

Dr. Molyneux:

Good morning. I'm Dr. Annette Molyneux, Associate Dean of Students responsible for all Counseling & Health services. Our offices include the Counseling Center, the Student Health Center, the office of Student Health Insurance and Immunization, and the Alcohol and Other Drug office also known as the C.H.O.I.C.E.S. Center. We are also responsible for the Peer Counseling Helpline.

Let me tell you first about our Counseling Center. We have two office locations, University City and Center City. On the main campus, University City, our office is on the second floor of the Creese Student Center, Suite 201, right next to the Dean of Students Suite. Our other office, located on the Center City campus, is on the third floor of the Bellet building.

Our hours are 8 am to 6 pm, Mon – Thursday and 8 – 5 on Friday. We do have evening hours available primarily for co-op students. We are staffed by licensed psychologists, a certified addictions counselor, a full time psychiatrist, two pre-doctoral interns and several practicum students who are supervised by the professional staff. Our psychiatrist is available to evaluate and medicate students, however she will only see students who are currently on our caseload.

We also have 24 hour on-call service available for students. Each of my professional staff rotates through our on-call system, so that a professional staff is available 24 hours a day, 7 days a week to manage emergency situations.

We have day time emergency coverage as well so that an urgent event can be managed immediately. If you are concerned that a student may be in significant distress we strongly recommend that you bring the student to our office, or encourage the student to walk over to our office, or at least let the student know that there is someone available at the counseling center who can help him or her.

I should add that if a student causes a behavioral disruption in your classroom or seems to be in immediate danger of self-harm, please call our police, DUPD, office at 215-895-2222. Drexel police are the appropriate individuals to call if there appears to be a need for immediate intervention or assistance, or if you are concerned for anyone's safety.

In order to make an appointment at the counseling center, which is at no charge to students, students can call our main number, 215-895-1415, stop in to make an appointment or email us at counseling@drexel.edu.

In addition to the appointments we schedule throughout the day, we have walk-in hours from 1 to 3 everyday so that students who just need to come in and vent, or who aren't sure if they want to make an appointment for on-going care can come in and see someone.

Our Alcohol and Other drug office, also known as the C.H.O.I.C.E.S. center, choosing healthy options in challenging everyday situations, is directed by my assistant director of counseling, John Watson. John is a certified addictions counselor. He is available to evaluate students, to engage the students in treatment, and to refer students off-campus if that is appropriate. John has a vast knowledge of all of the resources in the area that may be more appropriate for students with addiction issues.

In addition to John serving as a referral agent, we have a Case Manager/Care Consultant on staff. She is responsible for engaging in follow-up / transition planning with off campus providers for our students who are hospitalized or treated off-campus and need aftercare planning with us or elsewhere. She is also available as a resource to assist students, faculty, and staff in finding appropriate referrals or specialist providers off-campus - for whatever reason.

Ashley, our Case Manager/ Care Consultant can be reached through our Center City office number. That's 215-762-7625.

Our Peer Counseling Helpline is another option for students who would like to speak with someone but would rather not contact a professional staff, at least not at that point. Our peer counselors are typically psychology students. They are trained and supervised by my staff. The peer counselors understand that if they receive a call in which the student or situation is concerning they should contact our on-call counselor for assistance.

Our Student Health Center is located on 34th and Market across from the DAC, the athletic center. The Student Health Center is staffed by Drexel University College of Medicine family practice doctors. We also have nurse practitioners and medical assistants in house to treat our students. The Student Health Center functions as a regular practice site. That is they can perform simple procedures, give physicals, manage urgent care issues, etc. They prefer to schedule appointments but will see walk-ins. They accept all types of health insurance as payment. You should know, our SHC will NOT write a note for students to excuse an absence from class due to illness unless that illness is so severe that the student will miss a significant amount of class time. So please, do not ask students for

a doctor's note to excuse a missed class due to a simple flu / cold, etc. This 'no note' academic policy is available on the Provost Website.

Adjacent to the student health center is the medical practice site for faculty, staff, and the community in general. The doctors assigned to that office function separately from our student health doctors. However, the actual treatment rooms, which are in a continuous arc behind the waiting rooms, allow for some sharing of responsibility if there is a need to manage overflow. The students and the community members, faculty and staff who are receiving services at either of those offices do not "inter mingle", they have separate waiting rooms, triage areas, etc.

Our office of Student Health Immunization and Health Insurance is responsible for ensuring that all students are complying with university policies regarding immunization requirements and health insurance requirements. All students are required to carry health insurance. If they do not have health insurance they are automatically defaulted into the university sponsored plan, which is an AETNA plan. It's an excellent plan available at a very reduced cost for our students. Students are free however to waive out of that plan as long as they have insurance that meets the criteria listed on our health insurance site.

Health immunization requirements must be complied with before students are allowed to live in the residence halls and enter their classes. Students have to demonstrate compliance as incoming freshmen or incoming transfer students. If there is an issue with non-compliance, at some point during the term the students may be challenged with an inability to continue their classes until compliance is met.

We, at the counseling center, are available to answer any questions and / or assist faculty and staff regarding any issues that you might have with a student. If you have any concerns at all, I encourage you to please contact us. You can call me directly at 215-895-2052 or you can call the main number 215-895-1415 and ask to speak with one of our therapists. We will assist you in the best way we can regarding any issues you might have in the classroom.

Please understand, however, that we are licensed psychologists and we do function as any outpatient service would. We are not permitted to share with you any information about the students that we see. We can talk with you and collect data but we can't share with you anything that's going on in our center. We are however willing to help you every way we can if you do have a problem with one of your students, or in your classroom, and you are unable or unsure as to how to deal with it.

If you have any questions or want more information about any of the services that we have available through Counseling and Health please visit our web site or contact us. Our website contains useful information i.e. how to identify and refer a student at risk, emergency room and hospital phone numbers, educational tools to explain depression, anxiety, etc., and general links for positive mental health. You can contact us directly by calling our office at 215-895-1415 or me direct at 215-895-2052. You can also reach me through my email ajm26@drexel.edu.

Thank you for your time and
Welcome to Drexel!