR CO-REC MODIFICATION:

VOLLEY- Co-Rec rules require that on each play over the net, if the ball is contacted more than one time, then one of those contacts must be by a female.

11.) NET HEIGHT:

Height of the net- males will use male height & females will use female height. Co-rec will be at female height.

12.) EQUIPMENT:

- Ball Specs- standard ball will be used & provided by IM Sports Program.
- If teams agree on a game ball, ball will be permitted as long as appropriate.
- Kneepads are advisable but not provided.

12.) OUTDOOR MODIFICATIONS:

- No referees- "gentleman's" scoring
- No attack line
- No required "hits" for co-rec.
- Ball not playable on next court.
- Ball not playable at all outside lines.

<p><b>Remember the Sportsmanship Policy!</b> <i>Consult the IM Sports Office.</i></p>
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