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HealthAdvocate™

Welcome Drexel Members.

Your Lifeline
 for Healthcare and Insurance Help

866.799.2728

Health Advocacy ▶

- Find the right providers, hospitals
- Untangle medical bills
- Locate eldercare, support services

Wellness Coaching ▶

- Unlimited contact with a Personal Wellness Coach
- Personal Health Profile
- MedChoice Support

EAP+Work/Life ▶

- Short-term assistance for personal, family issues
- Locate resources to balance work/life
- Referrals for ongoing treatment

Schedule Your Biometric Health Screening [Click Here](#)



<p>Get Started</p>  <p>Download All of Your Member Essentials</p>	<p>Health Advocacy</p>  <p>Assistance resolving healthcare-related issues</p>	<p>Wellness</p>  <p>Helping you make healthy changes</p>	<p>EAP+Work/Life</p>  <p>Help with personal, work/life, and financial well-being</p>	<p>MedChoice Support™</p>  <p>Step-by-step guidance for healthcare decisions</p>
<p>Health Information</p>  <p>Important everyday information to keep you healthy</p>	<p>Medical Checklists</p>  <p>Be prepared, get the most from your visits</p>	<p>Health & Wellness</p>  <p>Special support and tips for healthy living</p>	<p>Authorization Form</p>  <p>Necessary for us to start helping you solve those problems</p>	<p>Member Videos</p>  <p>Watch the New Member Video, it will get you started</p>

Earn up to \$400 in Drexel medical premium or waiver credits throughout the year by participating in Drexel's A Healthier U 2017 Wellness Program! Your first step towards earning your premium credits is to complete your required Personal Health Profile. Once this has been completed, you can start earning monthly credits (starting with your February pay) towards the cost of your Drexel medical coverage in your paycheck. For every point you earn through the program, you will receive \$1 towards your Drexel medical coverage or waiver payment, up to \$400 total.

There are a number of activities you can complete to earn points, including online workshops, fun fitness and wellness challenges, and much more! You can also earn points by tracking your activity through our online trackers to help you meet personalized goals for nutrition, sleep, exercise, stress management, and even volunteering. Mix and match several options to reach an annual limit of \$400!

**NEW FOR 2017!
 A WELLNESS
 INCENTIVE
 PROGRAM**

**FOR FACULTY &
 PROFESSIONAL
 STAFF WHO RECEIVE
 MEDICAL
 INSURANCE
 THROUGH DREXEL
 UNIVERSITY OR
 PARTICIPATE IN THE
 MEDICAL WAIVER
 OPT OUT.**

**EARN \$400 IN
 DREXEL MEDICAL
 PREMIUM CREDITS**

**TRANSFORM INTO A
 HEALTHIER,
 HAPPIER YOU.**

**THIS PROGRAM WILL
 LAUNCH JANUARY 1, 2017.**

**STAY IN TOUCH BY
 SIGNING UP FOR THE
 HEALTHIER U
 EMAIL LIST:**

www.drexel.edu/healthieru