Earn up to $400 in Drexel medical premium or waiver credits throughout the year by participating in Drexel’s A Healthier U 2018 Wellness Program! Your first step towards earning your premium credits is to complete your required Personal Health Profile. Once this has been completed, you can start earning monthly credits (starting with your February pay) towards the cost of your Drexel medical coverage or waiver payment. For every point you earn through the program, you will receive $1 towards your Drexel medical coverage or waiver payment, up to $400 total.

There are a number of activities you can complete to earn points, including online workshops, fun fitness and wellness challenges, and much more! You can also earn points by tracking your activity through our online trackers to help you meet personalized goals for nutrition, sleep, exercise, stress management, and even volunteering. Mix and match several options to reach your annual limit of $400!