Drexel UNIVERSITY

SPORTS LEADERSHIP ACADEMY

Building Leaders Through Sports

COACHING YOUR KIDS WORKSHOP

40 million kids play youth sports today. More and more kids are playing organized sports while less and less kids are playing unorganized sports. Playing organized sports has many benefits including strong positive character development when this good character is expected, taught and modeled.

Without exception, when kids are asked why they play organized sports, the most popular response is that they do it because it is fun. Yet, the fact is that 73% of kids quit their sport by the age of 13. Although the blame for this alarming statistic certainly can't rest on the shoulders of youth coaches alone, this number can serve as a reminder to coaches to consistently strive to facilitate an environment in which kids want to continue to play.

The Coaching Your Kids workshop educates coaches about the nature of youth sports while focusing on why kids play and why they discontinue playing. Through six main areas of emphasis we'll show each coach how to become the best possible teachers, role models and motivators in the lives of today's young athletes.

COACHING YOUR KIDS WORKSHOP CONTENT:

The Coaching Your Kids workshop will focus on the following areas:

- The Nature of Youth Sports
- Impact of a Coach
- Coaches as Teachers
- Making it FUN!
- The Coach's Role in Safety
- GAME DAY!

The three-hour workshop is intended for athletic coaches at the youth level.

The workshops will be led by two veteran sport practitioners with extensive coaching, educational and teaching experience.

FOR MORE INFORMATION CONTACT:
Jen Valore
215.895.5967
DSLA@drexel.edu