Macy Undergraduate Leadership Fellows Program



WHAT IS MULFP?

MULFP is a voluntary for-credit leadership program designed for undergraduate students in public health, nursing and health professions. This program focuses on leadership skills to enhance leadership capacity and efficacy. Inter-professional learning and development of cultural awareness is supported. Students learn to address complex issues in a safe and inclusive environment.

"A leader is one who knows the way and shows the way."

— John Maxwell

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Introduction

The Macy Undergraduate Leadership Fellows Program (MULFP) provides pertinent cognitive, behavioral, emotional, and experiential learning that positively shapes leadership development for students in public health and the health professions. The basis for the MULFP:

- Focuses on giving students tools that are beneficial in all aspects of their development
- Fosters interdisciplinary learning
- Recognizes social justice as integral to leadership
- Promotes diversity and inclusion as well as intercultural competence
- Endorses that leadership can be learned and is both positional and non-positional
- Supports development of self-knowledge, attitudes, skills, and ethical values

Coursework

- MULFP classes are unique, uses minimal lecture-style format, and are student-centered. Class format varies including seminars, group activities, guest speakers, workshops, round table debates, and panel discussions. Students are active participants in their own self-development.
- Active student engagement requires preparation for each class including review of identified literature and media; self-reflection; and organization of ideas to be communicated verbally during class discussion and/or submitted as writing assignments.
- Three consecutive courses are completed in fall, winter, and spring of one academic year, every Monday, 3:00-5:50 p.m. Students can apply if they are an undergraduate major within CNHP or Public Health.
  - Fall N310: Courageous Action: Leading Authentically
  - Winter N311: Group Dynamics and Leading Teams
  - Spring N312: Leadership in Action and Community Health
- Consideration will first be given to students committed to taking all 3 courses consecutively
- Students may use these courses as electives (3 credits each; total of 9 credits)
- MULFP faculty collaborate with the SCDC co-op office to work with students and their employers when they are on co-op to support their class attendance.

What can MULFP do for me?

- Develop skills to help you reach your personal and professional goals
- Work with students in different majors to support learning from multiple perspectives
- Develop your professional network and work with a mentor throughout the program
- Create your own leadership portfolio and toolbox that you will use throughout your life

Four Pillars: Macy Leadership Model



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Seven Macy Commitments

The Seven Macy commitments consist of the value system for which we strive.

1. Mutual Respect
2. Emotional Intelligence
3. Social Learning
4. Open Communication
5. Social Responsibility
6. Democracy
7. Growth and Change

Macy Tool Kit

1. Individual Personal Development Plan
2. Mentorship
3. Reflection/Reflective Practice
4. Leadership Portfolio
5. Leadership Assessments
6. Three Macy Leadership Courses

Kouzes and Posner's Theory Leadership

Model the Way	• Clarify Values • Set the Example
Inspire a Shared Vision	• Envision the Future • Enlist Others
Challenge the Process	• Search for Opportunities • Experiment and Take Risks
Enable Others to Act	• Foster Collaboration • Strengthen Others
Encourage the Heart	• Recognize Contributions • Celebrate the Value and Victories

Leading Self

Leadership begins with self-knowledge. Self-knowledge includes understanding your abilities and qualities. Leaders are shaped by critical life events, culture, and the social fabric of society. Your leadership characteristics and traits can be developed given that they are an ongoing process of development. You will:

- Become more self-aware and be able to incorporate what you are learning in various aspects of your life
- Learn that it takes courage to examine your own values, purpose, and beliefs
- Realize that leadership is not just an outward process – we can and do lead ourselves.

Application Materials

1. Application Form (This should be the 1st page in your packet)
2. Updated Resume
3. Two Essays – 250 words maximum for each essay
4. Two letters of recommendation to be included with your application and forwarded to **macyfellowsapplication@spmail.drexel.edu.** One from a professor in your program and another from an advisor, employer or professional staff.

- There will be an in-person interview required with Macy faculty.

Essay Questions

Selected Macy Leadership Fellow students will bring diverse and unique perspectives to this program. The lens of diversity includes factors such as gender, religious orientation, socioeconomic background, race, ethnicity, age, nationality, sexual orientation and disability.

1. Why do you want to join the Macy Undergraduate Leadership Fellows Program?
2. What form of diversity could you bring to the Macy Undergraduate Leadership Fellows Program?

Note: A Macy Undergraduate Leadership Fellows Program (MULFP) application is a preliminary agreement between the MULFP program and the student. We want to assure that students applying for the program are fully aware of the process and expectations for commitment. The program assures that students will be paired with a health care professional mentor for the duration of the academic year. We highly value our voluntary mentors. Therefore, when a mentor accepts a student mentee and makes the effort to engage and support the student in their professional journey we do not expect that he/she will be told that the student has changed their mind about completing the program. This minimizes the student's opportunity for gaining professional experience and hampers the program's ability to sustain relationships with key professionals recruited to serve as mentors.

Questions

Dr. Roberta Waite at rlw26@drexel.edu

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2017 – 2018 Applicant Information

Full Name: _____ _____ _____ Date: _____
Last *First* *M.I.*

Address: _____ _____
Street Address *Apartment/Unit #*

_____ _____ _____
City *State* *Zip Code*

Phone: _____ Email: _____

Gender: _____ Racial/Ethnic Status: _____ Credit Load: (F) _____ (W) _____ (S) _____

Employment: _____ Hours per week: _____

How did you hear about the MULFP?: _____

Drexel ID Number: _____

Co-op Cycle: ☐ Fall/Winter ☐ Spring/Summer Current Class Level: _____

List your Major/Minor(s): _____ Cumulative GPA: _____

Academic Advisor: _____

References

Please provide one professional reference from Drexel. This person may or may not be the person writing your letter or recommendation.

Full Name:
Company/Org: _____ Relationship: _____

Phone: _____ Email: _____

Letter of Recommendation

Full Name:
Company/Org: _____ Relationship: _____

Phone: _____ Email: _____

Internal Use Only

Notes: _____

Received by: _____ Interview Date: _____

Submit the application at this email address: **macyfellowsapplication@spmail.drexel.edu**
PLEASE NOTE: Applications must be submitted through a Drexel.edu email address. Only attachments are viewable to us from the email. If you have an additional message or questions, please email Roberta Waite at **rlw26@drexel.edu**. Please label all attachments with your last name.