



Club and Intramural Sports

Drexel University's Office of Recreation strives to provide facilities and programs that meet the needs and desires of all Drexel students. These facilities and programs help Drexel students realize fitness goals, learn a lifelong activity, and socialize through recreation. Currently we offer several venues for recreational sports: fitness classes, open recreation facilities, wellness training, outdoor programming, club sports, and intramural sports. These opportunities provide Drexel students with a well-rounded recreational experience.

Fitness Classes

The Office of Recreation organizes and promotes opportunities for students to stay fit through structured classes. Session topics include aerobics, kickboxing, strength training, self-defense, yoga, and many other activities. Students may pay a fee to compensate instructors and register through the Recreation Office.

Open Recreation

Open-facility hours provide students with informal recreation time and the opportunity to meet personal fitness goals. Recreation areas include:

- Two gymnasiums featuring basketball, volleyball, and badminton courts
- A six-lane swimming pool
- Five squash courts
- 4,300-square-foot fitness facility
- 1,200-square-foot free weight room

Club Sports

Drexel University's club sports are student organizations for individuals who wish to pursue their athletic interests on a consistent basis. Clubs are member initiated and organized with an emphasis on participation and competition. Drexel club sports are also a great way to learn technique, strategy, and safety, with the goal of competing against other recognized undergraduate collegiate clubs in the region.

The Office of Student Activities and the Recreation Office work in conjunction to oversee the activities of these organizations. Current clubs include:

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| • Aikido | • Paintball |
| • Badminton | • Roller Hockey |
| • Basketball | • Rugby |
| • Cricket | • Sailing |
| • Cycling | • Soccer |
| • DanceSport | • Track |
| • Ice Hockey | • Ultimate |
| • Karate | • Volleyball |
| • Lacrosse | |

Intramurals

The Drexel University Intramural Sports program enables Drexel students to compete in sport leagues and tournaments with their peers and enjoy the benefits of exercise through competition. The activities are designed to emphasize friendly competition in a safe recreational environment. Current clubs include:

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| • Basketball | • Floor Hockey |
| • Beach Volleyball | • Indoor Volleyball |
| • Dodgeball | • Soccer |
| • Flag Football | • Softball |

Intramural sports events vary each term. For the most current listings and information on how to get involved, visit the Drexel Athletics website: www.drexeldragons.com.

Some Facts About Drexel Intramurals

- Over 30 percent of the Drexel student body participates in intramural sports.
- Drexel is a member of the "City 6," which enables our team champions to compete against rivals Villanova, St. Joe's, LaSalle, Temple, and Penn in some of Philadelphia's best facilities, including the Liacouras Center, the Palestra, and Franklin Field.
- All intramural activities are coordinated by students, including scorekeepers, first-aiders, officials, and site supervisors.
- Sportsmanship is stressed at all times and teams are rated for sportsmanship after every contest. A minimum score must be maintained to continue play.
- A female and male player of the week are named for intramural sports.
- A female and male MVP are named each term, in addition to a Most Valuable Employee.
- Intramural prizes include T-shirts, hats, trophies, and water bottles.
- The Athletics website enables students to sign up for activities online, check results and schedules, and access a weekly newsletter.

Outdoor Programming

The Office of Recreation sponsors trips throughout the year to provide students with opportunities to enjoy the great outdoors. Trips include white-water rafting, skiing, and rock climbing.

For More Information

Department of Athletics
 John A. Daskalakis Athletic Center
 Drexel University
 3141 Chestnut Street
 Philadelphia, PA 19104
 215-895-1999 or 215-895-1978
www.drexeldragons.com