**Publications**


**In Press**


Culnan, E., Daly, B. P., Brooks-Holliday, S., Aggarwal, R., & Kloss, J. D. (in press). Insufficient sleep and weight status: should we be focusing on the extremes? *Children’s Health Care*.


### Recent Presentations


Recent Presentations, Continued


McKeever, J. D., Morse, C. M., Zhao, L. M., Leist, T., & Schultheis, M. T. (2012, March). Associations between self-reported prospective memory problems and objective test results in Multiple Sclerosis. Poster presented at the 40th Annual Meeting of the International Neuropsychological Society, Montréal, Canada.


Recent Presentations, Continued


**Grants and Awards**

**Elizabeth Culnan** won first place at the 2012 CoAS Research Day for her poster "Insufficient Sleep and Weight Status in High School Students: Should we be Focusing on the Extremes?" The poster described the relationship between sleep and weight among a large, diverse cohort of adolescents using data from the Centers for Disease Control’s Youth Risk Behavior Survey.

**Kara Douglas** received a grant from the Peter F. McManus Charitable Trust to fund her dissertation, entitled "Neuropsychological Aspects of Substance Use Disorders: Impulsivity, Risk, and Reward."

The study will examine prefrontal cortex dysfunction as it relates to addiction.

**Alice Ely** was given a New Investigator Travel Award to present her Master’s thesis data at the Society for the Study of Ingestive Behavior meeting in Zurich, Switzerland this summer. Her project is titled “Interaction of dieting status with reward response to palatable food cues: An fMRI study.”

**Laura A. Berner** was awarded an Academy for Eating Disorders (AED) Student Research Grant to support her dissertation research investigating neural correlates of general and food-specific self-regulatory control in bulimia nervosa. The AED awards $1,000 grants (two annually) to support innovative and cutting-edge research conducted by student members of the organization.

**Laura A. Berner**, a third year doctoral student working with Dr. Michael Lowe in the Department of Psychology’s Clinical Psychology Ph.D. program, was recently named as one of two recipients of the Graduate Student Day Research Award. At an award ceremony on May 30, Provost Greenberg congratulated the recipients of university-wide graduate student awards for outstanding accomplishment in service, teaching and research. Her dissertation research is examining neural correlates of self-control during an eating test in women with bulimia nervosa. Her research, which employs a brain imaging technique called near-infrared spectroscopy (fNIR), is being done in collaboration with faculty in the School of Biomedical Engineering.

**Danielle Hamilton** will serve as the study coordinator for a statewide training curriculum based on Pennsylvania’s Mental Health Procedures Act (MHPA) of 1976. She will be responsible for tracking outcome measures and providing interim reports.

**Lauren Greenberg** was awarded the APA Basic Psychological Science Research Grant ($1,000) sponsored by the American Psychological Association of Graduate Students in February 2012.

**Stephanie Rabin** received a dissertation award from the Society for a Science of Clinical Psychology (SSCP) in December, 2011.

**Efrat Eichenbaum** received a $450 Project Empowerment Conference Scholarship from the Virginia Commonwealth University Rehabilitation Research and Training Center. This scholarship was awarded for travel support to the 2012 Project Empowerment Conference of Race, Ethnicity, and Disability.

**Christopher King** was awarded the Drexel University of Graduate Studies Travel Subsidy Program Award ($265) this Spring.
Professional Service

- **Danielle Hamilton** continues to serve as a campus representative for the American Psychology Law Society (AP-LS) since Fall 2011. Contact her if you have any questions about joining the organization or are interested in receiving emails regarding current news and events! Danielle also serves as the student representative for the MS Cohort Class of 2012, is Chair of the Colloquium committee, and works as a Graduate Assistant at the Children's Hospital of Philadelphia focusing on neuropsychological studies.

- **Lauren Greenberg** and **Andrea Segal** have been serving as Administrative Assistants for the American Board of Professional Psychology (ABPP) Maintenance of Competency Task Force since November 2011. They provide assistance to the Chair of ABPP Task Force to develop policies and procedures regarding maintenance of specialty board certification during weekend professional retreats. Lauren is also a student representative for the Committee on Diversity of the American Psychological Association Division 12, Society of Clinical Psychology (2011-2012).

- **Efrat Eichenbaum** joined the newly developed Communications Committee of Division 22 (Rehabilitation Psychology) as the Committee’s first student member.

- **Chelsea Morse** and **Joshua McKeever** served as the Student Volunteer coordinators for the NANA Conference 2012.

Future Directions

- **Linsey Bartolucci** was accepted to the PsyD program at Widener University, and she will be attending this upcoming fall.

- **Meredith Gillis**, a 6th year PhD student in the Neuropsychology concentration, will be graduating at the end of this year. Meredith has been offered a neuropsychology post-doctoral fellowship at Emory University School of Medicine in Atlanta, GA and will begin in August.

- **Xan Nelson**, a PhD student in the Women’s Health Psychology Lab, will be graduating this year and starting her post-doctoral residency in Primary Care Behavioral Health at the Bedford VA Medical Center in Bedford, MA in September 2012.

- **Elizabeth Whipple**, a 2nd year MS student, has been accepted into the Drexel PhD program with a concentration in Neuropsychology. She will be graduating this year and will start the PhD program this upcoming fall.

- **Kevin Manning**, a 5th year PhD student in the Neuropsychology concentration, will be graduating at the end of this year. Kevin has been accepted to a neuropsychology post-doctoral fellowship at Cornell in New York.
Program Milestones

Congratulations to the following students for reaching these milestones with their Master’s theses and/or doctoral dissertations this Spring!

Ph.D. student Xan Nelson successfully defended her dissertation in April.
Ph.D. student Lauren Greenberg proposed her dissertation proposal in April.
Ph.D. student Laura A. Berner successfully defended her Master’s thesis this Spring.
Ph.D. student Kristina Patrick successfully proposed her Master’s thesis in February.
Ph.D. student Efrat Eichenbaum successfully proposed her Master’s thesis this Spring.
M.S. student Danielle Hamilton successfully defended her Master’s thesis in May.

Internship Matches 2012-2013

Congratulations to the following matched students, and best of luck at your internships!

Laura Brennan  
UC San Diego Consortium/VA Medical Center
Lizzy Foster  
UNC Chapel Hill
Stephanie Brooks-Holliday  
Washington, DC VA Medical Center
Kelly Jones  
UCLA—Semel Institute
Adrienne Juarascio  
Charleston Consortium/MUSC
Stephanie Rabin  
Minneapolis VA Medical Center
Jennifer Serico  
Terry Children’s Psychiatric Center
Sanjay Shah  
Emory University
Sarah Horsey Simpson  
Rush Medical Center
**Personal News**

**Meredith Gillis** and her husband Kevin are expecting their first child on 10/10/2012!

**Lindsey Peterson** and her husband are expecting their first child on 10/29/2012!

**Engagements and Weddings**

**Kara Douglas** was engaged to marry Dan Newman in Winter 2012. They will be married on March 23, 2013 in Albany, NY!

**Linsey Bartolucci** was engaged to marry Marcus Todd on July 21, 2012!

**Mitra Khaksari** was engaged to marry David Paul Lewis on March 18, 2012!
In the Community

Many of our graduate students have been participating in very exciting community activities around Philadelphia! Take a look at some of these recent events...

Kristina Patrick, Jessica Bartholow, and Ariana Tart-Zelvin volunteered for the Drexel Graduate Women in Science and Engineering (DGWISE) program in April 2012 and gave a lecture on the brain to 4th-7th graders at Our Mother of Sorrow After-School Science Program. Here’s a picture of the bunch!

Elizabeth Nicholls and Richa Aggarwal run a weekly intervention program called the “Incredible Years,” geared towards promoting behavior and social skills improvement in preschoolers, as well as better classroom management by teachers. Here is a picture of the program being implemented at a local preschool in Germantown, Philadelphia.
The Department of Psychology would like to extend its deepest thanks for the distinguished service of our outgoing Department Chair, Dr. Kirk Heilbrun. Dr. Heilbrun first became the Psychology Department Head of MCP Hahnemann University in 1999, when the unit was part of the College of Nursing and Health Professions. This was a tumultuous time, with that university facing bankruptcy and an uncertain future. Shortly after becoming head, Drexel assumed administrative leadership of MCP Hahnemann. Psychology was the only academic discipline in which the two universities had significant overlap, so the decision was made to merge the two psychology departments into a single unit as a sort of "test case" for the larger university-wide merger, which was not finalized until three years later, in 2002. Kirk found himself shepherding the merger of these two departments, with distinct cultures, traditions, and foci, into a single unit during this time of rapid evolution and considerable uncertainty. Needless-to-say, this required tremendous skills at consensus building and problem solving.

Through the first decade of the new century and continuing to the present, Kirk continued to lead the department on a path of remarkable achievements. Among many others, these include growth in stature of the clinical doctoral program, evidenced by unprecedented APA accreditation of such a merged program, national ranking for research productivity, and the growth of program applicants to the current 675 for only 10 coveted positions. Faculty research productivity increased according to any number of metrics, including publication rate and external funding. The law component of the JD/PhD program found a new home in the new Drexel College of Law. A new doctoral program in applied cognitive and brain sciences was established. The Master’s program was restructured into a high quality research-oriented program. The undergraduate program expanded in size and quality, becoming the second largest major in the college, and Kirk fostered a culture of involving undergraduates in research. These achievements – and many more – occurred in a climate of somewhat scarce resources, requiring a continuous deft balancing of multiple competing interests. No one could have achieved this balance better than Kirk, and he did so with a characteristic humility and an unassuming poise. Even while leading the department, Kirk somehow managed to achieve a high level of scholarly productivity (grants, publications, books, awards, editorships) that served as inspirations and models for the faculty. As he prepares to pass the torch, he leaves the department on strong and solid footing, ready to move into newly renovated space on the Main Campus, and poised to achieve even greater things. Looking back, it is amazing how far we have come under his leadership. Looking ahead, his legacy will be felt for decades to come in the department, college, and larger university, and among the thousands of people his leadership has touched.
SPOTLIGHT: New Department Chair

James Herbert, Ph. D.

The Department of Psychology’s faculty, staff, and students are delighted to welcome our new department chair, Dr. James Herbert. Dr. Herbert is a Professor of Psychology and Director of Drexel’s Anxiety Treatment and Research Program at Drexel University, where he also serves as Associate Dean of the College of Arts and Sciences. He also served for several years as Director of Clinical Training of Drexel’s Ph.D. Program in Clinical Psychology, and was Interim Head of the Department of Biology from 2008-2009. Following his undergraduate work at the University of Texas at Austin and liberal arts studies in Neuchâtel, Switzerland, Dr. Herbert received his doctorate from the University of North Carolina at Greensboro in 1989. He completed a clinical internship at Beth Israel Medical Center in New York City, then joined the faculty of the Medical College of Pennsylvania, where he directed the Behavior Therapy Clinic in the Department of Psychiatry.

In 1993, Dr. Herbert moved to MCP Hahnemann University. As President of the University Faculty, he was instrumental in the integration of the faculties of MCP Hahnemann University with Drexel University when the two institutions merged in 2002. He has received numerous professional honors and awards, including the University’s Outstanding Teacher of the Year Award in 1999 and the Highly Commended Faculty Mentor Award in 2011. He has an active research program on the assessment and treatment of anxiety disorders, with particular emphasis on evaluating the effectiveness and mechanisms of action underlying new acceptance-based models of behavior therapy. Other interests include remote Internet-based treatment, and the promotion of evidence-based practice in mental health.

Dr. Herbert has published over 125 papers and book chapters on these and other topics, including a recent book on mindfulness and psychological acceptance in cognitive behavior therapy. He is also well known for his writings on quackery and pseudoscience in mental health. He is a Fellow of the Institute for Science in Medicine, the Academy of Cognitive Therapy, as well as the Commission for Scientific Medicine and Mental Health, and is active in several professional organizations. He is currently Associate Editor of The Scientific Review of Mental Health Practice and the Journal of Contextual Behavioral Science, and serves on the editorial boards of several additional journals. Dr. Herbert currently resides in Ardmore, Pennsylvania, where he is actively involved in his community. Avocations include running, martial arts (he holds the rank of second degree black belt in Kenpo karate), and gardening.